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NUMBER **11** 1993

UPBEAT

The magazine for youth on the move

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THIS ISSUE:

MEET TSHEPO CRIME REPORTER'S TLADI

CYCLING THROUGH AFRICA

FREE 1994 CALENDAR

ISSN 0257-8697



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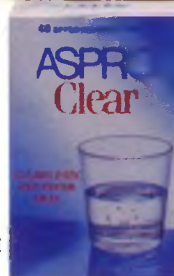
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Clearasil are offering 150 Upbeat readers their new, Clearasil Lemon Vanishing Cream. All you have to do is fill in the form below and send it to: Upbeat/Clearasil Give-away, P O Box 456, Kempton Park, 1619 before 7 February, 1994.

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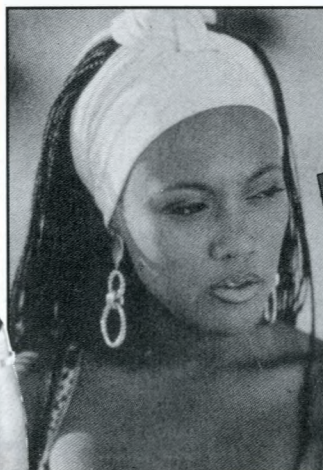
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The magazine for youth on the move

Upbeat is published by SACHED. SACHED is an independent educational organisation, committed to building democratic education in South Africa. SACHED runs a number of educational projects. Upbeat is one of them.

SACHED, 7th floor
Allied Building, 236 Bree Street,
Johannesburg 2001
Tel: (011) 333-9746
Fax: (011) 333-2297

SACHED Cape Town
Mediprint House
5 Howe Street
Observatory 7925
Tel: (021) 448-2729/30

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Editor:

Harriet Perlman

Assistant Editor:

Annie Smyth

Writers:

Hans Mangole
Annie Smyth

Picture Research

Rita Potenza

Design and Layout:

Stuart-Clark & Associates cc

DTP:

Fox Illustrations cc

Advertising:

Barbara Shafer

Subscriptions:

NND

All enquiries Owen Edgar
Tel: (011) 402-1205

Distribution:

NND

P O Box 53085
Doornfontein
Circulation Manager:
Thinus De Wet
Tel: (011) 402-1205

Promotions/Educational

Outreach:

Beaty Koopman
Damaris Senne

Administration:

All enquiries:
Amanda De Lilly
Tel: (011) 333-9746

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Dear Readers,

Christmas is around the corner and it's holiday time again. So grab your Upbeat, put up your feet and enjoy your well-earned rest. This issue is packed with great holiday reading. Meet Mignon - the muscle maker, discover Africa's music queens or find out about a great new book to read. In our comic, The Galaxy Arcade Kids, Nomonde finds herself in trouble. Don't miss it.

In this issue you will also find your FREE 1994 calendar. It is bright and colourful and its message is for peace and democracy in 1994.

Upbeat believes that learning should always be fun. Find out about a great new Upbeat product on page 17.

Once you see it, Africa will never be the same again!

We wish all our readers a happy and peaceful holiday.

Harriet

PS Look out for Upbeat on TV next year!! Read all about it in No 1 1994.

NEXT

issue

● Upbeat
No.1 1994
will be on
sale in early
February

BOOK TO FILM WORKSHOPS

During the last week of September, Upbeat together with the Weekly Mail Book Week and Film Festival, ran workshops. We went to Daveyton, Eldorado Park and Othandweni in Soweto.

In the workshops students learnt how books are used to make films. Everyone was divided into groups and given a book to dramatise. With help from the Sibikwa Community Theatre Project and Soyikwa Institute for African Theatre, the groups prepared dramas which were filmed.

Mrs Simelane, a teacher from one of the schools in Daveyton, said, 'I did not know that my students had such talent. This has truly been an eye-opener for me. I hope



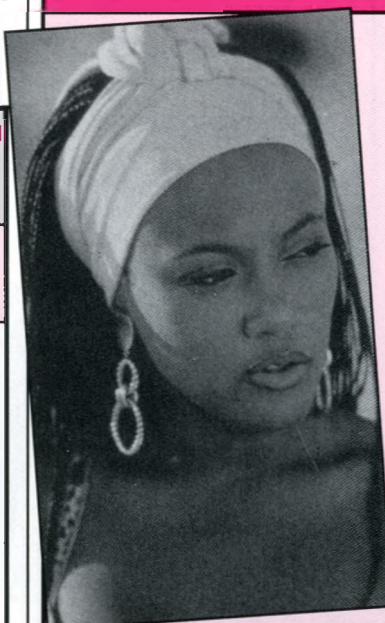
People learnt that filming was a long, slow process.
Photograph by Annie Smyth

that you will run workshops next year so that more of our students can take part.'

Students all agreed that the day was great fun. Everyone received a book pack at the end of the day. Now they are waiting to see the final product of their efforts once the film has been edited. ◀

The workshops were made possible by the generous donations of:-
The Johannesburg City Council, Arts Alive Committee, Amalgamated Beverage Industries, Pick 'n Pay, The Storyteller Group, Heinemann Centaur, Harper Collins, Macmillan Boleswa, Maskew Miller Longman and Viva Books

COMPETITION TIME



You can win yourself a Khadja Nin cassette and discover the music of one of our African women performers - see the pull-out poster on page 18. All you have to do is answer these three easy questions and send your answers to:-

**Upbeat, Khadja Nin Competition,
P O Box 11350
Johannesburg
2000.**

- 1** What country does Khadja Nin come from?
- 2** What is the name of her album?
- 3** What language does Khadja Nin sing in?

CLOSING DATE: 15 FEBRUARY 1994

NEW SCIENCE SERIES FOR 1994

While you have been busy reading the magazine this year, Science students at the University of Durban/Westville have been working on a new Science series for you in 1994. Here is a letter they wrote to Upbeat readers:

Hi there, Upbeaters

We are a group of final-year Science Education students. During our training to be teachers, we learn a lot about Science and Education. We write all sorts of things like tests, summaries and activity sheets. But the thing we have enjoyed the most, was writing Science articles for Upbeat which you will be reading next year.

We have had a busy year. We have worked with teachers at two of our local primary schools on the importance of clean water for everyone. We spent a long week-end at Umgeni River Lodge, near Howick, learning how to use the natural environment to teach Science. We also organised a conference for all Science students in our area. It was a great success.

In January we will be in our first teaching posts. So, for you Upbeaters in Natal, please don't give us a hard time. We hope you will enjoy our articles. If there is anything you particularly want to know about Science, write to the editor and tell her what you want to know.

Yours

The final-year Science Education students, 1993, UDW



UPBEAT FOR RURAL SCHOOLS

The following companies have kindly agreed to sponsor bulk subscriptions of 50 copies of each issue of Upbeat for one year to rural schools. We would like to thank them for supporting the students who need their help most.

Crown Cork Pty (Ltd)

Pick 'n Pay

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Companies who would like to contribute to promoting a culture of learning in this way, or schools who would like to be considered for a sponsored subscription, must please write to:-

Barbara Shafer
Rural Schools Sponsored
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P O Box 11350

Johannesburg, 2000 or phone
(011) 333-9746 (011) 333- 9746

ARE YOU
A WINNER!?

TURN TO PAGE 37
TO FIND OUT

FREE OFFER FOR TEACHERS

With every issue of Upbeat, you can get FREE teachers exercises. These are fun classroom activities which develop reading, writing, comprehension skills and much more. They will help you plan and prepare lessons using Upbeat. For your FREE copy of teachers' exercises, subscribe to Upbeat NOW.

SUBSCRIBE TO UPBEAT

Dingaen Thobela says,

'I loved Upbeat. It was my favourite magazine when I was at school.'

Become an Upbeat subscriber. Just fill in this form and send

it to: Upbeat Subscriptions, c/o NND, P O Box 53085, Troyeville 2139. Send a cheque or postal order for R21,50 (R25,00 if you live in Swaziland, Botswana, Lesotho or Zimbabwe).

I would like to receive the next 11 copies of Upbeat at my home.

Name _____

Address _____

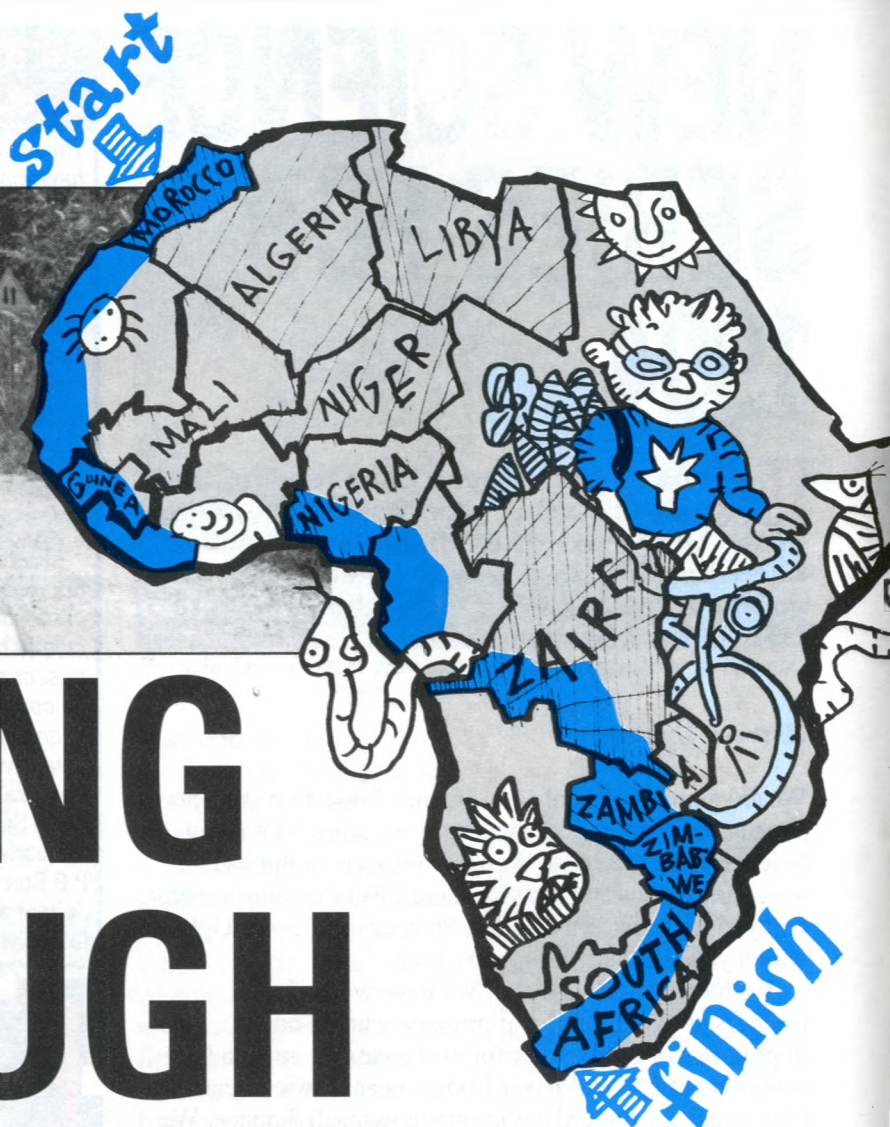
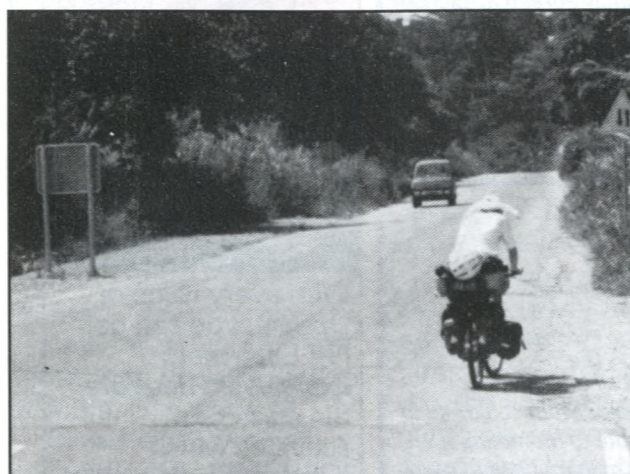
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I enclose my
cheque/postal order for R _____

I would like to receive the
free teachers' exercises

YES/NO

David on the road in Cameroon.
Photograph courtesy of David Fenech



CYCLING THROUGH AFRICA

By Michelle Schaffer

David Fenech, a smiling 26-year-old Canadian, has just fulfilled his greatest dream. He cycled from one end of Africa to the other. Upbeat spoke to David in Cape Town, at the end of his trip.



'My trip was like opening up a magazine and jumping into the photographs. Except on the bike, the plants were hitting me on the arms. I saw exotic birds and beautiful sights, people in their huts, and Arabs in their tents.

'I've seen snakes as thick as my arm,' David continued. 'I've eaten weird food. But my scariest experience was when I saw a lioness at the side of the road. I froze. My heart was pounding and I moved into the trees. Luckily the lioness just turned and walked away. So I'm still here to tell my story.'

Before David left Canada people said he would be robbed and bribed in Africa. But this was not what David found. 'Not one thing was stolen from me

David with his bicycle at the end of his journey in Cape Town.
Photograph by Michelle Saffer



David on his way to the Ivory Coast stops and shares a picture with some village children.

Photograph courtesy of David Fenech

and I never had to pay a bribe. I never locked my things up. And I didn't carry a gun or a knife.' David's protection was his smile and learning to say hello in many different languages.

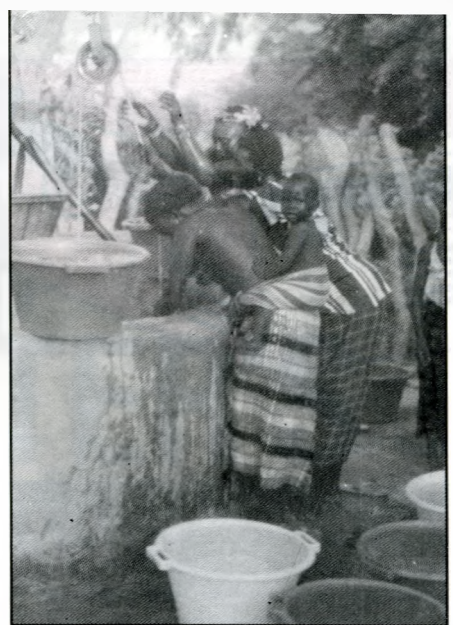
What impressed David about Africa was how friendly everybody was. 'People are so poor and yet they were willing to share what they had. I would often arrive in a village at about 5pm. I would go to the headman and say, "May I stay the night?" He would always say yes. He would tell me where to sleep. People would bring me water. I soon realised this meant, "You smell. Go and wash!"' David laughed. 'I really appreciate running water and electricity now.'

But it wasn't all fun. David had his share of problems. Like one evening in Zaire. He was running out of food and water and he still had 40km to go to the nearest village.

'I was on a dirt track, with thick bush on both sides, in the pouring rain. There was a big puddle in front of me and I tried to cycle around it. But I fell into the water with my bicycle. I was completely under the stinky water and icky things were coming off my hair and face. My bike was nowhere to be seen. When I found it, everything was full of mud. I stood there, my fists clenched, screaming, swearing and crying, "I want to go home and have a cup of tea with my mom!" I don't remember how I got to the next village, but somehow I managed.'

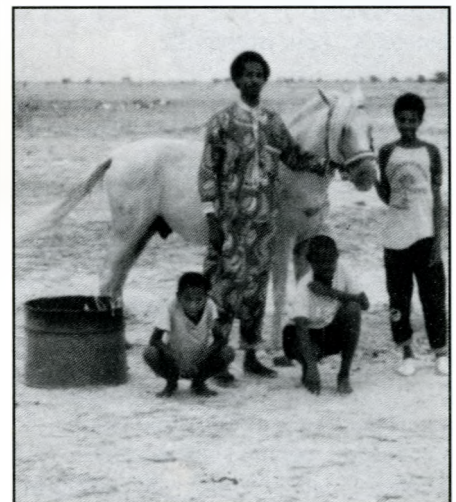
David also experienced other people's problems along the way. 'I met thousands of refugees in Guinea who had fled the war in Liberia. I met too many 8-year-olds who had seen their parents slaughtered by soldiers. People in Africa must learn to solve problems by talking. All war does is create misery. I've seen the victims and they are children.'

David also met many AIDS



Women of Senegal were happy to draw water for David.

Photograph by David Fenech



Michael found it hard work crossing the Sahara desert. He took this photograph on the border of Senegal and Mauritania.

Photograph by David Fenech

orphans. 'In Zaire I saw villages that had been wiped out by AIDS,' he said. 'AIDS is a big problem in Africa.'

Now David has returned to Canada. He wants to study social work so that he can help people whose lives are troubled. Even while he was in South Africa, he spoke at many schools and raised money for the Save the Children Fund.

David will never forget how people laughed at him when he was planning his trip through Africa. He says, 'There are ups and downs but if you have a dream, don't give it up, no matter what people say.' ◀

LETTERS

Dear Upbeat

I believe that smokers are very selfish people. Those who smoke, particularly on buses, cause great discomfort to people who do not smoke. When we complain, they say 'We have paid our money, we can smoke where we want to.' They ask us why we are complaining and spoiling their enjoyment. I say to them, 'Go and smoke where your money will not harm other people.'

Ismael K. Tau, Bothaville

Dear Upbeat

I'm a Std 9 student who reads Upbeat a lot. It is my favourite magazine. I want to know if you have a club here in Kwazakele. If so, please give me the address. If not, please start one, because I'm proud of your magazine.

Sibongile Matika, Kwazakele

Dear Upbeat

I am a guy of 19. I enjoy this unique magazine for the youth of the world. What about making Upbeat badges, buttons or labels? Youth who contribute stories, poems and drawings could get them. You could sell them too! This way you will make the magazine more and more popular.

Dumisani Khosa, Kwa-Mashu

Dear Sibongile and Dumisani

Thank you for your suggestions. We will think about them and let you know if we can do anything about them.

Editors

Dear Upbeat

Sometimes I get so angry and I just want to say, 'Grab your guns and start shooting every white person you see. Kill them.' Why shouldn't we? They've done it already, haven't they? They took our land away with a gun. And now they turn around and tell us to forgive and forget. Forgive! Forget! Why should we? They took our land away by force. They forced their way of life on us. Before these intruders trespassed on our land, we were educated. We were civilised in our own way. Then 'they' came. They brought us liquor and took

our women. We were their slaves.

But does violence solve anything? Negotiations have been going on for a few years and people are frustrated. But Rome wasn't built in a day. Peaceful negotiations are just one step closer to a new South Africa. Violence could take us a few years back. We, the youth of South Africa, must think and be positive about the future. They say, 'Old wounds never heal.' But there is always a first time isn't there? I think we should try and make history by moving forward peacefully.

Abigail George, Port Elizabeth

Dear Upbeat

I enjoy your magazine, especially the short story competition. Could you please send me the address of Brenda Fassie and Shanice. And please could you send me an occupations guide.

Patience Sokhela, Verulam

Dear Patience

You can write to your favourite stars at the following addresses: The Brenda Fassie Fan Club, 1st Floor Ashby House, 38 Troye Street, Johannesburg, 2001. For Shanice, you must write to: The Shanice Fan Club, c/o Motown records, 30 Berkeley Square, London W15HA, United Kingdom.

For advice on career choices, look at our article on choosing subject streams in this issue. The Education Information Centre also run a postal career advice service. Write to them for career information at: EIC, PO Box 62270, Marshalltown, 2107

Editors

Dear Upbeat

Greetings to you all. I am thankful and proud of your excellent magazine for teenagers. I would like you to give me the address of the homes of mentally disabled people around Johannesburg/Soweto. I saw an article on mentally disabled children in Upbeat and I would like to volunteer my service for the December holidays. I must say to those who have it all that they must help those who cannot help themselves. God blessed us with what we have, let us

show him that we are thankful for what he gave us. Let us do it now before it is too late.

B. Makola, Orlando

Dear B. Makola

Thank you for your letter. You can get hold of the South African Federation for Mental Health at: P.O. Box 2587, Johannesburg, 2000 (Tel) (011) 725-5800. They will give you the names and addresses of the homes for mentally disabled children.

Editors

Dear Upbeat

I have a brother who is in prison. He likes to read but does not have any of his own books. I would like to send him some Upbeat magazines. I will pay for them but I want to know the best way to go about it. Can you please tell me what I must do?

Koos Ngema, Alexandra

Dear Koos

In every magazine of Upbeat we have a subscription form. This subscription is for 11 magazines. Fill out the subscription and put your brother's name and address in. Then we can send each magazine to him directly. Send us the subscription form with a postal order for R19.50 and we will do the rest.

Editors

Send your letters to:
UPBEAT
P O Box 11350,
Johannesburg
2000.

MEET TSHEPO, CRIME REPORTER'S TLADI

Tshepo Maseko is no ordinary teenager. This youngster, from Meadowlands, Soweto, has made a big name for himself as Tladi in the TV drama series, Crime Reporter.

The 18-year-old Tshepo says, 'I got interested in acting in 1984. But I was careful not to let acting disrupt my studies. I could not afford to repeat a class as my parents struggled to support me. My father is a driver and Mom is a tea-lady. And there were three of us at school.'

'My father, Nimrod, was unhappy when I started acting. But you know mothers; Mom stood by me. And my art teacher, Mr Tale, spoke to my dad. So I was allowed to do it,' chuckled Tshepo.

So Tshepo started Drama and Kung-fu lessons at the Open School in Johannesburg. He won the best drama student award in 1985. In the same year he came across Louise Smith Productions. This led to his first TV

appearance in the youth drama, *Katlego*, in 1987.

Tshepo did not let acting come in the way of his studies. When he was in Std 8, he represented Kelokitso High School at a symposium at Funda Centre.

'People could not believe that I was not in matric because I spoke English so well,'

Tshepo said. And last year he passed his matric with an M D exemption.

We asked Tshepo if he is like Tladi in real life.

Tshepo Maseko, better known as Tladi in Crime Reporter.



Tshepo laughed and said, 'Tladi is a big drug addict and I'm not. But now when I meet people in the streets, they treat me like one. Some people who take drugs want to fight me. They say I'm telling the world too much about them.'

'But many youngsters also come to me and say they have stopped taking drugs. *Crime Reporter* has shown them what happens to drug-users. Parents say I have opened their eyes too. Now they will know if their kids take drugs.'

And Tshepo's plans for the future? 'No, I'm not going to smuggle drugs. Next year I want to go to the University of Cape Town and do a BA degree in Drama. Financial problems prevented me from studying this year.' ◀

WHAT WILL ELECTIONS BRING?

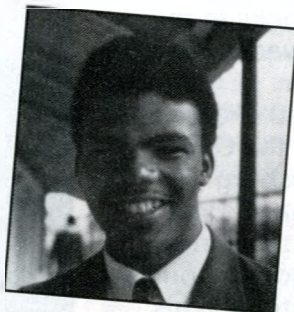


In April 1994 South Africa will have its first democratic elections - one person, one vote. Students at John Bisseker Secondary School and Ebenezer Majombozi High School in Duncan Village, East London, told Upbeat how they feel about the elections.



Norine Arends, 15

I hope that the elections will be free and fair. We all have to live in the new South Africa. I think it is going to be different after the elections.



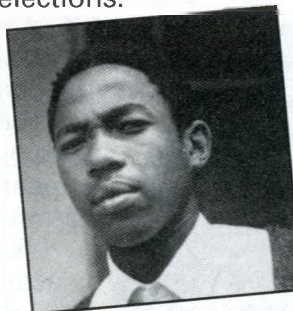
Angelo Hendricks, 21

It's about time every South African had the opportunity to vote. It's a moral thing. We all live in the same country. We all pay taxes. We all have the right to choose our representatives. But I am worried about the elections. I worry about whether they will be peaceful or violent.



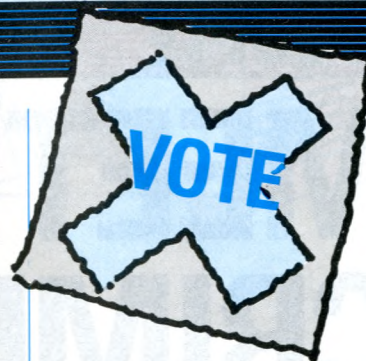
Vusumi Mazwi, 20

I think the elections are a good thing. Many people have suffered under the so-called regime. But after the elections, it will be a good time to establish better relationships. I feel that the elections will make a difference. I hope the negotiators will be satisfied. They have won what they have been fighting for and people are listening to what they say. People must accept the results of the elections.



Raymond Nass, 17

I think the elections are going to be a difficult time for people. There will be a lot of changes, both political and personal. Politicians are going to have to work hard for our votes. They make a lot of promises for the new South Africa. They must make sure they keep them. I think after the elections the violence will stop.



Nkosiya Thobeka, 18

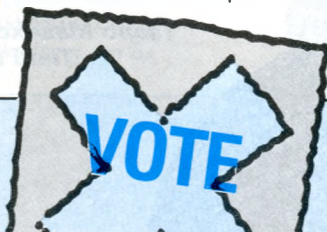
I think the elections will bring peace and change. At the moment different people and organisations are fighting. Maybe the new government will organise one organisation for everyone, black and white. Things are going to be alright. The fighting will stop.



Ntombikayise Konto, 21

I don't think about politics. I don't do History, I do Science. But I think the elections will affect South Africa. Some people are against elections, others are for them. I think there might be a war. This makes me feel bad.

Interviews and photographs by Claire Keeton, Elnews



MIGNON

THE MUSCLE MAKER

Mignon Sindisich is a school teacher with a difference. When she is not preparing lessons or marking her students' books, Mignon is in the gym, training. Mignon is a champion body-builder.

Mignon used to do aerobics at the gym. She watched the men sweating it out with weights. 'I saw Bible Mkhize pushing weights. I was fascinated. I wanted to do the same. At first I thought I couldn't. Then I realised that there is no law that says women cannot do body-building,' Mignon said.

'I joined Bible. At first I thought he was going to laugh at me. But I was amazed by his kindness,' Mignon told us. 'Bible encouraged me. He told me what food to eat and what exercises to do to build my muscles.'

Mignon said body-building involves lots of hard work and dedication. 'I got into the rhythm of this challenging sport. Seeing my muscles grow gave me a lot of satisfaction.' Now Mignon spends two and half hours a day in her gym, working out with weights.

'Only proper training develops your muscles,' says Mignon. 'You can spend years in the gym. But if you do the wrong things, your body won't develop. Eating well is also very important.'

'I avoid food with lots of carbohydrates like rice and mealie meal as they build fat in your body. I also avoid sugar and chocolates. Fatty food is also bad. So I eat chicken with no skin, fish, eggs, vegetables and fruit. I also take an extra supply of vitamin B tablets.'

'Discipline is the key word in body-building,' Mignon said. 'Young people can benefit a lot from it. Body-builders respect their bodies. So body-building affects their whole lives. You learn to say no to a lot of things.'

Mignon has won several competitions since she became a body-builder. But she says she would like to settle down and have a family. 'This will mean the end of my career in bodybuilding as I will need to spend time with my family.' ◀

Mignon shows off her muscles she says body-building is about hard work and discipline.

Photographs by
William Hlanze



TALKING ABOUT

AIDS

'Comrades do it with condoms' and 'One condom, one round.' These slogans come from Michael Worsnip, an Anglican priest and AIDS worker in Natal. Upbeat asked Michael how he got involved in AIDS education.

I became aware of AIDS when I was in London, some years ago,' Michael told us. 'I saw a TV programme on AIDS and all I could think was, "Wow, this is a serious disease."'

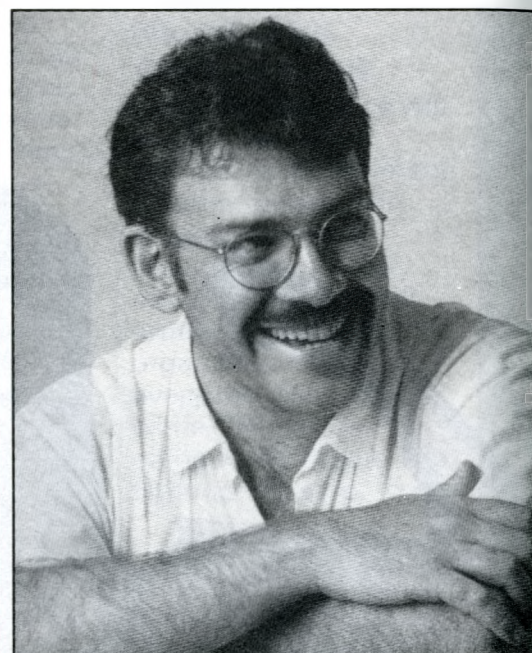
'A few years later, I heard that the Progressive Primary Health Care Network were looking for an AIDS educator. So I applied for the job. I really wanted to get into AIDS education.

'AIDS is the most political disease we have ever experienced. AIDS affects all people who are sexually active. In South Africa the spread of AIDS is very closely linked to politics because of the way people have been forced to live.

'Apartheid has divided people in South Africa. And this has affected the way people see AIDS. Everyone blames it on others. Black people say AIDS is a white disease; white people say it is a black disease; heterosexual people say it is a gay disease. But AIDS is none of these things. AIDS can affect anyone, any time.

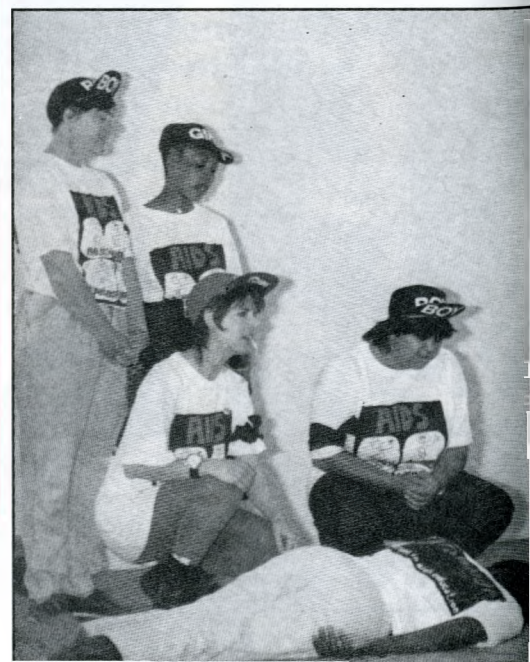
'In South Africa AIDS work is very difficult. Education around family planning and sex has a bad name. People see it as part of apartheid. Any new government in South Africa will have to work hard to break down these ideas.

'At the moment, we are concentrating our AIDS work on



Michael Worsnip, Anglican priest and AIDS worker.

Dramaid - teaching people about AIDS through drama.



young people around Pietermaritzburg. I work with churches, schools and student groups. Our difficulty is that parents and teachers are very against sex education. And you cannot teach people about AIDS without teaching them about sex.'

THE RIGHT TO KNOW

'I think that parents and teachers do not know enough about the dangers of AIDS. But more than that, they are pushing their ideas and values onto their children and students. Young people have the right to know. They have the right to AIDS education in order to save their lives.

'We decided that the best way to work was to ask youth what they wanted to know. So in September we ran a sexuality speak-out. We had about 200 young people, from the junior mayor of Pietermaritzburg, the Inkatha Youth to Cosas.

'Dramaid, a drama group from the university of Natal, put on a play about AIDS. After lunch we had a public debate. Everyone got a chance to stand up and say what they wanted to know about sex and AIDS.'

If you would like to order an exciting anti-AIDS T-shirt, write to:

**AIDS Programme,
PPHCN Natal Midlands,
Tembaletu,
206 Burger St,
Pietermaritzburg 3201**

AIDS EDUCATION - STUDENTS' DEMANDS HERE ARE SOME OF THE DEMANDS YOUNG PEOPLE MADE AT THE SPEAK-OUT

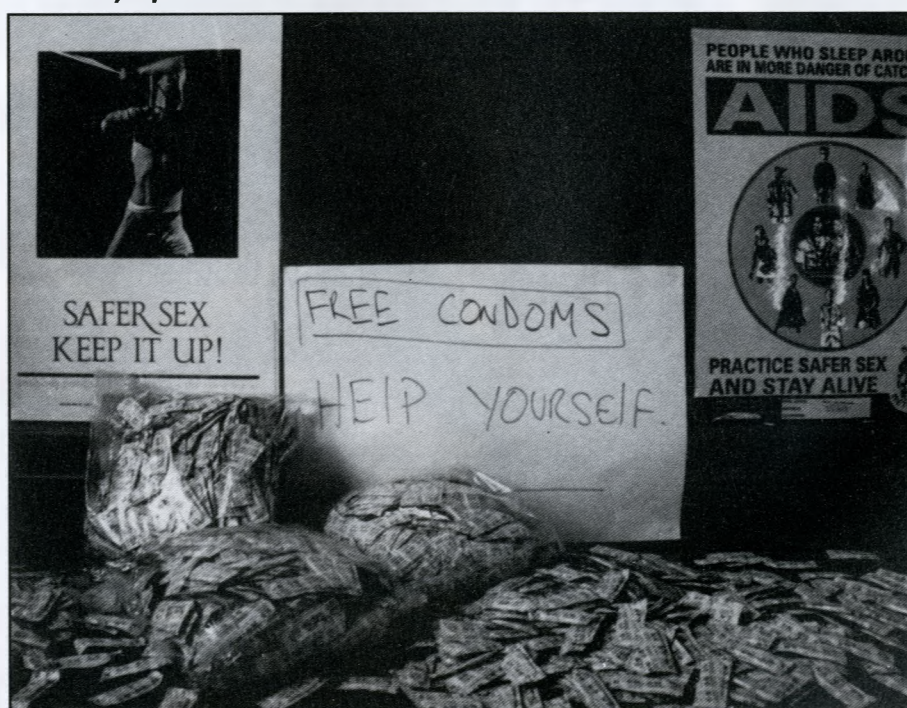
- ◆ We demand the right to know about sex and AIDS, even if our parents disagree.
- ◆ We want sex education at school that we can understand and that is part of our lives.
- ◆ Our parents and teachers must be more open to talking about sex with us. They must accept that sex is not just for marriage.
- ◆ We demand the right to know about contraception.
- ◆ We demand health education and services in all schools.
- ◆ All students must learn how to use a condom.

SPEAK OUT!

What do you want to know about sex and AIDS? How best do you think young people can fight the spread of AIDS? Share your ideas with other Upbeat readers.

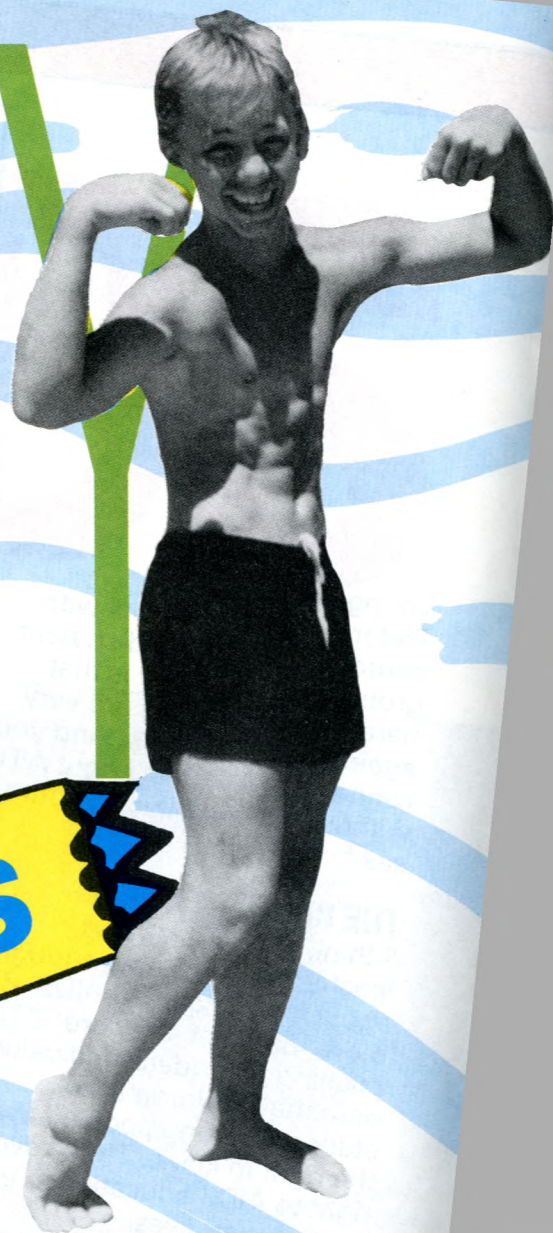
Write to: Upbeat, Sex and AIDS Speak-Out, P O Box 11350, Johannesburg 2000. The five best letters will all receive an exciting anti-AIDS T-shirts.

There were lots and lots of condoms for everyone at the Sexuality Speak-out.

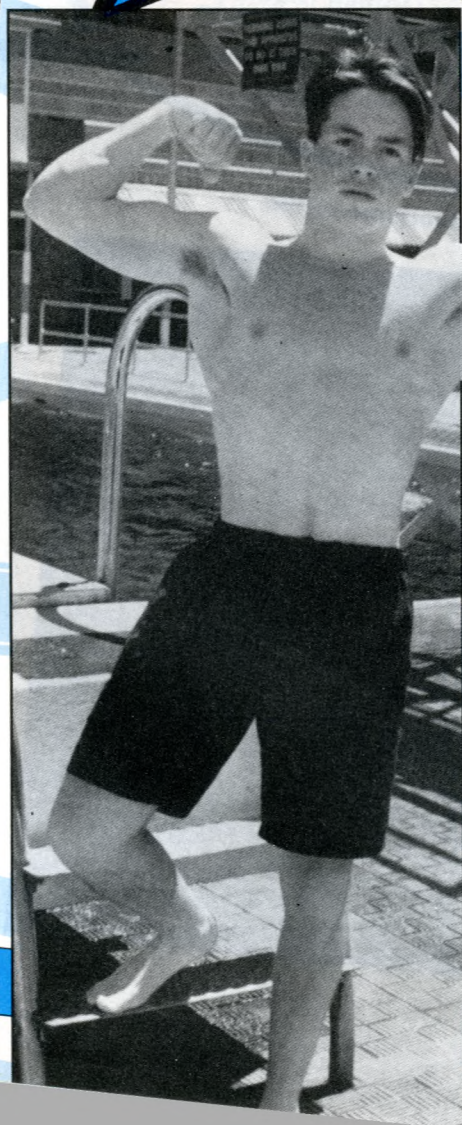


SLINKY

It's all fun in the hot summer holidays! In the scorching heat, young people take to the nearest swimming pool, river or the beach. At Ellis Park Swimming Pool, Johannesburg, young people enjoy themselves while dressed in the latest, slinkiest swimsuits.



SWIMSUITS



ALLAN VAN HEERDEN, 14

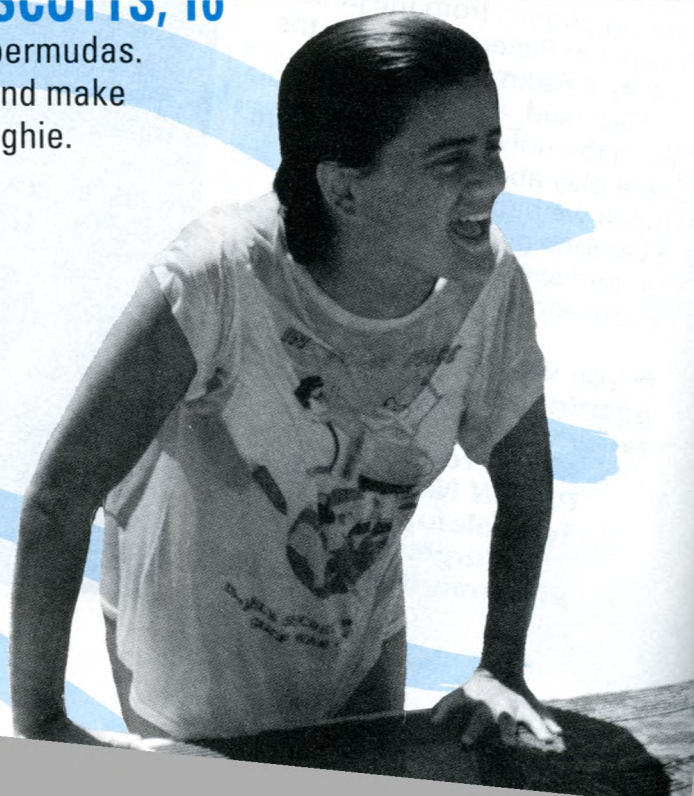
Cute! That's all I can say about my gear.

◀ **DARRON SCUTTS, 16**

I like to swim in bermudas. They look good and make me feel like a toughie.

NADINE MARITZ, 14

▼ I prefer to hide away behind a big T-shirt.





MARK LANGEVELDT AND BRENDA DE VOS

We prefer dark colours for our swimsuits because they suit our bodies.

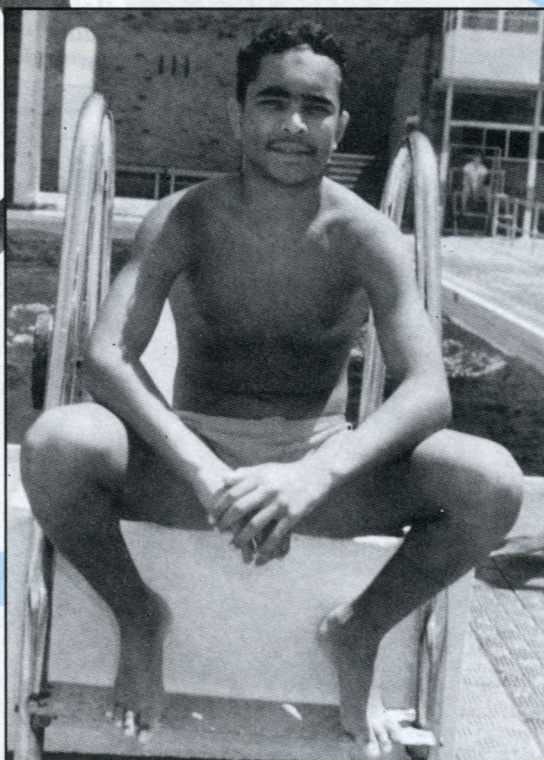
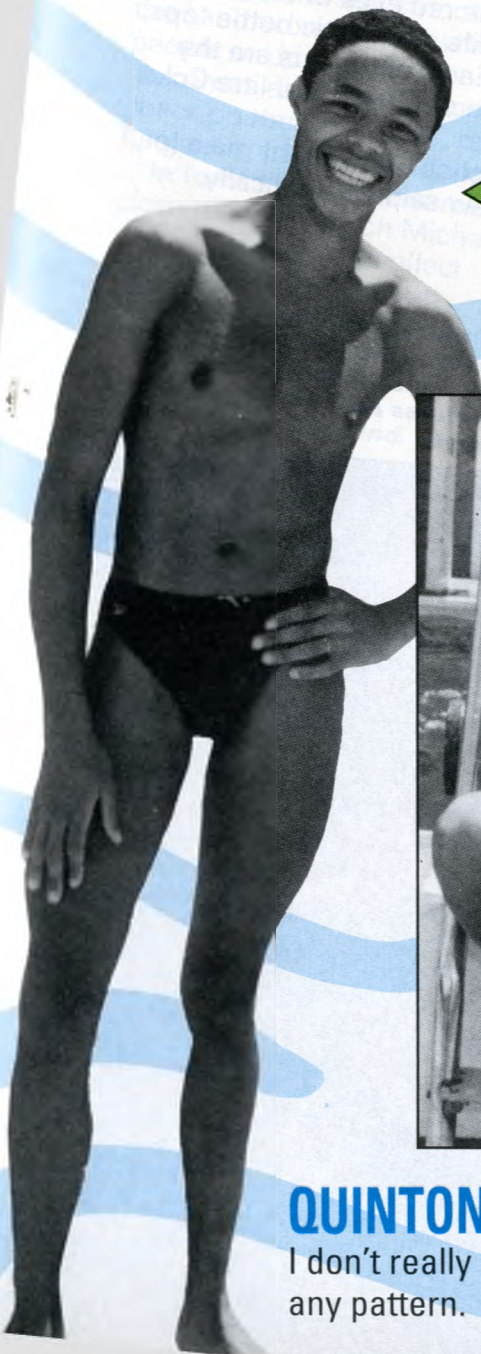
ELIZABETH CERCADO, 14

I go for dominant power blue! My eye just can't avoid it.



EUGENE OLIVIER, 19

I go for Speedo's cause they are light in the pool.



QUINTON CATTERALL, 16

I don't really mind. I wear any colour and any pattern.

Photographs by William Hlanze

PICTURES IN THE

by Michelle Saffer

The beach front in Sea Point is always busy. People stroll up and down, enjoying the sea air. Joggers run, dressed in the latest fashions. Some people sit on the benches, talking to their friends and watching the sea. Others walk their dogs.

Usually people are too busy to stop what they are doing. But when Michael Engelbrecht and Andrew Adams start their work on the beach sand, everyone leans over the railings and marvels at the work of the two men.

Michael and Andrew build sculptures out of beach sand. A Boeing 747 aeroplane, with windows drawn in shells, is next to a helicopter with a jagged propeller. A satisfied-looking crocodile lies next to an elephant whose tail is a piece of dry seaweed. Their sand sculptures cover 20 metres of the beach front.

Michael comes from Athlone, and Andrew lives in a room in Sea Point. Both are unemployed. Michael is an artist. It was his

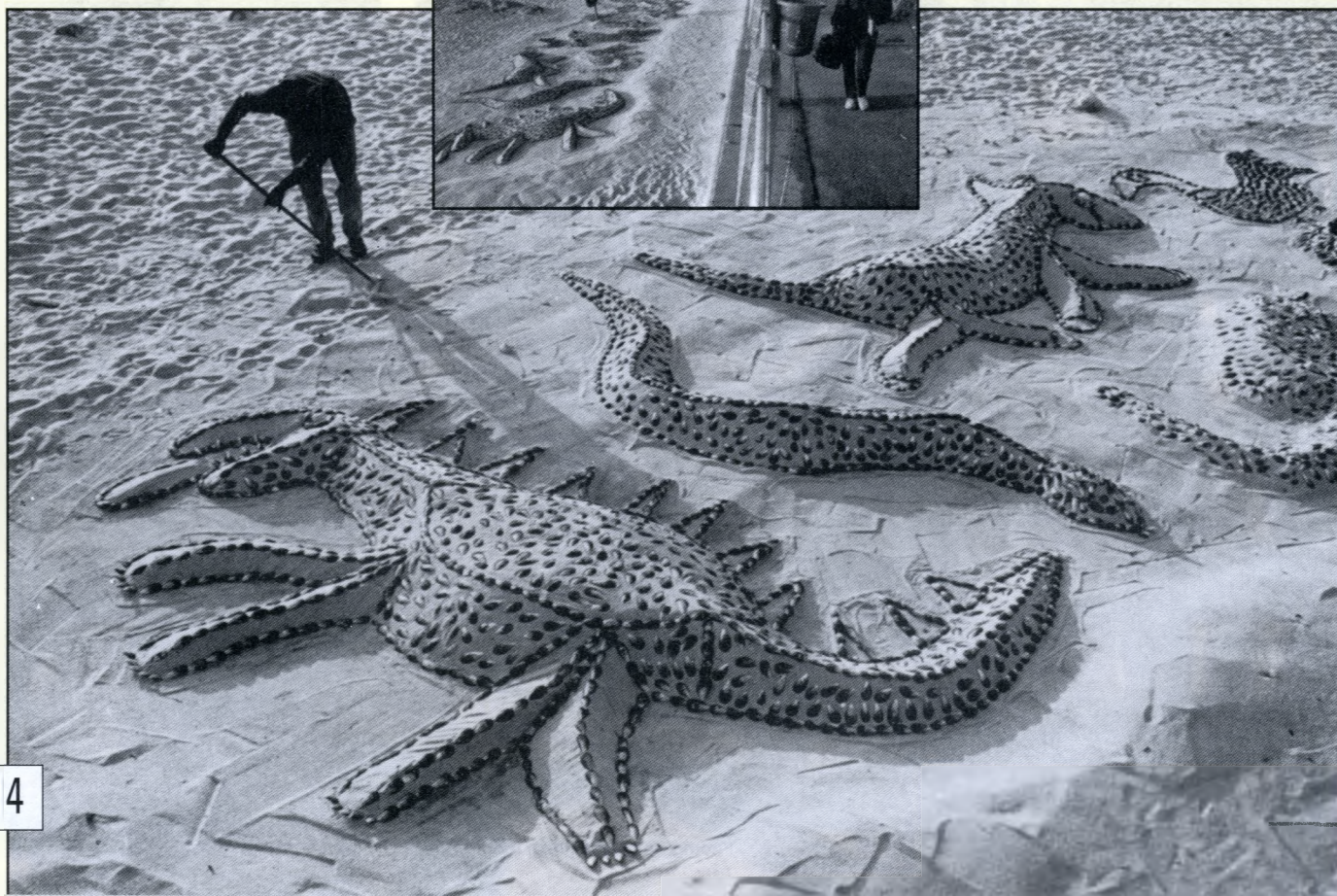
idea to do the sand sculptures. Andrew has been out of work since he had an accident at the beginning of the year. He is an electrician. But he can only do light work now because he has a problem with one of his legs.

A few months ago Andrew saw Michael doing the sculptures and wanted to help him. Now Michael designs the sculpture and Andrew collects the shells to decorate them. Sometimes they use rubbish too. The red eyes of the crocodile are plastic bottle tops; the wheels of the bus are the bottom of plastic two-litre Coke bottles.

'Michael has taught me a lot,' Andrew said emphatically.

Andrew and Michael's sculptures have brought new life to the Sea Point beach front. Their sculptures are of strange-looking animals.

Photographs by Paul Grendon



SAND

Michael and Andrew come to the beach every morning at six. 'We have to start then,' Andrew explained, 'because by 9.00am the sand is too dry.'

The sculptures that UPBEAT saw on the beach took Andrew and Michael two weeks to do. Every day they added a little more. 'The dinosaur took us the whole day,' says Andrew.

Michael usually goes home at about 3.00pm, but Andrew stays the whole day, adding to the sculptures and smoothing the sand around them where people or dogs walk. At night he comes down every hour to check on the sculptures, before he goes to sleep at 10.00pm.

In front of the sculptures is a piece of fabric which Michael and Andrew use to collect money. But even though crowds of people stop to admire their work and to take



Michael smooths the sand around the sculptures.

photographs, the artists don't get much.

'It's hard,' said Andrew. 'We only get R20 to R30 a day.'

Sometimes the rain washes the sculptures away. And sometimes people come in the night and break them up.

But Michael and Andrew will carry on doing their art on the

beach. 'It is better to do something when you are unemployed than just sit around at home,' said Andrew. 'I do it for a living. I do it for my kids.'

Andrew and Michael have found a very different way to fight unemployment. Their sculptures do not bring a lot of money. But they give Michael and Andrew and the people of Cape Town great pleasure. ◀

A helicopter in the sand.



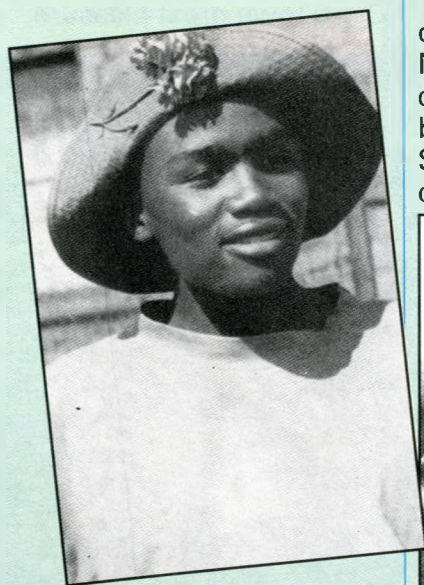
YOUTH

BEING GAY

IN SOWETO

By Mpho Mathebula

Being gay in South Africa is difficult. But being gay and living in the townships, is harder than being gay in town.



A friend of Lucky's, Bongani, likes to wear girls' things.

Lucky and a group of friends at the funeral of one of their friends who died of AIDS.



Lucky Ndlovu finds it hard being gay in Soweto.

Lucky Ndlovu and Xurry Mafola from Soweto are both gay. Lucky (21) and Xurry (26) realised that they were gay when they were young. They are lucky because their families accept them. But they had a hard time in high school. Their schoolmates called them 'izitabane' or 'sissybuti'. Lucky and Xurry never had friends of their own age.

They say, 'Boys of our age treated us badly. They tried to force us to prove our manhood. Most guys believed that we had both female and male organs. Girls were our friends because they understood our feelings.'

'Our society does not tolerate or understand homosexuality. Many people believe that we chose this lifestyle. They think being gay is just a new fashion. Some blame it on Western civilisation.'

'But homosexuality is not a new thing. What is new is gays supporting each other. We attend initiation schools where we are taught gay rites. We learn language codes and tactics to help us deal with men who propose to us, thinking we are girls. The whole process is called 'ukukhehla'.

Lucky and Xurry spend their leisure time listening to Boy George, Queen and Elton John's music. Both like cooking, reading novels and doing their hair. Lucky owns a backyard salon.

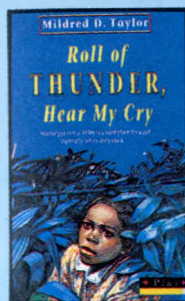
Lucky and Xurry are both members of GLOW, the Gay and Lesbian Organisation of the Witwatersrand. But they feel that GLOW mainly helps gays and lesbians in town. They do not give enough support to gays in the townships.

Lucky and Xurry believe that they have the right to express their feelings as gays. But they say, 'We, gays, are oppressed just like women or like blacks are oppressed by the white regime. People must talk to us and try to understand us. It will help them to break down their prejudice.'

Lucky and Xurry believe that if people want democracy, then gays too, must have rights like everyone else. ◀



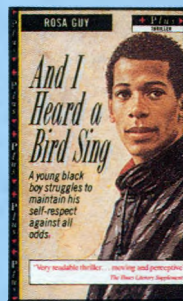
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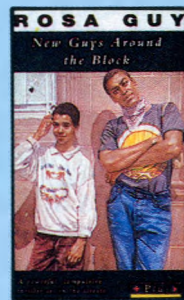
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Most South Africans know very little about African musicians. But we know even less about African women who have made names in the music world. So here is a gallery of some of Africa's greatest women music makers.



Les Amazones du Guinea

Les Amazones was the first female orchestra in Africa. Their members all come from the Guinea police force. They started with 300 members but now they only have 15. They use many different rhythms in their music, drawing from traditional Guinean music through to reggae.

Midi, Maxi and Efti

ERITREA AND ETHIOPIA

Midi and Maxi come from Ethiopia while Efti is from Eritrea. Their families were in exile because their countries were at war. They sing raggamuffin music. Their big hit was, 'Bad, bad boys'. They sing in English but they use Eritrean and Ethiopian words as part of their rhythm.



Stella Chiweshe

ZIMBABWE

Stella Chiweshe made a name for herself singing and playing the mbira, a traditional instrument from Zimbabwe, sometimes called the thumb piano. Normally only men play the mbira. But an understanding uncle taught Stella to play. She has made several records and is now Zimbabwe's leading mbira player.



MUSIC QUEEN

M'pongo Love

ZAIRE

M'pongo started out life with a handicap. She was crippled from childhood polio.

Determined to succeed, M'pondo travelled around the world making

music. She was influenced by Nina Simone and Nana Mouskori. M'pondo died at an early age in 1990. Her last album, *Partager*, was an international success.

Angeline Kidjo

BENIN

Kidjo has been singing folksongs with her brothers since childhood. At the start of the 1990's her voice became known internationally. Her debut solo album, *Parakou*, combined different West African styles of music with reggae.

Khadja Nin

BURUNDI

Khadja Nin is the the youngest of the African queens of music. She uses African and Brazilian sounds. Her early influences include James Brown, the Beatles, Zairean and East African music. Today her album, called simply *Khadja Nin*, is a great success. Khadja Nin sings in the gentle and poetic language of Swahili.

Deesse Mukangi

ZAIRE

A new voice from the nineties, Déesse made it with the group, Anti-Choc. Déesse combines new-wave rhythms and traditional ones. Her first album was cut in Paris in 1991. She believes that musicians must keep in touch with their roots but she is brave enough to try out new styles.

EXCITING BACK-TO-SCHOOL GIVEAWAYS FOR UPBEAT READERS

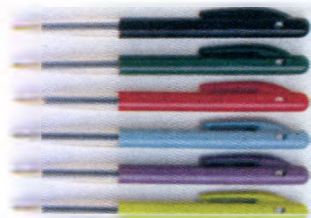
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ten pens to see you through the year. All you have to do is fill in the form below and send it to: Upbeat, Bic Clic Give-away, P O Box 11350, Johannesburg 2000 before 7 February 1994.

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COMPUTER MATHS PROGRAMMES FROM VENTURE PUBLISHING

Upbeat are giving away computer Maths programmes for Std.5, 8, 9 and 10. So if you have a computer you can work on, and you are struggling with Maths, please write to: Upbeat/Maths Give-away, P O Box 11350, Johannesburg 2000 before the 7 February, 1994.



UPBEAT/MATHS PROGRAMMES GIVE-AWAY

Please send me a Maths programme. I am in Std ____ I would like my programmes to be in English/Afrikaans

Name:

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Age:

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HOLIDAYS FOR YOUTH LEADERS

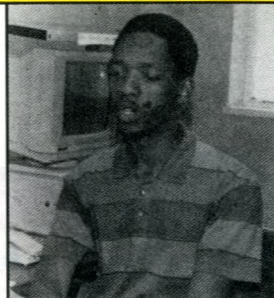
People at the National Youth Development Co-ordinating Committee (NYDCC) have been working hard all year. But now they are tired and looking forward to a holiday. Upbeat asked them about their plans.

Selloane Matoase



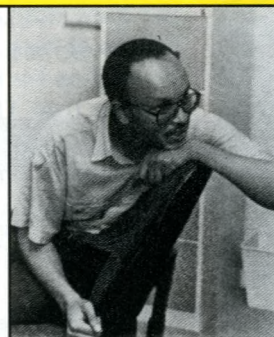
I am planning to go on holiday to Zimbabwe with my family. But it will be a working holiday for me. We, at the NYDCC, want to set up links with youth groups in southern Africa. So I am planning to meet with people in Zimbabwe. Although I am tired, I am looking forward to next year. I hope we will get all our proposals and ideas at the NYDCC up and working. But most of all, I hope for peace in our land.

Louis Molobi



For most people December is a time of relaxation. But for us at the NYDCC, December is a time for us to review our work. But I also plan to go to the beach in Durban and relax. My biggest hope for next year is that the National Youth Service Initiative will get off the ground. I hope that everyone will work to make 1994 a year of peace.

Leema Mofokeng



In December I will probably go on a youth camp with the Youth Alive group in Harrismith. But I might also go to Swaziland or Botswana with my friends. I definitely need a holiday because I was very busy during the year. In December

I do the things I don't have time for during the year, like cooking and writing poetry. Next year I hope to work on one, specific project at the NYDCC. I also hope to do an honours degree in Communications through Unisa.

Sheila Sisulu



It has been a very long year. So I am looking forward to spending the holidays with my family and children. We are planning to go down to the Transkei and spend some time on the beach.

Next year will be a busy year for us with the launch of the National Youth Service Initiative (NYSI). This will give youth the opportunity to take part in re-building our country. We hope that the NYSI will give them a chance to get back into things. I hope that 1994 will see us plugging into the resource that is the youth.

Photographs by William Hlanze

Dear Diary

This is the last in our Dear Diary series. Mpho, Evangeline, Karen and Steve have kept diaries for us the whole year, sharing their lives with Upbeat readers. We thank them for their hard work.



Mpho Mathebula

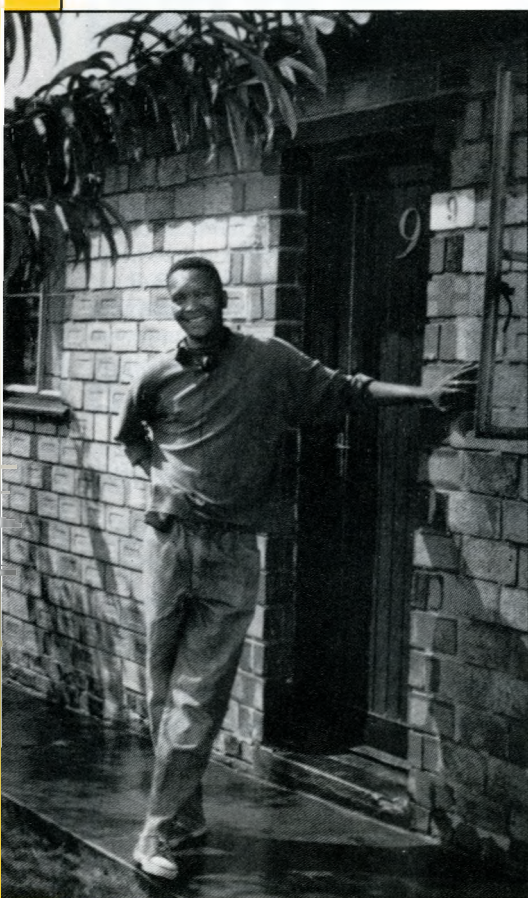
Soweto

We have a new SRC at Vista. Sasco has left the SRC because they were accused of stealing money. Sasco later said that the problem had nothing to do with money but that there was a power struggle between Sasco and Paso.

Themba Khoza, president of Inkatha Youth Brigade, came to our campus. There was supposed to be a meeting between the ANC, PAC and Azapo to talk about violence. But the students broke up the meeting. They demanded that Themba leave the campus immediately. On the way to his car, they started throwing things at him. His car was stoned as he left the campus. It is clear that Themba is not welcome on our campus at all. But these barriers must be broken down. The scars of violence need to heal. ◀

Mpho outside his house in Soweto

Photograph by Natasha Pincus



Evangeline Mansoohm

Pinetown

It has been another exciting month for me. Firstly, we had an exciting and enjoyable inter-school sports day at the Kings Park Stadium. I was pleased that our school came third. We spent eight hours sitting in the very hot sun but it was worth it, especially as we missed a Maths period that day.

Some other girls in my class love Michael Jackson. They're so crazy about him they go haywire if anyone has a little picture of him. I'm not a fan of Michael Jackson but I guess he is a good artist. I prefer his sister, Janet Jackson.

Everything is great at home. I have to start learning for tests again! I hope it won't be too boring. ◀



Evangeline with her niece and nephew

Photograph by Cedric Nunn





Karen relaxes at home with a friend.

Photograph by Eric Miller



Karen Williams

Ocean View

My class held a Miss and

Mr Ocean View High competition to raise money for the matric farewell party. The school hall was packed with people.

The competition was tough but a girl from my class won it. Her name is Tracy Atkins. I admire Tracy because she hasn't become conceited. Three boys from my class entered. Two, Roger and Chris, were made princes. But the third one, Morgan, didn't get a place. I hope he doesn't feel bad.

Some teachers say only certain Std 9's should go to the matric ball. These teachers always pick on my class. They say we didn't work. But if my class didn't help, the show would not have been a success. We are very cross about it.

On a better note, my friend, Tasha, has dumped her boyfriend for another guy. I think her new relationship will work out if they try hard. Celeste is still going out with her boyfriend while Vicky remains single.

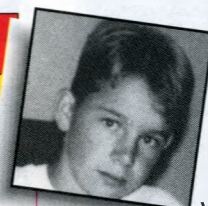
I guess I've got to pull up my socks and work harder at school. There's no way that I'm planning to stay in Std 9 next year. I just hope I can pass Maths. ◀

Steve Payne

Johannesburg

I have had a busy month. My friend's brother asked us to help him organise his party. We had to do the lighting and music, as well as food and drinks for about 150 people. The party was wonderful even though everyone was older than me. We danced and talked and jumped on the jumping-castle which he hired.

Before I knew it, it was the mid-term break. On break-up day, we all ran in the inter-house cross-country race. Afterwards, my friends and I went to the Emmarentia Dam. So did half my school because it's close by. We played soccer, swam, listened to music and really enjoyed our first day on holiday.



The next morning we left for Kenton in the Cape. My brother was racing there and we wanted a quick seaside holiday. The

first two days were superb but then it rained. I started a 1000 piece jigsaw puzzle and read a few books. I even swam in the icy, cold water.

One thing I need to do is catch up on some movies. That's all my friends are talking about now that we are back at school. We've only got about four weeks left until we write our final exams. This hasn't stopped the teachers! I've got a history project. We always seem to be doing new work. ◀

Steve with his older brother, Barry.

Photograph by Jeff Stacey



QUIZ

1993 THE YEAR THAT WAS

*How much do you know about the people and events that made the news this year?
Do this quiz to find out.*

POLITICS



1

Who was the popular South African political leader who was assassinated this year?

2

Which township near Johannesburg has experienced terrible violence for most of the year?



3

Schooling was disrupted by a teacher strike. Which union called this strike?

4

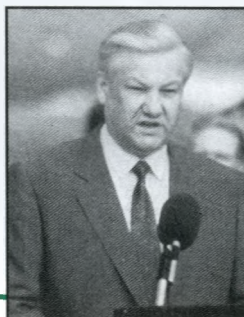
September 2 was a special day which brought all South Africans together to pray for a better future. What was this day called?



5

Who is the leader of the ANC Youth League who shocked people with his slogan, 'Kill the Boer, kill the farmer.'

WORLD AFFAIRS



1

Fighting between the Serbs, Croats and Bosnians has shocked the world because of its brutality. Name the country where the fighting is taking place.

2

Name the country to which the United Nations sent troops in order to stop the civil war and to bring food to the starving people.

3

Name the two leaders who signed a peace agreement in the USA as a first step to ending conflict between Israel and Palestine.



4

What is the name of the Russian leader who dissolved parliament?

5

In which country were 30 000 people killed in an earthquake?

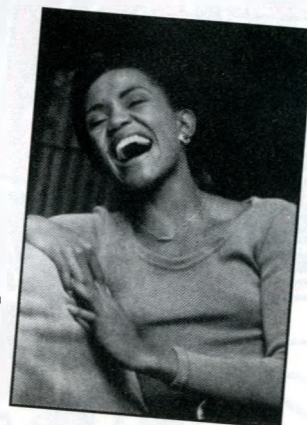
POPULAR CULTURE



1 Who was the first black woman to become Miss South Africa?

2 Who was the famous American tennis player who died of AIDS this year?

3 What is the name of the movie whose theme song, 'A whole new world' was top of the pops?



MUSIC

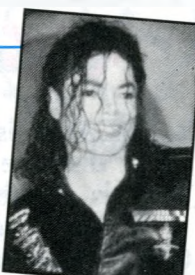


1 Which famous American singer cancelled his tour to South Africa?

2 Which American pop group has sold more records than anyone else this year?

3 Who is the South African group who recently completed a tour, teaching people about voting?

4 'What's love got to do with it?' is the story of which famous American singer?



SPORT

1 Which country did the South African cricket team tour this year?

2 Which soccer team won the Coca Cola Cup?

3 What is the real name of the Rose of Soweto?



Check your answers on page 36

THE GALAXY KIDS

ARCADE



Maxine



Teboho



Aziz



Nomonde

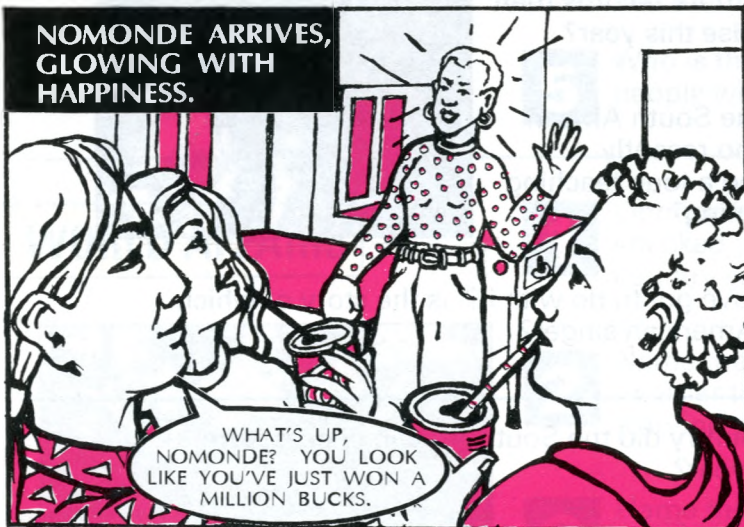
By Burgen Thorne



NOMONDE GETS HERSELF INTO TROUBLE!

The GALAXY ARCADE is the meeting place of four very different young people.
 AZIZ - (17) is a dreamer. He's new in town and is looking for a job.
 MAXINE - (16) is a rebel and a free thinker. She's always ready for a party.
 NOMONDE - (15) has a strict family but secretly wants to break free.
 TEBHOHO - (16) works hard & knows where he's going. His weakness - pool!

NOMONDE ARRIVES,
GLOWING WITH
HAPPINESS.





If you are worried about AIDS and want to know more, you can contact the AIDS Consortium. They will put you in touch with the closest office to where you live. Their address is:- The Aids Consortium, c/o Centre for Applied Legal Studies, University of the Witwatersrand, P/Bag 3, Wits 2050.

DON'T MISS THE GALAXY ARCADE KIDS IN THE 1994 UPBEAT!

CAREERS

CHOOSING YOUR SUBJECT STREAM

At the end of Std 7, students have to choose what subjects they will do for matric. This is a big decision. The subjects you choose affect what you can do when you leave school. Here are some tips to make choosing your subject stream a little easier.










You do not need to decide now what career you want to follow. But you must decide what area of study you like the most. To do this, you must decide what subjects at school interest you and what subjects you are good at.

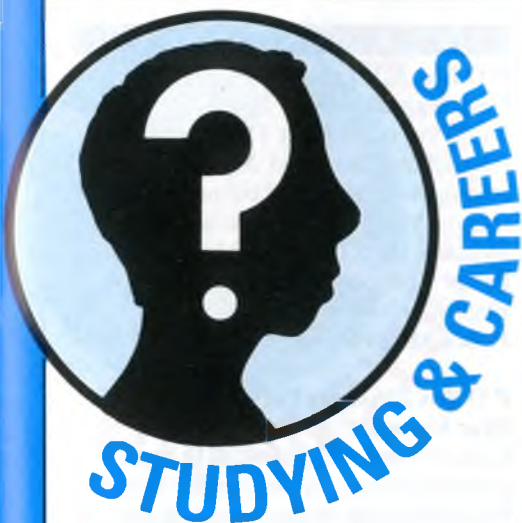
Here is a chart to help you.

You will see that almost all fields of study require Mathematics and Science. This is because we use these subjects in most jobs. But people also use Maths to select students and employees. If you are able to do Mathematics, it means you are able to think abstractly. Most students struggle with Mathematics. Before you drop Maths as a subject, make sure that you will not need it when you leave school. If you find Mathematics difficult, ask your teacher for help and do extra Maths problems to improve your maths.

You will also have to choose which subjects you do on a higher grade and which subjects you do on the standard grade. If you want to study at university when you leave school, you must do as many subjects as you can on the higher grade. Look out for Upbeat No. 1 1994. We will tell you what you need for matric exemption.

Chart taken from material produced by the Careers Research and Information Centre (CRIC).

Your interest and abilities	Field of Study	Possible careers	Subjects you need at school
Creative artistic 	Art and Design	musician actor clothing designer architect architectural technician graphic artist video technologist hairdresser florist	Mathematics Art Drama Music Languages
Enjoy working with people 	Social	public relations officer personnel officer social worker journalist teacher psychologist lawyer	Mathematics Languages History Geography
Concerned about people's physical and emotional health; caring 	Medical	pharmacist nutritionist radiographer nurse doctor dentist medical technologist physiotherapist health inspector	Mathematics Physical Science Biology Languages
Enjoy working with hands and tools, practical, creative 	Trades	joiner mechanic metal worker builder panel beater lithographer painter electrician upholsterer carpenter hairdresser	Mathematics Physical Science (at Std 7 level) 
Enjoy thinking, watching and finding out about new things; logical 	Science	chemist technician physicist astronomer zoologist botanist geologist oceanographer forester agricultural technician	Mathematics Physical Science Biology
Enjoy making things; able to use theories in practice, creative, like to design things 	Engineering	aeronautical, chemical, civil, electrical, mechanical, marine, industrial engineer	Mathematics Physical Science
Interested in money, buying, selling, business, good with figures 	Commerce	accountant book-keeper marketing manager banker secretary computer analyst & operator trade unionist	Mathematics Accountancy Typing Business Economics Economics
Enjoy nature, exercise, travelling 	Outdoor	zoologist geologist land surveyor nature conservationist archeologist tourism officer	Mathematics Biology Geography Languages History



Problems with studying and careers? You are not alone.

Write to us at:



Help with Science

Dear Upbeat

I am a Science student in Std 8 in Durban. I want to pass Std 8, 9 and 10 with an A aggregate. But I have suddenly found that the quality of my school work has dropped. I don't know what has caused this because I have a positive attitude to my work. Do you know of any way I can overcome my problem?

T. Mbcide, Umlazi

Dear T. Mbcide

Perhaps you should try to find help with your studies. PROTEC runs support programmes for Maths and Science students from Std 8 upwards. They will help you with your difficulties. Their programmes run on Saturday mornings. Their address is: PROTEC, Mangosuthu Technikon, Spinal Rd, Umlazi. Or you can phone them at (031) 906-8585

For readers in other areas, here is a list of PROTEC addresses: Contact them and they will put you in touch with the branch closest to you.

Western Cape: The Chambers, 7 Ralph Rd, Claremont, 7700 (021) 683 3090

Highveld Region: P O Box 8141,

Elandsfontein, 1406

(011) 608 2130

PWV Region: P O Box 30186,

Wibsey, 1117

(011) 473 2421

The Editors

Bursary for Law

Dear Upbeat

I completed Std 10 in 1991. I want to study law. I have applied to various organisations for bursaries with no success. Can you help me?

J. Malaleke, Hammanskraal

Dear J. Malaleke

You are too late to apply for financial aid for 1993. But here is some advice for 1994. When you apply to a university, you must ask them for bursary application forms as most universities have lists of organisations that give bursaries. You could also apply to the government. If you are successful, they will pay for your studies. In return, you have to work for them as a public prosecutor when you have finished.

Write to: The Bophuthatswana Government Service, Secretary Public Service Commission, P/Bag X2065/8681, Mmabatho

Editors

Dentistry

Dear Upbeat

I'm in Std 8 and I want to become a dentist. I am doing six subjects. They are Maths, Science, Biology, Geography, Afrikaans and English first language. Are these the right subjects?

C. Muswede, Chiawelo

Dear C. Muswede

You are doing the right subjects. To study dentistry at a university you will need a matric exemption with passes in Maths, Physical Science and/or Biology on the Higher Grade. Places at universities are limited, so the better your results, the greater your chances of getting a place.

Editors

Studying Motor Mechanics

Dear Upbeat

I am 21. I want to be a motor mechanic. I would like to study both theory and practice. Please send me more information.

F. Kubheka, Soweto

Dear F. Kubheka

To become a motor mechanic you will have to find a garage that will employ you as an apprentice. There you will work with experienced mechanics, learning on the job. Once you have been accepted as an apprentice, you can register at a technical college. You will spend eleven weeks per year studying at the college. The college will teach you the theory of motor mechanics. You will have to write the N1, N2 and N3 trade examinations. These test both your skills and your theoretical knowledge. For further information, you can write to Technisa, P/Bag 24, Braamfontein, 2017

Editors

Diamond Cutting

Dear Upbeat

Could you please send us the address of diamond cutters in Johannesburg and supply us with information concerning this career? We have heard that you need to study for 3 years and that the entrance requirement is Std 8. Is this correct? Obed Tsolo and Michael Seeco

Dear Obed and Michael

The Diamond Training School in Johannesburg offers a six-month course in diamond cutting. This course will teach you how to cut and polish diamonds from rough to smooth. The course costs R5 000. The entrance requirement is Std 8. The Diamond Training School offers bursaries for 10 students. In order to get a bursary, you must do an aptitude test. If you would like to apply for a bursary contact: Mr Barnes, The Diamond Training School, 3rd Floor SA Diamond Centre, 240 Commissioner Street, Johannesburg Tel: (011) 29 3066.

The Editors

PENFRIENDS

AFRICA

P O Box 60353, Windhoek, Namibia
Dear Upbeat

I am a boy of 17 years. I want penfriends from all over the world. They can be boys or girls of 13-22. My hobbies are watching TV, listening to music, playing soccer, basketball and reading. I will reply letters in Portuguese or English.

Nambili Joseph

Dahon High School, Box 10, Mapoteng 250, Lesotho
Dear Upbeat

I am a girl of 18 years and I am doing Std 10. I want to correspond with boys and girls of 18-23. My hobbies are playing tennis, netball, singing and listening to gospel music. I will reply to letters in Sesotho or English.

Anthonia Kimane

House No. 568, Barika Road, St Mary's, Harare
Dear Upbeat

I am a 16-year-old girl. I am doing Std 8 at Zengeza High School. I want to have a penfriend from South Africa. My hobbies are watching TV, dancing and reading. Please write in English and send in a photo.

Patience Chiturumani

P O Box 1712, EDM-Ofor, Maputo, Mozambique
Dear Upbeat

I am a man of 32, born under the sign of Taurus. I want to have penfriends of from South Africa. My hobbies are listening to music and playing badminton. I like free jazz and fusion. My favourite artists are Grover Washington Jnr, George Benson and Lee Rethenno. I will reply letters in English. Please write to me.

Belmiro Chumaio

NATAL

P O Box 373, Empumalanga 0458
Dear Upbeat

I am a boy of 16 years. I am doing Std 7 and I want penfriends from all over the world. My hobbies are listening to music, singing and reading novels. I would like to have a photo in the first letter. Please write in English or Zulu.

Kleinboy S Mahlangu

M 160, P O Umlazi 4031
Dear Upbeat

I am a doll of 18 years. I want penfriends from all over the world. My hobbies are reading, dancing and making jokes with friends. Please write in English or Zulu and send in a photo.

Hlengiwe Mngoma

Edendale Technical College, Private Bag X 204, Edendale 4505

Dear Upbeat

I am a 15-year-old boy. I am doing Std 9. I want to correspond with guys and dolls of 14-17 years. My hobbies are listening to music, playing volleyball and drawing. Please write in English and send your photo.

Happyboy Zuma

20 Wolraad Road, Austerville, Durban 4052

Dear Upbeat

I am a girl of 13 and I'm in Std 6. I want to correspond with boys and girls of any age. My hobbies are soccer, athletics, body-building and karate. Please write to me in English.

Elizabeth Taylor

22 Earlbridge Grove, Stonebridge, Phoenix 4051

Dear Upbeat

I am a boy of 13 years. I am in Std 5. I want penfriends of 12-16 years. My hobbies are soccer, cricket and volleyball. Please send a photo in your first letter.

Brandon Naidoo

OVERSEAS

Tibbles Hejdeby, S -67176 Visby, Sweden

Dear Upbeat

I am a girl of 18 years. I live in Sweden. I want penfriends from South Africa. I like reading, meeting people and taking care of the environment. I like to learn about people from other countries. Send me a photo, please!

Helena Klingrall

Weddingweg 74, 72205, Berlin, Germany

Dear Upbeat

I am a 12-year-old girl. I want penfriends from South Africa. My hobbies are swimming and looking after my guinea pigs. I will reply to all letters.

Nora Brezger

Kaizer Friederick Street 4A, 70585 Berlin Charlottenburg, Germany

Dear Upbeat

I am a girl of 14 years. I live in Berlin, Germany. I want penfriends from South Africa. My hobbies are reading, writing letters and drawing. I will reply to all letters in English or German.

Luise Sonnabend

TRANSVAAL

P O Box 323, Lwamondo, Venda
Dear Upbeat

I am a girl of 14 years. I want penfriends from all over the world. My hobbies are reading, swimming and talking to my friends. My favourite artists are Whitney Houston, Boyz II Men and Jon Secada. Please send me your photo and write in English or Venda.

Prisca Mugivhi

P O Box 216, Jane Furse 1085
Dear Upbeat

I am a 17-year-old girl in Std 9. I want penfriends from anywhere in the world. My hobbies are reading, watching TV and listening to music. Write in English or Northern Sotho. Send your photo, please!

Melidah V. Moretsele

CAPE

36 Adderley Crescent, Buffalo Flats, East London 5209

Dear Upbeat

I want penfriends of 14 years old, mainly boys. I am 14 years and I am in Std 7. So, if you feel like writing to me, don't hesitate.

Jolene M Colby

9 Dwesi Street, Zwide, Port Elizabeth 6201

Dear Upbeat

I am a girl of 16 years. I want girl penfriends from overseas of my age. My hobbies are listening to music and swimming. I will be happy to receive a photo in your response.

Wendy Nkohla

ORANGE FREE STATE

6 Nqubela Street, Roddenburg 9904
Dear Upbeat

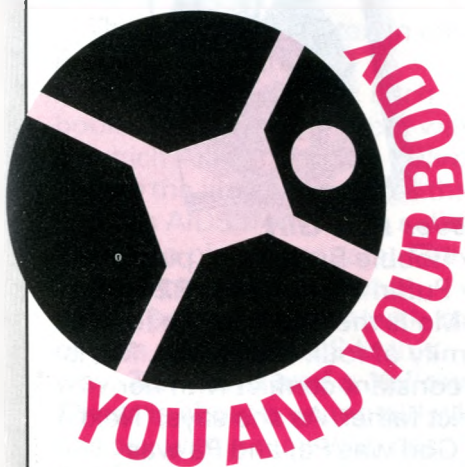
I am a boy of 15 and I am doing Std 7. I want penfriends, boys and girls, of 13-14 years. My hobbies are watching TV, reading magazines and newspapers. I will reply letter in English and Southern Sotho. Please send a photo!

Leeto Mohapi

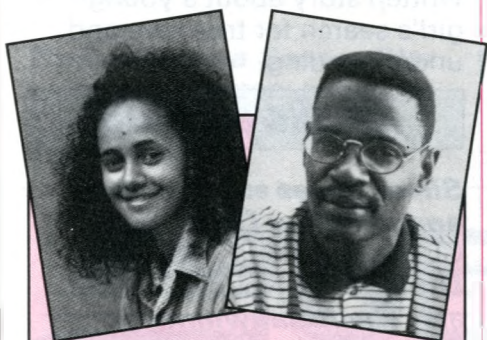
7116 Galane Street. P O Phuthaditjhaba 9866
Dear Upbeat

I am a girl of 16 years. I am doing Std 8. I want penfriends of 15-20 anywhere in the world. My hobbies are watching videos, singing and reading novels. Please write in English, Afrikaans, Zulu or Sotho. Send your photo.

Puleng Lepele



Need advice and there's no one to ask? Adielah and Aubrey, youth workers for the Planned Parenthood Association, answer your questions.



Write to Adielah and Aubrey, c/o Upbeat P O Box 11350, Johannesburg 2000. If you prefer to write in your home language, please do so.

Coping with a second girlfriend

Dear Adielah

I am a girl of 17 years. I am in love with a guy of 21 years. My boyfriend has another girlfriend. He wants me to meet her. What worries me is that my boyfriend treats his other girlfriend better than he treats me. I love my boyfriend and I don't want to leave him. I have tried by all means to show him how much I love him but he does not listen to me. What must I do? Please help me!
Idah Nkosi, Mogwase, Zandfontein

Dear Ida

It sounds like you have tried hard to show your boyfriend how much you love him. It seems that you are not happy that he has another girlfriend, whom he might value more than you. Sometimes there is a big difference between what you feel and doing what is right for you. Ask yourself how your boyfriend makes you feel. If your relationship makes you feel bad about yourself, perhaps you should look for another boyfriend who makes you feel good.

Adielah

Girls proposing to boys

Dear Aubrey

I am a regular Upbeat reader. I need help. What must I do when ladies propose love to me? Please help me.
Nkurumah Phala

Dear Nkurumah

There is nothing wrong with women proposing love to men. But we are brought up to believe that only men can propose love. Because of this, it takes a lot of courage for a girl to propose love. If a girl proposes to you, you should respect her courage. But you still have the right to choose whether to say yes or no. Good luck!
Aubrey

Lonely

Dear Adielah

I am a desperate lady of 20. My family moved to East London five years ago. Since we moved I have not been able to make friends. Sometimes I think I must go back to Johannesburg but I'm still at school. I am a shy character. I have withdrawn from all social activities. I find school and other things boring. I am failing at school and this has made me very aggressive. I want to make friends. Please help me.

B.D. Terry

Dear B.D. Terry

It is often hard to adjust when you move to a new place. Have you told your family about how you feel? They might have suggestions on how to

reach out to other young people. Find out if there are clubs for young people at your school, church or in the area where you live. A youth club will certainly help you to meet other young people. Here is a list of youth groups in your area:

African Culture, P O Box 7282, East London 5200.
Telephone: (0431) 437-410;
Inter-Church Youth, P O Box 1904, Mdantsane 5219.
Telephone: (0403) 622-836;
Cosas, P O Box 959, East London 5200.
Telephone (0431) 435-677.

Adielah

Rape

Dear Aubrey

There is woman who rapes young boys in my area. She is middle-aged. She can't spend two days without sex. Rape is violent and it leaves victims emotionally depressed. Most people look at how men can be stopped from committing rape. They do not think about women who rape men. I want to tell this lady that she is a disgrace to womankind.

T.J. Oupa

Dear T.J. Oupa

You are correct in saying that rape is wrong. It leaves people with physical and emotional wounds. And you are right, we must make sure that neither girls or boys are sexually abused. What this woman is doing is wrong. No adult has the right to have sex or any sexual activity with children. Perhaps you should tell your parents or a sympathetic teacher about what is happening. Perhaps they could stop this woman from seducing young boys. Here are some telephone numbers of places who offer counselling for rape victims.

Pietermaritzburg: Lifeline; (0331) 94-444; Empangeni: (0351) 92-2222;
Cape Town: 20 Cambridge Road, Observatory 7925,
Telephone: (021) 47-9762;
Johannesburg: POWA, Box 93416, Yeoville 2143, (011) 642-4345;
East London: Lifeline;
3 St James Road,
Southernhood 5201.

ESCAPE WITH A NEW BOOK

It's holiday time again. The December holidays are stretching out ahead of you and you're wondering what you are going to do. Why not get lost in a book? Here are some new books to look for in book shops and in the library.

Lovelines

These are a new series of books published by Pan Macmillan. They were written for Australian teenagers and deal with love, life and growing up. **Price: R13,99**

In **Getting Together** by Veronica Lane, wealthy Molly Keane meets Sean, a young boy from the poor side of town. The book is about her sneaking off to meet him without her parents knowing. When they find out, they are very angry because she has lied to them.

Something about Zac by Kimberley Gregg deals with a young girl who gets involved with the mysterious Zac. She never really understands him and feels that her friends know more about him than she does. Finally she discovers that Zac is into drugs. Will he give them up to be with her? You'll have to read the book to find out for yourself.

Lovelines are quite entertaining and will help you pass the time.



Never Pa's Girl

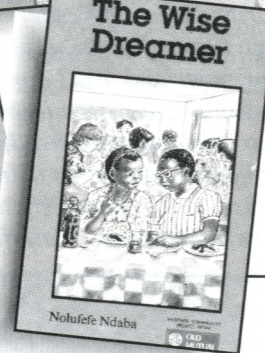
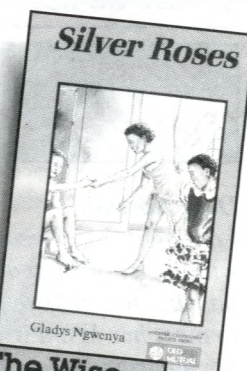
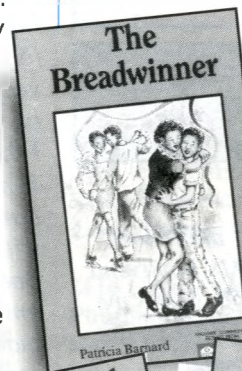
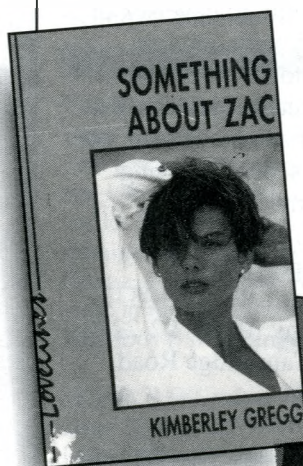
by Robbie Branscum, published by Puffin Plus. **Price: R24,65**

Mo is the youngest child in a family of four. Rebellious, Mo is in constant conflict with her strict father. As she says, 'Next to God was Pa, and Pa was right here in our faces.' Things get difficult when Pa won't let Mo have any boyfriends. But the fifteen-year-old Mo falls in love with local heart-throb, Jake. Going against her father's wishes, Mo falls pregnant and is forced to marry Jake.

A beautiful and simply written story about a young girl's search for true love and understanding.

Books on AIDS

Silver Roses and **Ten Rand and a Yellow Dress**, both by Gladys Ngwenya, **The Wise Dreamer** by Nolufefe Ndaba and **The Breadwinner** by Patricia Barnard are of a series of books which Macmillan Boleswa, together with Old Mutual, are doing on AIDS. **Price: R5,14**



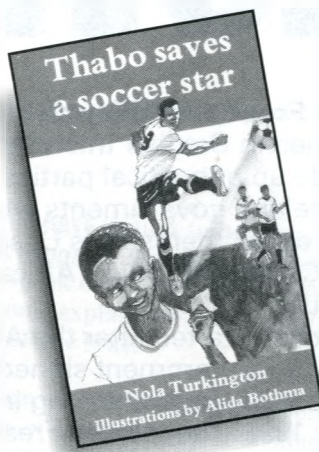
For younger readers

The books are written in easy English with pictures throughout the stories. Each book deals with a different way in which AIDS spread. In **Silver Roses** the little girl worries that she has AIDS from using a dirty needle to pierce her ears. **The Wise Dreamer** is about a young boy who sleeps with lots of girls and gets AIDS in this way. **Ten Rand and a Yellow Dress** is about a young girl who has sex with a man who has AIDS, in exchange for presents.

The books are a little untrue as they are about children of twelve who have sex. But they do tell the reader the terrible fact that once you have the HIV-virus, you get AIDS and eventually die. They will definitely make readers aware of AIDS.

Thabo Saves a Soccer Star
by Nola Turkington; published by Human and Rousseau.
Price: R19,99

Thabo loves soccer. And in particular, he loves Moroka Swallows. His big break comes when he is asked to help



Swallows' main player avoid a gang of tsotsis. The story is a bit difficult to believe but I did want to find out what happened at the end.

Dumguisi and the River
by Eileen Molver; published by Tafelberg. Price: R24,95

Dumguisi goes to visit her grannie. While she is there, the river starts to rise. And her grannie gets very ill. Dumguisi takes it upon herself to reach the closest town and get help for her grannie and cousins.


All reviews by the Upbeat staff

COMPETITION TIME

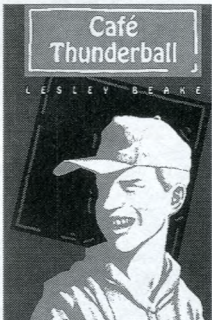
Win an exciting book pack by answering these easy questions and sending your answers to: **Upbeat Book Competition No. 11, P O Box 11350, Johannesburg 2000.**

- 1 Who is Thabo's favourite soccer team?
- 2 What is the name of the young girl who falls pregnant in *Never Pa's Girl*?
- 3 What happens if you get AIDS?

CLOSING DATE:
15 FEBRUARY 1994





Read this, man. It's real cool.



Café Thunderball – the story of Seth Tumelo and how he became richer than he ever thought he'd be.

Buy it at your nearest bookseller or order from HAUM Wholesale, PO Box 12735, Clubview 0014.

Tel: (012) 666-9033
Fax: (012) 666-8826

A book is the best gift ever

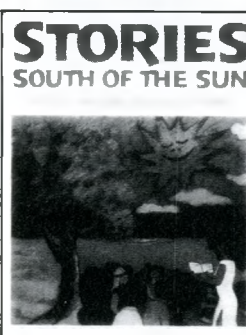
For beginner readers

6 to 9 year-olds

10 to 13 year-olds



The yellow balloon by Dianne Hofmeyr is the third in the FUN TO READ series, and tells of Poppy who loses her lovely balloon at the Zoo Lake picnic. Illustrated by Jen Lewis.
Softcover/32pp/R14,95



Stories South of the Sun consists of 28 read-aloud stories reflecting the multi-faceted South African society. The vibrant illustrations are by 11 different South African artists.
Hardcover/96pp/R44,95



Thoko by Brenda Munitich is the upbeat story of Thoko Zondi who loves to learn. It also tells of the hardships and joys of life in a small KwaZulu village. Illustrated by Zwelethu Mthethwa.
Softcover/104pp/R24,95

If not available at your nearest bookstore, please phone
(021) 24-1320 / (011) 792-2213 Fax (021) 24-2510
Toll-free number 0800 220 224
Tafelberg, PO Box 879, Cape Town 8000



PART 3

THE FREEDOM

In this series we look at the political parties that will stand in the coming elections. Here we examine the Freedom Alliance, a group of political parties and homeland governments. At the moment no-one knows whether the Freedom Alliance will stand in the elections.

The Freedom Alliance was formed in October this year. It is made up of political parties and homeland governments who first called themselves Cosag, the Concerned South African Group.

Cosag started after the ANC and the government signed the Record of Understanding in July 1992. The Inkatha Freedom Party and the Kwa-Zulu government felt the government and the ANC were making agreements without speaking to others. So the IFP asked the governments of Bophuthatswana and Ciskei, the Conservative Party and the Afrikaans Volksunie to form an alliance.

The members of Cosag hoped that by standing together they would be a stronger force at the Negotiating Forum. They all agree that South Africa must

be divided into regions with a federal government. But they often disagree about other policies.

The homeland governments want to keep their 'independence'. And the Conservative Party and the Volksfront want a 'boerestaat' where whites can rule as they did under apartheid.

The Freedom Alliance, agreed to give up their differences. The Conservative Party said that black people would be allowed in their boerestaat. The Freedom Alliance agreed that members should act together in the Negotiating Forum.

Upbeat spoke to members of the Freedom Alliance. Dr Ziba Jiyane of the IFP said, 'The survival of the IFP and the Kwa-Zulu government were threatened by the decisions the

Leaders of the Freedom Alliance – from left to right, Chief Lucas Mangope of Bophuthatswana, Gatsha Buthelezi of the IFP and Minister Cronje of Bophuthatswana



ALLIANCE

ANC and the government are making. So we were forced into an alliance with other groups.

'People are concerned about what the Freedom Alliance will do if our demands are not met. But we ask, what will the people at the World Trade Centre do if we do not carry out their decisions? Will they force us out of Kwa-Zulu?

We also spoke to Brigadier Smith, media officer for the Freedom Alliance. He said, 'The Negotiating Forum must agree to our right to self-determination. This means that Afrikaners who want to live in a boerestaat must get a place to live. In the same way, homeland governments must be allowed to carry on ruling their own countries.

From left to right: Ferdi Hartzenberg of the CP, Brigadier Oupa Gqozo of Ciskei and Chief Lucas Mangope

Photograph by the ANC Department of Information & Publicity



Do you have trouble understanding what people are talking about when they speak of the negotiations? Here are some explanations of words that are used all the time.

alliance - an agreement between political parties or groups to support or protect each other

federal state - a state or country in which power is shared between the central government and regional governments

the right to self-determination - the right of small, minority groups in a country to decide on their future for themselves so that they do not lose their group identity

boerestaat - a region which certain Afrikaner nationalist parties are demanding. They want to govern themselves and make their own laws.

UNDERSTANDING DEMOCRACY

The following questions come from a voter education workshop with Std 9 students. Perhaps you too, want to know the answers to the questions they asked.

WHAT ARE FREE AND FAIR ELECTIONS?

A free and fair election is when all political parties are free to campaign for votes amongst all people in the country. This means that they must be able to have meetings and talk to people about their parties without fear of being attacked. All parties must have the same chance to use the radio, TV and newspapers to spread their ideas.

Everyone must be able to vote for the political party they choose. No-one can force another person to vote for a party they do not support.

The votes must be counted in such a way that everyone believes that the results are correct. If this does not happen, there is the danger that people won't believe the final election results.

Special multi-party committees will make sure that all these conditions for a free and fair election are met.

The workshops were organised by Belinda Mandelowitz.

WILLIE WORDWORM

CYCLING THROUGH AFRICA

pounding (adj) - to run or go heavily

to bribe (v) - to offer money or a gift to a person in exchange for a favour

appreciate (v) - to enjoy or to value

slaughtered (v) - when people or animals are killed in great numbers

TEACHING PEOPLE ABOUT AIDS

linked (v) - joined together

heterosexual (adj) - attracted to people of the opposite sex

concentrating (v) - giving your full attention to something

values (n) - beliefs

contraception (n) - birth control, prevention of pregnancy

PICTURES IN THE SAND

marvel (v) - to be filled with wonder

sculpture (n) - an object or shape made by an artist

emphatically (adv) - to say something giving it special importance

designs (v) - the lines and shapes that form a decoration or sculpture

BEING GAY IN SOWETO

tolerate (v) - to allow something without protesting

tactics (n) - a method of doing things to achieve something

oppressed (n) - to govern or treat somebody cruelly or unjustly

prejudice (n) - a fixed opinion formed without examining the facts fairly

v = verb
adj = adjective
adv = adverb
n = noun

ANSWERS TO THE QUIZ ON PAGE 24

POLITICS

1. Chris Hani
2. Thokoza
3. South African Democratic Teachers' Union (Sadtu)
4. Peace Day
5. Peter Mokaba

WORLD AFFAIRS

1. Yugoslavia
2. Somalia
3. Arafat and Begin
4. Boris Yeltsin
5. India

POPULAR CULTURE

1. Jackie Mofokeng
2. Arthur Ashe
3. Aladdin

MUSIC

1. Michael Jackson
2. Boyz 11 Men
3. Prophets of the City
4. Tina Turner

SPORT

1. Sri Lanka
2. Umtata Bucks
3. Dingaan Thobela

If you're lucky *very lucky* you could

rap and groove in a *radio rap cap!*

any five Crinkle Cut flavours it's

yes send **5 empty packets.**

Rules: 1. This competition is open to everyone except
2. Entries to reach us on or before 28-01-1994.
writing. 5. No registered entries will be accepted.

employees of Willards, their advertising agencies and their immediate families.
3. The draw will take place on 04-02-1994. 4. Winners will be notified in
6. The Judges decision is final, no correspondence will be entered into.



COMPETITION WINNERS

Check if you are the lucky winner in one of the following Upbeat competitions:

BOOK REVIEW COMPETITION

Each of the following people have won a book pack made of books reviewed by Upbeat readers:

Ishmael Keke Tau, Bothaville; Cornelius Joseph Mathebula, Ivory Park; Abigail George, Port Elizabeth; Yazeed Kamaldien, Landsdowne; Shadrack Malebo, Sharpeville; Nafeesa Varachia; Ester C.S. Levinrad, George.

UNUSUAL OUTFIT COMPETITION

1ST PRIZE - R100 CLOTHING VOUCHER:

Khunou Mamiki, Rustenburg

RUNNERS UP - FREE YEAR'S FREE

SUBSCRIPTION TO UPBEAT:

Samuel Ndawo, Petrusville; Balanganani Albert Mathobo, Thohoyandou; Pahlana Afrika Magaseng, Apel; Enosie Maduwa, Mulima; Mbulaheni Mudau, Bhulaudzi

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ENERGOS AND ENGEN

EDUCATING OUR YOUTH

FOR THE FUTURE

win **YES WIN** a cap to

Just eat **Yes eat**

a treat and **send**



Crinkle Cut®




Just send any five empty Willards Crinkle Cut 30g packets (or a reasonable hand drawn facsimile), together with this entry form and you could win one of 3000 exclusive Willards Crinkle Cut Radio Rap Caps.

Question: "Crinkle Cut chips are Fresh, very _____"

Closing date of competition: 28 January 1994.

Name _____

Address _____

Tel.No. _____ Age _____

Mail to Willards Radio Rap Cap Competition, P.O. Box 52157, Saxonwold 2132



Back row (left to right):

Nick Seshweni, Wilson Rathelele, Forcy Moalosi, Eugene Zwane, Bashin Mahlangu, Mark Maponyane, Sammy Troughton, Ackson Shambala, Bangu Majau, Bernard Lushozi, Phillip Setshedi

Front row (left to right):

Innocent Mncwango, Brandon Silent, Ernest Makhama, Oupa Mabuza, Jury Bantwana, Williams Okpara, Mandla Zwane

Orlando Pirates