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AUGUST 1994 • NUMBER 7

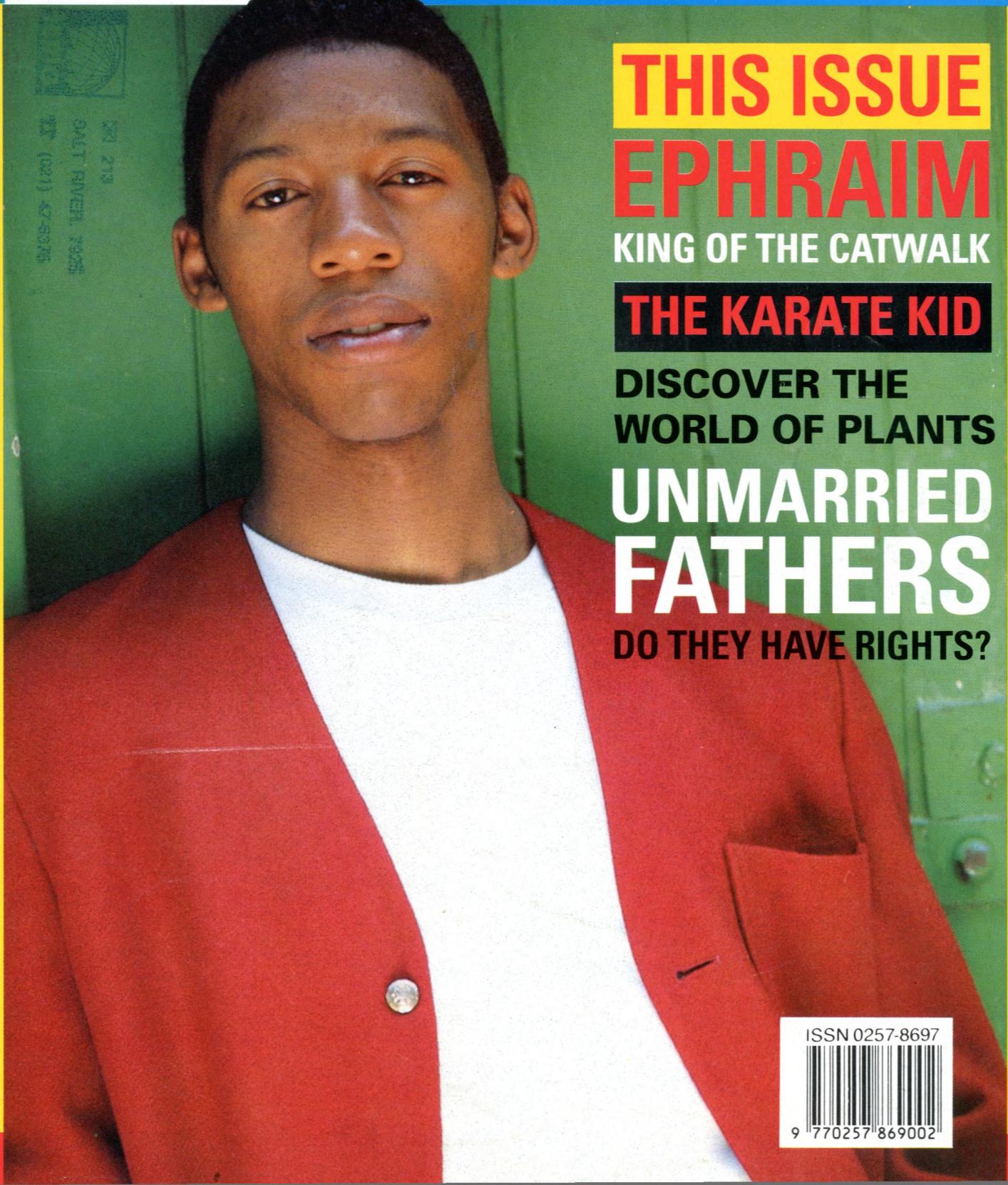
SALTA 35: SACRED

UPBEAT

12 AUG 1994

The magazine for youth on the move

Published by SACRED



THIS ISSUE
EPHRAIM
KING OF THE CATWALK
THE KARATE KID
DISCOVER THE
WORLD OF PLANTS
UNMARRIED
FATHERS
DO THEY HAVE RIGHTS?

ISSN 0257-8697

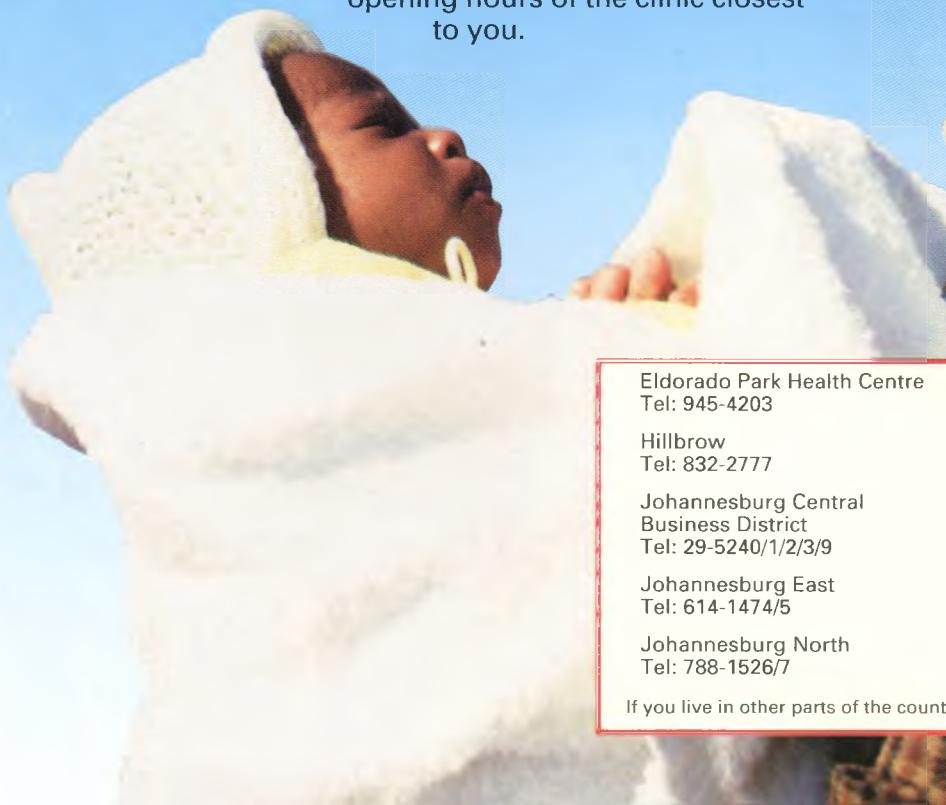


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ARE YOU READY TO BE A FATHER

If you aren't ready to be a father, but have a sexual relationship with your girlfriend, then you need to talk about preventing unwanted babies. Contraception allows YOU to decide when you want to have a baby. The Johannesburg Community Health clinics will explain the ways that you and your girlfriend can prevent pregnancy. We will provide you with FREE contraceptives whenever you need them. We also counsel and provide information and advice on any sexual and other health related matters. All our clients are treated with absolute confidentiality. Our friendly, trained staff will help you make the right decisions. So if you are already having intercourse, or think you will soon be having intercourse and you aren't ready to be a parent, visit your nearest Community Health clinic. There are fifty clinics situated throughout Johannesburg. Telephone your nearest health centre for the address and opening hours of the clinic closest to you.

THINK WHAT YOUR
LIFE COULD BE LIKE
IF YOUR GIRLFRIEND
FELL PREGNANT...



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Hillbrow
Tel: 832-2777

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Business District
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Johannesburg East
Tel: 614-1474/5

Johannesburg North
Tel: 788-1526/7

Johannesburg North
Western Suburbs
Tel: 673-1002/3/4

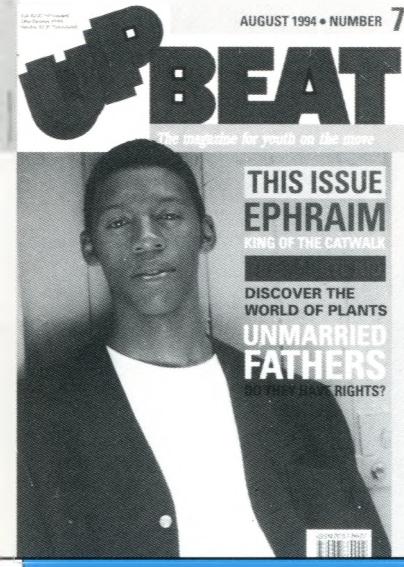
Johannesburg South
Tel: 435-1045/6/7

Johannesburg West
Tel: 837-9118/9

Kliptown Health Centre
Tel: 945-3187/8/9

Lenasia Health Centre
Tel: 852-1054/5

If you live in other parts of the country, please contact your nearest City Council clinic.



The magazine for youth on the move

Upbeat is published by SACHED. SACHED is an independent educational organisation, committed to building democratic education in South Africa. SACHED runs a number of educational projects. Upbeat is one of them.

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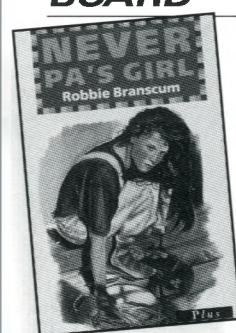
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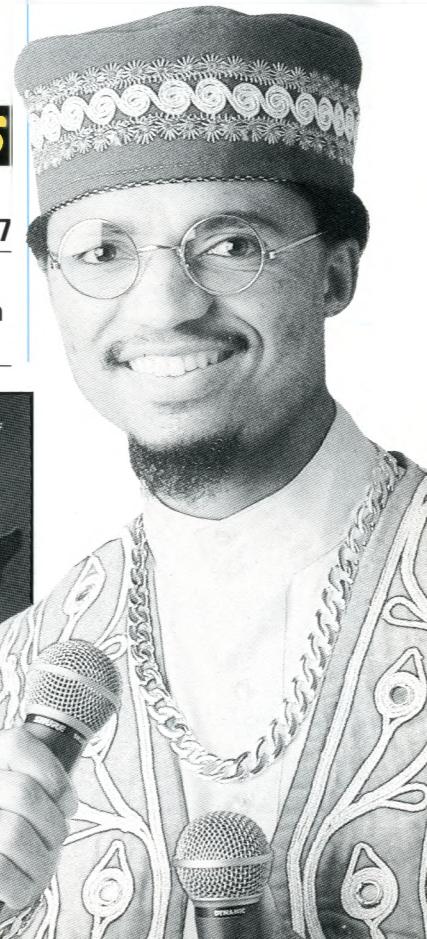
Pull-out supplement to help you with your studies

COMPETITIONS

WIN Bitty Maclean's new album 7

Are you a winner?

Check our competition results on page 28



EDITORIAL

Dear Readers

Who says books are boring? They teach us about life. We can read about the experiences of others and learn something about ourselves at the same time.

'Mo is in love with Jake. Her father forbids her to see boys so she meets Jake in secret and they sleep together. Mo never planned for what was about to happen to her life.' Mo is a character from the novel 'Never Pa's girl'. Read an exciting extract from this book, on page 32.

Many people write about young girls who fall pregnant. But few people think about the fathers of these children. Should they pay to support their children? And should they be allowed to see their children. Read our story about unmarried fathers on page 4 and send us your views.

This issue of Upbeat is full of fun articles for you. Meet Ephraim, a young male model who is looking forward to an exciting future. You can also find out about Bitty Maclean, the latest arrival on the reggae scene and Jenny Marshall, the karate queen.

Keep on reading!

Annie

NEXT

issue

- The exciting world of photographs
- Baseball – a new sport in SA
- Coping with exam pressure

NEWSBEAT

9 AUGUST 1994

National Women's Day



Courtesy of Bailey's African Photo Archives

9 August, 1956, 20 000 women from all over South Africa protest at the Union Buildings, Pretoria.

On 9 August every year, the people of South Africa celebrate Women's Day. We do this to remind the government that women should enjoy the same rights and opportunities as men. And we celebrate Women's Day on 9 August for a special reason.

On 9 August 1956, 20 000 women from all over South Africa gathered at the Union Buildings in Pretoria. Led By Lilian Ngoyi and Helen Joseph, women came to protest. They were angry because the government was trying to force

women to carry passes and control their movements. They told the Nationalist Prime Minister, Strijdom, 'You have tampered with the women. You have struck the rock.' The women lost their struggle. But every year we remember their bravery. And every year we pledge ourselves to fight, so that women are treated as equals in our country. ◀

GETTING musicactive



Students in Port Elizabeth rehearse Romeo and Juliet as part of this year's VW Musicactive programme.

We salute STEVE BIKO

For many South Africans, Steve Biko is seen as the father of the Black Consciousness Movement. In the 1970s he called on black South Africans to be proud and to reject apartheid. He said that black people must fight for their liberation themselves.

Steve Biko was the first president of SASO - the South African Students Organisation and a founding member of the Black People's Convention.

The Nationalist government did not like what Steve Biko was saying. So, on 18 August 1977 they arrested him. After his arrest, Steve Biko was badly beaten. But instead of sending him to hospital, the police drove him from Port Elizabeth to Pretoria. He died soon after he arrived from brain injuries. South Africa lost an important political leader. ◀



WIN A NEW REGGAE/RAGGA COMPILATION

Are you into reggae or ragga? Then RPM's latest compilation, *Raggabeat*, *Reggabear* is for you. With numbers by Shabba, Bitty Maclean, Shaggy, Beats International and many more, it's difficult to listen to this cassette and keep your feet still. Five lucky Upbeat readers can win this cassette by answering these three easy questions and sending your answers to us on a postcard.

- 1 Name one artist who plays on this cassette.
- 2 What kind of music is featured on this compilation?
- 3 Who is your favourite musician?



CLOSING DATE

15 SEPTEMBER
1994

Send your postcards to:
Upbeat
Reggae/Ragga Competition
P O Box 11350
Johannesburg 2000

UPBEAT WINS AWARD

Upbeat reached the **finals** of the 1994 Green Trust Environmental Awards. We were finalists last year and we did it again this year. Thirty organisations entered the Sam Mabe Media Category of the Green Trust Awards from all different kinds of media - radio, TV, newspapers and magazines. *New Ground* was the winner while *Upbeat* and *Action*, a magazine from Zimbabwe, both won merit awards.

Every Saturday for the last couple of months, young South Africans have been getting Musicactive. 1 600 students in Johannesburg, Cape Town, Port Elizabeth and Durban gathered at these different centres to learn new skills.

Sponsored by Volkswagen, the Musicactive programme has run theatre, dance and music workshops for young people. Musicactive hopes that the students who have taken part in the workshops, will share their

new skills with other students at their schools. But they also used the workshops to find new talent.

VW Musicactive will produce **Students in Cape Town take part in a dance workshop.**

Photograph courtesy of VW



four major musicals later this year. The lucky students who have been chosen to take part will be appearing in the following productions - in Cape Town, *Poison*; in Johannesburg, *Jesus Christ Superstar*; in Durban, *Metropolis* and in Port Elizabeth, *Good Companions*. So don't miss this chance to see these up-and-coming South Africans on stage. Get Musicactive and go and see these shows! ◀

UNMARRIED



Tsaks Mokolobate says fathers get a raw deal.

Photograph by William Hlanze

DO THEY HAVE RIGHTS?

When we talk about teenage pregnancies, we usually think about the young mothers. What about the fathers? Some men don't want to accept responsibility for their children - others do.



Tsaks Mokolobate made his girlfriend pregnant when he was 25 years old. Tsaks told us, 'My girlfriend and I discussed contraception. We went out for a long time and she never fell pregnant. But our relationship went sour and I told her we must separate. Then she fell pregnant.

'I think the pregnancy was hard for her. But I also suffered. I was not only shocked but I had to give up my plans to study. I honestly believe we were both damaged. But now we must avoid damaging our child.'

'I have done everything I can do for my child. He is the most important thing in my life. But I'm worried about him and I want to get custody of him. I want custody because I feel my ex-girlfriend neglects him. Once she disappeared for three months. No one knew where she was. She left my child with her parents. When I went to visit him, he was sick and unhappy. I told the grandfather that the child must come and live with my family. He agreed.'

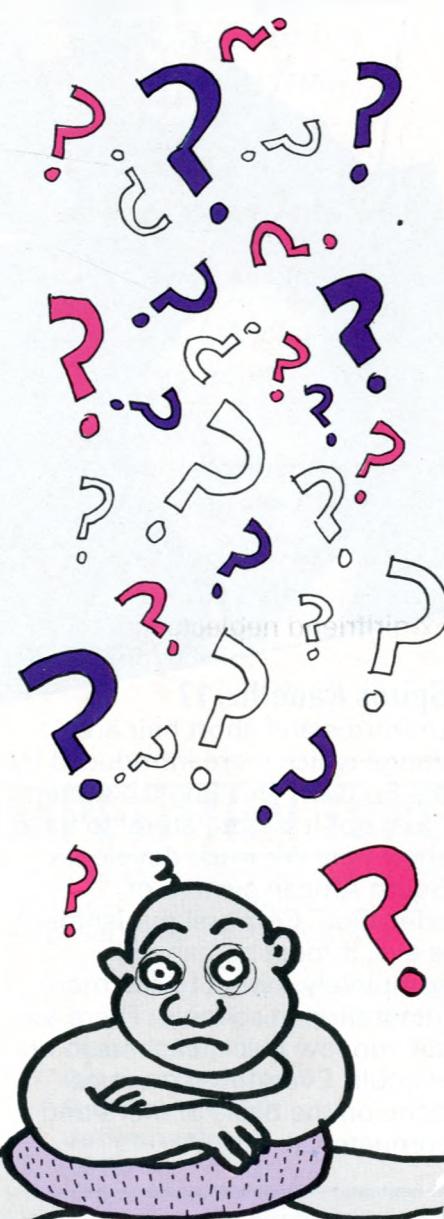
'After more than a year, my girlfriend fetched the kid from my home. When I went to her

Many fathers want to spend time with their children.

FATHERS



For this young father happiness is time with his child.



place, the grandfather said I must pay damage if I want to see the child. This surprised and angered me. I have always given them money to look after my child.'

Unfair laws

'I think the law is unfair. It says the mother has custody of the child. I think the people who wrote that law were women like my ex-girlfriend, or they were men with no interest in their child. The law must change. Each case must be heard according to its own merits. I think we men, get a raw deal. It's sexism in reverse!'

Father ran away

Perhaps Tsaks is right to feel angry about the law. But there are many men who walk away from their pregnant girlfriends, with no thought for their children.

Abigail Nogela fell pregnant when she was 26 years old. Now she lives with her two-year-old daughter. 'When I told my boyfriend I was pregnant, he promised to support me,' she said. 'Then he ran away. He is yet to give me a cent. Sometimes he asks to see the kid. I would like to refuse but then I think about my child. I want my child to know who her father is and to enjoy a relationship with him.'

'The issue of damage payment is very controversial,' says Abigail. 'Damage is paid to a girl's parents and is used to punish the man for not marrying the mother of his child. The money the man pays cannot support the child. Money for maintenance makes more sense to me. Men must support their children until they finish school,' says Abigail.

FATHERS AND THE LAW

According to statutory law, fathers have duties and obligations but no rights. The father has a duty and an obligation to maintain the child. The mother can claim money for living expenses, travelling and medical and health expenses. The maintenance court decides how much money the father must pay. If the father does not pay this money, he can be put in jail. In spite of this law, many men get away with not paying maintenance.

Even though a father pays maintenance, he still has no right to see his child. Some fathers like Tsaks believe this law is unfair. They want to see their children and be part of bringing them up. A judge will allow a father to see his child, only if he believes it is in the best interests of the child.

New Words

custody (n) - the right or duty of taking care of a child

damage (n) - money paid to a young girl's parents if she falls pregnant

maintenance (n) - supporting of child (children)

obligation (n) - when the law forces a person to do something

statutory law (n) - laws passed and written formally by parliament

controversial (n) - something which causes a lot of disagreement

Changing our Schools

Zandile Luvuno, 20

The first change must come from the students themselves. They must learn that there's time for work and time for play. Now that there is a new democratic government, there are few excuses for them to disrupt education. The teachers too, must change their attitude. Teachers' hearts were not in their work. Teaching must be more than a career. I also think there must be resources in disadvantaged communities. Libraries and study centres must be built to encourage learning in the townships and rural areas.

**Phillip Nchoba, 20**

Kids must no longer be excluded from schools because of their age. Children from early learning centres must be allowed to go to primary schools if they can cope. Uniforms must be kept but, if a child's parents cannot afford it, that child must not be punished or made to feel out of place. In the past we had to fight because the government did not listen to us. We must not use such methods now!

Teboho Mpondo, 23

The new department of education must involve everyone in the planning and running of the education system. Students, parents, civic organisations and non-government organisations must play an active role. This will give education the respect it has lost. Within the schools, I think sex education and Science must be given priority. In the past, few black students did Science because there were too few competent teachers and no facilities.



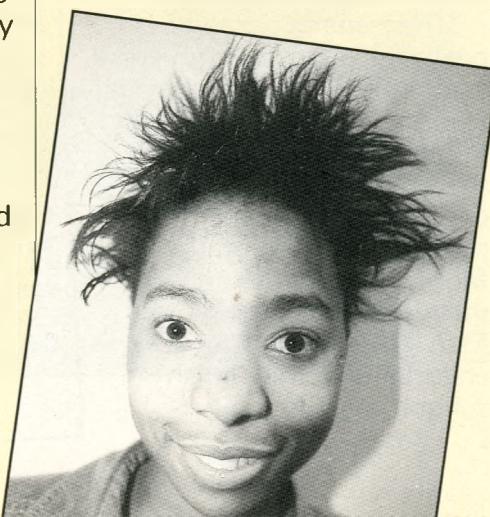
The new government has promised better education for all South Africa's children. Upbeat asked students what changes they would like to see first in schools?

Nontobeko Khumalo, 20

Teachers must be retrained so that their attitude and their teaching methods, change. Some teachers did not care whether we understood or not. They just wanted to be seen to be doing their work. Township schools must be fixed. Sometimes I just felt like not going to school when I thought about the state of my school. I want to see schools producing their own newsletters. This will give students a chance to explore their talents and it will promote the culture of learning.

**Spiros Kanelliz, 17**

Uniforms and short hair are things which were introduced by the English. This English system must go! It is not natural to have short hair. We must develop a South African system of education. Corporal punishment is evil. It must be banned completely. I want to see more integration in schools. There are still too few black teachers in our schools. Everything must be done on the basis of merit and competence.



BRINGING NEW LIFE BACK TO REGGAE

Bitty McLean is a young man from England who is making waves on the music scene. Bitty's first single 'It keeps raining' made No. 2 on the UK charts and is very popular here in South Africa. Bitty has followed this success with his debut album, 'Just to let you know.'

Bitty was born in Smallheath, a suburb of Birmingham in West England. Bitty says of his home, 'Smallheath has a large Jamaican community. People there may have ignorant views about black people but sooner or later they have to deal with them at the corner shop. The sooner people integrate and get on with it, the better.'

After school, Bitty went to Liverpool where he studied sound recording at Sandwell College. Straight from college, Bitty got a job working as a tape operator with UB40. UB40 were quick to recognise Bitty's talent. Soon Bitty was doing engineering and when UB40 brought out their last album, Bitty was the co-producer.

Bitty also did the backing vocals on their latest hit, 'I can't help falling in love.' But since then, Bitty has made a name for himself as a musician, in his own right.

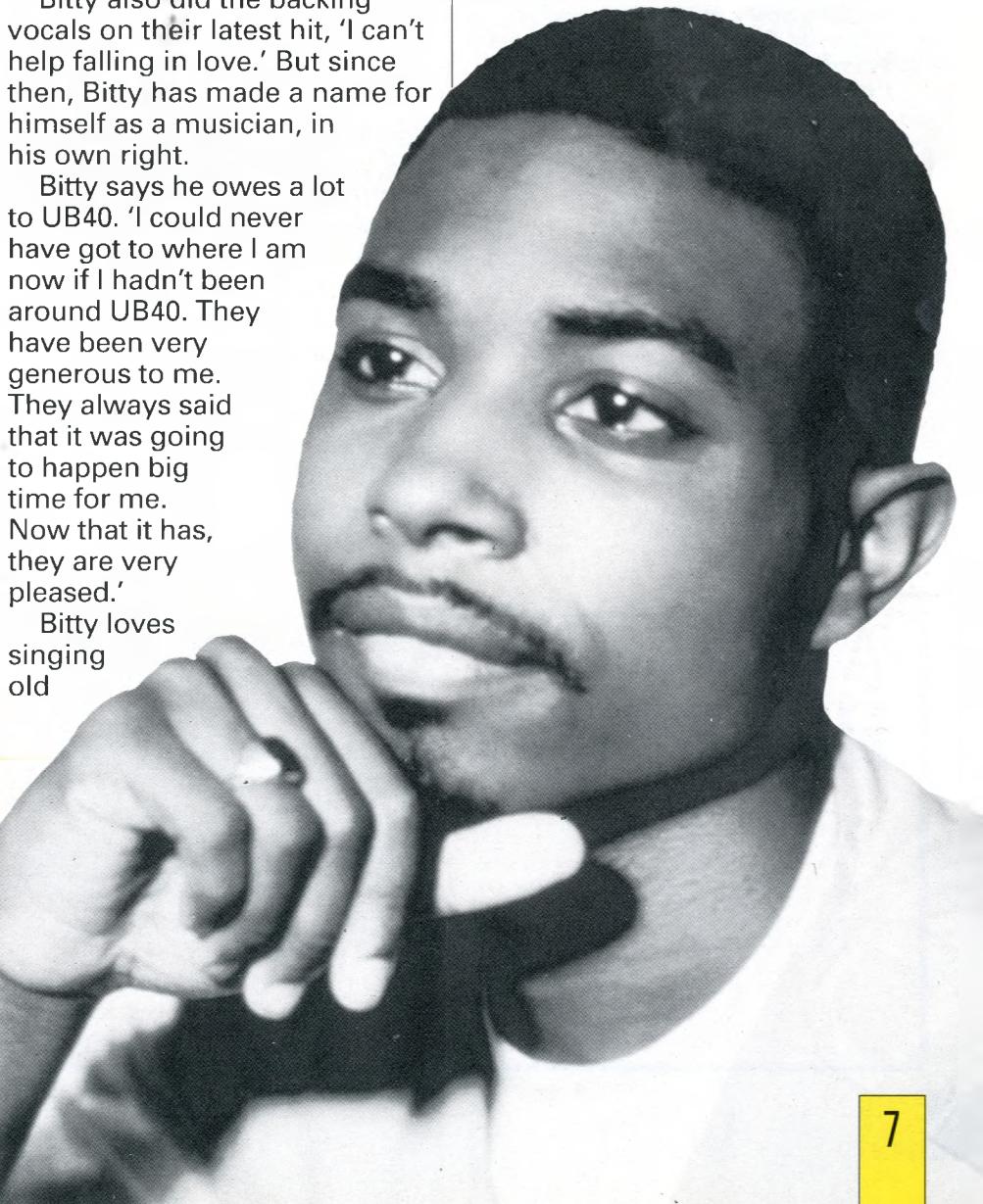
Bitty says he owes a lot to UB40. 'I could never have got to where I am now if I hadn't been around UB40. They have been very generous to me. They always said that it was going to happen big time for me. Now that it has, they are very pleased.'

Bitty loves singing old

songs. 'I do songs that I grew up with and love', he says. 'I don't see any problem in doing old numbers. It's like re-living good songs and giving people who don't know these songs a chance to enjoy them.'

Bitty feels very strongly about racism. He says, 'If I listen to a tune on the radio, I don't care if it's black or white. I see no reason why white people shouldn't play reggae. At the same time I think a purely black record company, looking after black artists would be a step backwards.'

For Bitty, music counts more than anything. 'I want to take music as far as I can,' he says 'Music is music and it should be able to touch everybody.' ▲



COMPETITION TIME

Five lucky Upbeat readers can win a copy of Bitty McLean's latest album by taking part in Upbeat's Top Ten Competition. All you have to do is write the names of your favourite ten songs, together with the names of the performers, and send it to:

**Upbeat Top Ten
Competition No 5
P O Box 11350
Johannesburg
2000**

CLOSING DATE: 15 SEPTEMBER 1994

Living in

HILLBROW



Rushka and her mom moved to Hillbrow from Gugulethu in Cape Town.

Photograph by William Hlanze

Rushka Kometsi lives in Hillbrow. Rushka is an Italian name. It means unique! Read Rushka's story and find out what it is like to live in this crowded, inner city area of Johannesburg.

'I live in a flat with my mom,' Rushka said. 'My mom comes from Gugulethu in Cape Town. She moved here when she found work in Johannesburg. She is the managing director at Sportron Productions. I have two sisters, Mpho and Tebogo. But they live in Berea.

'My daddy does not live with us but I see him quite often. We get on very well. Mom and I are also very close friends. We talk about almost everything except boys. The only time she mentions the word 'boys' is to tell me to stay away from them,' Rushka says with a laugh.

Life in Hillbrow

Hillbrow is just north of the business centre of Johannesburg - South Africa's biggest city. Most people who live in Hillbrow work in the city centre or in the industrial areas around Johannesburg.

Hillbrow is one of the most densely populated areas in the world. It has a population of 50 000 people, living in an area the size of 2 square kilometres. Most people live in high-rise flats. There are very few parks or open spaces.

Rushka says, 'I like life in Hillbrow. Thousands of very different people live here. There are lots of fun places like cinemas, games arcades, swimming pools, an art gallery, churches and gyms. Many shops are open till late at night. In fact, life goes on for 24 hours a day.'

Night life

'The streets in Hillbrow are pretty rough. But so are streets in Soweto or on the East Rand.'

A HISTORY OF HILLBROW

Hillbrow was one of the first places in South Africa where people said 'no' to the Group Areas Act.

Black families began to move into this 'whites-only' area in 1977. At first, the big companies that owned the flats were happy. They wanted to collect their rents. Often they charged black tenants higher rents because tenants were too scared to complain.

At first the government did nothing about 'illegal' blacks in Hillbrow. But then right-wing

whites began to complain. People were arrested and given eviction notices, ordering them to leave their homes immediately.





Most people in Hillbrow live in high-rise flats.

The only difference is that in the township, people help you if you are in trouble. Here you watch and pray that you won't be next.

'People are surprised to hear that I live in Hillbrow. They think Hillbrow is only about prostitution and drugs. This makes me cross. These things don't only happen in Hillbrow. They happen everywhere.'

There are two problems in Hillbrow which worry Rushka – the prostitutes and the street children. 'I just hate to see those young ladies hanging around street corners,' she says. 'I know they don't like being prostitutes. They just need decent jobs. I also wish someone would help the street-kids.'

In February 1979 the black tenants started to fight back. They formed the Action Committee to Stop Evictions (Actstop). And 50 lawyers agreed to help them fight the evictions in court.

Life in Hillbrow was hard. As one woman said at the time, 'I am always in a nervous state. I come home at night and lock myself away from police or whites who want to make trouble.'

In 1982 Judge Goldstone said no-one should be thrown out of their flats unless another house

School

There are three high schools in Hillbrow but Rushka goes to a school in the suburbs. 'I catch a bus to Northview High. I'm in Std 6. Northview High is a mixed school. Our school is well equipped. On week-ends I attend drama lessons at the Cosac Music Academy. I'm not very sporty but I like swimming and athletics.'

For Rushka living in Hillbrow is no problem. 'I was born in Hillbrow,' she says. 'I grew up here. Hillbrow will continue to be my home as long as Mom doesn't move.' ◀



LEARNING NEW WORDS

Look at these words from the article. Which is the right meaning for each one?

eviction	when people have sex for money
tenant	very special, one of a kind
convenient	when someone is told they have to leave their home
prostitution	a place or thing that is easy to reach
unique	a person who rents out a room or flat and collects money for it
landlord	someone who pays to live in a flat or room which he or she does not own.



could be found for them in the 'right group area.' The government knew there were no free houses in the townships so they stopped harassing people who were living in Hillbrow 'illegally.'

In 1990, the Group Areas Act was relaxed. But that was not the end of the Hillbrow tenants' problems. Today people are still involved with battles with their landlords to maintain and look after the buildings.

PEOPLE

KING OF THE C A T W A L K

Ephraim can't quite believe his success. Models are usually beautiful young women. But Ephraim Moligoana is a 23-year-old man from Sebokeng. And he is taking the modelling industry by storm.

After Ephraim finished high school he went to a computer school. Things started happening when Brenda Fassie asked Ephraim to tour Swaziland with her band. 'Brenda wanted a back-up singer and a dancer,' Ephraim explained. 'Soon after the tour, I met O'Neil Johnson, a top international model. O'Neil persuaded me to become a model. Jokingly he said, "I know a good model when I see one. Go for it, man!" Before I could really think, he took me to the G3 Modelling Agency.

'G3 were impressed. They said they were looking for young, black models. I stopped panicking and worrying about my looks. I thought that you had to be tall and good-looking to model. But I discovered that it takes more than that. It takes patience and ambition. 'Sometimes models wait for a long time to make a name for themselves. Education is also important - you need to be able to communicate with clients from all over the world.'

'I have always liked modelling. But I never dreamt that I would be one myself. When you start modelling, you have to spend money organising your portfolio, getting the latest hair style and the latest fashions. A model's image is very important.'

'When I told my friends I was going to G3 Agency, they said I was wasting my time as competition at G3 was very tough. But I told them that there's competition everywhere



Ephraim hopes to make it in Milan, the capital of the fashion world.

in the world. I did not let them put me off.'

Ephraim's move paid off. Early this year he left South Africa for Istanbul and Greece. 'Lady Luck smiled at me. I got a job in my first week there. I found Istanbul a little backward, even though they paid well. I modelled Levi Strauss and Aprido & Karaga clothes. The shows went extremely well.'

'Unlike here in South Africa, models in Greece enjoy a high status. I was stopped in the streets for autographs. Hopefully, my next trip will be to Milan, Italy. An Italian talent scout has said they want me to model for them.' ◀

A career in modelling

If you are interested in a career in modelling, you can contact one of these modelling agencies:

G3

P O Box 11324, Johannesburg, 2000
Tel: (011) 333-9876

Model for life

P O Box 22, Pretoria
Tel: (012) 333-7869

Mugs and Models

P O Box 2, Durban
Tel: (031) 345-4525

Shakers

P O Box 43, Port Elizabeth, 3439
Tel: (041) 93-898

Sea Snatches

P O Box 23, Cape Town
Tel: (021) 343-345

New words

Portfolio (n) - a collection of work. For models a portfolio is a collection of photographs of themselves

image - the appearance, the way someone looks

status - important position or rank



LETTERS

Dear Upbeat

Firstly, I want to thank everyone who works at this wonderful, interesting magazine, Upbeat. Thanks for the Maths programmes that you sent me. I find them very helpful. I attend school at Malvern Primary School and I am doing Std 5. Upbeat has taught me lots of things and I like it for being a non-racial magazine. Could you please send me Rebecca Malope's address? She is my favourite singer. I want to write to her. Thanks!

Ayanda Mbhele, Protea North.

Dear Ayanda

We are pleased to hear that you found the Maths programmes helpful. Here is Rebecca Malope's address:
Rebecca Malope Fan Club,
P O Box 31089, Braamfontein 2017
Editors

Dear Upbeat

Greetings to you. I am an Upbeat reader. Could you please send me the book called *The Drum Decade* written by Michael Chapman.

Ishmael Keke Tau, Bothaville

Dear Ishmael

We do not have a copy of this book. Ask for it at your local library or book store.

Editors

Send your letters to:
UPBEAT
P O Box 11350,
Johannesburg
2000.

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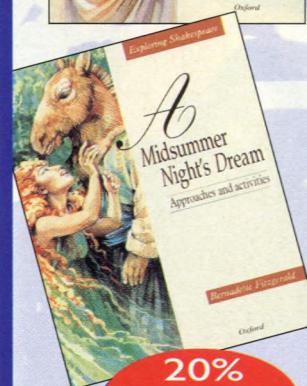
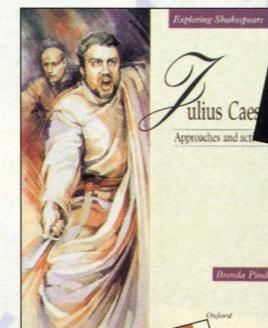

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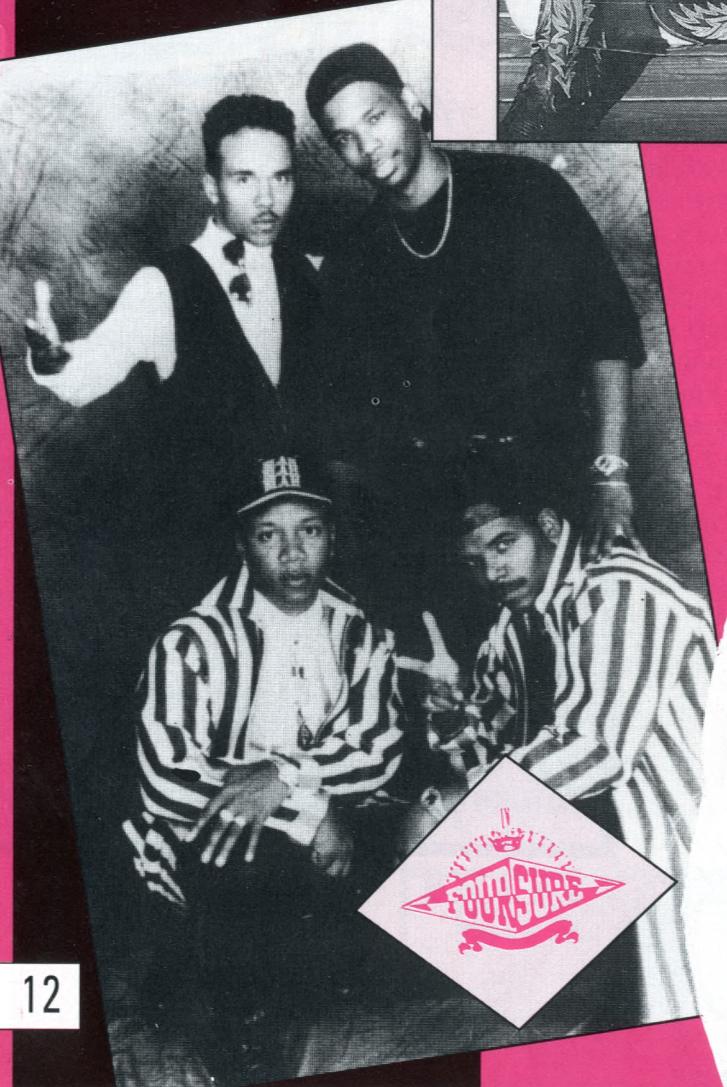
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OXFORD UNIVERSITY PRESS SOUTHERN AFRICA

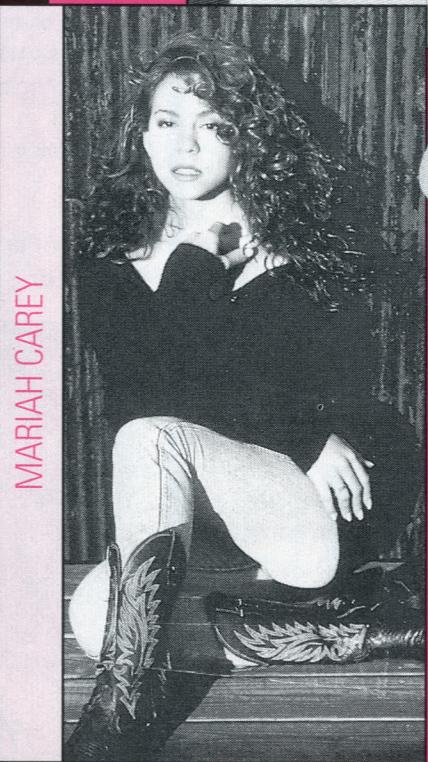
STREETBEAT

STAR-STUDDED FASHIONS

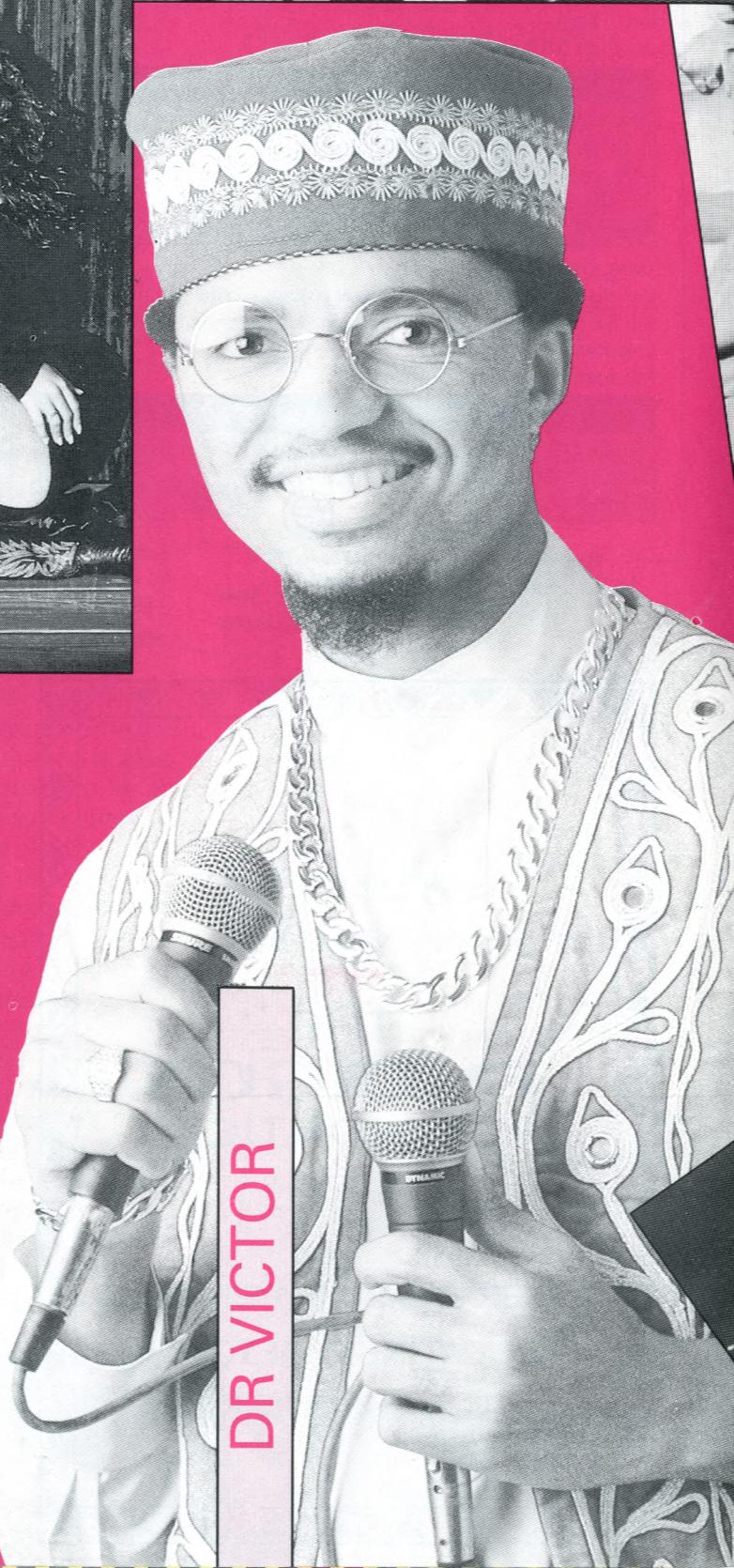
Pop stars! We listen to their music and songs and we follow their fashions and styles. From the chic and smooth-looking Janet Jackson to the hip hop funky style of Trey Lorenz. This is what's in with the pop stars this year.



MARIAH CAREY



PET SHOP BOYS



DR VICTOR



Jenny's father encouraged her to do karate so that she could defend herself against attackers.

Jenny says there were only three women in their dojo. But they were never discriminated against because of their sex. Her male karate friends were very nice and helpful.

Defending myself

'When people think of karate, they always have fighting in their minds. Yes, I joined karate so that I could defend myself against attackers. But I have discovered that karate is more



Jenny shows how to ward off a knife attack.

than self-defence. It's an art of self-discipline. It has made me cool and self-confident. It's against the rules for a karateka to start a fight. We do everything in our power to avoid fighting. For instance, I have not fought anyone since I started my karate lessons in 1989. In fact, I think I'm more passive. I was not very disciplined before I started karate. I was often ready for a fight. But now, I don't ever think

about fighting.'

Jenny has a brown belt in Goju Ryu. Soon she will be a black belt - a very high grade by South African standards.

Jenny says that she wants to see more women do karate. 'Karate is very important for women because they are victims of all sorts of harassment. Karate gives a person skills to defend themselves. And it keeps you fit too!'

DEFENCE TECHNIQUES

Groin Kick

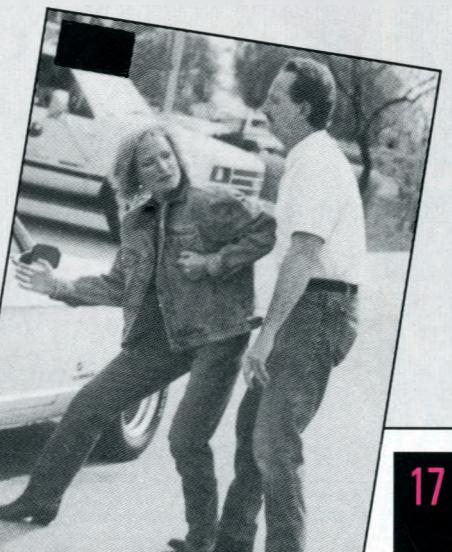
If a stranger tries to grab your arms, pull your arms backward to draw the attacker closer to you. Dig a quick knee into the groin. Yell! Then run and get help!

Foot stamp!

If a stranger tries to grab you from behind, lift your knee high and stamp as hard as you can on the top of the intruder's foot. Give a quick heel-kick to the attacker's foot. Yell! Then run and get help.

The elbow hit

Do this move if an attacker tries to grab you from behind. Push your arm forward quickly, fist clenched and facing upwards. Then bend your arm and thrust it quickly backwards, with your elbow aimed at the attacker's groin or stomach. Yell! Then run to get help.





When you're hungry, very hungry, 'cos you're hectic, very hectic, having fun, lots of fun, and you want something tasty, very tasty, right now **(exactly now)** go get Willards (only **willards**) **Crinkle Cut** (very, very) now in **foil** (NEW NEW **foil**). Yes, it's shiny, **very shiny**, and strong, **very strong**, so the air (outside air) and the moisture (rain and damp) stays out **(very out)** and the flavour (*LOVELY FLAVOUR*) stays in (**very in**). So they're fresh, **very fresh**, and crisp, **very CRISP**, and tasty, **very tasty**, absolutely **(very, very)**. Foil is special



(VERY SPECIAL) and everyone (yes, **everyone**) loves Willards (**specially Willards**) in small **foil** bags. 'Cos they're wrapped (*Nicely Wrapped*) all round (**TOP & BOTTOM**) Crinkle Cut.

willards
Crinkle Cut

Foil wrapped to be fresh, very fresh so they're tasty, very tasty.

TELESCHOOL

TEEN BEAT

AS SEEN ON TV

Use this learning supplement with the *Teenbeat English* programmes on SABC from the 5 August - 5 September.

See them on CCV Friday 15.15 or NNTV 15.30. Try to watch the TV programmes first and then use the supplement. There's lots to read and do!



BESSIE HEAD

Many of you are studying *Maru* by Bessie Head. Read this article to discover something about one of Africa's most exciting writers, Bessie Head.

The story of Bessie Head's life is not clear but people think that she never knew her parents. Her mother came from a rich white family and her father was a young black stable boy who worked for the family. They had an affair and after Bessie was born, her mother was declared mad. Bessie was placed in two foster homes but she was not well looked after. So when she was 13, she went to live in an orphanage.

In 1958 Bessie started working as a journalist on the *Golden City Post*. In 1960 she moved to Cape Town where she met her husband, Harold Head. They had a child called Howard.

In 1964 Bessie left South Africa with her son. She went to teach in Botswana. But like many writers and musicians, the South African government refused to give her a passport. So Bessie could never return to South Africa, the country of her birth.

In Botswana Bessie wrote three novels, *When Rain Clouds Gather*, *Maru* and *A Question of Power*. In all three books, she used her own experiences. She wrote about being a woman in a society where men

dominated. All three books are about being lonely and needing to belong. But they also capture the beauty of ordinary life in a farming community like Serowe.

Bessie also wrote an historical novel, *Bewitched Crossroads* and an oral history, *Serowe: Village of the Rain Wind*. Her collection of short stories, *The Collector of Treasures* is very famous.

Maru takes place in Botswana. It is about a Maserwa baby who is adopted by a missionary's wife, Margaret Cadmore. The baby is also called Margaret. She is very intelligent and does well at school. But she also leads a lonely life because she is a Maserwa. The Tswana people discriminate against the Maserwa, whom they look down on. In the end Maru, the chief of the village, marries Margaret and so challenges people's ideas on racism.

Like Bessie Head's other books, *Maru* looks at different kinds of racism in society. Part of the book looks at racism between white and black, but most of the book is concerned with racism in African societies.

Bessie Head died in 1986. Some people say that she is one of Africa's finest writers.

WORD SEARCH

Find the names of seven people and places from the novel *Maru*. They are hidden in this word maze.

DEDGODWERTTBOTSWANA
MIEXASSDILEPELKJHGS
ASDFDMIQWWEMNBMARUS
RFDSIUIOPMOLEKAYUIX
GISWKRGDGHJKLREWQAZ
AWERELIQWERDIKELEDI
RIIELZXCGVBNMMNTREW
EESEEWQWERTYMASARWA
TYTRDMNBVCXZLKJHGFD
POIUIQWERTYUASDFGHJ

Answers

This learning supplement is developed by **TEEN BEAT** magazine and sponsored by **CNA**

PULL-OUT LEARNING SUPPLEMENT ▶ PULL-OUT

Writing a letter of complaint



Give a great choice - give a CNA Gift Voucher

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08801 ADTIVE

The Principal
Matale Middle School
PO Box 336
Phokeng 0316

PO Box 336
Phokeng
0316

20 August 1994

Dear Sir,

We are writing to you regarding the condition of the classroom. We are deeply concerned about a number of problems which we would like to bring to your attention.

Firstly, the roof has a hole in it. In summer when it rains, water drips all over our schoolbooks. The room also has broken windows and the wind and cold blow into the classroom. Secondly, we have only 15 desks for a class of 30 students. Finally, over half the class have still not received their textbooks.

We raised these concerns with our teacher, Mr. Naledi, but no action has been taken. We also asked our class representative to speak to you about these issues. He reported that he had done so. However, we have to date received no response.

We would like to meet with you to discuss these problems in order to work together to find a solution.

Yours faithfully

Pule Moalose
For Standard 7A.

TIPS FOR WRITING

- The letter is formal. The Std 7 class did not scribble their complaint on a piece of paper. Notice how the letter is laid out.
- The tone of the letter is also formal. The students maintain a tone of respect to the principal. Compare these two ways of writing:

FORMAL

We are writing to you regarding....

We would like to bring to your attention...

We are deeply concerned...

No action has been taken

We have received no response...

We would like to meet with you in order to...

INFORMAL

We are writing to you because..

We just want to say that...

We are sick to death

He did nothing about it

You haven't bothered to reply

- The letter is short (concise) and to the point.

- Paragraph outline

The students organised their letter like this:

Paragraph 1 – Purpose of letter

Paragraph 2&3 – Brief list of complaints

Paragraph 4 – Request for action

So don't sit around moaning about how bad things are. Write a letter of complaint that's concise and polite. Then your complaint will go far!

This Learning Supplement is developed by Damaria Senne and Jackie Hlongwane.

PROVING THE EARTH IS ROUND

Galileo Galilei

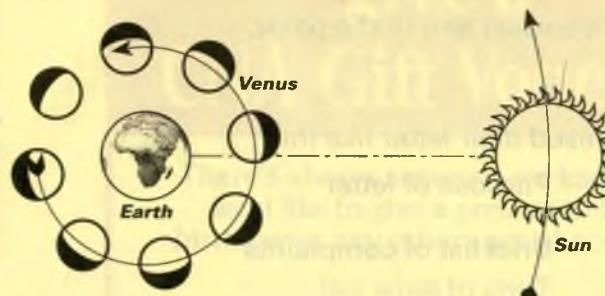
Today if you told someone that the world was flat, they would think that you were mad. But 350 years ago a man was jailed by the church for saying that the world was round. His name was Galileo Galilei.

Galileo was a great Italian scientist. He was born in 1564 in Pisa, Italy. During Galileo's time, the church was very powerful. They did not encourage scientists to do anything that would challenge religious beliefs or the ideas of ancient scientists.

Galileo questioned ancient ideas about the universe and was able to prove that many of them were false. He did this using this method:

- ▶ Observe things that happen in life.
- ▶ Question how and why they happen.
- ▶ Experiment to find out the answers to your questions.

During Galileo's time, people believed that the earth was the centre of the universe, and that the sun and other planets revolved around the earth. This is how people saw the earth:



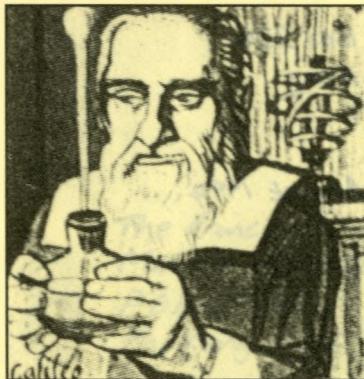
People believed that the earth was stationary and Venus and the sun revolved around the Earth.

Using his telescope, Galileo observed that Venus had different phases, just like the moon. Venus did not always look the same, but changed with time. To Galileo, this was proof that the earth moves too. If it was still, then Venus would have had only one stage. It would have stood at the same angle to the earth all the time.

Galileo is well known for supposedly dropping objects of different masses from the tower of Pisa. Galileo showed that, the time it takes for two objects of different

weights to fall, does not depend on the weight of the objects. So if two balls, one light and one heavy, are dropped from the same height, they reach the ground at the same time.

The Church authorities tried to stop Galileo publishing his views. He was sentenced to jail, but this was changed and he was banished from the city. Galileo died in 1642. Today he is regarded as one of the world's greatest scientists.



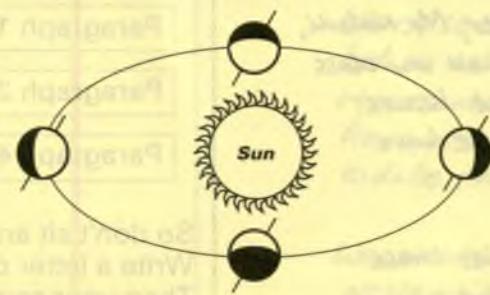
Try this experiment

Hold two balls of different weight and size above your head. Then release both of them at the same time. What happens? Use Galileo's method.

1. Observe
2. Question what happens.

Answer

First, that's because there is more air resistance on the faster. For example, if you drop a feather and a book, the book will land than on another, then the objects will drop at the same rate. They drop at the same rate. Mass does not affect the speed at which things drop. But if there is more air resistance on the object



This diagram shows the earth's orbit around the sun. The earth takes 365½ days to make one revolution around the sun.

The earth rotates on its axis once every 24 hours. This movement causes night and day.





WILLARDS FOODS HIGH SCHOOL SPORTS ACHIEVER AWARD

If you are a strong achiever in any sport, this may be your chance to win money for your school and exceptional prizes for yourself. Willards Foods have been running their Sports Achiever Awards for several years on a national basis, which has resulted in High School sports achievers being acknowledged in South Africa.

It is not, however, always possible to directly reach each and every sports achiever through the schools which they attend. We, therefore, take this opportunity to personally approach yourself with an offer to enter our Sports Achiever Promotion. Entry is easy, all you need to do is to fill in the enclosed entry form and send it to our Willards Sports Achiever Promotions. Monthly winners are chosen throughout the year. National winners are, in addition, elected out of our panel of monthly winners, drawn from each province.

School:.....

Address:.....

Tel No:.....

Contact Person:.....

School Principle:.....

STUDENT DETAILS

Name:.....

Standard:.....

Age:

Date of Birth:.....

Sport:.....

Passport size
Black & White
Photograph

AWARDS & ACHIEVEMENTS:

(Please list any recent competitions, championships, medals, etc)

PLEASE RETURN YOUR INFORMATION OR ANY QUESTIONS REGARDING THE PRIZES OR PROMOTIONAL GUIDELINES TO THE FOLLOWING ADDRESS: **WILLARDS FOODS SPORTS ACHIEVER AWARDS**
P O BOX 251,
ROSSLYN, 0200

DISCOVER THE WORLD

By Patricia Smith

You might think that plants are a big yawn. But before you yawn again, take time to find out what it is that plants do for us. Green plants are one of nature's wonders. Without plants there would be no life.

Plants are nature's factories. They take water and carbon dioxide. Using energy from the sun and help from the chlorophyll in their leaves, plants make glucose - or starch as we call it. And the waste product they produce is oxygen, the gas which we need to



survive on earth. Isn't it a pity that our factories aren't as useful and clean as plants?

Plants are the only living things that make food. They are the starting point of all food chains. But that is not everything that plants do. Decaying plants provide nutrients for other plants to live off. Their roots hold the soil together and trap water in it. Plants provide homes for animals, birds and insects.

Apart from the plants we eat, we also use plants for many different things. Medicines like aspirin and quinine were made from the bark of trees. We use cotton for our clothes, wood for fuel and furniture. We use spices to flavour our food and we get colouring from plants like indigo to dye our clothes.

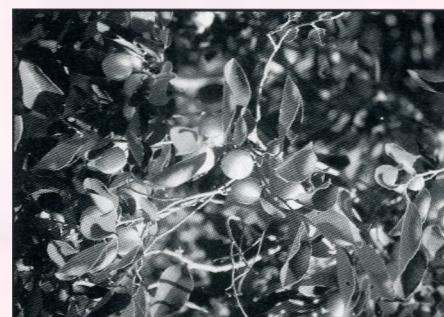
Endangered

The number of different types of plants on earth is shrinking. As forests are cut down and grasslands are cleared for farming, so different kinds of plants are destroyed. And as they are destroyed, whole ecosystems are destroyed with them, killing the animals and insects that lived off the natural plants.

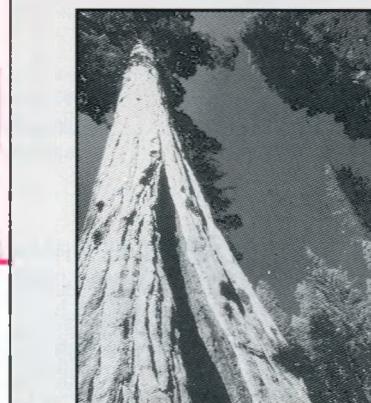
In South Africa farming has destroyed the natural habitats of animals. Now we only find wild animals in game reserves, where the natural bush has not been disturbed.

People think that the destruction of our natural plants is having other effects too. In the Natal Midlands natural forests and grasslands are being replaced with commercial forests. Environmentalists think that this will change the climate and impoverish the soil.

Today scientists are very aware of how important our indigenous plants are. They encourage people to destroy alien plants and to grow indigenous trees which help to save our eco-systems. Some farmers are experimenting with perma-culture. This is a method of farming which does not disturb natural eco-systems.



DID YOU KNOW?



California Redwoods

D OF PLANTS



12 August - Arbor Day

Today many countries, including South Africa, celebrate Arbour Day - a special day for planting trees. In South Africa, we celebrate Arbour Day on 12 August. People are encouraged to plant indigenous trees on this day. Every year, the Department of Forestry

chooses a tree as tree of the year.

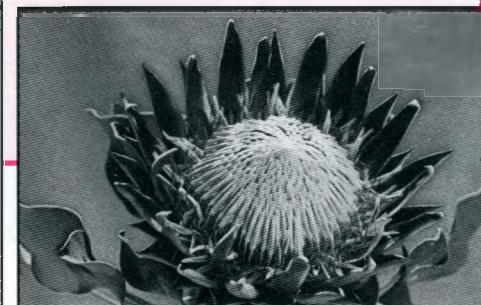
This year the tree of the year is the tree wistaria (*Bolusanthus speciosus*). The tree wistaria grows about 8m high and has sprays of violet-blue pea-shaped flowers. It grows naturally in the Eastern Transvaal but it will grow wherever there are no bad frosts.



The wistaria tree

The tallest plants in the world are the Californian redwoods (*Sequoia*). The highest redwood ever was 97m tall - about 63 times the height of an average man.

The smallest flowers known grow in India. The artillery plant (*Pilea Microphylla*) has blooms smaller than a full stop.



WHAT CAN WE DO TO HELP

1 Start an ecology club. The Wildlife Society of Southern Africa give advice on how to start, run and manage a club. They send out booklets about ecological issues and give suggestions for projects. They also provide speakers and films for meetings.

Write to:

Angeline Jan
Wildlife Society of
Southern Africa
P O Box 44344
Linden 2104
Tel: (011) 482-2430

2 Plant trees on Arbor Day. If you contact your local plant nursery, they often give trees to schools. Other good sources are gardening clubs and botanical societies.

SOUTH AFRICAN RECORD

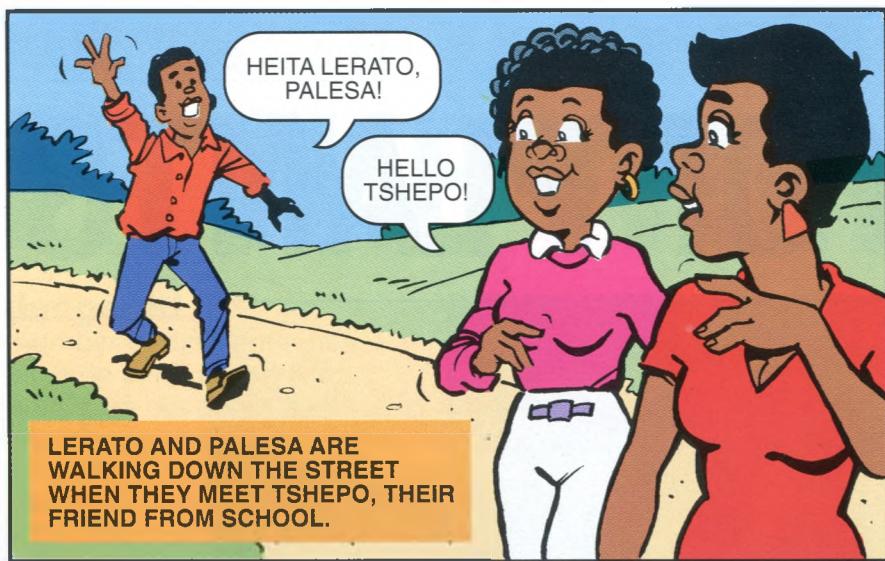
South Africa has more types of plants than any other country on Earth. Altogether we have more than 24 000 species of plants.

However 2 373 South African plants are in danger of extinction. Many of these are fynbos species. One reason for this is because plants from other places in the world are taking over. The main culprits are acacias and hakeas from Australia.

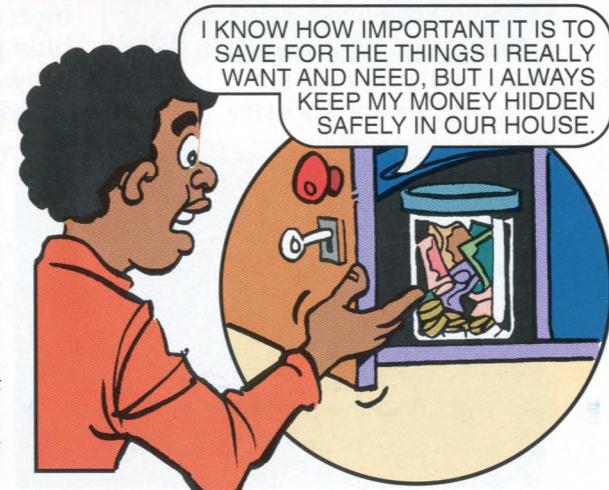
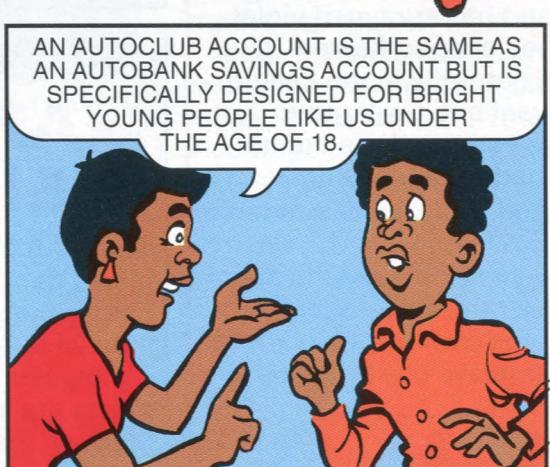
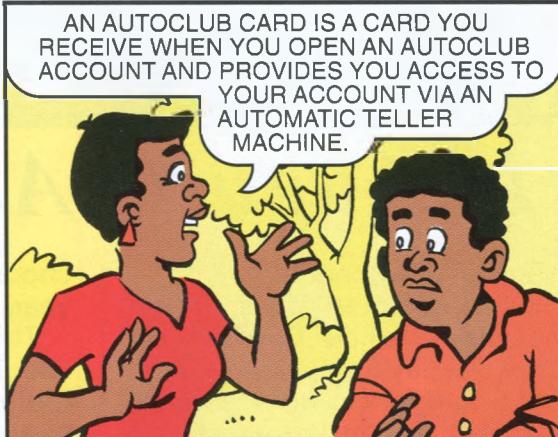
The Protea - South Africa's national flower.

TSHEPO

LERATO



AutoClub from Standard Bank



LET'S ALL GO TO THE STANDARD BANK AND THEY CAN EXPLAIN ALL THE OTHER GREAT BENEFITS OF OPENING AN AUTOCLUB ACCOUNT.

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THANDI, TOMORROW I WOULD LIKE TO COME AND OPEN A SAVINGS ACCOUNT LIKE THE ONE THAT LERATO AND PALESA HAVE.

TSHEPO, YOU MUST REMEMBER TO BRING YOUR ID BOOK OR YOUR BIRTH CERTIFICATE WHEN YOU COME TO OPEN YOUR ACCOUNT.



TSHEPO, LERATO AND PALESA LEAVE THE STANDARD BANK, VERY PLEASED WITH ALL THEY LEARNED ABOUT BANKING AND SAVING THROUGH AUTOCLUB.

I'M PLEASED THAT I WILL SOON HAVE AN AUTOCLUB ACCOUNT LIKE YOURS.

IF YOU HAVE ANY QUESTIONS ABOUT AUTOCLUB PLEASE WRITE TO STANDARD BANK AT THE ADDRESS PRINTED BELOW.



**Standard Bank/UpBeat
Retail Banking
Services Division
P O Box 62325,
Marshalltown, 2107.**

 Standard Bank

SCIENCE FOR YOU

ACIDS AND BASES

Word list: acid, base, red, blue

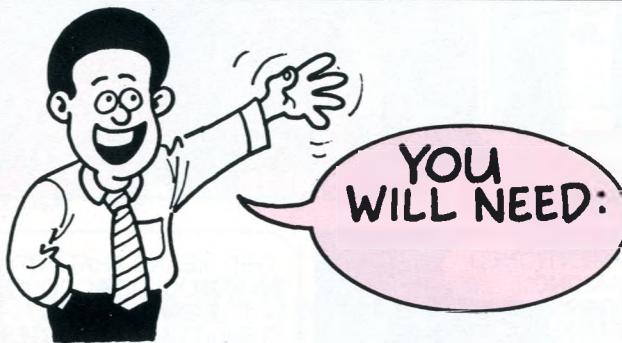


Another primary science education resource commissioned by and developed in collaboration with



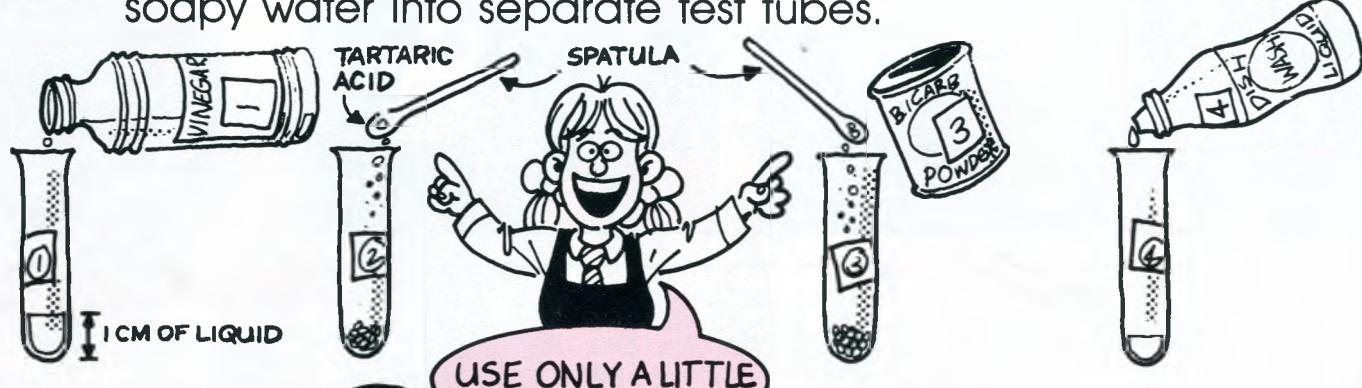
ACKNOWLEDGEMENTS

PAUL WEBB (Author)
THEO HAWKINS (Illustrator)
HILARY WILSON (Editor)
DEREK POTGIETER (Co-ordinator)



red and blue litmus paper, vinegar, 4 test tubes, tartaric acid, a spatula, bicarbonate of soda, soapy water

- 1 Put a little vinegar, tartaric acid, bicarbonate of soda and soapy water into separate test tubes.



- 2 ADD A LITTLE WATER AND SHAKE.



- 3 Drop a small piece of red litmus paper into each tube.

- 4 Do the same thing with blue litmus paper.



	Red litmus	Blue litmus	Acid or base
Vinegar			
Tartaric acid			
Bicarbonate of soda			
Soapy water			

**REMEMBER! Acids turn blue litmus paper red.
Bases turn red litmus paper blue.**

Litmus paper is an indicator.

YOUNG VOICES

Readers, here's your chance to be creative! Write a poem or a story. Do a drawing or paint a picture. This is your page!

Send your contributions to: Upbeat Voices, P O Box 11350, Johannesburg 2000. All readers whose work is published will receive R15.

All material published is the property of Upbeat. If you wish to use it, please write to us for permission.

CHANGES

In our ever-changing approach to life,

There is one thing that's remained the same,
One thing has remained constant.

You!

There's one factor life has not changed

Your approach to friendship,
You are as always
And it is good to know
And wonderful to feel.
I feel safe, more so, content,
To know that although life is at odds

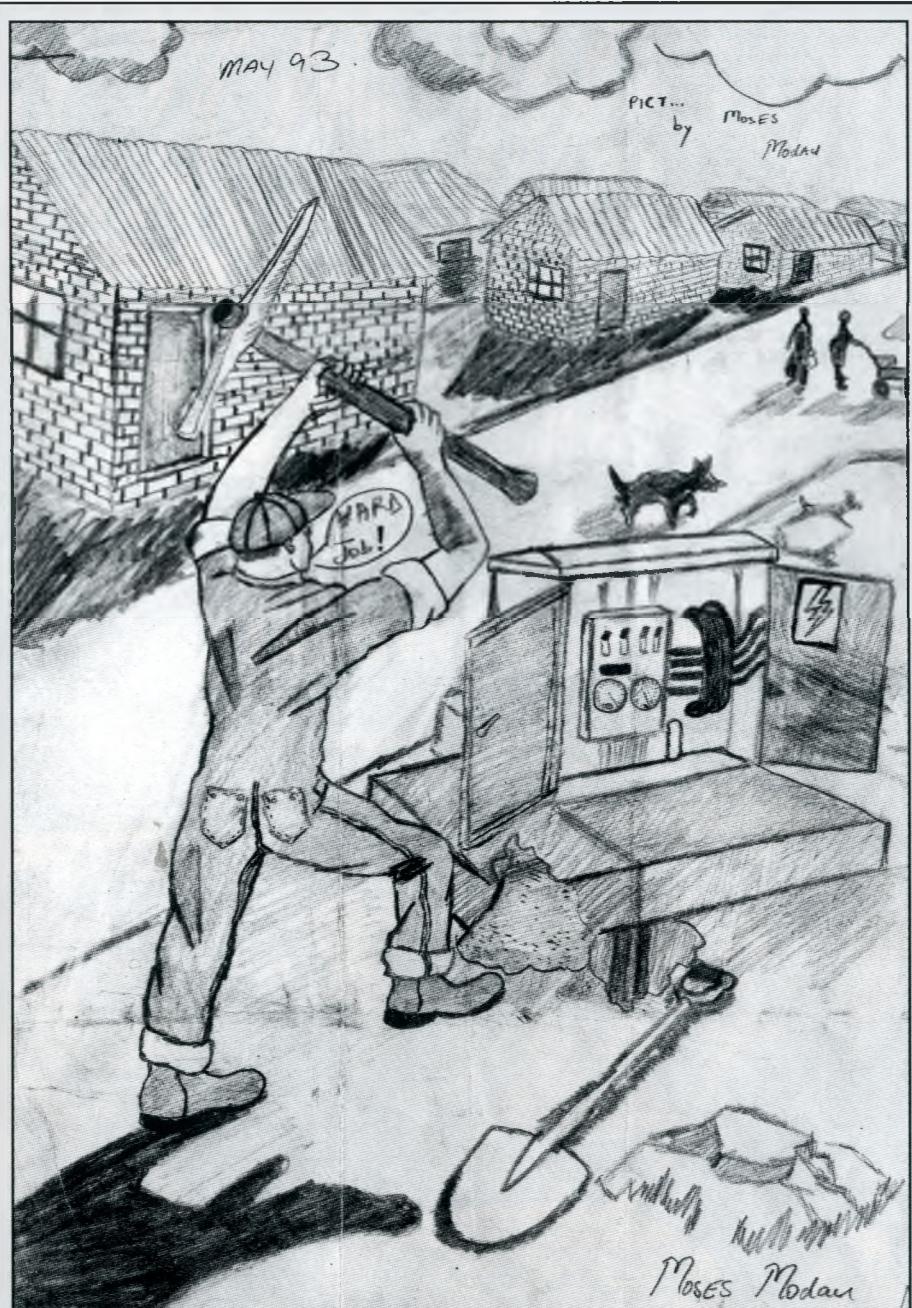
Our friendship will remain steady,
And no change of time
Will alter it.

Marcel du Toit, Germiston

Rememberance

I love to remember
Days in the sun.
I love to remember
Long winter evenings.
I love to remember
Moments made happy
By sharing and closeness
Fun, laughter and
Dreams that came true.
Well, I guess I'm just saying
I love to remember
Each beautiful moment
That I spent with you
And may those moments
Great and small, be endless.

**Gloria Golagile Ramela,
Tembisa**



Drawing by Moses Mudau

I cry for home

My tears fall
But what for?
My heart bleeds
But what for?

For my people, my land
Africa, my home.
Will she ever be same again?
Will she ever be the beautiful Africa?

I grieve for the unhappiness of my people

Troubles escalate hour by hour,
day by day
Anger rages in many hearts
I love my people, my land.

Peace is what we need.
My tears fall for peace,
My heart bleeds for peace,
I will rejoice when peace reigns.

Africa is love.
Africa is my motherland.
Africa is home and
Home is where my heart is.

Judith Magawa, Botswana

THE GALAXY ARCADE KIDS

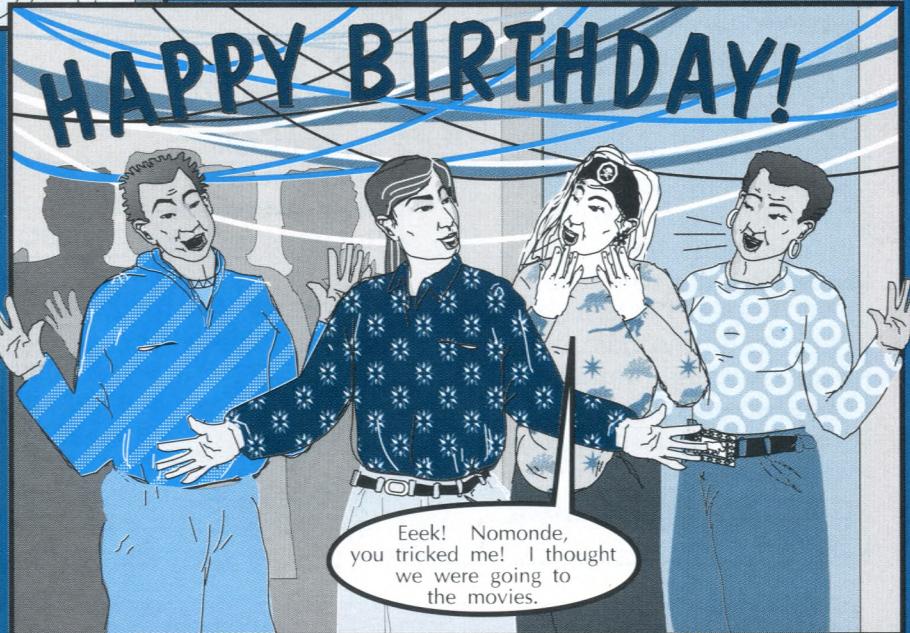
By Burgen Thorne

Maxine's Birthday

It is Wednesday afternoon. Teboho, Nomonde and Aziz meet at the games arcade after school.



On the day of the party Nomonde and Maxine arrive at Aziz's flat.



Maxine



Teboho



Nomonde



Aziz

The GALAXY ARCADE is the meeting place of four very different young people.

AZIZ - (17) is a dreamer. He's new in town and he is looking for a job.

MAXINE - (16) is a rebel and a free thinker. She's always ready for a party.

NOMONDE - (15) has a strict family but secretly she wants to break free.

TEBOHO - (16) works hard & knows where he's going. His weakness - pool!



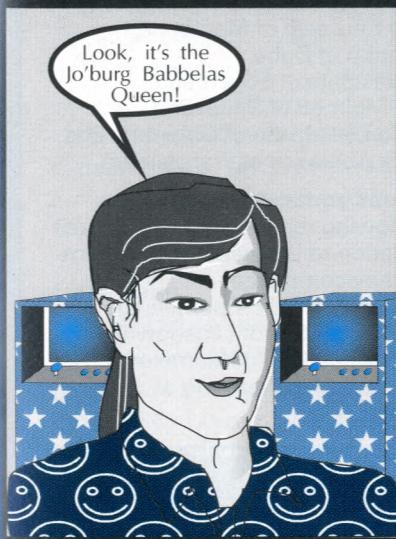
Later

So, Max, did you have a good birthday?

Oh, Teboho, it's been wonderful. I'm sorry that I have to go home. I'd better tell Nomonde we're leaving. I wonder where she is?



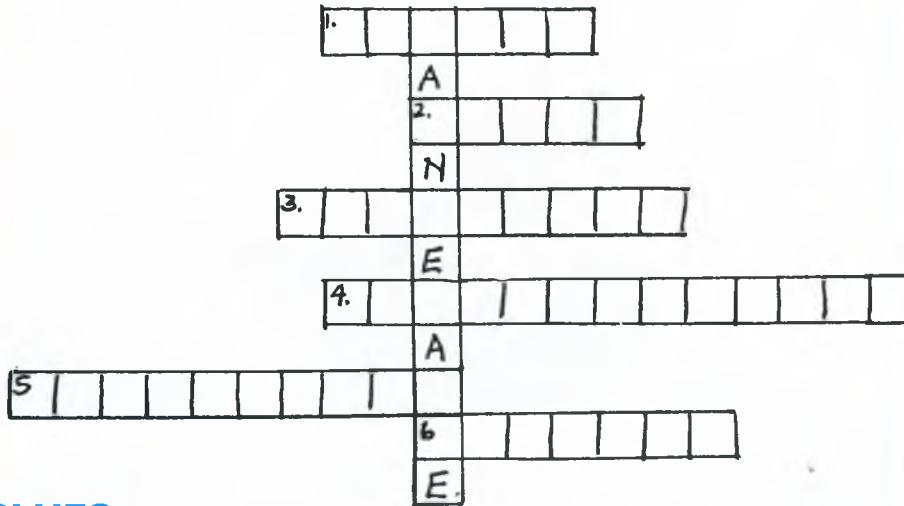
The next day at the Arcade.



JOIN THE
GALAXY ARCADE KIDS
AGAIN NEXT MONTH.

WORD PUZZLE

Can you find the hidden word? Write down the answers for the clues we have given you and see if you can find the word that runs down the puzzle. We have added some letters to help you. Remember all the words come from stories you have read in this Upbeat.



CLUES

1. In traditional law men are expected to pay this if they make a woman pregnant. (6)
2. Models need to have a fashionable _____ (5)
3. In South Africa people follow traditional law or laws made in parliament which we call _____ law. (9)
4. When something is _____, lots of people argue about it. (13)

5. Men have an _____ to look after their children. (10)
6. When parents live separately, they often fight about the _____ of their children. (7)

ANSWERS

6-custodly Mystery word: maintenance
4-controversial obligation
1-damage 2-image 3-secretary

UPBEAT READERS' TOP TEN SONGS

- 1 **Breath again - Toni Braxton**
- 2 **Can we talk - Tevin Campbell**
- 3 **Hero - Mariah Carey**
- 4 **Love should've brought you home - Toni Braxton**
- 5 **Shoop - Salt 'N Pepa**
- 6 **Never keep a secret - Babyface**
- 7 **Bump 'n grind - R Kelly**
- 8 **What's your name - Snoop Doggy Dog**
- 9 **Anniversary - Tony Tone Toni**
- 10 **Freak me - Silk**

COMPETITION WINNERS

Are you a winner? If you have entered an Upbeat competition, check our winners' names to see if you have won a prize.

Upbeat Top Ten Competition No. 2

The following people are the winners of the Upbeat Top Ten Competition. These lucky readers have all won an exciting album by Toni Braxton. Celumusa Kunene, Kwa-Dlangeza; A.K. Modiba, Driekop; Thabo J Baas, Virginia; Florence Mgquba, Cape Town; Wiseman Zuma, Pietermaritzburg; Agnes Metsing, Carletonville; Tshepo Moncho, Petrus Steyn; Precia Chuene, Chhiespoort; Mahlomola Tau; Sakhile Mkhalihi, Pretoria.

Rastafarian Competition

These lucky readers have won a Lucky Dube cassette:- Letta Mtau of Groblersdal, Tandie Zweni of Mandaway, Sipho Mahlangu of Bronkhorstspruit, Vincent Luthuli of Hammersdale, Frank Shiimbi of Oranjestad, Kwaza Unathi of Elliot, Abigail George of Port Elizabeth, Kai Sampies of Dikgakeng, Vincent Khonjelwayo of Piet Retief, Julius Lenkopane of Vryburg, Jacobeth Msiza of Siyabuswa.

Air Pollution Competition

Stephen Leshalabe has won a copy of 'We call the whales'.

Water Pollution Competition

Telang Motaung of Nqutu, Yazeed Kamaldien of Lansdowne, N A Lesufi of Groblersdal and Phatuwani Ramaano of Vhulaudzi have all won water testing kits, together with a Sharenet ecology library

Blue Train to the Moon Competition

The following readers have won a copy of Dianne Hofmeyer's latest novel, *Blue Train to the Moon*.

Pieter Swanepoel of Pinetwon, M F da Silva of Rustenburg, Herman Sithole of Coligny, Rumbidzai Mapfumo of Bulawayo, Thulani Khumalo of Merebank, P Mokhubo of Dube, Trish Westgate of Edgemead, Milhoti Mgimeti of Shiluvane, Wilberforce Ndzimu of Gabarone and Rebecca Abednico of Francistown

Teenbeat comic competition

The following readers have won a free subscription to Upbeat for the comics which they completed:- Koos Mtshayise of Empumalanga, Yazeed Kamaldien of Lansdowne, Stephen Leshalabe of Mamelodi East and Rumbidzai Mapfumo of Bulawayo.



Need advice and there's no one to ask? Pebetse and Aubrey, youth workers for the Planned Parenthood Association, answer your questions.



Write to Pebetse and Aubrey, c/o Upbeat, P O Box 11350, Johannesburg 2000. If you prefer to write in your home language, please do so.

Afraid of AIDS

Dear Aubrey

I have many girlfriends and I have sex with them all. Now I am scared of AIDS. I want to use a condom. My question is, should I let my girlfriends know when I use a condom? I am shy to make them aware of it. What must I do?

Dolo John, Temba

Dear John

You are right to be worried. Anyone who has sex with many different partners in this age of AIDS, needs their heads examined. It sounds like

you need to do some hard thinking, not just about AIDS, but also about the way you treat women. If you feel too shy to talk about AIDS and preventing pregnancies, how come you are not shy to have sex with many women? If you want to protect yourself and your partners - from AIDS, you had better start using condoms immediately!

Aubrey

Painful sex

Dear Pebetse

I am a girl of 13 years old. I have a boyfriend who is 19 years old. Last year he had sex with me. It was very painful when he penetrated me. I asked him to stop and he cooperated. This year he asked me to have sex with him again. I agreed because I thought the experience would be different. But it was the same as before. So my boyfriend wanted us to have anal sex. I refused. After some time he phoned me and told me that our relationship was over. I still love him. Help me. I don't know what to do.

Anonymous

Dear Anonymous

Thirteen years is very young to be having sex. If you are young and inexperienced, sex can be painful. Your boyfriend rushed you into sex because it looks like he only wants sex from you. He ended the relationship because he could not get what he wanted. You must not regret losing him at all. Do not allow love to lead to abuse by a selfish man like your boyfriend. It is also important to know that the law says it is a crime to have sex with someone younger than 16 years. In fact your boyfriend was committing statutory rape. He could go to jail if you reported him to the police.

Pebetse

Unfulfilling sex

Dear Aubrey

I am 20 years old. I want help with the following problems:

My girlfriend is 18 years old. How can I know if my girlfriend is pregnant? My girlfriend and I love each other very much. But we have problems when it comes to sex. At my best, I can have sex for two rounds then my penis flops and nothing can make it erect again. My girlfriend complains. She says she does not get any pleasure. She also prefers different sexual positions but I only know one - the conventional position (lying on top of each other). I have been to the clinic and the hospital. The nurses there just tell me I must improve my performance or laugh at me. Some nurses openly say I waste their time. They have more important jobs to do.

M.C., Phuthaditjhaba

Dear M.C.

You cannot tell if your girlfriend is pregnant in the first month unless your girlfriend tells you. It sounds like your girlfriend is not having orgasms. This is why she is not sexually satisfied. Your girlfriend must not just complain about your sexual performance. She must help you to improve it. She says she likes different sexual positions. She must show you what she enjoys. Good sex does not depend on men alone. You can get books that will guide you to better sex at book stores like the CNA. These will help you more than the nurses at the hospital.

Aubrey

PENFRIENDS

TRANSVAAL

P O Box 3138, Mmabatho 8681

Dear Upbeat

Hi! I am a boy of 16 years old. I am doing Std 9. I want penfriends of 14-17 years old. My hobbies are reading, listening to R&B and rap music, jiving and cycling. Please send me your photo when you write.

Brown M Mothsumi

P O Box 218, Ogies 2230

Dear Upbeat

I am a 17-year-old guy and I am in Std 10. I want female and male penfriends of any age. My hobbies are soccer, reading, music and watching TV. My favourite artists are Boyz II Men, Lionel Richie, Hammer and Bobby Brown. Please write in English and send your photo.

Rudolf Zandamela

P O Box 2391, Joubert Park 2044

Dear Upbeat

I am a girl of 13 years old. I want to correspond with guys of 14-16 years old. My hobbies are swimming, singing, reading, watching TV and dancing. Please send your photograph with your letter!

Anna Shabangu

2280A Naledi, P O Kwa-Xuma 1868

Dear Upbeat

I am a girl of 15 years old. I am in Std 8 at Prudence High School. I want to correspond with guys and dolls from all over Africa. My hobbies are watching TV and listening to music. My favourite artists are Boyz II Men, Tevin Campbell, Whitney Houston and Mariah Carey. I will reply to all letters in English. Please include your photo!

Colleen Mogodi

4288 Khutsong, Carletonville 2500

Dear Upbeat

Greetings! I am a 23-year-old guy. I want penfriends from all over the world, males and females. My hobbies are reading, playing soccer and tennis, listening to music and watching soapies. I will reply to all the letters, with or without photos.

Prince Sekano

NATAL

Box 2967, Stanger 4450

Dear Upbeat

I am a girl of 15 years old. I am doing Std 9. I want penfriends from anywhere in the world. My hobbies are singing, dancing and sharing jokes with friends. Please write in English and send your photo if possible!

Senamile N Mthiyane

62 Pampally Way, Reservoir Hills, Durban 4091

Dear Upbeat

I am a 10-year-old boy. I want penfriends from overseas. They must also be 10 years old. I like sport, listening to rap music and art. I will reply to letters written in English.

Sivenasen Moodley

P O Box 145, Greytown 3500

Dear Upbeat

I am a boy of 15 years old. I want penfriends from all over the world. I want girls and boys of 14-18 years old. My hobbies are soccer, karate, reading and singing. Please write in English or Zulu. I would be glad if you send your photo!

Ndumiso Ziphlo Hlongwa

Box 918, Esikhawini 3887

Dear Upbeat

I am a girl of 14 years old. I am doing Std 6. I want penfriends, girls and boys, of 13-17 years old. My hobbies are playing tennis and collecting stamps. I will reply to letters written in English or Zulu. Please send your photograph!

Nonkululeko Zwane

20 Wolraad Road, Austerville, Durban 4052

Dear Upbeat

I am a 10-year-old boy. I want to correspond with boys and girls of any age. My hobbies are soccer and art. My ambition is to become an aerodynamics engineer. My best soccer team is Kaizer Chiefs. Write to me in English and please send your photo!

Vivian Taylor

AFRICA

Martin Luther High School, Private Bag 2013, Omaruru 9000

Dear Upbeat

First, I want to thank Upbeat staff for their work. I am a girl of 17 years old. I want penfriends from all over the world. My hobbies are collecting stamps, writing letters and listening to soft and reggae music. Please write in English or Afrikaans!

Caroline H Tjongarero

Nombuma Trading Store, P O Box 59 Nombuma, Lilongwe, Malawi

Dear Upbeat

I want penfriends from South African countries. My hobbies are reading novels and newspapers, watching videos and soccer matches and listening to lumba (kwasa kwasa) and reggae music. I will be very pleased to receive your letter.

Matthews Chiwanga

C/O Mmaphiri Bakwena, P/Bag 007, Gaborone, Botswana

Dear Upbeat

I am a girl of 17 years old. I want penfriends of any age from anywhere in the world. My hobbies are listening to music and watching TV. Please write in English, Pedi or Tswana and send your photo!

Gorata N Dintwe

CAPE

46 Sentinel Street, Eastridge, Mitchell's Plain 7785

Dear Upbeat

I am a 23-year-old guy. I am well-travelled and I would like to share my experiences with penfriends. I want to correspond with female penfriends only! Write in English and, if possible, send your photo.

Noel Baadjes

No. 3 Nyanga Street, Bongweni, Cookhouse 5820

Dear Upbeat

I am a guy of 21 years old. I want penfriends of 16-20 years old. My hobbies are reading, dancing and singing. Letters must be written in English. Photos are welcome

Thembinkosi Ndlela

Zone 7, No. 10, Langa, Cape Town 7455

Dear Upbeat

I am a girl of 18 years old. I am in Std 9. I want girls of 17-20 years old to be my penfriends. My hobbies are listening to music and watching movies. My favourite singers are Whitney Houston, Shirley Brown and Michael Bolton. Please send your photo and write in English!

Portia Fuzile

49 Angus Way, Westridge, Mitchell's Plain 7785

Dear Upbeat

I am a girl of 16 years old. I want to correspond with boys and girls of any age. I like anything that's fun. I will reply to letters in English. I'm waiting!

Kennethea Jackson



Notice Board

Teleschool

Don't miss programmes on television that will help you with your school work. This is what CCV has to offer at 3.00pm every week day this month.

- 1/8 Kap't uit op Afrikaans (Std 9 & 10): Bedrywende en lydende vorms
- 2/8 Understanding our world (Geography Std 8): Geomorphology 1
- 3/8 Profit makers (Bus.Ec, Std 8): The marketing function
Telequest
- 4/8 Technical Studies: Rolling
- 5/8 Transaction action (Accountancy, Std 8): Debtors and creditors journal
- Teenbeat English** (Std 9 & 10): Pets
- 8/8 Kap't uit op Afrikaans (Std 9 & 10): Die paragraaf
- 9/9 Understanding our world (Geography, Std 8): Geomorphology 2
- 10/8 Profit makers (Bus.Ec Std 8): The financial function 1
Telequest
- 11/8 Technical Studies: Presswork
- 12/8 Transaction action (Accountancy Std 8): Posting from debtors and creditors journals
Teenbeat English (Std 9 & 10): Teacher feature: studying the novel "Maru"
- 15/8 Kap't uit op Afrikaans (Std 9 & 10): Woorde en emosies
- 16/8 Understanding our world (Geography Std 8): Geomorphology 3
- 17/8 Profit makers (Bus.Ec Std 8): The financial function 2
Telequest
- 18/7 Technical Studies: Heat treatment
- 19/8 Transaction action (Accountancy Std 8): The general ledger
Teenbeat English (Std 9 & 10): People of vision
- 22/8 Kap't uit op Afrikaans (Std 9 & 10): Die informele brief
- 23/8 Understanding our world (Geography Std 8): Geomorphology 4
- 24/8 Profit makers (Bus.Ec Std 8): The financial function 3
Telequest
- 25/8 Technical Studies: Plastic materials
- 26/8 Transaction action (Accountancy Std 8): Year-end adjustments
Teenbeat English (Std 9 & 10): Teacher feature - how to analyse a poem
- 29/8 Kap't uit op Afrikaans - Die formele brief
- 30/8 Understanding our world: Geomorphology 5
- 31/8 Profit makers: The administration function 1
Telequest
- 1/9 Technical Studies: Manufacturing with plastics
- 2/9 Transaction Action: Year-end adjustments - income
Teenbeat: Meetings - conducting and ordering

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The following companies have kindly agreed to sponsor bulk subscriptions of 50 copies of each issue of Upbeat for one year to rural schools. We would like to thank them for supporting the students who need their help most.

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ARE YOU A WINNER!?

TURN TO PAGE 28 TO FIND OUT

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With every issue of Upbeat, you can get FREE teacher's exercises. These are fun, classroom activities which develop reading, writing, comprehension skills and much more. They will help you plan and prepare lessons using Upbeat. For your FREE copy of teacher's exercises, subscribe to Upbeat NOW.

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Name _____

Address _____

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I enclose my cheque/postal order for R _____

I would like to receive the free teachers' exercises

YES/NO

NEVER PA'S GIRL

Robbie Branscum

Mo is in love with Jake but her father won't allow her to see boys. So Jake and Mo meet in secret and they sleep together. Mo had many plans for her life. But she hadn't planned for what was about to happen.

For someone who had their heart broke, I surely ate a lot. But the thought of what Jake and I had done could and did freeze my blood. I just tried not to think about it. Jake spent half of his time cussing me and the other half mad because I would have nothing to do with him. Besides that, I was like Carrie now and Jake had said himself that Carrie and Ida Maty were not nice girls, so how could I be?

Miss Davis kept bragging about my grades and tells me that they were up, even better than they were before, and she was amazed and was keeping her fingers crossed that I could keep it up for the next three years and earn scholarships for college. I hoped so too, hoped fierce. I would leave this place for a world out there I had only read about. Surely Pa would let me go if I had the scholarships. I could earn the money to feed myself, I knew I could, for I wasn't lazy, but that was about all the good I could say for myself.

I decided that I wouldn't date boys, not until I was out of college. I might fall over for another one of them, like I had

Jake, I told myself bitterly. I loved Jake, I mean I think I did. I felt I really had loved him, but didn't know him. I wondered if he ever thought of us doing that. When those thoughts came into my mind, I worked harder to get rid of them, to make myself so tired I couldn't think at all.

No matter how bad I felt, I didn't really want to die and I was getting worried about myself. I mean, my breasts were still sore and they were getting so large, my bras were too small. I had a horrible fear I might have cancer in them.

I waited until I had Ma by herself and said, 'Ma, there's something wrong with my breasts. They hurt and are swollen.'

Ma looked at me worriedly and said, 'We better take you to Doc Pate in town next Saturday. I'll tell your pa.'

'Ma, do you think it is something bad? Real bad?'

'No, not really, but it is best to have you checked.'

Looking queer, Ma said, 'Mo, have you been messing around with a boy?'

Fear shot through me and I felt myself turn pale and snapped, 'No! No, Ma! No!'

'Don't get upset,' Ma said quietly. 'I felt I had to ask.'

I don't know how I got out of the room and into my own. I was pregnant, that is what ma was asking. But I surely couldn't be. Jake and I just did it once and it wasn't even good. It just hurt, surely no one could get pregnant from that. Please God, not that. Let it be something else. Please let it be something else. Oh God, oh God, I was fifteen years old and my life was ruined. Please no, I want to grow up first. To go to college. I don't want a baby. John Daniel was sweet and cute, but I didn't want one like him.

I felt sick and old and the week dragged until Saturday. I was sick and shaking when Ma led me into old Do Pate's office. His face was red and cheerful, his bald head gleamed as he said, 'Now what can be wrong with you, Mo? You look healthy enough.'

I couldn't speak. Ma told him about my breasts and all his joking fell away and he became serious. When he was through with me, he looked almost as pale as I felt.

'Mo is pregnant,' he told Ma gently.

A picture of Pa blazed before my eyes. He'll kill me. I felt a deep fear fill me, Pa will kill me. There were tears in Ma's eyes - I could face that, but not Pa's hatred.

By the time Ma drove the old pick-up into our yard, her tears were dry and her face red. I felt like a block of ice, frozen numb. All of the family was gathered around the kitchen finishing lunch. Pa looked at Ma and he started to rise to his feet, then sank back in his chair.

'Josh, take your sisters for a walk,' Ma said harshly.

'But, Ma,' Josh started to protest.

Ma rounded on him in a flash, pointing to the door. 'Walk,' she almost yelled and it was so unlike Ma, but there was no argument as Belle, Sarie and Josh hurried out the door.

'What's wrong?' Pa asked. 'Tell me, what's wrong?' 'Mo is pregnant,' Ma bit out.

I stared at Pa fearfully; all the blood had drained from his face. He was silent for what seemed to me like an hour. Then quietly, almost gently, he said, 'I knew from the day you were born that you would be the one

of my children who broke my heart.' I could see rage come over his eyes and he raised his hand towards me.

'No!' Ma screamed, 'No!' and Pa's hand dropped but the rage still lit his eyes.

I felt like a knife sliced through my numbness and suddenly I was screaming, 'How can I break your heart, Pa? When you don't love me. Tell me, how?'

'Don't love you, girl!' he yelled back. 'All I have ever done was love my children and tried to keep them safe in the fold of our family.'

'By not letting us see the world, Pa? By keeping us away from folks until we are twenty-one?'

'I was trying to protect you, Mo. Protect you from this,' and all at once Pa was blazing mad, saying, 'Who's the boy?' I shook my head and Pa said, 'It don't matter whether you tell me or not. It's Jake Turner, the one I caught you with.'

Well, Mo, there will be a wedding next week. Your ma best get you ready.'

'No, Pa! No!' I yelled. 'It wasn't his fault, it was mine. he didn't know I was a virgin.'

Pa's face turned so red I thought it would burst but he said coldly, 'It's his fault as well as yours. It takes two to make a mistake like this.'

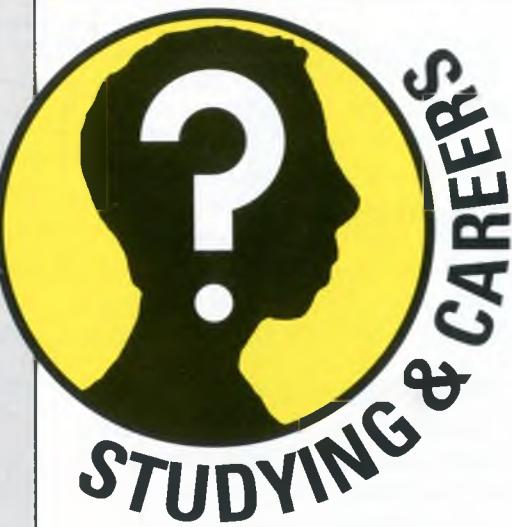
'But Pa, you don't understand,' I Said bleakly. 'Jake has dreams. He's going to college to help his pa, and his pa is going to give him the farm when he gets through school.'

'It won't hurt Jake to give up his dreams, any more than for you to give up yours. And now you have to give up your dreams. Don't you, girl?'

I nodded my head miserably...

This extract is taken from *Never Pa's Girl* by Robbie Branscum, published by Penguin. If you would like to read the book, ask for it at your local library or book store.





Problems with studying and careers? You are not alone.

Write to us at:



Career Advice

Dear Upbeat

I am a matric student. My problem is that I don't know what career I can follow. I am studying Biology, Agriculture and History. I am confused. Please help me.

Godfrey Aphane, Mbibane

Dear Upbeat

I am in Std 10 this year. I am repeating it for the third time. My problem is that I don't know what career to follow. I want a better life in the future. My subjects are Business Economics, Geography, Biblical Studies, Afrikaans, English, Venda and Biology. I need help from you.

Eric Khakhu, Shayandima

Dear Eric and Godfrey

It is very difficult to give you career advice when we only know what subjects you are doing at school. We also need to know what types of work interest you and what you enjoy doing. We suggest that you write to the Education and Information Centre. They offer a postal advice service. They will send you a questionnaire that will help you choose a career that suits your

interests. Their address is: EIC, P O Box 62270, Marshalltown 2107

Editors

Free schooling

Dear Upbeat

I am 15 years old. I want to go away to boarding school. As you know, Mr Mandela is our new president. He promised us ten years free education. What I want to know is this:- if I go to boarding school, must I pay for it? Please send me the names of boarding schools in Johannesburg.

Zwelibanzi Mabaso, Bohlokong

Dear Zwelibanzi

Thank you for your letter. Many people must be feeling confused about exactly what Mr Mandela meant when he said there would be ten years of free schooling. The new education department plans to offer free schooling at any state school. This does not include Model C schools as they are regarded as private schools. Free schooling means that you do not have to pay school fees but if you choose to go to a boarding school, you still have to pay boarding fees. You also cannot choose which years of schooling you will pay for. The state will offer 1 year of pre-school and 9 years of formal schooling. This will take people to the end of what we now call Std 7. If you want to find out about boarding schools in Johannesburg, we suggest that you write to the following addresses:-

The Regional Director, Department of Education and Training, P/Bag X01, Booysens 2016.

The Director of Education, Transvaal Education Department, P/Bag X76, Pretoria 0001.

Editors

Apprenticeship in mechanics

Dear Upbeat

I am doing N4 at a technical college. I want to do an apprenticeship because I do not have money to carry on with my studies. Please send me the addresses of motor industries which will assist me.

Sifiso Mdima, Kwa-Mashu

Dear Sifiso

If you want an apprenticeship, you can go to any mechanical workshop which is registered with the Motor Industries Federation. You can also write to the closest Motor Industries Federation office and ask them for help. Their address is:- Motor Industries Federation, P O Box 403, Westville 3630. Good luck.

Editors

Not allowed back at school

Dear Upbeat

I failed Std 10. Now my school refuses to allow me to return so that I can repeat my exams. My teachers have tried to speak to our principal but they have failed to solve my problem. I think it is unfair that I, and other students who failed, are not allowed to re-do our matrics.

George, Tweeling

Dear George

It does sound unfair that your principal will not accept you back at school. We suggest that you write to the Regional Chief Director of Education, P/Bag X20514, Bloemfontein 9300. Perhaps he can help you sort out your problem.

Editors

Hello, Musa here again.

I trust you could use some of the tips we discussed in the last issue. This month we will be discussing the choice of high school subjects and how this important decision can influence your future. This involves some serious thinking and planning.

Some people are under the impression that the path of least resistance is the clever route to follow. Not in this case! Speak to any successful person and they will tell you that there is no quick, easy solution to success, it demands dedication and 110% effort!

The subject that you choose and the grade that you obtain for the subject, will largely determine how you can develop in the field you wish to pursue. Obtaining an excellent matric pass aggregate on the Lower grade is a false sense of achievement. Don't be afraid of taking subjects on Higher grade or Standard grade even if you feel that you will pass better on Lower grade - the chances of you progressing to University or Technikon are much higher.

In any scholar's estimation, to obtain a Matric Exemption pass is ideal. For this you need at least two subjects on the Higher grade along with absolute dedication, perseverance and the will to succeed. A word of warning though, an excellent matric does not guarantee automatic entry into universities and technikons. These institutions have their own entrance standards which you will have to meet. Find out as much as you can about these standards from the institutions, Career Information centres or from exhibitors at the various Career Exhibitions. Gather as much information about the directions which you wish to pursue as possible. This will ensure that you don't make some wrong decisions based on the wrong information.

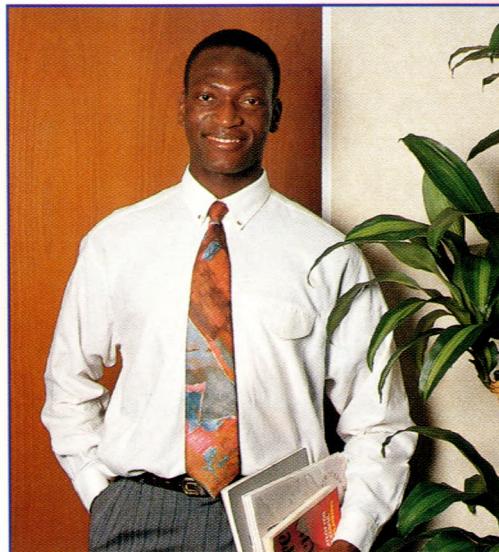
Students will all have different results and do different things at the end of their year. Some might pass matric and go on to university or technikon, and some might not meet entry requirements. Some might pass matric well and due to lack of funds, not be able to further their studies. Some may fail and rewrite the exam and make it a second time around, some might not. Some may drop out before they reach their matric year and some may pass matric and find employment through which they will be able to study further by correspondence or part time studies.

If you want to study further and finance is a problem, there are organisations which offer help. They do, however, require acceptable Matric results. They offer scholarships, bursaries and loans for various fields of studies.

However like everything in life, not all that is important in making the right career choice is taught in a school or lecture room. Here are some generally unwritten attributes which you need to think about.

- Be unique, look for opportunities and not just job security.
- Be creative in your job and be part of a team - come up with new and creative business ideas.
- Be confident by empowering yourself with necessary skills for the job.
- Be a contributor - be productive and add value.
- If at first you don't succeed, try, try and try again!

Some people are born entrepreneurs. At this stage in our country we are in need of them. They are the people who are going to bring about new employment opportunities and make a great contribution to the state of the New South Africa as a whole. If you believe you are such a person: self-motivated, disciplined and confident that



you have a marketable product or service and feel challenged and excited by the prospect of starting your own business, then consider approaching the Small Business Development Corporation for help. The SBDC offers assistance in various areas of running a business and also provides a helping hand on the way. Why be a business follower, when you can be a business leader??

This doesn't mean that owning your own business is the answer for everyone - some of us are better suited to a structured company environment. The secret is to know yourself well enough - talk to small business owners - see if you match the profile - and only then make the decision.

Take a good hard look at yourself!

Planning your future is hard work. A wise person once said "If you don't plan your future, some-one else is going to do it for you!!". Don't let this happen to you. Set your goals, plan the route on how to get there and get going! However, remember that in this changing world, being flexible and adaptable to the changing demands of your environment is essential, so revise your plans and your goals from time to time so that you are always sure you are doing the right things in the right way for you!

Have you ever considered the requirements for your career choice? Are you confident that you are ready to rise to the challenge that your particular career choice would demand, such as long working hours, ongoing updating of your career knowledge of either products, services or technologies? If this seems to be an area of concern, rather stop and reconsider other options.

Once you have made your decisions regarding your future career, your decisions and plans need constant updating. You may be limited as far as qualifications go, but potential could be developed and your attitude towards your own potential and what life hands down to you will be the recipe for your success!

In our next issue we will talk about individuals who made career choices and are on their way. Until then good luck with your career planning! Be wise, think smart, set goals and most important - turn them into actions.

Musa

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Contact: The Manager, Recruitment Centre, P.O. Box 4471,
JOHANNESBURG, 2000



With us you can go so much further.

UPBEAT'S TOP TEN SOCCER TEAMS

**Back row (left to right):**

Joseph Thulare, Jerry Skosana, Jerry Madonsela, Sello Mahlangu, Brad Deetlefs, Richard Peer and Winston Mgqango

Middle row (left to right):

Vivian Moreka, John Sibeko, Bonginkosi Biyela, Manual Perreira and Percy Nxumalo

Front row (left to right):

Adam Mabena, Johannes Shili, Hlophe and Cesar Maphalla