



Thursday, March 12, 1992

Vol 4 No 3



At the Vice-Chancellor's welcoming party for new senior staff were (from the left): Mrs Anne Smout; Dr Tebello Nyokong, of the Department of Chemistry; and Mr Mike Emmett, of the Department of Accounting.



Seen chatting to Professor Ian Macdonald (right) at the party were Dr John Daniel, of the Department of Political Studies and Professor Paul Maylam, head of the Department of History.

Baby Coelacanth on view at Smith Institute

A juvenile coelacanth that was recently brought back to the JLB Smith Institute of Ichthyology from Maputo, has been placed on public display at the Institute from March 11.

The juvenile was one of 26 removed from a female adult coelacanth caught off Mozambique by a Japanese/Mozambique trawler last year. It was caught in relatively shallow water.

The skipper of the trawler immediately alerted the Director of the National Museum of Natural History, Dr Augusto Cabral, about the

catch once he arrived in Maputo.

The adult coelacanth was found to be carrying 26 young. It was agreed that 10 specimens were to be taken to the JLB Smith Institute and the rest were distributed to other coelacanth research institutes world-wide.

The capture of these juvenile coelacanths is another important milestone in the coelacanth saga and Grahamstonians and visitors are once again invited to view the specimen and to share in the unfolding drama.

Hobson House 25th Birthday

Hobson House celebrates its 25th birthday in April. Please would you contact us if you are an 'old girl' so that we can invite you to the party!

Warden: Philippa Callaghan on ext 137 or 578

Secretary: Joy Lowe on ext 578 (mornings only)

Saline guzzling algae

by Kelli Hardman

The Environmental Biotechnology group in the Department of Biochemistry and Microbiology has recently been awarded funding of R750 000.00 from the Water Research Commission and SASOL.

Mr Peter Rose, a senior lecturer in the department and leader of this group has been researching the production of speciality chemicals and effluent treatment and the potential of an algae culture called *Dunaliella*.

The research group has been concentrating on the environmental impact of effluent and salinity levels of public water systems, and have found that *Dunaliella* can be cultured in saline waste waters. They

have since learnt how to grow it in large amounts, therefore contributing in a significant way towards being able to control effluent and salinity levels of the country's water systems.

This organism produces beta-carotene, which has possible anti-cancer properties, and also large quantities of glycerol.

The students working in this research group run by Peter Rose and Dr Keith Cowan from the Botany Department are, Richard Loubser (MSc), Malcolm Logie (Phd), Trevor Phillips (Phd), Brenton Maart (MSc), Leslie Horn (MSc), Kevin Dunn (MSc), and Deanne and Robyn Glaum (MSc).



RUSA News

by Mary Allen

The work stoppage during the last week in February caused the Executive committee of RUSA to call a special meeting.

Following this a letter was sent to the Vice-Chancellor setting out the concerns of the Association and asking for an urgent meeting with the University Administration. RUSA's letter is shown below.

The Committee would like to record its appreciation to the Administration for its prompt response. A meeting was held with RUSA and this will be reported on in a subsequent issue of Rhodos, once RUSA has considered the matter further.

26 February 1992

Service Staff Demonstration

The circumstances surrounding, and emanating from, the service staff demonstrations of the past few days has evoked grave concern amongst staff members. An extraordinary meeting of the RUSA Executive Committee was held today to discuss the issue.

Against the background of your notice to all members of the university (University Circular 29/1992) and events as observed, the Executive Committee noted the following:

- Whilst cognisance is taken of the predicament in which the University Administration found itself, their efforts during the demonstrations, and the procedural norms for addressing issues of this nature, the Executive Committee agreed that, in the current political climate, serious consideration could have been given to the adoption of a preemptive strategy by initiating negotiations with the service staff who were demonstrating instead of waiting for an approach from them.
- Whilst the Executive Committee is given to believe that the circumstances giving rise to the demonstration are not straightforward, the Executive Committee is of the opinion that the University Administration could have taken steps to discuss the problem with the aggrieved at an earlier stage than was the case. It would appear that information on the job evaluation system and the long term implications for individuals was not adequately disseminated. It is understood that after the announcement of the results of the

evaluation to the service staff at the end of year party on 6 December 1991, dissatisfaction was already expressed. Furthermore, the task of providing the information on job evaluation to the service staff was left to the Shop Stewards who had been involved in the evaluation process, and it is now evident that they were inadequately prepared. Personnel had indicated to concerned department heads that appropriate steps would be taken to redress the false expectations and/or misperceptions created by any misunderstanding but to date it is understood that this has not been done.

- The Executive Committee expressed deep concern at the effect that the service staff demonstrations have had on staff members housed in the main administration building.
- At no time during the disruptions this morning were staff members kept informed of prevailing circumstances. Staff members in the Admissions section became most anxious, and certain staff members expressed a desire to go home (University policy in this regard is unclear). Attempts to raise senior administrative staff to ascertain the "state of play" were unsuccessful.
- Given that entrances to the administration building are barred during such disruptions, the procedures that are in place to deal with an emergency within the building, for example, a fire are unclear. Staff members feel insecure and trapped.

In the light of the above, the Executive Committee respectfully requests a meeting with the University Administration, at its earliest convenience, to discuss these events, and, where possible, to provide assistance in formulating procedures to cover such eventualities.

Yours sincerely

Mary Allen

(Chairperson: RUSA Executive)

The Vice-Principal has indicated that at the time of writing this letter RUSA was clearly unaware that negotiations with shop stewards were already under way. The University was awaiting a response from the shop stewards when the illegal strike started. The 'need to formulate procedures to cover such eventualities' is recognized and is being dealt with, he said.



Also at the Vice-Chancellor's welcoming party were (from the left): Mrs Wendy Fargher, Mrs Beverley Fourie; Mr Steve Fourie, Director of the East London Division; and Mr Brian Fargher, of the Centre for Social Development.

Husband and wife team write book

Kelli Hardman

Two Rhodes lecturers have recently written a science book for children. They are Dr Sirion Robertson, a lecturer at the School of Pharmaceutical Sciences, and his wife Sally-Ann, a lecturer in the Education Department. They wrote the book when their own children starting asking the normal "tell me why" questions about the world around them.

Exploring Ideas: The Physical World, deals with a wide range of topics from scientific topics to mechanics to astronomy and geography. The text is easy to follow and uses clear examples to explain concepts.

This book is intended more to enrich a young person's world, and to appeal to pupils from 10 - 16, rather than to follow any school syllabus. Adults may also find it interesting and helpful when wanting to explain scientific concepts.

Dr Robertson is working on another science book, aimed at slightly older children.



"There now. See what a good lawyer can do. Drawing and quartering to run concurrently!"

Security matters

Staff are reminded that no students are allowed in academic buildings after 7.00 pm on week-days or after 1.00 pm on Saturdays or Sundays, with the exception of approved society meetings shown on the Term Programme.

Postgraduate students may be given a key and special permission by the Head of their Department to work in the building. It has been stipulated that keys are only to be given to postgraduate students on the strict understanding that the key is for their own personal use. The students will have to pay a deposit

of R30.00 to the cashier in the Finance Division, and sign an undertaking that they accept this condition. Copies of the forms will be supplied on request. When the key is returned, the student must hand the form to the cashier and his deposit will be returned. Loss of a key will cause the deposit to be forfeited.

Please ensure that all external doors are locked at the above-mentioned times to prevent unauthorized persons from gaining access to your department.



Professor Josh Nel's "Hadedahs" was finally set on its plinth recently. The Official unveiling will take place later in the year

Quad II Landscaping

by Mark Hazell

Readers have asked what has happened to the planting in Quad II - well here it is:

The erection of the Hadedah statue resulted in a need to display this interesting work to its best.

The directive was given to Grounds and Gardens to simplify the landscaping. This was achieved by the relocation of the very popular roses to other areas on Campus. The same happened to the shrubby material which was removed.

The simplification included a need to screen the new lights which have been placed at ground

level. It is intended to carry the rocky theme through to this level with suitable low plantings.

In addition to this it is intended to plant suitable screen and access plants to the rear ie. SW corner of the Quad so as to place the statue in its correct "natural" context.

The work will be done over the next four months so as to be complete for the official unveiling which is due for September this year.

It is hoped that the results achieved will provide as much satisfaction as the previous arrangement did.

Returnee joins Political Science

by Kelli Hardman

After 15 years in exile, Mr Lebon Mosia has returned to South Africa and joined the Political Studies Department at Rhodes, where he is lecturing in The International Studies Unit.

Mr Mosia left South Africa for Tanzania in 1976 and has had a varied and interesting career overseas. In Tanzania he taught politics for the ANC and also became Editor of LESEDI, the ANC cultural journal.

He also worked as a radio journalist for Radio Freedom, broadcasting from Tanzania, Zambia and Angola. From 1983 - 1985 Mr Mosia worked for the Angola News Agency (ANGOP), where he be-

came fluent in Portuguese.

In 1985 he realized the importance of a higher education and completed a two year Diploma in Journalism and Public Relations in Ghana. He continued his studies at the University of Ghana where he graduated with a B A Honours degree in Political Science and then went on to receive an MA from the University of Sussex, England.

After accepting the post of lecturer at Rhodes, Mr Mosia and his family returned to South Africa in October last year, to settle in Grahamstown.

"It feels very good to be home and I hope I can be instrumental in the change in South Africa", said Mr Mosia.

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Accessibility: Are Academics There?

Technology has produced the telephone, the telex, the facsimile machine and E-mail (computer networking whereby one can exchange daily messages electronically, locally, nationally, internationally). E-mail is available in South Africa, but users are not generally aware of this, for various reasons.

South African academics - and no doubt academics elsewhere - vary enormously in technology-literacy. From those who are still using typewriters (some youngsters would say: what are typewriters? - One still finds them here and there as leftovers of a previous technological era), to those using E-mail regularly, locally and internationally. And, besides E-mail, they access international databases on a regular basis.

But closer to practicalities: only some have the infrastructure and funds for this technology (quite apart from the individual ability to use it).

What everyone could do, however, is to make sure that they remain accessible to people trying to contact them.

If one hasn't a personal or departmental assistant who can take messages in normal office hours and during university recesses, and if an answering machine in one's office is not feasible, can't one's number be put through to a central answering and message point?

The Centre for Science Development (CSD), which deals daily with many academics, could save a great deal of time (and therefore money, which otherwise could go to more grants and bursaries) if academics were more readily reachable.

In other words, if one didn't have to spend so much time ringing and ringing, at various times of the day (and ringing fruitlessly in university recess times), money could be saved.

Not only money could be saved. One could do one's academic peers a great service in several ways. For example, the main reason for the rather long period it sometimes takes for conference and other applications to be processed by the CSD is that the academics requested to evaluate the applications sometimes are not available telephonically, or for message-leaving or postally (because at times they pick up post at very sporadic intervals).

A more business-orientated approach, i.e. making arrangements to be personally or message accessible on a daily basis in normal business hours right throughout the year would most wonderfully facilitate the CSD's business and that of many other bodies dealing with universities.

Any comments?

(with acknowledgements to the CSD Bulletin)

Old Rhodian Union News

by Prof Chris Hummel,
President

The Committee of the ORU is keeping busy, hoping to build on the efforts of the late George Gruber.

An arrangement to 'marry' convocation and the ORU should be worked out in time for the AGMs in September.

We have also just distributed R18 500.00 in bursary money, principally to Old Rhodian dependents. This has helped 22 students.

R5 000.00 at least, of the above sum (local based Rhodians note!) has come from the enthusiastic efforts of the very lively UK Old Rhodians Association. I grant you the exchange rate is in their favour.

We have our scouts out for two

'50s Rhodian Reunions this year; the first a '50s Evening of Nostalgia' at the Rhodes University Museum to coincide with Graduation (The evening of April 10), and a second Pre-Festival Reunion, June 30 - July 1, to feature a SCOPE NIGHT dinner amongst other not too hectic attractions, just to give people an opportunity to relax and enjoy each other's company.

Finally, we are embarking on a new bursaries funding appeal, which includes plans for the launching of a '150' Club.

It will involve both Rhodes Staff and Old Rhodians. Watch your mail boxes! Details will soon be reaching you!

Vis Virtus Veritas

What will they think of next!

by Gillian Redmond

Mr Richard Grant, a Senior lecturer in the department of Physics and Electronics has invented a computerised 'Clay Pigeon Controller' to facilitate the sport of clay pigeon shooting.

Mr Grant designed the controller, which is particularly suited to the "Trench" shooting variety of the sport, at the request of John van Wijk of the Grahamstown Gun Club.

"Shooting 'Trench' is a competition between from two to six competitors. Each competitor fires at 25 clays in a typical round, the clays being released from five different trap machines set to fire at different angles and directions.

As the round progresses, the competitors rotate around five firing points, each equipped with a microphone. On the command 'pull' a clay must be released. By the end of the round, each competitor must have had five clays from each machine in random order. The order must be different for each competitor and in each round," explained Mr Grant.

The controller has overcome problems caused by the manual randomizing and firing of traps associated with non-computerized trench competitions.

"The controller is a heady mixture of analog and digital electronics,

controlling both low and high current circuits. Overall control is provided by an 8751 microprocessor. The correct microphone is selected and analog amplifiers provide a pulse if a word such as 'pull' is spoken but ignore shots, foot scrapes and the click of a cocking gun."

"When a pulse is received, the computer determines which trap to fire and triggers it by directing a current of up to 30 amperes to a solenoid via a suitable relay or solid-state switch.

"The state of the competition is displayed on a liquid crystal screen, keeping track of how many clays and how many kills each competitor has had from each trap.

"The end of the competition is announced by the machine and if scoring has been done, the scores are displayed. In the event of a misfire or for any other reason, the machine can always back up one step. Buttons are also available to fire the traps directly or substitute for a microphone signal if necessary," said Mr Grant.

Shottists visiting Grahamstown have been impressed with the controller and as a result there are now several in operation in Tarkastad, Graaf Reinet, and Port Elizabeth, and more are on order.



Also at the Vice-Chancellor's welcoming party were Mrs Rosemary Hunt; Mrs Jane Welsh of the department of Social Work; and Mrs Una Cook, with a rather pleased-looking Vice-Chancellor, Dr Derek Henderson.

The inception of the Cook Award and Warden's Trophy

by R Balfour (senior student)

Friday, February 21, 7.15 pm, saw Livingstone House officially re-open for the academic year.

The event was held to welcome everyone, old and new, to Livingstone for 1992.

The Rev Dr G S Baai, house warden, presided over the opening service to which various heads of religious congregations, Divinity Faculty staff, Jan Smuts Hall personnel, wardens, catering and house-keeping staff were invited.

During the service Dr Baai explained the significance of two awards introduced into the House this year.

The Cook Award for Academic Achievement in Livingstone House is so named in honour of the highly esteemed Professor Calvin Cook, a Divinity Professor and Head of Department, who was Warden of Livingstone House for

many years.

Professor Cook retired to Pietermaritzburg two years ago.

The Warden's Trophy for Sportmanship in Livingstone House is awarded, as is the Cook Award, to a group of students.

The award is made in recognition of students having excelled either in sport at Rhodes or for taking an active interest in House affairs.

The service and singing, thoroughly enjoyed by all, was followed by tea, coffee and an enticing spread of cakes, sandwiches and scones organized by the House Committee.

During this time new and senior members of the Livingstone Community were able to meet and socialize with the many friends connected to, or associated with the House.

Visiting Professor for memorial lecture

by Kelli Hardman

The Alex du Toit Memorial Lecture will be delivered at Rhodes University by Professor Gabor Gaad, Hungarian Director General of Geological Surveys.

The lecture will take place at the Geology lecture theatre at 7.00pm on Thursday, March 12. The topic of his lecture will be 'Global Proterozoic Tectonic Cycles and Early Proterozoic Metagenesis'.

Professor Gaad studied at the University of Vienna, where he graduated in 1963 with a PhD in Geology.

His fields of specialization include structural geology and Precambrian geology, exploration for base metals and gold, mineral resource assessment and computer applications in geology.

He has also published some 70 scientific papers in international and Finnish geoscientific journals on these topics.



Mrs Julia Goodwin and Mr Paul Goodwin, of the department of Business Information Systems, chat to Professor Randall Hepburn at the Vice-Chancellor's party for new senior staff.

Rhodes paper for Voltaire Studies

by Gillian Redmond

An abstract of the paper given by Professor Chris Hummel at the Eighth International Congress of the Enlightenment will be published in *Voltaire Studies*, the prestigious publication of the International Society for 18th Century Studies.

The paper, presented by Professor Hummel of the Rhodes University History Department, entitled: *Adulphé Delegorgue and Johan Wahlberg: Two views from the Enlightenment of 19th century South Africa*, showed how two European travellers in the 19th century, a Frenchman and a Swede, carried the intellectual ideas of the Enlightenment with them as they came face to face with the world of the indigenous people of South Africa.

Professor Hummel attended the congress, held at Bristol University, England, while he was on sabbatical leave for nine months last year.

"The South African and Namibian journals and letters of Wahlberg were a particular concern of mine on sabbatical as I am in the process of editing them for publication by the Van Riebeeck Society Series.

"It was also exciting because it was a team effort between a emeritus professor, Michael Roberts, who translated the text, Doctor Adrian Craig of the Zoology Department, who produced the scientific notes and preface, and myself, who acted as general editor," said Professor Hummel.

There was a new dimension of

attendance to the Eighth International Congress of the Enlightenment, an event held regularly at five yearly intervals, by the presence for the first time of many East European academics, freed from the shackles of communism, alongside the five South Africans from the New South Africa.

"Although there was an attempted boycott of the South Africans by some British academics, Professor Patrick Fein, Head of the department of French, was successful in spearheading attempts to ward it off," said Professor Hummel.

While he was on sabbatical Professor Hummel also attended the 1991 Annual Conference of the Association for the study of New Literatures in English, at Essen University in Germany, where Rhodes was well represented. Of the 233 academics drawn from all over the English speaking world, four of the seven South Africans were from Rhodes University.

Professor Hummel presented a paper at the conference entitled *Unintentional Writers for Posterity*, which showed that even in the Eastern Cape in the course of the 19th century, a hybridized form of literary expression was beginning to develop.

His paper was inspired by The Graham's Town Series, which the History Department at Rhodes has been publishing since 1970 in order to bring to a wider audience primary sources of Eastern Cape history, such as settler and missionary diaries and letters.

Outdoor camp for HDE students

by Gillian Redmond

Rhodes Higher Diploma of Education students recently returned from their annual outdoor camp at Hobbiton-On-Hogsback in high spirits.

The aims of the camp were to get the class of HDE students to establish a good working relationship between them, to help the students learn more about themselves by encouraging them to rise to challenges, and to get the students to think about the possibilities of the outdoors in terms of education.

During the vigorous course, which is organized by the international Outward Bound recreational centre, the students participated in activities such as hiking, camping out, an individual obstacle course, a team obstacle course, orienteering, solitaire in the evenings, rock climbing and abseiling.

Sean Coughlan and Peter Glover, lecturers in the Education Department who accompanied the students, were impressed by the difference in the class after they had completed the course.

"The response to the course was extremely positive. Feedback from the students has indicated that they found it particularly rewarding to challenge themselves physically, emotionally and socially and with the encouragement of their classmates overcome personal obstacles," said Mr Coughlan.

"We hope that their spirit of working together will continue throughout the year," he said.

Barker Memorial lecture

by Kelli Hardman

Dr David Rosseinsky, of Exeter University, England, will deliver the annual Barker Memorial Lecture entitled *The Nimble Electron - Hop, Step & Jump or Sinuous Slither*. He will speak on Tuesday, March 31, in the Arts Major Lecture Theatre at 5.15pm.

Dr Rosseinsky has published widely in international journals and has been involved in consultancies relating to the commercial application his research into charge transfer processes. He is an inorganic chemist using electrochemistry as a tool. He has degrees from Rhodes, Manchester and Exeter.

Dr Rosseinsky will spend a week at Rhodes where he will also deliver a series of five lectures to staff of the Department of Chemistry and research and honours students on topics of mutual interest.

Some PC Questions and Answers

by Tracey Chambers

Q When I access WordPerfect a message "Are there other copies of WordPerfect Running?" appears on my screen. This message is isn't displayed every time. What causes it to appear?

A Each time you access WordPerfect, temporary files are created. If you exit WordPerfect properly i.e. using the Exit (F7) key these files are automatically deleted. If you switch off the computer whilst still in WordPerfect (or there is a power failure), these temporary files are not deleted and the message "Are there other copies of WordPerfect Running?" will appear when you go back into WordPerfect.

You should answer No to this question. This causes the old temporary files to be deleted and new ones can be created.

Q I have typed a long document and by mistake I deleted the file. I have set the timed backup to Yes but cannot find the backup file.

A The WordPerfect timed backup feature is designed to save a backup to disk while you work. When you exit from WordPerfect (using F7) the timed backup file is deleted. If, however, the computer is switched off while you are using WordPerfect, or there is a power failure, the timed backup file will remain on your disk and when you access WordPerfect you will be asked to Rename or Delete the old Backup file. Timed backup files are saved in the directory indicated with the Location of Files (Setup (F1), 6).

If this location of files entry is not set, the backup files will be stored in the WordPerfect directory (probably c:\wp51).

Deleting "FIELD: 1" Prompt

Q Occasionally when I'm using WordPerfect my fingers slip and I press End Field (F9) by mistake. When I do, {END FIELD} appears in my text and Field: @ is in the lower left corner on my screen.

I can delete the {END FIELD}, but I can't get rid of the Field: 1. The document still prints fine, but surely there's a way to clear this prompt from the screen.

A. Pressing (Home), (Home), (Up Arrow) rewrites the screen and clears the prompt. Press (Ctrl Home) twice to return your cursor to its original position.

If you have any questions that you would like answered, please send them to Tracey Chambers, PC Support.

Alcock to direct graduation play

by Kelli Hardman

David Alcock, a Rhodes graduate, will direct the Graduation production of *They Shoot Horses Don't They*.

The play deals with young people trying to survive the 1930s depression in America.

One of the reasons for choosing the play is because it deals with young people which brings it closer to the students' own experience.

David has lectured at UCT for the last three years. During this time he also worked as a professional actor for CAPAB and the Baxter Theatre.

He won the Fleur de Cap Award for Best Supporting Actor for Berkhoff's *Greek*. The play also won Vita Award for Best Play of the Year.

David has also performed at Maynardville as Sir Andrew Aguecheek in *Twelfth Night* and at the Standard Bank National Arts Festival in Deon Opperman's highly successful *Ahmen*.

He was in London in 1987 and toured *Road to Mecca* with the Millstream Touring Company ending in a season at the Wimbledon Theatre.

Women's Association has full programme

The Rhodes Women's Association (RWA) is open to all women associated with Rhodes University, be it through their husbands, or that that they are employed at Rhodes.

RWA strives to nurture the Rhodes community by providing social functions and services.

These include:

- the Lunch Club which meets on the second Tuesday of every month at the Rhodes Club to enjoy a meal and to listen to a guest speaker;
- the RWA flower guild, who

help with the flower arranging at Graduation and other University functions;

- the Hospital group, who make themselves available to visit people in hospital and
- the Toddler group, which is composed of mothers with pre-school children.

The chairman of RWA for 1992 is Mrs Nikki Fein. If you are interested in becoming a member of the RWA, contact Mrs Fein at tel: 23672.

Handy hints for homes and gardens

Use these hints around the house and garden.

- **ROSES:** Throw tea leaves and coffee grounds on to the rose bed. A little sugar added to water will make cut roses last longer.
- **TULIPS:** A little starch in the water will prevent tulips from drooping. Alternatively, before arranging them in a vase, plunge them up to their necks in water for an hour, piercing a small hole just below the flower head with a pin.
- **VASES:** Partly fill vases with sand to keep them steady and to hold flower stems in position.
- **VEGETABLES:** Carrots, purple kale and other vegetables look quite at home in the flower border.
- **STRAWBERRIES:** Place egg-box cups under strawberries to protect them as they ripen.
- **TOMATOES:** To direct water nutriment to the roots of tomato plants, sink a plant pot into the soil near the base of the plant, angled at the roots, and pour liquids into this. Green tomatoes will ripen if you put them in a paper bag in a warm dark place. The addition of an apple will speed this process.
- **WEEDS:** Use a potato peeler to dig out lawn weeds. Keep the wheelbarrow or a dustbin lid nearby when weeding and throw the weeds into it so they can be easily carted away. An applicator for weedkiller can be made by pushing a sponge into a length of pipe and filling the pipe with weedkiller. It can then be applied to individual weeds without damaging neighbouring plants.



Sethw ADPm

"Just remember Howatt, the more unmanageable things seem to become, the more in demand we will be as managers."

Ihay-hayi (ipresha)

lbhalwe nguSista Win Simpson

Uxinzelelo lwegazi emithanjani luye lunyuke ngokuya ekhula eba mdala umntu, xa ethamba (eksesayiza) naxa kukho into emkhathazileyo. Umntu uthathwa njengokhathazwa yihayi-hayi kuphela ukuba olu xinzelelo lumana lufunyanwa lunyukile qho xa luxilongwa. Uxinzelelo luthathwa xa intliziyo iqulungene naxa iyekelele (isistolik nadayistolik) kuvele into ebhalwa ngolu hlobo 120/60 (ngumyinge oqhelekileyo). Yinto eyamkelekileyo ukuba abantu abaminyaka ingaphezu kwama-20 banokuba noxinzelelo oluthe chatha ibe li-100 ngasentla kwama-60 -80;

IZINTO EZIBEKA UMNTU EMNGCIPHEKWENI

Kunqabile ukuba kubekho izinto eziboniso ukuba umntu unepresha yaye unguli usenokungabi nankathazo ayiqondayo empilweni yakhe. Ipresha enganyangwayo isenokubucutha ubomi obekulindleleke ukuba ubani abuphile, ngenxa yokuba yenza umonakalo omkhulu kumalungu omzimba anjengentliziyo, ingqondo, izintso namehlo. Ingabangela istrowuk, uhlasele lwentliziyo neengxaki zezintso.

UKUXHAPHA KWAYO

Kwabasela ngamadoda anengxaki ngaphezu kwabasetyhini. Kwiminyaka ephakathi yokuqina komntu iye ithathe unyawo phakathi kwabasetyhini, ngakumbi abasetyhini abasezidolophini abaNtsundu nabeBala.

UNYANGO

Ipresha engephi kanti naleyo ihambele phambili kufuneka inyangiwe. Kusenokuba luncedo nokutshintsha iindlela zokutya, ngakumbi kumntu onobunzima obugqithileyo. Ityuwa nealkoholi zizinto eziyiphembelelayo.

ITYUWA

Umntu usebenzisa ityuwa engaphezulu kalishumi kunaleyo ifunekayo. Sebenzisa iziqholi ezithile ukwenza mnandi ukutya ungasebenzisi ngaphezu kwe5ml (itispuni) letyuwa yesiqhelo ngemini, umntu ngamnye. Kunciphise ukutya okuthengwa kunetyuwa. Funda ukuba kubhalwe ntoni na entweni oyithengayo, ulumkele amagama athi NA, MSG, nathi isoda nesodium.

UTYWALA

Ipresha kubantu abaziindlamanzi ezisela malunga nama-60-80gm zealkoholi ngemini iyiphinda kabini leyo yabo basela nje ngobungca-thu.

UBUNZIMA OBUGQITHISILEYO

Ubunzima bomzimba (BMI) luqulungo olulula ekujongwa ngalo ubunzima obugqithisileyo.

IBMI = $\frac{\text{ubunzima bomzimba ngeeKg}}{\text{ubude ngeemitha}}$ umz56
1.65 x 1.65

BMI = 20.6

Isitshixo seBMI	Amadoda	Abasetyhini
Ubunzima obuqhelekileyo	20-25	20-24
Obuthe chatha	25-30	24-30
Obugqithe ukuqonda	ngaphezu kwama-30	ngaphezu kwama30.

Ukucwangciswa kokutya (ukudayetha) makwenziwe kuphela ngemvume nengcebiso kagqirha.

(This article on high blood pressure was published in English in a previous edition of Rhodes.)

Letters

The Editor

Now that it is February and I am back at work, I find the perennial parking problems even worse than I remember them back in November.

I'm sure I speak for all academics when I voice the frustration I feel as I cruise up and down Artillery road as early 9:30 am, only to find all the red dot parking places occupied.

We academics who often work late into the night or even during vacations, cannot be expected to keep the same kind of hours as the Admin staff. After a night of burning the midnight oil we do our best to be at work by tea time but our arrivals are often made even later by long walks from as far away as the museums.

I feel my suggestion that there should be both 'academic' and 'admin' parking is worth at least R200.00. The present red-dot parking should be reserved for academics only and new parking places near the museums, reserved with a yellow dot for administration staff. This will result in an overall increase in productivity for obvious reasons as well as allowing academics to start the day with their blood pressure somewhere near normal. I trust this will be implemented in the near future.

A Walker

(Would it help if Admin staff walked to work? - Ed)

Mafeking
Feb 9, 1990

Dear General Kitchener,

Here is a further report on the siege, smuggled through the Boer lines by our usual route.

All are in good heart and we do not think the Boers will attack for some time, but will content themselves with tightening the blockade around the town.

The main difficulty is with the Boer artillery fire, which can reach almost every part of the garrison.

In this respect, I have had great help from a special corps I have formed from civilians to carry messages, put out fires and so forth.

Originally I raised the corps from among youngsters, but they proved unreliable, smoking and playing cards, when they should have been attending their duties, so I reorganized it for men over fifty and it has been a great suc-

The Editor

Three cheers for Kate Rowntree's superb piece on the desertification of quad 2.

Who is behind what seems to be a deliberate attempt to ruin two potentially pleasant quads? In quad one, instead of a simple, perhaps scalloped, bowl with some delicate and gently playing sprays of water, we have an overlarge monstrosity - brutish in its design and requiring an extraordinary amount of attention to keep its unattractive surface free of slime. Does anyone ever look into its murky bowl - no, one hurries past, eyes averted, trying unsuccessfully to avoid a wetting as its height is far too great for the circumference of its bowl.

Now the magnificent mature rose bushes in quad 2 have been removed. Ours is a region where every kind of natural growth should be nurtured not removed. Some rumour has it that the aim was a classical plainness - instead we have a bleak, hot wasteland lit by unsightly and expensive floodlights. In my garden Hadedas peck happily among the roses.

Margot Beard

cess.

I have taken over their training personally and every one of them can now light a fire by rubbing two sticks together. I make them do this every morning.

The only trouble is we are running out of sticks. Please send some with the relief column.

It has given me an idea for when the war is over and we return from South Africa.

I shall form a corps of men over fifty and call them the Scouts (the name we give our Mafeking volunteers).

They will wear brown uniforms and large brown hats and will train in woodcraft, lighting fires with two sticks and helping other people.

The future lies with the middle-aged. Youngsters are no good at all.

Yours,

A Baden-Powell (General)

News

Interested in receiving your newspaper early every morning in the comfort of your home without any extra cost? Contact me, Sandra du Randt at 311709, all hours.

Herald R0,70

Weekend Post R1.50

Sunday Times R2.45

Applications are invited for the following posts from July 1, 1992, or as soon as possible thereafter:

SENIOR LECTURER/LECTURER/JUNIOR LECTURER IN PSYCHOLOGY at the University's EAST LONDON DIVISION

(Expertise in Clinical or Counselling or Educational Psychology would be an advantage).

LECTURER/JUNIOR LECTURER IN THE DEPARTMENT OF LAW

(The successful candidate will be required to teach in different areas of Law, but an interest in Constitutional Law will be a strong recommendation).

Application forms, salary and further particulars may be obtained from Miss D Inge, Personnel Division, ext 113/114.

Closing date: March 31.

Know your rights!

No company may debit a person's bank account without the holder's written permission to do so - in theory at least.

This was stated by bankers in response to queries raised by people who felt they had been ripped off after making casual telephonic inquiries about insurance policies, and finding that their bank accounts had been debited for premiums.

The rules of the Automatic Clearing Bureau (ACB) system require that any user of the system is 'bound to obtain a signed debit

order before they were allowed to deduct any money from a client's account.'

To protect the man in the street, the ACB have rules governing this system. These rules stress that if anybody is unhappy about a debit order on their account, they could approach their bank and demand that the entry be reversed and the money refunded.

If any company was found blatantly to disregard the rules of the system, they would no longer have access to it.

Drama gears up for Festival

The Drama Department will be involved in a number of projects during the 1992 Standard Bank National Festival of the Arts and National Schools Festival.

Mirakel, an Afrikaans play by Reza de Wet Reardon will be presented by an independent professional company as part of the main Festival.

Drama students will be featured in *The House of Bernada Alba*, by the Spanish playwright, Lorca. This will play on the Fringe.

Rhodes Drama students partici-

pate each year in the National Student Drama Festival, and there are always several student projects on the Fringe.

The Drama Department's secretary, Mary-Anne Naude, runs a small private company called *The Drama Studio* which employs drama students. They will compile and present a poetry programme based on setbooks for the National School's Festival, and perform a children's production on the Fringe.

WHAT'S ON

?

Thursday, March 12

Alex du Toit Memorial Lecture, *Global Proterozoic tectonic cycles and early Proterozoic metagenesis*, by Professor Gabor Gaad
• Geology Lecture Theatre, 7.00 pm

Friday, March 13

Lecture on 'Idea of Violence', by Marius Vermaak
• Philosophy Department staff seminar room, 4.30pm.

Saturday, March 14

Hellenic Students Disco
• Great Hall, 7.30 am - midnight

Waterpolo

RU vs KO Cup Final
• away

Cricket

RU 2 vs Addo
• away

Tennis

RU women vs PE club
• away

Sunday, March 15

Cricket
RU 1 vs Gelvandale
• Great Field

Tuesday, March 17

Medicaid Clinic
• Room 206, Personnel Division, 10:00 am - 12:00 noon

Wine Cultural Society Mongolian Dinner
• Contact Trevor Hill, Geography

Wednesday, March 18

Indoor Hockey
RU vs UPE B
• Uitenhage, 8.00 pm

Thursday, March 19

Cricket
RU 1 vs UPE • Great Field

Saturday, March 21

Cricket
RU 1 vs Uitenhage • away

Tennis

RU women vs Westview
• away

Sunday, March 22

Cricket
RU 1 vs Union • Great Field

Monday, March 23

Wine Cultural Society, monthly tasting
• Contact Trevor Hill, Geography

Tuesday, March 24

Squash
RU 1 vs Tech • away
RU2 vs Tech • away

Wine Cultural Society, Monthly Tasting
• Contact Trevor Hill, Geography

Wednesday, March 25

Indoor Hockey
RU vs Saders
• Uitenhage 20:30

Wine Cultural Society, Monthly Tasting
• Contact Trevor Hill, Geography

Friday, March 27

Lecture on *Marx and Individual Rights*, by Tony Fluxman,
• Political Science Department, 4.30 pm

Saturday, March 28

Settlers Marathon, Port Alfred,
• Halyards Hotel Field, 6.00 am

RHODOS STAFF

Editor: Mary Burnett (ext 517)
Reporter: Kelli Hardman (ext 517). **Cartoonist:** Mike Ginn
Rhodos is produced twice a month by the Public Relations Division, Rhodes University, Grahamstown. The views expressed are not necessarily those of the Editor, Rhodos Staff, or the University. Contributions from any member of the Rhodes community would be welcomed.

RHODOS DEADLINES

Copy date	Publication date
16 March	26 March
6 April	16 April
20 April	30 April
4 May	14 May
18 May	28 May
1 June	11 June
15 June	25 June
6 July	16 July
20 July	30 July
3 Aug	13 Aug
17 Aug	27 Aug
31 Aug	10 Sept

What's new about RUSHANS at Rhodes?

by Kelli Hardman

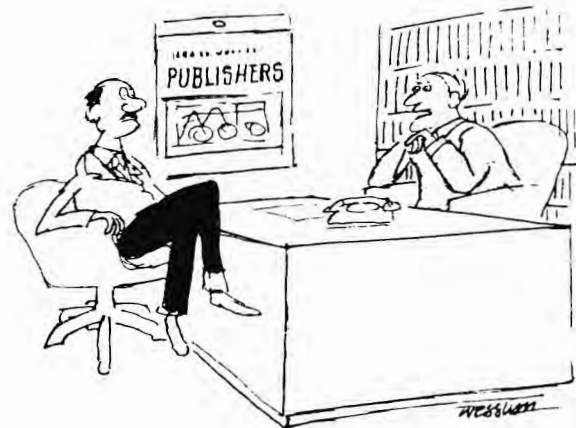
"They've been winning hockey leagues for years" said the RUSHA life president Richard Buckland when looking forward to the 1992 season. "Being a keen side we have a practice every year, usually just before or just after the autumn equinox."

"This year we're looking at March 19, on lower Barratt Field at 5:15 pm."

Those interested in playing for the Rhodes University Staff Hockey Association (RUSHA) are asked to telephone Martin Hill (de facto captain on extension 531 before this date.

Sports correspondents required

Rhodos would be happy to carry news of any staff or staff/student sporting events. If you are involved in one of the many sports offered at Rhodes or in Grahamstown, please keep *Rhodos* up to date with your news



"Your fairy tales were rather successful. Wouldn't you like to try your hand at a tax manual

SMALLS

• ADVERTISING RATES •

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WANTED KNOWN

Gardener: Careful and neat worker wants work on Mondays, Wednesdays & Fridays at R2,50 an hour. Contact Buckland, ext 513/514

SOME THOUGHTS...

- * Never insult an alligator until you have crossed the river
- * No man's life, liberty or property are safe when the legislature is in session.
- * Seven-eighths of everything can't be seen.
- * It is impossible to make anything foolproof, because fools are so ingenious.