

R2·10 (VAT Included)

NUMBER 7 1993

# UPBEAT

*The magazine for youth on the move*

ISSN 0257-8697

## THIS ISSUE

**SHABBA RANKS**  
**THE LOVER MAN**

ARE TOWNSHIP YOUTH  
ANTI-WHITE?

YOU AND YOUR RIGHTS:  
School Rules



ISSN 0257-8697



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WIN THE SHABBA RANKS ALBUM

# UPBEAT

The magazine for youth on the move

Upbeat is published by SACHED. SACHED is an independent educational organisation, committed to building democratic education in South Africa. SACHED runs a number of educational projects. Upbeat is one of them.

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## EDITORIAL

### Dear Readers,

Stanley ran away from home when he was a little boy. He lived on the streets. He took drugs and ended up in jail. That was two years ago. Today he has a job as a painter. Stanley feels hopeful about the future. Kathleen was 13 when she left home to live on the streets. Today she is doing a cooking course and has moved in with her aunt in Mitchell's Plain.

This issue of Upbeat is full of stories of ordinary people who have done extraordinary things. You will meet people like Kathleen and Stanley who are determined to make something of their lives.

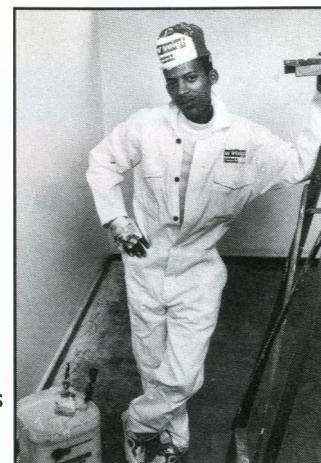
There's Gary Donnelly who is the youngest player ever to play for the NSL. He says that there is no magic in being a sportsman. It's just practice! Meet Jac Fourie from Pretoria. He was chosen to attend the International Space Camp in Alabama, USA. What an experience!

If you live in Phiri in Soweto you have probably heard of Soso's Hair Salon. It is run by the amazing Sonki Nkwane. Five of his hairdressers, are friends who are still at school.

All these young people have one thing in common. They are on the move! They want to challenge and change things. They want to learn and search for new opportunities, that will make a difference to their lives.

Happy reading!

*Harriet*



**N  
E  
X  
T**

● *Don't miss the new look Upbeat!*

● *More colour*

● *More than R6 000 worth of prizes*

● *More stars to read about and lots more learning and fun.*

**issue**

### UPBEAT FOR RURAL SCHOOLS

*The following companies have kindly agreed to join our rural schools sponsorship scheme. We would like to thank them for supporting the students who need their help most.*

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*For more information about the rural sponsorship scheme, contact Barbara Shafer at: P O Box 11350, Johannesburg, 2000 or phone (011) 333-9746*



Front cover: Shabba Ranks

MR LOVERMAN

# SHABBA RANKS



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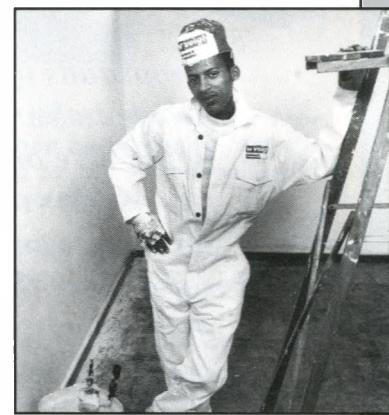
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One lucky school has won a computer worth R3 800 in our fantastic Upbeat/ ISM computer competition. Is it you? Turn to page 38 to find out.





*Thousands of young people in South Africa live on the streets. For many the streets are a safer place than their homes. But life on the streets, or strolling as the streetchildren call it, is not easy. Food and money are scarce. There is always the threat of being arrested. Most strollers live from day to day, with little hope for the future.*

# GETTING OFF THE STREET

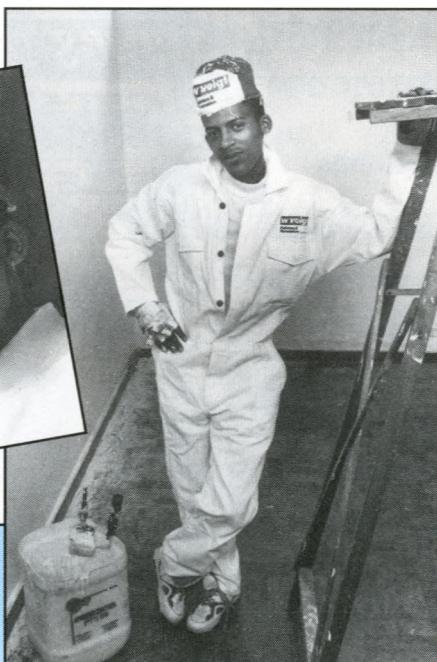
A

A school in Cape Town called Learn to Live is giving new hope to the strollers. Learn to Live gives streetchildren a second chance to learn. It gives street children a future.

Stanley Naude left home when he was six years old. Life at home was 'te swaar'. He and a seven-year old friend spent their days riding the trains, up and down. 'It was hard for me,' says Stanley. 'It used to take a long time to make money. It was much more difficult to stroll in the old days.'

Then Stanley joined the Learn to Live school. 'I was excited,' says Stanley. 'I couldn't read or write. So this was my chance to learn.' Stanley took his friend, Kathleen Janssen, to Learn to Live with him. Today Kathleen is working in a hotel restaurant. She is on a six-month training course.

**Stanley Naude left home when he was six years old. He lived on the streets, took drugs and went to jail. Now he has a job as a painter.**



By Anna Zieminski

## BEING BEATEN

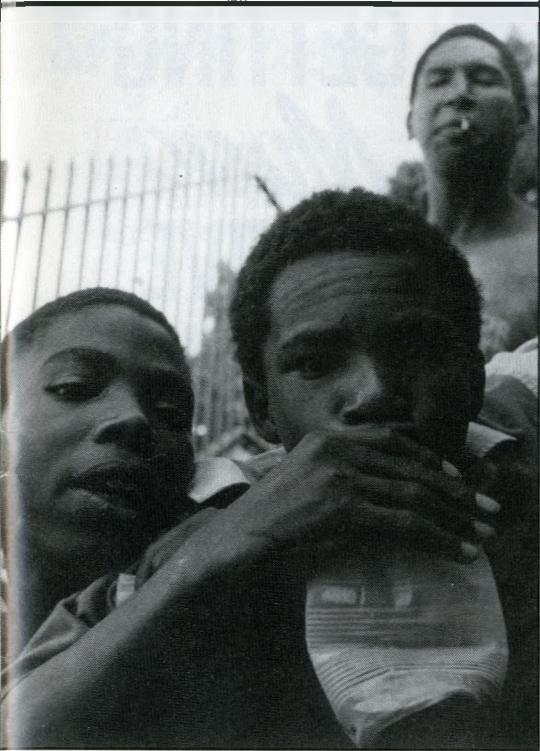
When Kathleen was 13, she ran away from her home in Atlantis. 'I was tired of the nagging and beatings,' Kathleen told us. 'So I ran away. I met Stanley on the streets. He used to 'look out' for me.'

'I learnt a lot at Learn to Live. I learnt all the school subjects as well as typing, knitting and needlework. I was even a prefect,' she laughs proudly.

Later Kathleen moved in with her aunt in Mitchell's Plain. 'Sometimes I want to stroll again but something inside me says no. Instead I'm planning my future. I like to cook. It's nice to work with food. It's better than strolling.'

Martin du Plessis ran away

**Streetchildren in Cape Town sniffing glue.**



# ETS

from home when he was nine. He was also tired of being beaten. He and his friend, Randall, jumped on the train and went to Cape Town. Martin says, 'I was really scared when I first left home. The police used to pick up boys and throw them into the cells. It was bad in the cells. The big boys used to



**Kathleen met Stanley on the streets. He looked after her. Today she is working in a hotel and doing a cooking course.**

All photographs by Anna Zieminski



bully the little ones. I was too scared to go home so I tried to forget my family. I was a bad person.'

Learn to Live made a big difference to Martin's life. 'At first I did not want to go there,' says Martin. 'But my friends said it was a nice place so I joined them. I studied Maths, History and other school subjects.'

Then the Salesian Fathers opened up a hostel for boys. Martin and his friend, Roderick, were the first two boys to move in. Stanley followed some time later.

Martin has never looked back. Father Declan from the hostel helped him to find a job with a photo-lithographer. Now Martin is learning to operate a camera and work in a dark room. He has even moved back in with his family. 'It's great,' says Martin.

Stanley has not been so lucky. He found it difficult to give up drink and drugs so he ended up in jail. But when he came out, Father Declan was there for him. Father Declan

**Martin du Plessis has lived on the streets since he was nine. Now he is learning to use a camera and work in a darkroom.**

found Stanley a job as a painter. That was two years ago.

'I see I'm different now,' says Stanley. 'I see my future is good. I'd like to take a wife, bring up a family and get a house. I want to show the world the person that I can be.'

## HELPLINE

**There are places which offer assistance to street children. Here are the addresses:**

### **Streetwise**

**Johannesburg:** 47 Terrace Rd, Bertrams  
Tel: (011) 614-7883

**Soweto:** Ipeleng Centre, cnr Khumalo Phera St, White City, Jabulani  
Tel: (011) 982-5810

**Durban:** The Old Mill, Marianne Hill  
Tel: (031) 703-2666

**Pretoria:** St Albans Cathedral, Schoemans St  
Tel: (012) 320-2231

**The Twilight Shelter:** 32 Pretorius St, Hillbrow, Johannesburg;  
Tel: (011) 484-1590

**Homestead:** 31a New Church St, Cape Town.  
Tel: (021) 23-2993

**Learn to Live school:** 2 Somerset Rd, Green Point, Cape Town  
Tel: (021) 21 6764

## UPBEAT WINS AN AWARD

Photograph by Jenny Gordon

**U**pbeat has won a merit award for our stories on the environment. The prize was given by the Green Trust Environment Awards. These awards were for people, companies and the media (newspapers and magazines), who have contributed to environmental awareness in a

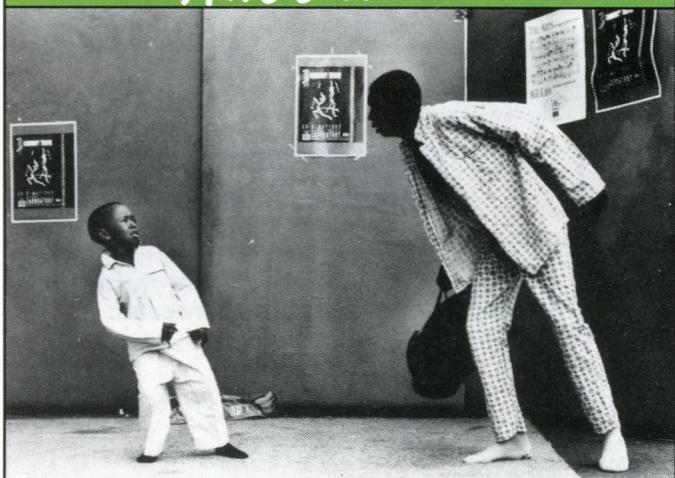


***Harriet Perlman and Hans Mangole of Upbeat proudly show the award that we won.***

creative, interesting and lively way. ◀

## GRASSROOTS THEATRE *Alive and well!*

Photograph by Natasha Pincas



**T**he annual Market Theatre Laboratory Festival was one of the most colourful events in Johannesburg this year. The Laboratory put up a huge tent in Goch Street. For four days in May, this tent was the centre of much activity.

The Market Theatre Laboratory works with theatre groups in the townships and rural areas of the Transvaal. Once a year the festival

***Itta Majita Wuzet, a play from Nelspruit performed at the Market Theatre Laboratory Festival.***

brings all the community performers together. And everyone gets a chance to perform their work.

Orphaned children were one the main themes in this year's festival. Many of the plays such as 'Whose child am I?' from Soweto dealt with this theme. ◀

## YOUTH ON THE MOVE

**T**he National Youth Development Co-ordinating Committee and the Joint Enrichment Programme (JEP) have been very busy these past few months. They are planning to launch a National Youth Development Forum next month.

The Youth Forum wants to make sure that the youth are not forgotten in the new South Africa. They want to help the 3 million young people in our country who are out of school and unemployed.

The Youth Forum believes that unemployed youth must be given the opportunity to learn new skills. But programmes must also help young people develop themselves as people. And no-one must be left out. The forum is for everyone – girls, boys, black, white, Muslim, Christian, ANC or PAC supporters.

Hopefully, we will soon see the results of their work. So don't give up hope. The Youth Forum is going to make sure that you won't be forgotten. ◀

## GETTING Music ACTIVE

**Y**oung people all over South Africa are working hard. They are getting ready to perform in the Volkswagen Musicactive Youth Festival. The theme of the festival is 'The Rhythm of our Lives.' 28 high schools in each of the four regions are taking part.

The Musicactive Youth Festival is happening now, so don't miss it. In Johannesburg you can see the Festival from 14 August; in Cape Town from 12 - 18 August; in Durban from 19 - 28 August and in Port Elizabeth 26 August - 4 September. ◀

**Contact Andrew Darlington for more information at (011) 465-2922.**

## HELP FOR TEACHERS

With every issue of Upbeat, you can get FREE teachers' exercises. These activities help you put life into the classroom. Just subscribe to Upbeat and you get the teacher activities absolutely FREE.

# So you want to be on TV...

**A** new programme on TV1 and TSS is looking for special people. They're looking for young achievers who are under 23 years of age. Maybe someone like you. They are looking for young people who have done something special - it can be anything arty or academic, environmentally friendly or socially responsible. Or maybe just plain wacky. So if you're a mover, a groover, a success in something special, let them know. Send your CV to **Who's Who, P/Bag X41, Auckland Park 2006**

## TELESCHOOL

**Look out for your favourite educational programme on TV. Here is what is happening on CCV's Teleschool this month. Catch it at 3.00 - 3.30 pm everyday.**

- 16/8** Ons sê almal so (Std 5-7) - 99 Sharp street: Drake en Spoke III
- 17/8** Turn on to English (Std 5-7) - Discussing conflict
- 18/8** Bio-logical (Std 5-7) - Co-ordination
- 19/8** Fashion, food and fun (Std 5-7) - Easy sewing methods II
- 23/8** Ons sê almal so (Std 5-7) - 99 Sharp street: Drake en Spoke IV
- 24/8** Turn onto English (Std 5-7) - Writing newspaper articles
- 25/8** Bio-logical (5-7) - Reproduction
- 26/8** Understanding our world (Std 8) - Population, Part 2
- 27/8** Bioclassics (Std 8) - From organism to cell
- 30/8** Ons sê almal so (Std 5-7) - Wees kreatief
- 31/8** Turn on to English (Std 5-7) Conflict, interviewing and rhyming words
- 1/9** Bio-logical (Std 5-7) - Development
- 2/9** Fashion, food and fun (Std 5-7) - Traditional foods
- 6/9** Ons sê almal so (Std 5-7) Molisana, die seun wat klei-osse maak
- 7/9** Turn on to English (Std 5-7) Writing a letter to a newspaper
- 8/9** Bio-logical (Std 5-7) - social organisation
- 9/9** Understanding our world (Std 8) - Population, Part 3
- Fashion, food and fun (Std 5-7) - Communication
- 10/9** Bioclassics (Std 8) - Cell membranes
- 13/9** Ons sê almal so (Std 5-7) - Skatte uit Afrika
- 14/9** Turn on to English (Std 5-7) - Talking about peace; misspelt words

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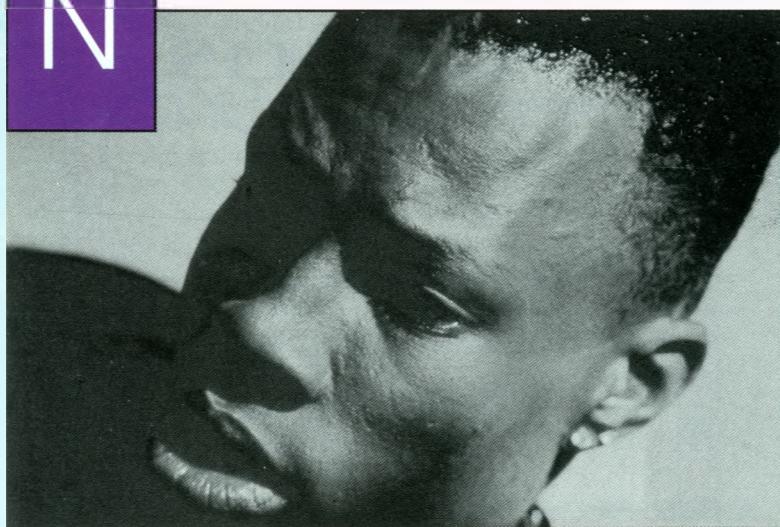
  
**ENERGOS AND ENGEN**  
EDUCATING OUR YOUTH  
FOR THE FUTURE

# SHABBA RANKS

*Reggae ragamuffin is taking the music scene by storm. And Shabba Ranks is the leading 'raga' man. With his powerful body and his big, hoarse voice, Shabba Ranks is charming the world.*

**S**habba Ranks, whose real name is Rexton Gordon, grew up in Trenchtown, Jamaica, like Bob Marley and Burning Spear. He started his career as a singer when he was 12 years old. Shabba and his friends had no money to buy instruments. So they used old cans to make music. Shabba captured

**Shabba Ranks grew up in Jamaica.**



people's interest when he began to sing over a jukebox. Many people came to watch and cheer him.

But life in the Jamaican ghettos is tough. Shabba Ranks says of his mother, 'Ma had seven of us to feed alone. But she had great love. There's nothing wrong with ghetto life. If we who live there, work everyday and stand up proud, then it will be a better place.'

When he was 15 years old, Shabba produced his first record, *Heat Under the Suffering Feet*. But his record was not a success. So he changed his style. Now he sings ragamuffin dancehall music. 'Money started pouring in. I could go home and give ma a hundred dollars and say, 'Yo, Mama, put on the pot, we gonna cook today.'

On stage Shabba Ranks swaggers and bounces. But he claims that he is a humble person and that is why he is successful. 'You see, on stage is outrage. But off stage is behave,' Shabba says, to make people understand the two sides of his life.

Despite being a top artist, Shabba Ranks is very proud of his roots - the dusty streets of Trenchtown. He will only have photographs taken there. And when he won the Grammy Award in 1992 he declared, 'I win this one for Jamaica. America

**Win yourself a Shabba Ranks album by answering the following question:**

- 1 What is Shabba Ranks's real name?
- 2 Where did Shabba Ranks grow up?
- 3 Name a song from *X-tra Naked*

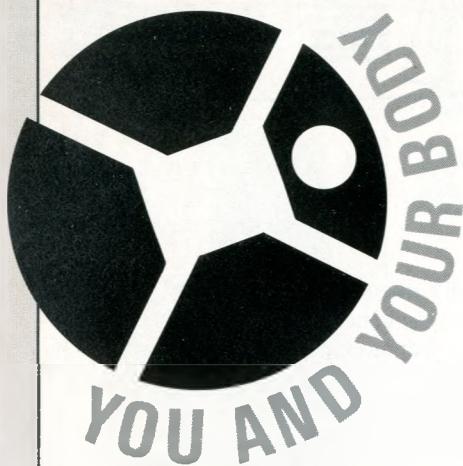
**Send your answers to:**  
**The Shabba Ranks Music Competition, P O Box 11350, Johannesburg 2000.**

**CLOSING DATE**  
**30 September 1993**

can give me lot of things but she can't give me what Jamaica has given me. I love you, Jamaica!

Some people say Shabba Ranks is sexist and that he uses vulgar language in his songs. 'You say I'm slack - wise up! Racism is slack, apartheid is slack. What about pornography? They got to take all those dirty things out of the world before they start telling me I'm slack!', Shabba says.

Shabba said that he has always made sure that there are songs youngsters can listen to in his music. In his latest album, *X-tra Naked*, he's got 'Ting-A-Ling' for the children. 'So you all just listen to me. You will get ten cultural songs. But you will never get ten slack songs,' he says. □



**Need advice and there's no-one to ask? Adielah and Blessing, youth workers for the Planned Parenthood Association, answer your questions.**



**Write to Adielah \ Blessing,  
Upbeat, P O Box 11350,  
Johannesburg, 2000**

**I sent him away**

**Dear Blessing**

I am girl of 16. Some time ago a guy of 17 proposed love to me. I told this guy to go away and come back later. I didn't really mean to send him away. But he took me seriously. Finally, he told me that he would not come back again. And that was the last time I spoke to him. I love him so much. He drives me crazy every time I see him. Give me some advice, please.

**Ntombi Gwillie**

**Dear Ntombi**

It sounds as if you have really

*hurt this guy's feelings. It is not a good idea to say things that you don't mean. You are not helping anyone. All you can do, is tell him that you did not mean what you said. I hope he believes you. Good luck!*

**Adielah**

### **Big breasts**

**Dear Blessing**

I am a 16-year-old boy. I have a problem that really worries me. I have big breasts like a girl. Some people say I have sperm inside my breasts. They say I can only reduce the size of my breasts by having sex. I don't want to have sex because I don't want to be a father at an early stage. All I want is to study and be educated. What must I do about my breasts?

**Wevy, Venda.**

**Dear Wevy**

*Some boys look like they have breasts when they are overweight. Eating the right food will help you to loose weight. Try to avoid fatty foods like chips and meat. Exercising also helps to make your body firm. Try lifting heavy things to build up your muscles. Ignore your friends' teasing.*

*It is nonsense that if you have sex, you will reduce your breasts. The size of your breasts will decrease as you grow. If you are not ready to have sex, that's fine. You are the only person who must decide, when to have sex.*

**Blessing**

### **Preventing AIDS**

**Dear Adielah**

I am an adult working for a security company in Pretoria. I have read about AIDS and the HIV virus. I have two questions: What food stuff must I eat to prevent this disease? What herbs or mixture of medicine must I drink to prevent AIDS? Please help me. I hate this

dangerous disease in our new South Africa.

**Bennet N. Madikizela,  
Pretoria West**

**Dear Bennet**

*No food or herbal medicine can prevent AIDS. AIDS is a sickness which is passed on mainly through sex. The AIDS virus lives in the fluids of the body such as, blood, sperm and the moisture of women's vagina. Using old injection needles can pass on the AIDS virus as well. The only way to prevent AIDS, is not to have sex. But if you are sexually active, use condoms. Sticking to one partner also helps to prevent AIDS from spreading. Contact your nearest clinic for more information on AIDS.*

**Blessing**

### **Preventing Pregnancy**

**Dear Blessing**

I am a girl of 19 years. I am in Std 9 at Pinagare High School, Taung. My problem is I have four boyfriends and I love all of them very much. They all want to have sex with me but I don't want to have sex. Two of my boyfriends live in the same place. I want to leave one of them. What must I do to protect myself from falling pregnant without going to a clinic?

**Worried, Taung.**

**Dear Worried**

*Do you really love so many boys at the same time? Would you like a boyfriend who has three or more girlfriends? Perhaps you should think about the feelings of the boys you love.*

*If you are thinking about having sex, you must go to your local family planning clinic. A reliable form of contraception is the only way to prevent pregnancy. Also remember, if you have more than one sexual partner, you run a greater risk of getting a sexually transmitted disease including AIDS.*

**Adielah**

# LETTERS



## Dear Upbeat

I am a keen reader of Upbeat. I find it educative and refreshing. I am concerned about relationships between teachers and students. Nowadays teachers and students fall in love freely. They are even seen kissing and holding hands on the school premises, during school hours. I think this is a bad example to other kids. I would like to hear what other Upbeat readers think about this issue.

**Dumisani Asizwazonke Mazibuku, Bergville**

## Dear Dumisani

We agree with you completely. Relationships between teachers and students are wrong. These relationships are wrong because they can ruin the future of the student. In a school situation, teachers are supposed to treat students in the same way as their parents do. That is why it is also important for students to show respect for their teachers.

Look out for our story on relationships between teachers and students in Upbeat No. 8.

**Editors**

## Dear Upbeat

I am a boy of 22 years. I would like to meet Joan Armatrading. I like her music so much, especially the way she sings with that wonderful voice. I want to ask her if I can sing with her because I know all her songs.

**Mthandazo Magida, Khayelitsha**

## Dear Mthandazo

Here is Joan Armatrading's address. c/o A and M Records 1136/140 New King's Rd London SW 6462 United Kingdom.

**Editors**

## Dear Upbeat

I want to give my best wishes to the Upbeat staff and everyone who reads this lovely magazine. I have a request. Can Upbeat run the stories on some of the top favourite reggae giants like Bob

Marley, Peter Tosh and Burning Spear. I want to know the names of the parents of the giants. But I have not come across any stories on Reggae.

**Godfrey Mohlamonyane**

## Dear Upbeat

Smoking can easily become a habit. Once you start, you never stop. It damages your body and slows down your growth. It does not mean because your friends do it, that you must too. That's the worst thing to do. Don't start, then you won't have to stop.

**Rianna Hendrix, Ennerdale**

## Dear Upbeat

I want to first congratulate Upbeat for supplying us with valuable knowledge. I have problems with our teachers. Often they bring their emotional problems to school. When we ask questions, they become rude to us. And without really helping us, they pile difficult classwork and homework on to us. This does not help us learn properly.

**Abigail Anthony, Garankuwa**

## Dear Abigail

Your teachers are wrong not to help you. But it is often helpful to discuss these problems with them. Maybe your teachers do not know how you feel. Speak to your class mates and discuss it with the teachers. Hopefully you can improve things in the classroom this way. But if your teachers are not nice to you, you have the right to complain to the principal.

**Editors**

## Dear Upbeat

I am very concerned about today's girls. They seem to have completely lost respect for themselves. What I really hate is the way they fool around with boys, smoking and drinking alcohol in shebeens. After that heavy 'jollying' they go to bed with anyone. This results in unwanted pregnancies and back-street abortions. What also surprises me is that such ladies still want to get married and be respected. Who will want to have a wife who has never respected herself in the past? And what kind of a mother will she be? I advise ladies not to fall into men's traps.

**Kwayiyo Nkonyana, Guguletu**

## Dear Upbeat

I am a guy of 17 years and doing Standard 10. After I have passed Std 10 I would like to study to become a DJ. In your November Upbeat I saw that there is a Disc Jockey academy in Chatsworth, Durban. I would like you to send me the address of that school if you are able.

**DJ-to-be**

## Dear DJ-to-be

Here is the address you are looking for: Club Creations, 278 Pelican Drive, Bayview, Chatsworth, 4022; Tel: (031) 400 5292.

Good luck with your career as a DJ!

**Editors**

## Dear Upbeat

I would like to congratulate Dingaan Thobela for his success. Well done Thobela! We are proud of you. People all over the world are talking about the new World Champion. The Rose of South Africa, not the Rose of Soweto. You are the best in the world. May God bless you.

**Amos Ndinisa**

*Send your letters to:*

**UPBEAT  
P O Box 11350,  
Johannesburg  
2000.**

# GARY DONNELLY

## NSL'S YOUNGEST MAN

BY CEDRIC NUNN

*Last year Gary Donnelly was selected to play for the NSL. He was the youngest player ever to play for them. So Upbeat went to find this young Jomo Cosmos player at his home in Eastwood, Pietermaritzburg.*

**G**ary lives with his family in a small house on a quiet street in Eastwood. When we went there to speak to him, we had trouble finding him amongst all his brothers. Gary might not be noticeable at home. But he is certainly making people in the soccer world sit up.

Gary started to get interested in soccer when he was nine years old. 'I started off playing tennis,' says Gary. 'But then my brother, Shaun, started to do well in soccer. After watching him play, I thought this is the sport for me.'

Gary attends the Eastwood Secondary School where he is in Std 8. He takes his studying very seriously as he plans to become a lawyer. In Pietermaritzburg, he has played left wing for the Thistle Football Club for the last two years.

Gary says, 'One of the things I like about playing professional soccer is the travelling. I have played in Port Elizabeth, East London, Uitenhage, Cape Town, Johannesburg and lots

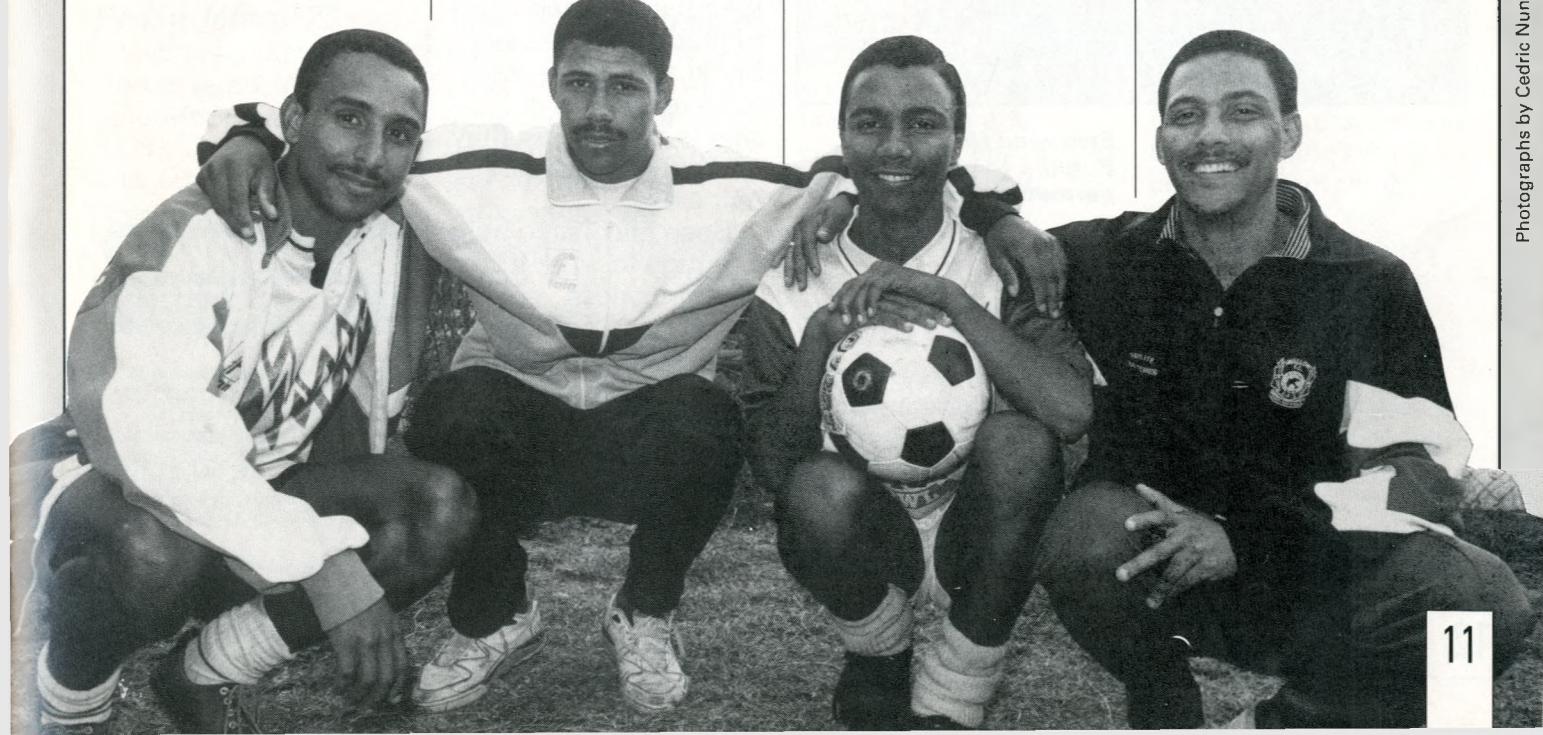
of other interesting places. It has given me a chance to visit places I have never seen before.'

Gary's parents are very proud of him. His father is an old-time soccer player so he expects his boys to do well. But his mother has also been there for him, encouraging him all the way.

We asked Gary what it was like to be famous. He said, 'Fame makes some people swollen headed. It is really not what I am into at all. There is no magic in being a good sportsperson. You only get to be good by practising really hard. You know the saying, "Practice makes perfect." Well, it's true! ▶

**Gary outside his house in Eastwood, Pietermaritzburg.**

**The Donnelly brothers from left to right: Gavin, Andre, Gary and Hayden**





# SOSO'S HAIR SALON

**BY MPHО MATHEBULA**



***Everyone flocks to Sonki's to get their hair permed or treated.***

## ***Sonki's old school friends help out in the hair salon.***



**S**oso's Salon is a very busy place. People come from all over Phiri, Soweto, to have their hair permed or treated by Soso. There are seven hairdressers to see to all the clients.

But a few years ago Soso, otherwise known as Sonki Nkwane, was working out in the open, in his backyard. Sonki started to get interested in hairdressing in the 1980s. He and his friend, Tsitso, began working together.

Soon their friends were flocking to Sonki's yard to get their hair permed or treated. In those days, Sonki and Tsitso used to have about five clients a day. Now they do about 30 people's hair a day.

Soso and Tsitso built a garage to work from. Their business increased. Soon they were able to build two more rooms and fill them with hairdressing equipment.

But Soso never forgot his friends. Today five of his

hairdressers are friends who are still at school. The money they earn helps them to pay for their school fees. Some of them even help to support their families.

Soso also helps out in the community. He sponsors the local football team. He has bought them their soccer kit and the equipment they need. And he is a member of a very popular stokvel.

Soso spends most of his time with his friends and looking after his cars. He also likes listening to pop music.

Soso says he is looking forward to seeing change in South Africa. He hopes it will bring new opportunities for the youth. He feels that the lack of opportunity causes young people to waste their talents by taking drugs and drinking. ▀

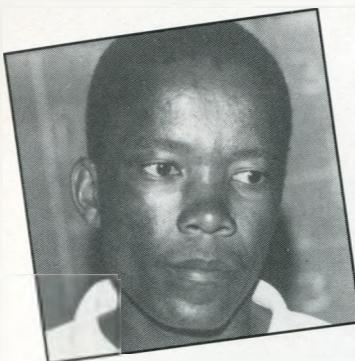
# BE AN UPBEAT REPORTER

**Readers,** we want you to write stories for us. If we publish your story, you'll be R30 richer. It's easy. Tell us what's happening in your school, youth group, family or community. Or write about a sad, funny or crazy event that happened in your life. Send your story to

**Upbeat Newsdesk,  
P O Box 11350  
Johannesburg 2000**

Don't forget to send your name  
age and address. Send  
photographs if you can

# ARE TOWNSHIP YOUTH ANTI-WHITE?



**Ernest Mashinini, 22**

Racism is not right even if it is practised by blacks. Racism is a crime against humanity. It must always be condemned. The white government under the Nationalist Party encouraged racism. Black people must not practise racism in retaliation. This will not show whites that blacks and whites can live happily together. We should stop chanting slogans which don't build peace.



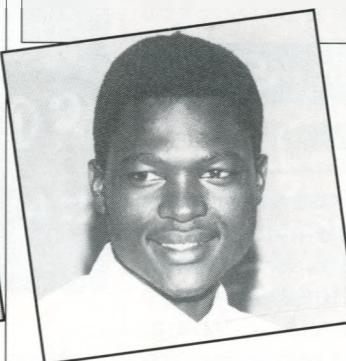
**Khumalo Anthony, 23**

To be anti-white is still racist. Anybody who practises racism must be condemned in the strongest terms. We have been fighting against racial discrimination for a long time. So, how can we suddenly turn about and practise something we have regarded as evil. The new government must pass strict laws which will punish all racists.



**Pepsy Joloza, 23**

Racism is natural. It is God-created. We grew up under racial discrimination. We will only leave it behind when we die. It is something that we will not get rid of. Blacks must win back their land and political power and subject whites to the same pains that we experienced.



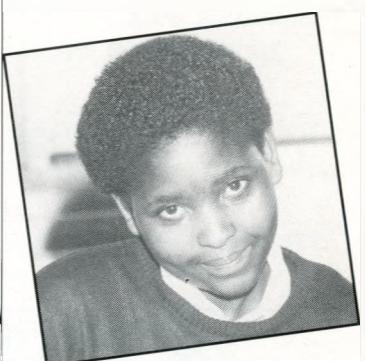
**Clement Stuurman, 20**

I don't feel good when I mix with whites after what the government has done to us for the last 40 years. The Afrikaaners still express their hatred of blacks today. I believe in 'an eye for an eye'. People who have committed crimes under apartheid must go to prison.



**Lynette Marks, 18**

Racial discrimination is an old-fashion, stinking belief. Blacks and whites must start living together as fellow citizens. We were created in the image of God and we are equal before His eyes. Racial hatred is caused by greediness. The minute people start sharing the land and other resources, they will stop committing crimes against their fellow human beings.



**Nelisiwe Ntombela, 18**

No form of racism is okay. We are moving into an era of unity and the rebuilding of our country. Democracy is in the air! So, We cannot afford to have senseless beliefs like racism. Let us hold elections and see what the will of the people is. I advise all racists to change their attitudes quickly. They must stop clinging to the past which has failed to benefit South Africa.

*On August 9 women in South Africa celebrate Women's Day. People remember our women's struggles to be treated as equals. This struggle begins when women are young girls. But many people have given little thought to the way young girls are treated.*

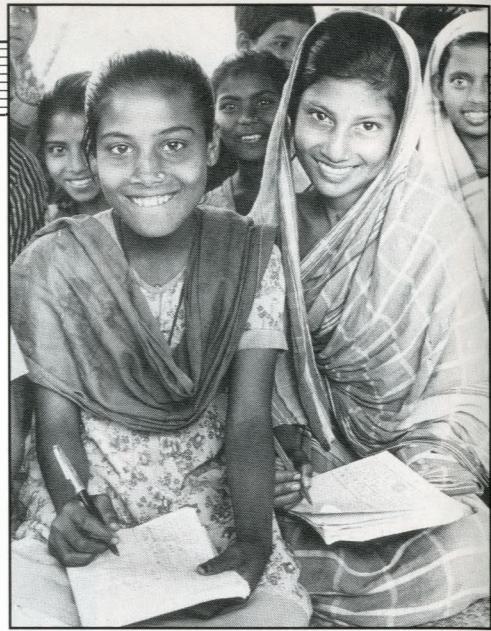


Last year at a conference in Amsterdam people spoke about the problems which young girls all over the world face. People spoke about the different way girls and boys are treated. They spoke about young girls in India who marry at 15 and young girls in South America who are sold as domestic servants.

The World Health Organisation told people about a survey they did. Their survey showed that girls in southern Asia, South America and the Middle East get less food than boys. More boys are taken to clinics if they are sick. So girls are more likely to die of childhood diseases.

When girls get older, their problems do not end. Teenage pregnancy is a huge problem all over the world. 25% of mothers who die in childbirth are young girls under the age of 15.

But now people are starting projects in different parts of the world to help young girls.



**Many parents in India believe that young girls belong at home. BRAC is trying to change this.**

# GET A



## THE PASSAGE HOUSE

### BRAZIL

People say that there are 500 000 young girls living on the streets in Brazil. Most of the girls want to do the same jobs as the street boys - car washing, cleaning or selling things on the streets. But the boys' gangs make it difficult.

So the girls sell the one thing that they can - sex. They do not like what they do. 'I know it is not right what I am. I know I am worthless,' an 11 year old girl said.

Most girls come from broken homes. Or they are escaping brothels or domestic work. Many have been abused. And most of them are angry. They blame their mothers for not protecting them.

**Girls at the Passage House share a meal in safety.**

After speaking to young girls on the streets of Recife in Brazil, Ana Vasconcelos started a shelter for street girls. She called it the Passage House. Most girls describe their lives on the street as their 'passage to hell'.

The biggest job of the Passage House is to change the way the girls see themselves. The girls help to make the rules. Glue sniffing is banned. Drugs and knives are also not allowed. The girls cook and clean for themselves. They also get practical advice on how to live safely on the streets.

For some girls the Passage



afterwards her husband abandoned her. Razia was left with no way to support herself. She blames her parents. She says, 'My parents were wrong to marry me off so young. If I had been educated, he would not have left me with nothing.'

But Razia is now getting a second chance. She attends one of the 6 000 village schools run by the Bangladesh Rural Advancement Committee. These schools are for pupils who have never been to school. Most of the 180 000 pupils are girls.

'I am fortunate to be here,' says Razia, looking round the school room with its tin roof and bamboo and mud walls. But she had to fight to get into school. Her father believes that her place is at home. 'I want my sisters' lives to be different,' Razia says. 'I tell them to study well and get a job. Then men will respect them. Husbands do not dare treat educated women badly.'

### BRIDGETOWN

### BARBADOS

Everyday at noon, the Paredos Centre in Barbados closes down while the young mothers at the centre watch, 'The Bold and the Beautiful.' The girls love the TV show, but the story is very different from their lives.

Paredos stands for Parent Education for Development in Barbados. It was started to reach out to young teenage mothers. In Barbados many young girls have babies while they are still teenagers. And few girls marry. So most are forced to support themselves and their children. Paredos offers them a chance to learn skills for jobs.

'There is no shame in having a baby,' says Nicole who is 16. She has a two-month old baby. Nicole was forced to leave school when she fell pregnant. So now she attends the Paredos



*In Barbados many schoolgirls fall pregnant. Paredos gives them a chance to finish their schooling and learn job-related skills.*

Centre during the day.

Nicole is not interested in marrying the father of her child. 'Men want to be free to go to dances. They don't want to be home with the baby. So it is better to live the way I was brought up, alone with my mother. The Paredos Centre will help me to get a well-paying job.'

### SOUTH AFRICA

There is no programme in South Africa that deals with the problems that face young women in our country. But young girls in South Africa also have big problems. Many young girls fall pregnant and are forced to leave school. Hundreds of young women are raped or abused every year. Boys are often given a better chance to get an education.

We need to talk about the problems that face young girls in our country. We must find ways to help them face the future with pride and dignity. ▶

### DHAKA

### BANGLADESH

No schooling and marriage without contracts, is a big problem for young girls in Bangladesh. Razia Begum married at 15. Shortly

The information in this story comes from The New Internationalist, February 1993. Many thanks for permission to adapt material.

Photographs with thanks to Jenny Mathews of Womankind (Worldwide).

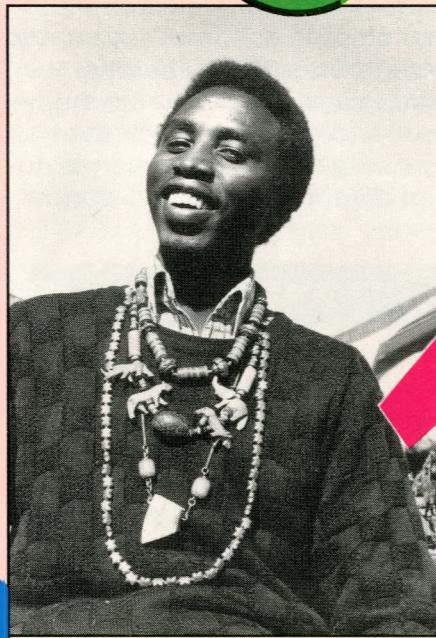
*Jewellery is in!  
Upbeat discovered this  
one day on the streets of  
Johannesburg.*

## BANGLES



### Nicky

I have always liked earrings. My mother does not like the way I am obsessed with earrings. In fact, I used to wear more earrings than I do now. Mom threatened to put a bullring in my nose. But that wouldn't have stopped me from wearing earrings.



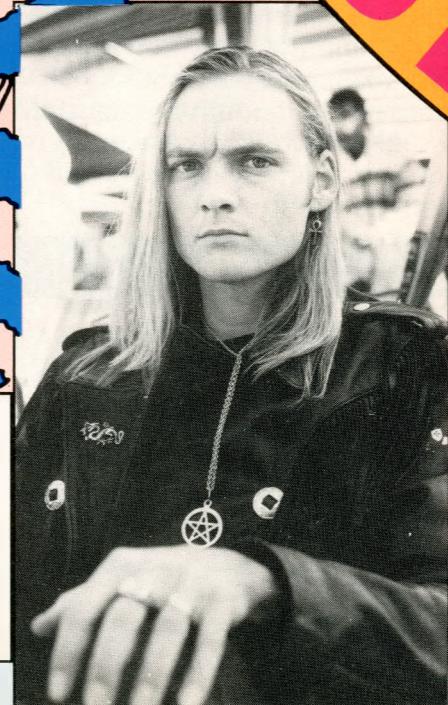
### John Nicholas

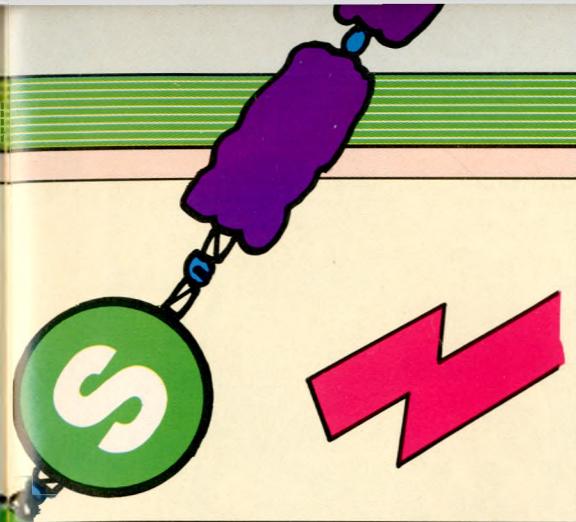
#### Githakwa

My jewellery is from Ethiopia. In the old Ethiopia, different patterns in the jewellery stood for different families.

### Alan

My jewellery is a symbol of knowledge from the past. It shows off the signs that are hidden from everyday life. They represent things that have been thrown away simply because they cannot be proven scientifically. My necklace links me to the ancient world that we've lost through 'civilisation'.





### Nicky,

I just like jewellery. It's nice. Big earrings fascinate me. My friend influenced me. She is just crazy about jewellery. I've just bought my necklace from Durban.



### Belinda Blignaut

People don't dress up these days. The economy is bad and it is getting worse. But I feel we must dress up, wear whatever we like and can afford. Jewellery is my way of enjoying what I wear.

### Annah

My star-shaped necklace comes from the ancient times, long before Christ was born. People used it as protection against evil spirits. And my oriental earrings were worn by gypsies. My ancestors were gypsies too. I just love oriental colours.



### Ras Peanutsman

I wear my necklace and beads to promote my religion, rastafarianism, and our culture. The colours of rastafarianism carry the message of unity and love for all mankind.

# JEWE LRY

# YOUNG VOICES

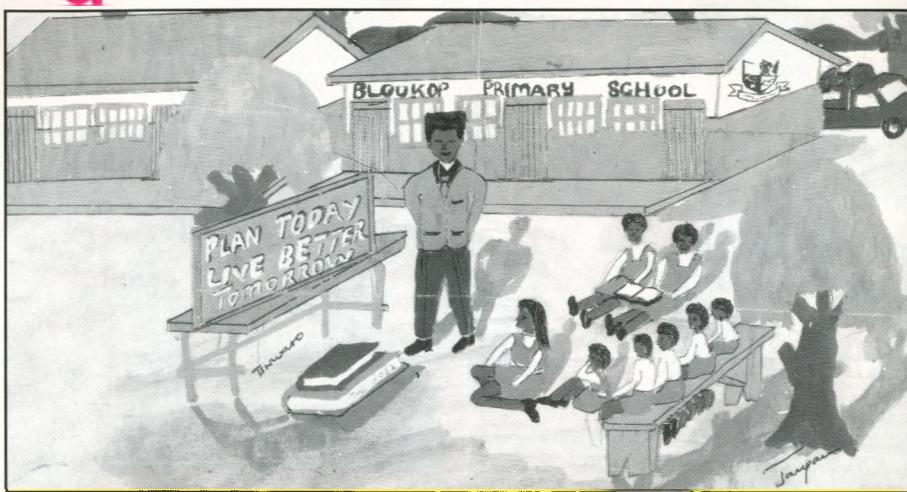
## THE TORTOISE

I'm tired of eating grass  
And green leaves  
I'm really tired.  
I want chocolates and  
Simbas and sweets!

I'm tired of living in a shell  
Oh, yes! I'm really tired.  
I want a beautiful house  
I also want a cap and shoes  
And a colourful dress.

I don't like summer.  
How I wish I could die  
When summer comes.  
All I want is winter,  
Come winter,  
Come my season!

**Daphney Rasehote,  
Ga-Ramatjowe**



**Sex education workshop by Rebecca Jampane**

## I luv... Upbeat

It's good to read  
It helps me stand on my feet  
  
The prize is right  
And when you look inside  
There are things to read and write  
From school, culture, love and a date

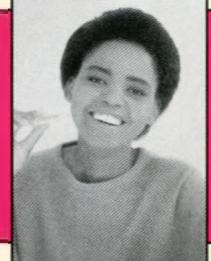
And lots more to teach and educate.

So, buy a book  
Don't be a spook!  
It's good to read  
And it keeps you on your feet!

**J. Samson, St William Crescent**

Advertisement

## NEW PEN TAKES AWAY SPOTS



**E**veryone knows how dreadful it is to break out in spots, especially when you're meeting that special girl or boy in your life. But now there is a new treatment for spots called Formule B and it comes in the shape of a pen.

The Formule B pen contains oils used in Aromatherapy. These help to hide and to clear up spots and blemishes on your skin. And the pen applicator means you do not have to smear cream all over your face. You can apply the oil only where you need it.

**Ten lucky Upbeat readers can win a Formule B Aromatherapy spot pen by writing to us. Tell us about your most embarrassing pimple. Send your story to Upbeat, Formule B Competition, P O Box 11350, Johannesburg 2000 before 30 September 1993.**

**FORMULE B**  
AROMATHERAPY SPOT PEN

# PARENTS & CHILDREN



Brought to you by  
Old Mutual  
in the interests  
of community health.

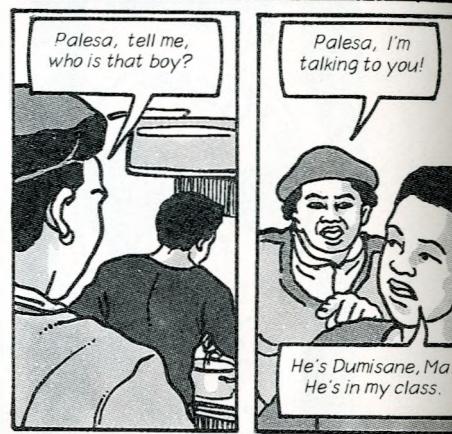


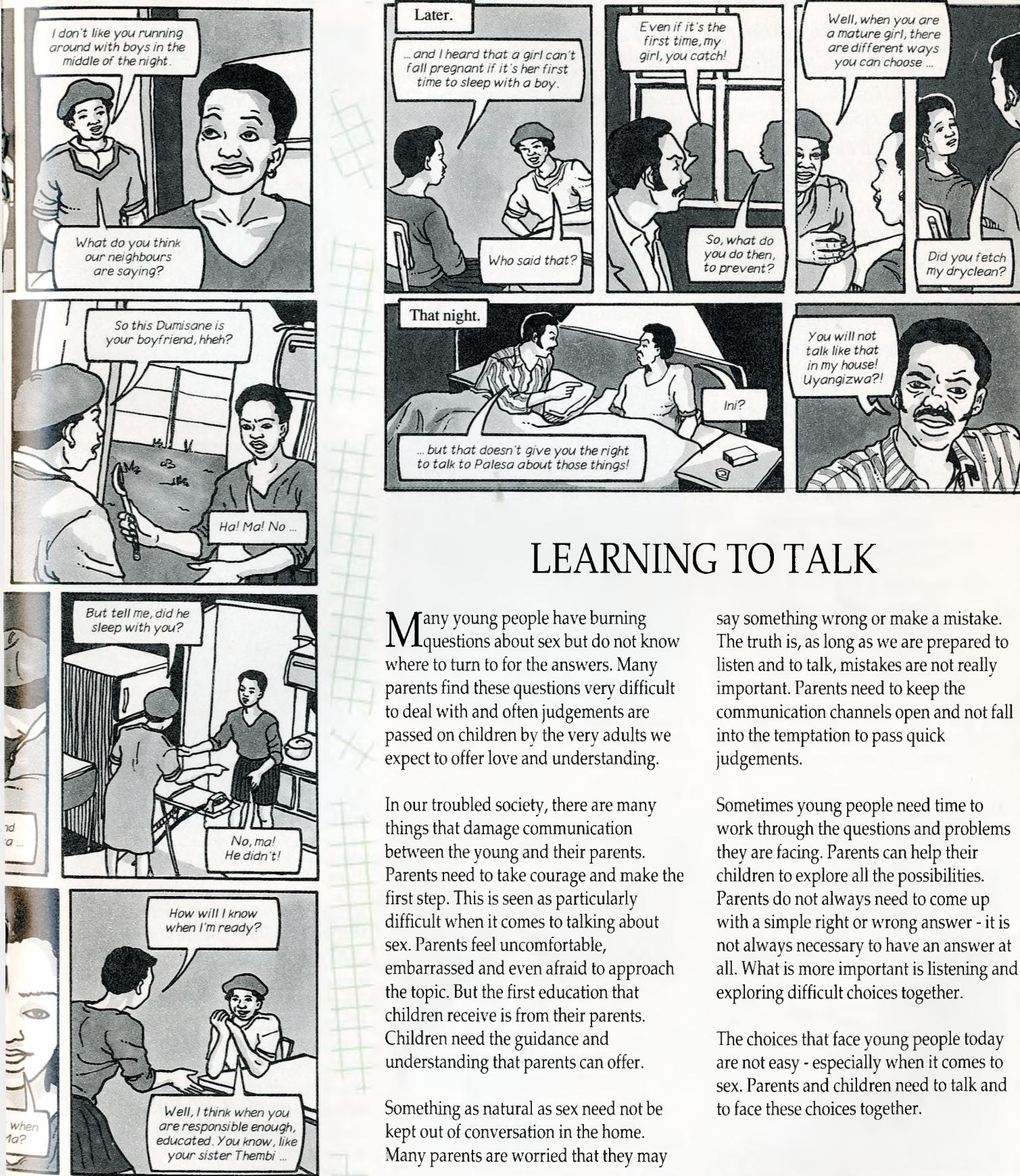
The characters in this story are fictitious. Any resemblance to persons living or dead is purely coincidental.

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## LEARNING TO TALK

Many young people have burning questions about sex but do not know where to turn to for the answers. Many parents find these questions very difficult to deal with and often judgements are passed on children by the very adults we expect to offer love and understanding.

In our troubled society, there are many things that damage communication between the young and their parents. Parents need to take courage and make the first step. This is seen as particularly difficult when it comes to talking about sex. Parents feel uncomfortable, embarrassed and even afraid to approach the topic. But the first education that children receive is from their parents. Children need the guidance and understanding that parents can offer.

Something as natural as sex need not be kept out of conversation in the home. Many parents are worried that they may

say something wrong or make a mistake. The truth is, as long as we are prepared to listen and to talk, mistakes are not really important. Parents need to keep the communication channels open and not fall into the temptation to pass quick judgements.

Sometimes young people need time to work through the questions and problems they are facing. Parents can help their children to explore all the possibilities. Parents do not always need to come up with a simple right or wrong answer - it is not always necessary to have an answer at all. What is more important is listening and exploring difficult choices together.

The choices that face young people today are not easy - especially when it comes to sex. Parents and children need to talk and to face these choices together.

# CELEBRATING SOUTH

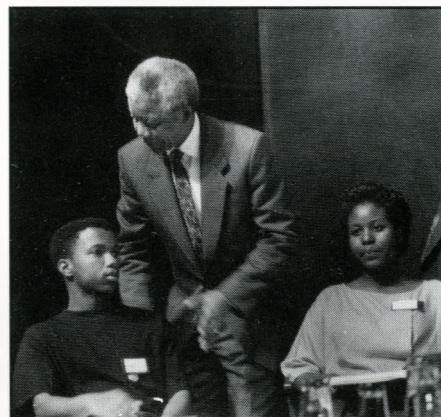
*June is the month for young people. June 1 is International Children's Day. And on June 16 we remember the children who were killed in 1976.*

*In honour of these young people, the Organisation of African Unity also celebrates June 16 as the Day of the African Child. Upbeat visited different events around the country.*

## In Cape Town...

On International Children's Day, Molo Songololo launched their Children's Film Festival. The launch was opened by Nelson Mandela of the ANC. He said that children in South Africa have seen too much violence and hatred. He challenged politicians to give children the 'right to enjoy the sunshine.'

In a panel discussion that followed, young people put the politicians on the line. Five teenagers grilled politicians from different political parties.



**Nelson Mandela shares a few words with one of the panelists at the launch of the Molo Songololo children's film festival.**

Picture by Anna Zieminski

People spoke about education. The ANC promised 12 years of free, compulsory education for all. The National Party said people must wait so that the people can make a joint decision.

AZAPO's Pendelani Nefololvodwe promised they would spend more money on people who received the worst education under apartheid.

After the discussion, Molo Songololo showed a collection of short films about the problems children all over the world face.

If you are interested in showing these films at your school or youth group, you can contact Molo Songololo at (021) 47-8820.

## In Eldorado Park...

The Eldorado Park Women's Group organised an all-day event for the young people of the area on 5 June. The day started with a march for children's rights. This was followed by children from the Eldorado Park Pre-School presenting the Declaration of Children's Rights. And then the fun began. Youth groups in Eldo's got a chance to show off what they have been doing with their time. There were songs and folk dancing, plays and puppet shows. And the theme of the day was that our children need to be protected.



**A march for children's rights was the start to Children's Day in Eldo's.**

Photograph by Cedric Nunn

## In Central Johannesburg...

Young children were not forgotten on International Children's Day. The Jabulile Ndlovu Educare Centre brought toddlers together from all over the city centre. The children put flowers on the steps of the City Hall. They said they needed education, an end to violence and child abuse.

# AFRICA'S CHILDREN



**Jay Naidoo of Cosatu said that children's rights must not be forgotten in the new South Africa.**

Photograph by Ruth Motau

Jay Naidoo of Cosatu was there. He said children must not be forgotten in the new South Africa. Young children need good care while their parents are at work. After lunch the Cosatu Living Wage Choir sang and then the children set free white doves for peace.

## 16 June 1993

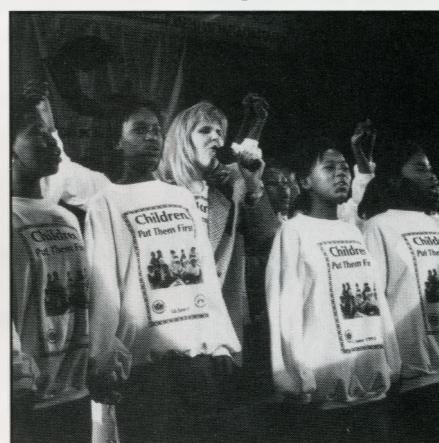
The National Commission for the Rights Of the Child (NCRC) and Unicef (the United Nations Education Fund) brought youth from all over South Africa together for the Day of the African Child.

They met at the Civic Theatre in Johannesburg. And a wonderful programme was laid on. Jennifer Ferguson and PJ Powers sang, the Soweto Dance Group, the African Jazz Ministers and the African Ensemble played music. Young people presented the South African Children's Charter and signed a peace pledge.

There were also lots of speeches. Scholastica Kimaryo

of Unicef said we must commit ourselves to the development of all South African children. Gill Noero of the DP said everyone must fight to be heard. Finally Ellen Khuzwayo spoke about the report the NCRC presented called, *The State of South Africa's Children*.

And then most of the young people from out of Jo'burg had to leave. But people who work with children stayed on for a two-day conference. They spoke about problems like childhood sickness and lack of schooling; poverty at home and the need to change the laws



**PJ Powers sings Siyayithandazela Inkululeko, with young people at the Day of the African Child.**

Photograph by Jenny Gordon

about children. They drew up a programme of action. Then everyone left, hoping that help was on the way for South Africa's children.

## In Soweto where it all began.

Thousands of people, both young and old, gathered at the Orlando Stadium in Soweto to remember the children who died 17 years ago. Mr Nelson Mandela and Peter Mokaba spoke. Mr Mandela said he knows that the youth are angry and frustrated because the negotiations are taking so long. But he asked people to be patient. Peter Mokaba said the youth must wait for instructions from the ANC. And although the crowd was peaceful, occasionally people broke into racist chants to show their anger. The Police dropped pamphlets on the crowds calling on people to supply them with information about recent robberies! ◀

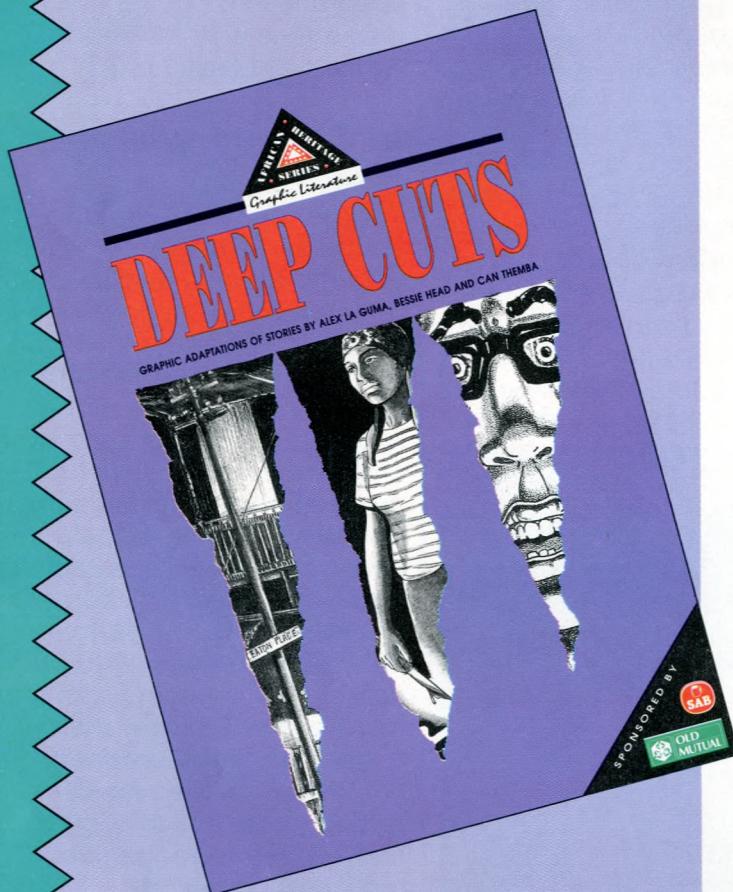
**Nelson Mandela at the June 16 rally at Orlando Stadium. Mandela asked the youth to be patient.**

Photograph by Kagiso Bantsi



# STORYTELLER

P U B L I C A T I O N S



"A NATION IS ONLY AS GREAT AS ITS LITERATURE"

*Robert H.W. Shepherd*

The Storyteller Group is proud to present "DEEP CUTS" - the first ever comic anthology of short stories by great South African writers. "DEEP CUTS" contains comic adaptations of three classic short stories :

- THE SUIT by Can Themba
- COLLECTOR OF TREASURES by Bessie Head
- A GLASS OF WINE by Alex La Guma

These are not just stories made simple. The sensitive and authentic drawings make the stories and the world of the writer come alive in a unique and accessible way. Each story is a dynamic introduction to a different time in South African history and a major theme in South African literature.

After you've read the comics you'll want to go back and read the original stories, and other works by the same authors. And then you'll want to see how other great writers have explored the same themes.....

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@ R12.00 each. ( incl. VAT and postage )  
I enclose my cheque / postal  
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# Short Story Competition

Yes, it's that time of year again - time for Upbeat's short story competition. You can win R200 and a pack of great books worth R200. Just put on your thinking caps, pick up your pens and write the most exciting story you have ever written.

## Here's how to enter

If you are over 14 years **FOR PRIZE WINNERS IN BOTH AGE GROUPS**

Write a short story of 1 500 words. It can be about anything - the story of your life, a true story or a folk tale. But it must be your work and your ideas.

If you are under 14 years

Write a short story of about 800 words. Your story must be your own work. Try to make it funny or sad. Make it different from any story you have ever read.

**NOTE:** Any work that is copied will be immediately disqualified. The Upbeat staff will decide on the prize winners and their decision will be final.

Please attach this form to your story and fill in all the information we need.

Name: \_\_\_\_\_

Address: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

School: \_\_\_\_\_

Class: \_\_\_\_\_

Date of birth: \_\_\_\_\_

Phone number: \_\_\_\_\_

Name of story: \_\_\_\_\_

No. of words: \_\_\_\_\_

**1<sup>st</sup> Prize**

**R200**

**2<sup>nd</sup> Prize**

**R100**

**3<sup>rd</sup> Prize**

**R50**

## Competition for schools

There will be an extra prize for the school which sends in the most entries. So teachers, get your students writing and your school can win a wonderful book pack worth R300 for the library.

For the past two years, Pinetown Primary School has won this prize. So we are challenging other schools to see if they can send in more entries than Pinetown this year.

## CLOSING DATE

**30 September 1993**

## SOME TIPS ON WRITING

### ● Plan your story

Decide what is going to happen and where the climax or most exciting part of the story will be. Decide how the story will end before you start writing. Often short stories have unexpected endings.

### ● The teller of the story

Decide who is going to tell the story. Do you want to write it as if the events happened to you? Or are you going to write it as a report?

### ● Characters

Decide who is going to be in your story. Often it is easiest if you base your characters on people you know. Describe what people look like, how they dress and how they move.

### ● Direct speech

Direct speech helps to make a story come alive. Remember that people speak differently. They use different words. Some people use a lot of slang. Others don't. Make your characters come alive by using direct speech.

### ● Language

Think of exciting and new ways to describe things. Try to avoid clichés or well-known expressions.

**Remember that few people write about young people in South Africa. So write about yourself, your life, your neighbours and friends. Then you can be sure that your story will be new and original.**

**Winners will be announced in  
Upbeat No. 11, 1993**

# Dear Diary

**Karen, Steve and Mpho are all young South Africans. But they lead very different lives. Every month they keep a diary to share with Upbeat readers. Read about what they have been doing this past month.**

**Karen Williams**

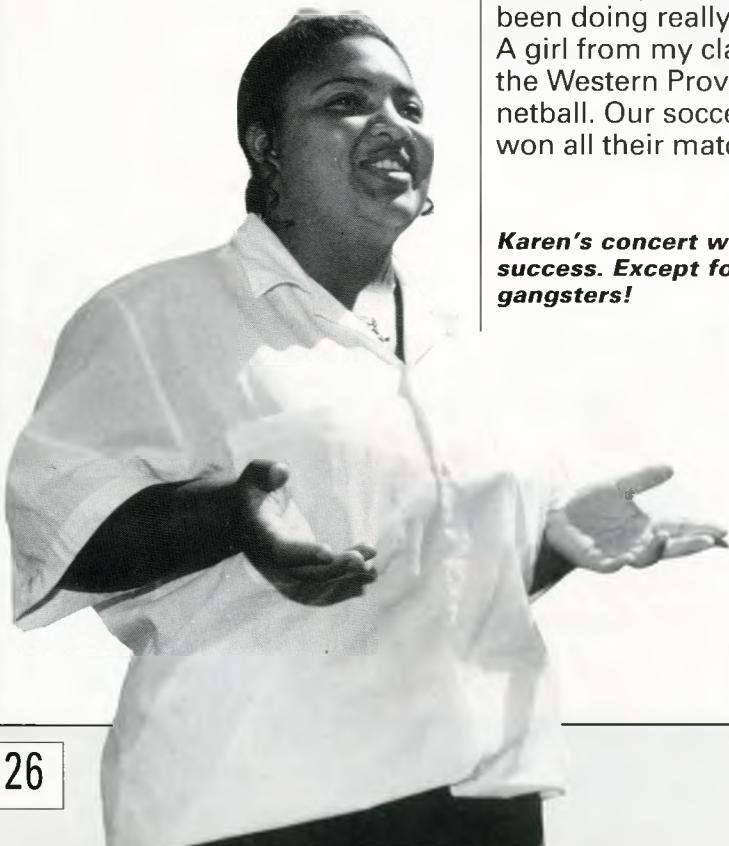
**Ocean View**

**W**ell, the concert we planned was a great success. Lots of people came. There was dancing, singing and modelling. Some classes put on short plays. It was wonderful. The only thing that went wrong was that some gangsters came. They started a fight during the show but people in the audience stopped them.

The next week-end we had a carnival at the school. This time we had very tight security. There were rides and refreshments. The music was especially well organised so we wandered around, enjoying it.

We have been leaving school early to prepare for exams. I am very nervous as I don't know what to expect. Our school has been doing really well in sport. A girl from my class is to play in the Western Province finals for netball. Our soccer team have won all their matches. They are

***Karen's concert was a great success. Except for the gangsters!***



also hoping to be chosen for the Western Province team.

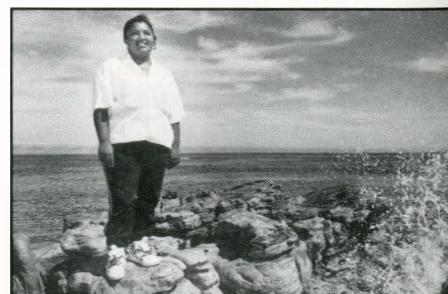
At our school some teachers have been threatened with retrenchment. I think it is very unfair as we, the students, will suffer.

I'd hate to sit in a class with 50 pupils. I think more schools need to be built. Then there would be enough jobs for all the teachers. There are two good teachers from our school who have left. One was the Std 6 Accountancy teacher. Now the Std 6s are struggling with Accountancy. If she had stayed, it would have been better because she always had time for the weaker ones. ◀

**Steve Payne**

**Johannesburg**

**I** have had another very busy month. A rugby team from St Henry's in Durban came to play against our school. Four very nice guys came to stay at our house for four days. We were happy when we beat them as



St Henry's have a strong team. Our rugby team is the only one in the school which has not been beaten this year. This irritates the rest of the school because we are the youngest team.

The next week-end we went to Durban. I didn't want to go. My brother was taking part in the South African canoe trials in Pietermaritzburg. He didn't do well as he was feeling sick. We stayed with my dad's parents. We spent a day on the beach. The water was lovely and the beach was deserted. So, after not wanting to go, I had a really enjoyable week-end after all.

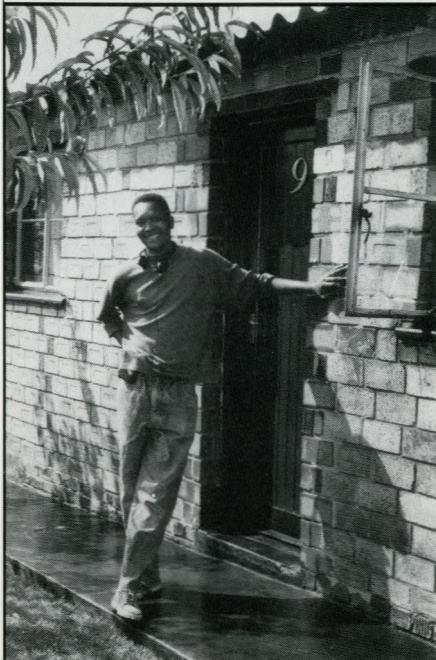
I don't feel safe going out to movies, especially after some guys raided the Four Ways Mall with AK47s. Unfortunately now I'm beginning to understand why my mom tells me not to go out. I am beginning to see how vulnerable we are. ◀

**Steven's rugby team has not been beaten this year.**



*Mpho Mathebula*

**Soweto**



**W**e have a new sister, Tsileng. She came to us through my cousin who is 14 years old. Tsileng lived in the next street. My cousin used to spend a lot of time with her. One day my brother and another cousin said they wanted to talk to me.

They told me that Tsileng had been chased away from her home. Tsileng was sleeping in the toilets. We all agreed that Tsileng should come and live with us. When Tsileng arrived, she was frightened all the time. But now she looks much happier.

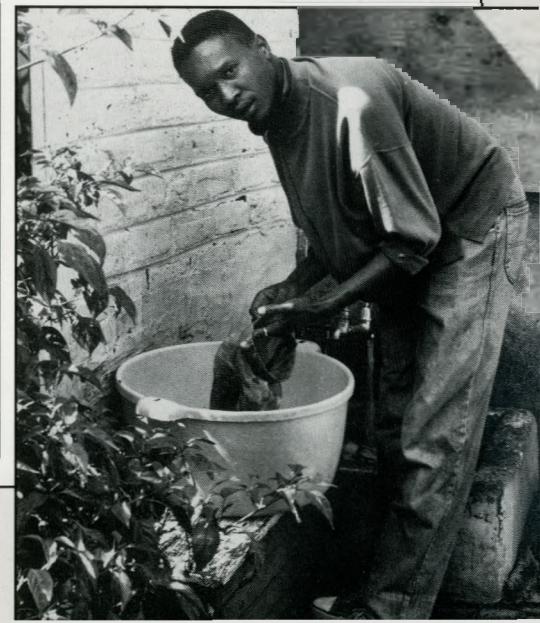
I told our local committee about Tsileng. We went to speak to the woman she lived with. She told us Tsileng's sad story. Tsileng and her sister lived with their mother in a squatter camp near Lenasia. Their mother

**THE CAPE TOWN  
TRADE UNION  
LIBRARY**

fought with their step-father and returned to her home in Cradock. The step-father then took in another woman. This woman ill-treated the girls. So Tsileng and her sister came to live with their aunt in Senoane. But now her aunt no longer wants them. How can people treat children this way? What has happened to 'ubuntu'?

At school we are in the middle of exams. The management at Vista eventually agreed to extend the term by two weeks. We feel bitter about it. Many students were injured when they called in the police. But now we are suffering from exam fever.

I am sad because Mama Chabedi, mother of my friend Mark, has died. Mama Chabedi was a strong woman. She used to be a shop steward at the Carlton Centre. We used to spend hours discussing workers' demands with her. Mama Chabedi was respected for her straight talk in Mapetla, where she lived. In the 1980s she fought against the kangaroo courts which frightened the residents. I will miss her sorely. ◀

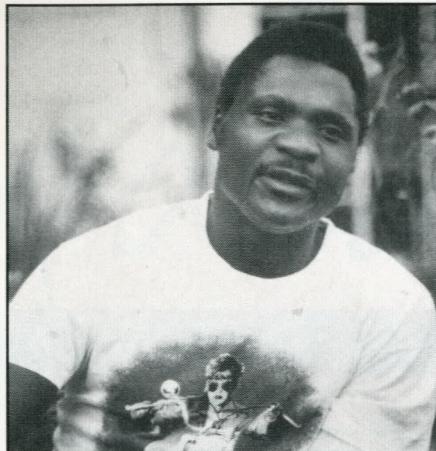


# THE MAN WHO FOUGHT A LION

*Have you ever met a man who has fought a lion? Perhaps you think this is not possible. Well, you're wrong. Upbeat met Ishmael Setabosha, who had an amazing tale to tell.*

Ishmael lives far away in the Okavango Swamps of Botswana. He grew up in a village nine days by boat from Maun, the closest town. Ishmael never went to school at all. Instead his father taught him.

Ishmael learnt to pole a mokoro - a flat boat made from a tree trunk. Next he learnt to fish. Later Ishmael's father taught him how to plant maize and mabele. But most importantly, Ishmael's father



*Ishmael Setabosha, the lion-man.*

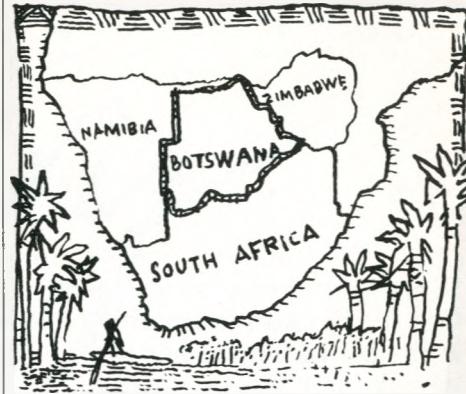
taught him about the bush. Ishmael learnt which animals were dangerous and which plants people could eat.

Today Ishamel works as a guide for Delta Camp, a place where tourists stay. He has taught himself to read and write. Now Ishamel knows the Latin names of many plants.

So how did Ishamel get into a fight with a lion? 'My father wrote and asked me to come home. There was a lion taking his cattle,' Ishamel told us.

The day after I arrived home, I went with some friends to look for the lion. We divided into two groups. Then I heard shouting and roaring. I knew the lion was very close.

'The lion burst out of the bush. I tried to dive out of the way but the lion sprang. It closed its jaws on my gun. I tried to push the lion down. The lion let the gun go. Then it pinned me to the ground and bit my arm. I screamed. My friends heard my cries and



Photograph by Natasha Picus

came running. They shot the lion but we don't know if they killed it.

'We had to walk back to the village. Then my friends took me in a mokoro to the closest airstrip. An aeroplane took me to the hospital in Maun. But they did not fix my arm well. So now I am here in Johannesburg to see the doctors.

'What do I think of Johannesburg? I like the buildings. I wish my wife could see them. But I don't think Jo'burg is a good place to live. There are too many people and not enough to do. There is also no peace here.' ▲

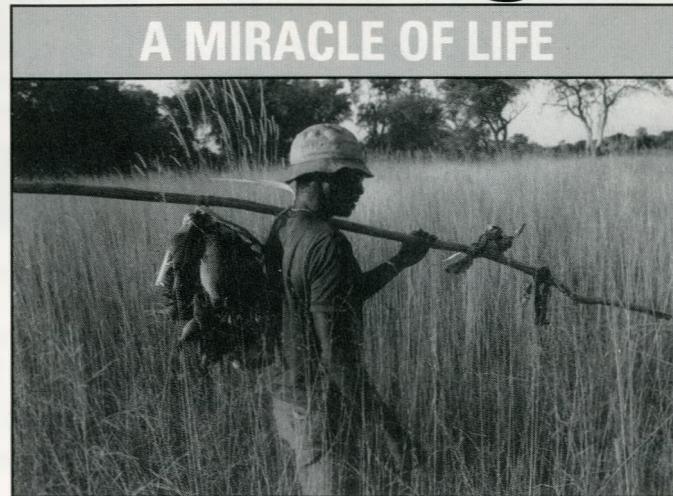


# The Okavango Delta

*The Okavango Delta in northern Botswana is an oasis in the Kalahari desert. Every year the Delta is flooded with water from the rivers that run into it. The endless water channels, reedbeds, hippo pools and flood plains that make up the Delta, support more than 9 000 different kinds of animals and plants.*

**F**or hundreds of years the people and the animals of the Okavango have lived together. This kept the fine ecological balance that the Delta and everything in it needs to survive. The people of the Delta fished, farmed and hunted in order to support themselves.

Over the last thirty years more and more tourists from all over the world have come to the Okavango. They come to see the



## A MIRACLE OF LIFE

African wild - hippos swimming in the pools, herds of elephant drinking at the waterholes at sunset, giraffes grazing from the trees.

Tourism has brought much-needed money to Botswana. It also provides the people in the swamps, like Ishmael, with jobs as guides and polers.

But today conservationists, both inside and outside Botswana, are worried about the future of the swamps. The threat to the swamps comes from the big cattle farmers who own the land near the swamps.

These farmers see the swamps as a source of water in an area where water is scarce. They have also insisted that the government put up fences to keep wild animals out of areas their cattle graze. The farmers do not want wild animals to eat the grass the cattle need.

Wild animals also carry diseases which kill the cattle, like foot-and-mouth disease.

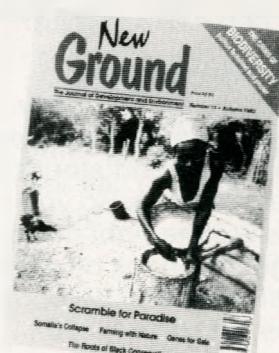
Recently the Botswana government fenced off an area of

4 500 square kilometres for the cattle farmers. Conservationists say that this new fence will stop animals from the eastern parts of the delta moving north during the dry season.

Conservationists are saying that no more land near the Delta must be given over to the big cattle farmers. They say that the Delta is a miracle of life. They want the Delta to become a world heritage site so that the Delta and everything that lives there, will be protected. ◀

## Calling all Teachers!

**New Ground** magazine looks at the environment and people's development. It also has a pullout educational supplement.



We have a number of sponsored subscriptions available for schools. If you are interested in receiving one of these subscriptions for your school library, or for teaching geography or other subjects, please fill out this form and send it to us:

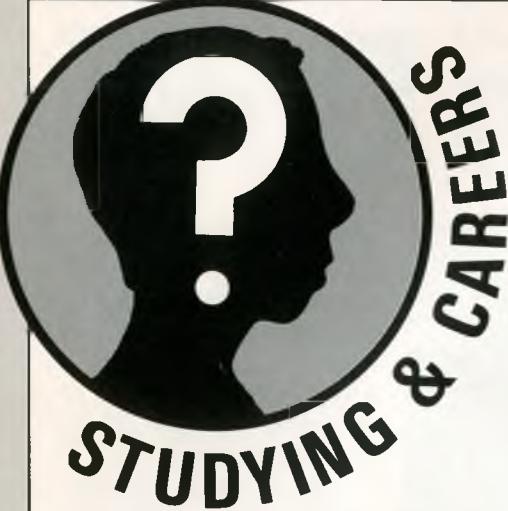
Name: .....

School: .....

Department: .....

Address: .....

RETURN TO: **New Ground**, P O Box 322, Newtown, 2113, South Africa



**Problems with studying and careers? You are not alone.**

**Write to us at:**



**UPBEAT  
P O Box 11350,  
Johannesburg  
2000.**

**Young voices**

**Dear Upbeat**

I am a student at Guardian Angel College. I really like poetry. I once saw a book called *Voices of Young Africa*. Can you tell me how to order this book?

**Mmabatho Takalo, Glen Cowrie**

**Dear Mmabatho**

Thank you for your letter. *Voices of Young Africa* is a collection of poems and short stories by Upbeat readers. So you have written to the right place. You can get this book by sending a postal order of R17 to: Sached Books, P O Box 11350, Johannesburg 2000.

**Editors**

**Library Science**

**Dear Upbeat**

I am a matric student. I want to study Library Science and I know the University of the North offers it. What is Library Science about? What subjects do I need and where can I get a bursary for this course?

**P T Tshege, Mphahlele**

**Dear P T Tshege**

Library science is about controlling, storing and making information available. Most people who do library science work as librarians when they finish their course. You learn how to catalogue books and control and collect information. To do Library Science you need matric exemption or an (M) aggregate as you must study library science at a university.

For matric exemption, you need to pass your first language and either English or Afrikaans on higher grade. You must write exams in six subjects and pass five. Your subjects must be from four different subject groups. So you must do at least two languages, a Science, Maths, a humanity (Biblical Studies, Economics, Geography or History) and/or another subject. You must pass three of them on higher grade. You must have an average of 45%.

You can apply for a bursary from the university when you apply to register with them. Or you can apply to the CSIR, P O Box 395, Pretoria 0001.

If you want to know more about librarianship, you can write to:-

Public Relations Chairman,  
SAILIS, P O Box 36575,  
Menlo Park 0102

**Editors**

**Plumbing**

**Dear Upbeat**

I am a reader of your informative magazine. I want to become a plumber. What qualifications do I need and where can I study?

**Eric Mashinge, Giyani**

**Dear Eric**

Thank you for your letter. To become a plumber, you must get an apprenticeship. This means you must find a company who will train you while you work. You must have a Std 7 or a National Technical

Certificate Part 1 (N1). It takes between two and three years to become a plumber. During this time you work and study at a technical school at the same time. If you want to know more about plumbing, You can write to BIFSA, P O Box 1619, Halfway House 1685.

**Editors**

**Masturbation and studying**

**Dear Upbeat**

I am 17 years old. I have a problem. I am doing Std 8. I cannot concentrate on my studies without masturbating first. When I masturbate, I study much better. Please help me.

**Worried, Umtata**

**Dear Worried**

You are very lucky that you have found a way to study well. Don't worry about it. If you study hard now, you will get into the habit of studying. Then you won't need to masturbate before you work.

**Editors**

# JAC FOURIE

## The Rocket Launcher

*Jac Fourie is a matric student from Menlo Park Hoerskool. Last year Jac was chosen to attend the International Space Camp in Alabama, USA. He had a fantastic time learning all about space travel and experiencing what it is like to be an astronaut.*

**O**n our first night in Alabama, there was a Parade of Nations. We all had to dress in our national clothes and walk in a procession, carrying our flags. I wasn't quite sure what to wear.

During the two weeks at the Space



Camp, we got a chance to try out many different machines. One, the Multi Axis Space Test Inertia Facility throws you around, just like when the space shuttle re-enters the earth's atmosphere. You have to stay on this machine until you manage to stop it.

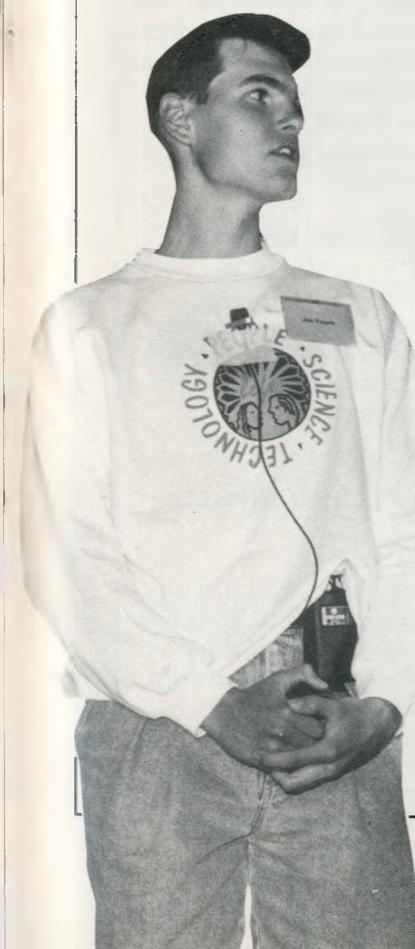
'I liked the 1/6 chair most. It has a large spring attached to a rail on the roof. You can jump around as if you were on the moon. I also got to try on a space suit. It was terribly hot and difficult to move in. But they say it is easier to move with it on, in space where there is no gravity.'

'The highlight of the camp were the two simulated space shuttle missions. We were divided into groups of 20 and everyone was given a special task. TV monitors give you a view of space. The shuttle simulator is on an hydraulic arm. So it moved as if you were really steering in space.'

**Jac Fourie attended a space camp in Alabama, USA.**

'Before we left, we had some training in emergencies. We were dropped into water with floats. We also had to get out of a helicopter body which was dropped into the water.'

'At the end of the Space Camp I received the 'Most Outstanding Camper' Award. I felt really proud. I had really enjoyed myself. I had learnt a lot and I really liked meeting other young people from all over the world.' ▲



# PENFRIENDS

## NATAL

56 Treadlay Road, Clayfield, Phoenix 4051

### Dear Upbeat

I am a boy of 12 and I am in Std 5. I would like to have penfriends, boys and girls, of 12-14 years. My hobbies are listening to music, reading and watching TV. Please write to me!

Praven Sigh

Box 158, Esikhawini 3887

### Dear Upbeat

I am a guy of 17 and I am doing Std 8. I want to have penfriends from around South Africa. They can be boys or girls of 18-20 years. My hobbies are body-building, boxing, reading and listening to music. Please write to me!

S'bongseni Sichi

Pholela High School, P/Bag X 515

Buli 4575

### Dear Upbeat

I am a girl of 13. I want to correspond with boys and girls from all over the world. My hobbies are dancing, reading and watching TV. I will reply to all letters written in English or Zulu.

Portia Dlamini

## TRANSVAAL

P O Box 6129, Rustenburg 0300

### Dear Upbeat

I am a girl of 21. I want to have boys and girls of all ages as penfriends.

My hobbies are reading, listening to music, watching movies and going to church. I will reply to all letters in English, Afrikaans or Tswana. Please send a photo!

Christinah Phetoane

7197b, Zone 4, Diepkloof 1864

### Dear Upbeat

I am a girl of 16 in Std 8. I want boys and girls of all ages as penfriends. My hobbies are playing netball, singing, going to church and watching TV.

Petunia Dimakatso Pudumo

P O Box 398, Shayandima, Venda 000

### Dear Upbeat

I am a boy of 16. I am doing Std 9. I want penfriends of 14-17 years, boys or girls from all over the world. My hobbies are soccer, listening to the radio and reading. I will reply to all letters in English.

Manyaga Norman

293 Letshaji Street, Ikageng Location, Zeerust 2865

### Dear Upbeat

I am a guy of 20. I want to correspond with guys and dolls of all ages. My hobbies are soccer, music and reading. I will reply to letters in English or Tswana. Please send a photo.

Jairous Mogwera

3317 Zone 3, Ga-Rankuwa 0208

### Dear Upbeat

I am a boy of seven years old. I want to correspond with boys and girls of 12-16 years. My hobbies are reading magazines and listening to gospel music. Please write in English or Tswana.

Alpheus M. Dire

## AFRICA

P O Box 2207, Windhoek 9000

## Namibia

### Dear Upbeat

I am a guy of 20 years. I want boys and girls 16-20 years to be my penfriends. I like music, watching movies and playing tennis. Please write in English and send a photo!

Oiva Irua

P O Box 1696, Tsumeb, Namibia 9000

### Dear Upbeat

I am a guy of 16 and I am doing Std 9. I want to correspond with girls of 16-18 years. My favourite artists are LL Cool J and M C Hammer. I will reply to all letters in English or Afrikaans. Send a photo, please!

M C. Andrew Milla Gaoseb

Euro-Tropica Butchery, P O Box 37251, Lusaka, Zambia

### Dear Upbeat

I am a girl of 20. I am looking for penfriends from all over the world. My hobbies are reading, swimming, playing volleyball and listening to music. I will reply to all letters. Write soon!

Diana Dynphna Madden

## CAPE

1887 NU IIA, Mdantsane, Ciskei 5291

### Dear Upbeat

I am a girl of 15. I am doing Std 8. I want penfriends of 15-20 years. My hobbies are watching TV, acting, playing hockey and swimming. I will reply to letters in English or Afrikaans.

Vuyelwa Nonxuba

144 Sunderland Street, Factreton 7405

### Dear Upbeat

I am a girl of 15. I am doing Std 7. I want penfriends of 15-16 years old. My hobbies are reading, playing volleyball and baking. My favourite artists are Whitney Houston and Michael Bolton. Please send me a photo.

Inez Veronica Williams

## ORANGE FREE STATE

Fortgrey Hospital, P O Greenfields, East London 5208

### Dear Upbeat

I am a girl of 17 years old. I am in Std 9. I want to have penfriends of 17-19 years. My hobbies are writing letters, watching TV and videos. My favourite musician is Shirley Brown. I will reply all letters.

Linda Phamphillia Ngcese

10031 New Loc. Phiritona, Heilbron 9650

### Dear Upbeat

I am a lad of 20. I want to correspond with guys and dolls of 16-20 years. My hobbies are watching soccer, reading, debating and singing. Please write to me in South Sotho or English and send me a photo please!

Phala Mnguni

## OVERSEAS

Namndemansv.30, 43345 Partille, Sweden

### Dear Upbeat

Hi! I am Grace, a 15-year-old girl from Sweden. I want to have many penfriends from South Africa, black or white. I am against racism. I like basketball, rap, reggae and soul music. I like meeting new people. Write to me please!

Grace Erlandsson

Boppstrasse 12, 1000 Berlin 61,

Germany

### Dear Upbeat

I am a 12-year-old girl. I want to have penfriends in South Africa. My hobbies are reading, swimming and music. I will answer all letters.

Deborah Seid

Wilmsstrasse 13, 1000 Berlin 61,

Germany

### Dear Upbeat

I am a 13-year-old girl. I want to have penfriends in South Africa. My hobbies are reading, riding my bicycle and swimming. I will reply all letters.

Nora Schickle

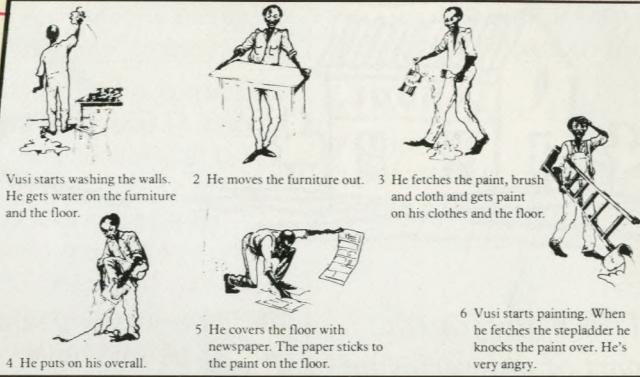
## PUZZLE

# FIND THE RIGHT ORDER

*Instructions do not make sense if they are not in the right order. Vusi made this list of instructions when he wanted to paint his room:*

1. Wash down walls.
2. Move out furniture.
3. Fetch paint, brush and cloth.
4. Put on overalls.
5. Cover floor with newspapers.
6. Fetch stepladder and paint walls.

Vusi followed his instructions step by step. But they were in the wrong order. And things did not work out as he had planned! Look at the cartoon to see what happened to him.



Poor Vusi had to start all over again. When he did, he made sure that his list of instructions was in the right order. Can you put Vusi's list of instructions in the right order?

1

4

2

5

3

6

Check your answer on page 39.

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*This is the fourth part of our series on young people and the law. In this article we look at laws and school.*



Illustrations by Andrew Lindsay

# School Rules

**F**or many years people have fought to change schooling in South Africa. The biggest problem is that much more money is spent on white students than black students. School is compulsory for white children under the age of 16 but not for black children. And black students over 18 may not attend school.

But things are changing. The government has agreed that there must be one equal education department for all South Africans. But right now the Department of Education and Training still runs black education. Here are the rules they send to all principals. Use these rules to fight for your rights.

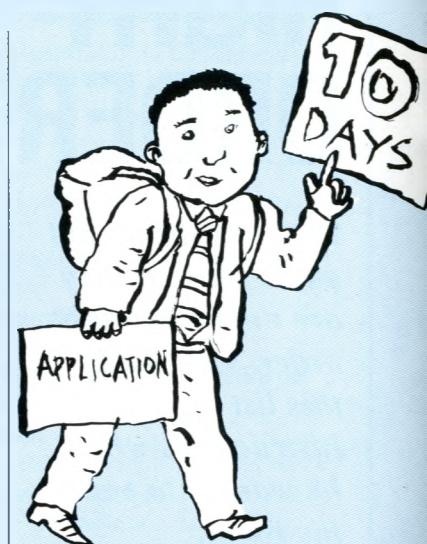
## Admission

When you apply to a school, your parents or guardian must fill in application forms. They must hand these in to the school. You must apply to go to school during the first ten days of the first term otherwise they will not accept you.

The school must accept you if you have the required education level and if your age is right. Once you have been admitted, the school must enter your name in the attendance register.

## Changing schools

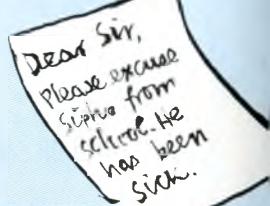
If you want to change schools, your parents must tell the headmaster in writing. Your transfer should be approved by the Director-General of Education. After this your principal will give



you a transfer form to take to your new school.

## Missing school

If you are ill, your parents or guardians must tell the principal why you are absent. If you are absent for more than 10 consecutive days without telling the principal, he will take it



## WHERE TO GET HELP

If you are unhappy with the way you are being treated at school, you may take your complaints to your circuit inspector. Here are a list of DET regional offices for you. You could also speak to your local Education Co-ordinating Committee or write to their head office. Their address is: NECC, P O Box 62027, Marshalltown 2107.



that you have left the school. But he must write and tell your parents that he is taking your name off the school register. If you miss more than 20 school days in a year, the principal can also take you off the school register.

### Discipline

You may be punished if you harm the name of the school or upset order, discipline and school work. Your punishment may be extra work, losing privileges or corporal punishment. You may also be suspended or expelled.

When teachers punish you, they must match your punishment to the seriousness of your offence. Your punishment must aim to make you a better person. All punishment must be written in a punishment register.

### Corporal punishment

**There are very strict rules about corporal punishment.**

■ You may be hit for not working, bunking school, being cheeky to teachers, damaging school property, lying, stealing, hitting other students,

indecency or similar offences.



If you have been expelled from school unfairly, you may take your case to the Regional Director.

- No girl or physically disabled student may be hit.
- Only the principal may hit you. If he asks a teacher to hit you, he must be there when you are hit. You may not be hit in public.
- You may only be hit on the buttocks with a cane not more than 75cm in length and 1,2cm in diameter, or a leather strap not less than 2,5cm in width. The cuts may not damage your body.
- You may not get more than 4 strokes in one day.

### Suspension

The principal may suspend you from school if he is unhappy with your behaviour. If he does this, he must tell your parents in writing. If you continue to behave in the same way, the principal may expel you. But before he does this, he must meet with you your parents in front of another teacher to talk about it.

The principal must consult the school council and the circuit inspector about all expulsions. If he does not consult them first, they may change his decision. If you feel that

you have been expelled from school unfairly, you may take your case to the Regional Director.

### Expulsion

**You may be expelled from school if you:**

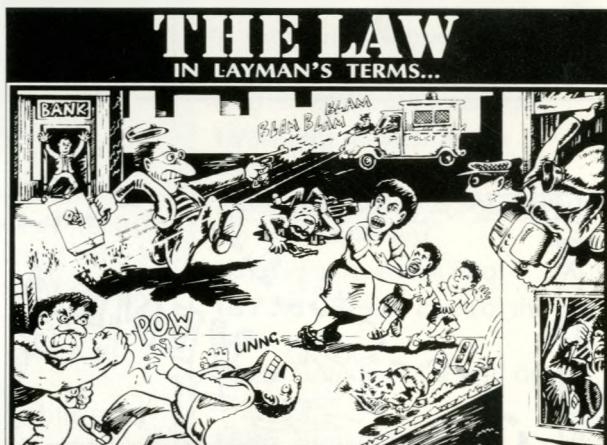
- often break the rules of the school
- upset order and discipline at the school
- deliberately damage, destroy, abuse or steal school property
- deliberately break exam rules
- refuse to obey a reasonable instruction from the principal or a teacher
- lie to the principal
- are found guilty in court of a serious offence
- encourage other students to break school rules.
- boycott classes, go on a protest march or sit-in or behave in a riotous way. You will

also be expelled if you encourage others to do these things.

- are cheeky to a teacher
- possess or use habit-forming drugs without a doctor's prescription.

In this story we have used the school rules from the Department of Education and Training.

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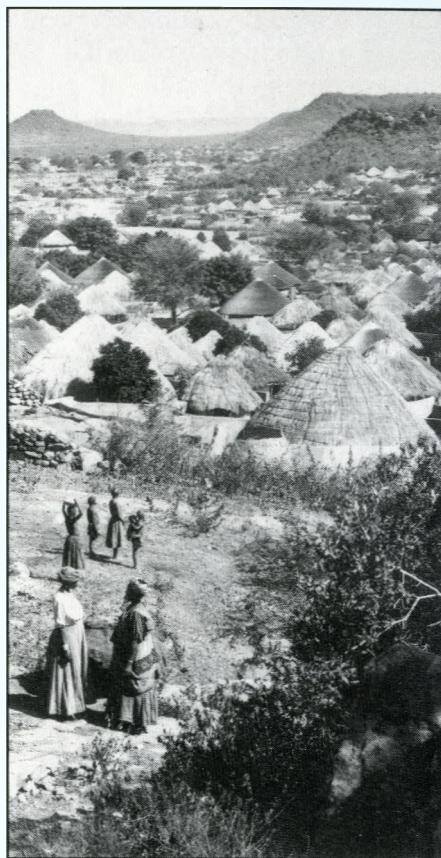
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**The village of Mochudi was a refuge for Tswana escaping harsh Boer rule.**

# 'THE LAND BELON

*These were the brave words of Sekhukhune, chief of the Pedi from 1862 to 1879. The Pedi struggle to keep their land was the longest and most bitter in Transvaal. But their struggle was one of many.*

## **The Venda and the Boers**

The Venda farmed in the northern Transvaal. They were known as metal workers and traders. There were a number of small Venda chieftaincies. When the Boers arrived in their area, Venda hunters worked for them. The Venda wanted money to buy guns and ammunition.

The Boers employed a Portuguese slave trader as 'superintendent of native tribes'. The Venda got angry

when he raided their villages for slaves. Then the Boers caused trouble between their chiefs. The Venda had had enough. They chased the Boers right out of the northern Transvaal, south of the Oliphants River.

## **The Pedi, the Boers and the British**

When the Boers arrived in the Transvaal, the Pedi were living in the mountains. They were recovering from attacks by Zwide's Ndawandwe and others. Under the leadership of Sekwati, the Pedi state grew. Using gifts of cattle and marriage to bind people together, Sekwati welcomed those who wanted to live with him.

Sekwati knew that to be strong, he needed guns. So many Pedi men worked in the Cape in order to buy guns and ammunition. Sekhukhune succeeded Sekwati in 1861. He carried on his father's work of building the Pedi state.

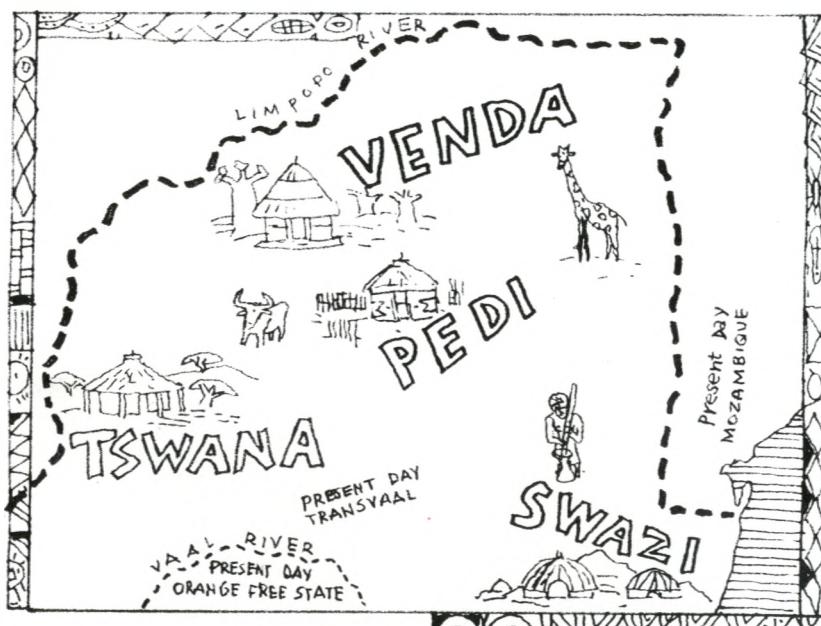
After diamonds were discovered at Kimberly and gold was found at Pilgrims Rest, the struggles over land grew fiercer in the Transvaal. Pedi and Boers both claimed that the land belonged to them. The Boers were worried that the Pedi's claims would lead to them losing control in the area.

So the Boers decided to attack the Pedi. They asked the Swazi for help. But they could not defeat Sekhukhune.

It was the British army that defeated the Pedi. The British saw the Pedi as a threat. After



**Mswati, the Swazi chief helped the Boers and British fight the Pedi.**



# GS TO US'

they conquered the Zulu in Natal, the British ordered the Pedi to surrender. Sekhukhune called a big 'pitso'. He wanted to surrender but his counsellors shouted him down. It was war!

With Swazi help, the British army attacked Sekhukhune's stronghold. In a bloody battle, 1 000 Pedi were killed.

Sekhukhune was arrested and jailed in Pretoria. The British put his brother, Mampuru, in control. Mampuru killed Sekhukhune when he was freed. All hopes of Pedi independence died with Sekhukhune.



**Sekhukhune struggled hard to hold onto Pedi land.**

their farms for very low wages. Some people escaped to Mochudi in the east or to the south. British missionaries offered them protection against Boer raids.

After diamonds were discovered on the Orange River, life changed for southern Tswana farmers. At first they collected the diamonds and



sold them. But as more and more people moved to Kimberley, all farmers concentrated on growing food to sell.

In the 1870s people began to fight over farming land. Wars broke out between different Tswana clans. The Boers fought in these wars in exchange for land. But when the Tswana refused to give it to them, the Boers attacked them in 1884. The Tswana appealed to the British and the British declared a protectorate over what is today Botswana.

Throughout the struggles over the land, the Boers were unable to conquer the independent African chieftaincies. In the end it was only the British, with their large, standing army, who were able to do this. British support of the Boers smashed the last of the independent African states of South Africa.

Life in the Boer Republic was hard. Africans were forced to get permission to move around.

**The Venda worked for the Boers at first. Later they drove the Boers out of the Soutpansberg.**

Prisoners of war were treated like slaves. People were forced into locations where they had no land to support themselves. It was a long time before Africans began to fight for a decent life again. ▲

## TIMELINE

**1836** First Boer parties reach the Transvaal

**1845** Sekwati allows trekkers to settle at Lydenburg

**1848** Trekkers settle on Venda land in the Soutpansberg

**1860** Boers declare the Transvaal a Boer republic

**1867** Venda expel Boers from the Soutpansberg

**1876** Boers attack Pedi

**1877-81** British control the Transvaal

**1879** British attack and defeat Pedi

**1885** British declare protectorate over Tswana

## COMPETITION TIME

You can win a set of three books from Maskew Miller Longman's exciting new series called 'They fought for Freedom'. All you have to do is draw a map of South Africa, showing the major areas of conflict over land. Remember to show who was fighting who. Send your maps to:

**Upbeat History Competition No. 7, P O Box 11350, Johannesburg 2000 before 30 September 1993**

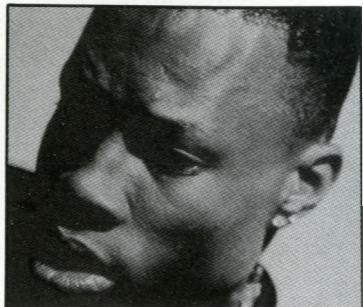


**A Pedi village - the Pedi lost their land after they were defeated by the British.**

# WILLIE WORDWORM

MR LOVERMAN

## SHABBA RANKS



### BANGLES, BEADS AND BULLRINGS

*to decorate (v)* - to make look beautiful

*gypsies (n)* - people in Europe who spend their life moving from one place to another

*to fascinate (v)* - to attract or to arouse interest

*oriental (adj)* - objects or people who come from eastern countries like India, China and Japan

*to be obsessed (v)* - to like something very much

### TALKSHOP

*to condemn (v)* - to express great disapproval

*to reconcile (v)* - to make peace

*capitalism (n)* - an economic system which is based on private ownership of property

*to cling to (v)* - to hold onto something

*to swagger (v)* - to walk in boastful manner

*pornography (n)* - writing, films or pictures which make people sexually excited

*outrage (n)* - an act which is not decent

*to cheer (v)* - to encourage with shouts

*jukebox (n)* - a musical instrument which plays records of your choice after you put money into it

*vulgar (n)* - rude language or behavior

YOUTH

## GIRLS GET A BREAK

*survey (n)* - asking lots of people the same questions to find out what people are thinking or doing

*abused (v)* - treated badly

*dignity (n)* - a belief that you are important and special

*contracts (n)* - an agreement in law

*fortunate (adj)* - lucky

HIDDEN HISTORY

## THE LAND BELONGS TO US'

*chieftaincies (n)* - groups of people who are ruled by a chief

*surrender (v)* - to give up and stop fighting during a war

*appealed (v)* - asked

*protectorate (n)* - a country that is protected by another, a self-governing colony

OUR WORLD

### The Okavango Delta

*oasis (n)* - a pool of water in the middle of a desert

*flooded (adj)* - filled with water

*ecological (adj)* - the balance between all the living things in an area

*conservationists (n)* - people who want to protect things for the future

*source (n)* - the beginning of something

*miracle (n)* - something wonderful and good, often believed to be connected to God

*heritage (n)* - the things that you inherit from people who have lived before you

## The Rocket Launcher

*hydraulic (adj)* - something operated by pressure transmitted by liquids such as water

*to launch (v)* - to send a spacecraft into space or a boat into water

*gravity (n)* - a force that pulls things down to the earth

# COMPETITION WINNERS

Check if you are a winner in one of the following Upbeat Competitions!

## UPBEAT / ISM COMPUTER COMPETITION

Vumani Secondary School, Chiawelo, is the lucky winner of the fantastic ISM PS1 computer worth R3 800. They have also won a month's training for four people by ETAC on how to use computers. Congratulations, Derick Mudau, for designing an exciting music computer and winning this prize for your school!

## THE KARAMO MUSIC COMPETITION:

Emmanuel Ranthoeba,  
Krushan Redou,  
Ntsandeni Munyai,  
Thokozani Hilton Khumalo, Johannes Motlhaba,  
Jabulani N Khoza,  
Jeanette Claudine Moroane,  
Grace Boshielo,  
Elizabeth M Digautu,  
Nomsa Phungwayo.

## HISTORY COMPETITIONS

1 The following people have won themselves copies of *The Broken String* and *Men of Men* and *Always Working*, in our Hidden History Competition, Upbeat No.2 1993 for their essays on the reasons for poverty:

Dumisani Khosa,  
Salma Moola,  
Busisiwe Mthonti.

2 The following readers have each won a copy of *Nongqawuse's Prophecy* by Karen Press:

Collins Maswangayi,  
Munyai Josephine,  
Josia Dintikile Nxumalo,  
Dumisani Khosa,  
Tebogo Kebotlhale.

## PUZZLE ANSWERS

FIND THE  
RIGHT  
ORDER

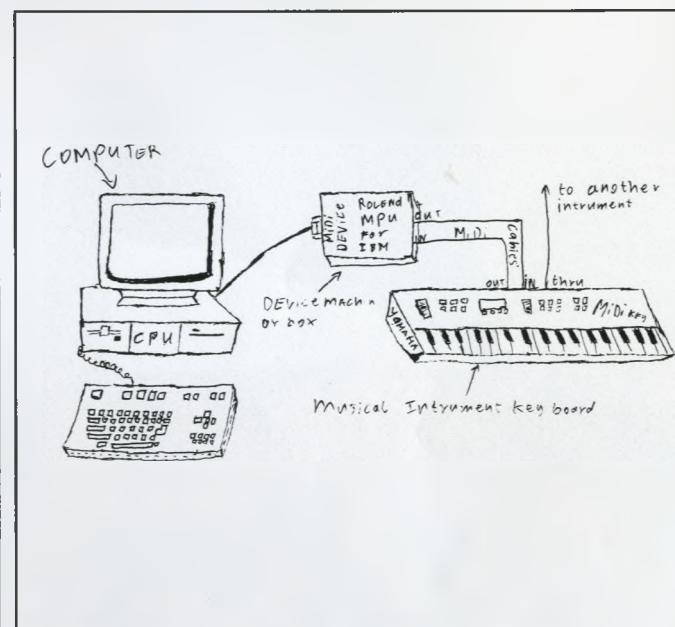


## THE WINNING ENTRY OF THE COMPUTER COMPETITION

Derrick Mudau won the computer competition with his design. Here's how Derrick's computer works.

My computer works with music. I programme it to write songs. I connect my music keyboard to my computer using midi cables. My computer sequences sound using a voyota, a cu-base and a c-lab. My computer can record any kind of music from jazz to house music.

This is what my computer looks like.



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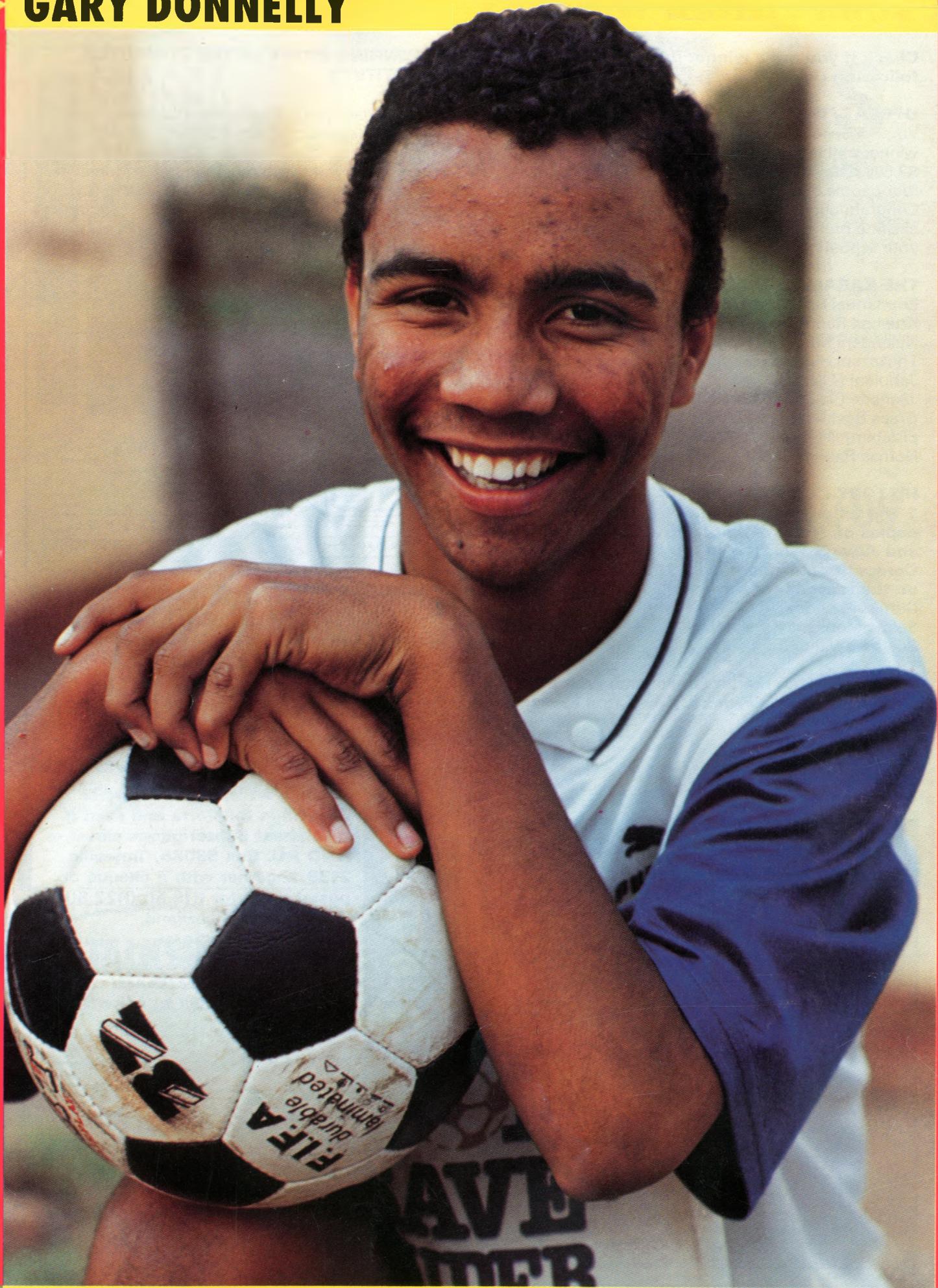
I enclose my cheque/postal order for R \_\_\_\_\_

I would like to receive the free teachers' exercises

YES /  NO

**to UPBEAT**

# GARY DONNELLY



**Gary Donnelly is the youngest player in the NSL.  
Read all about him on page 11.**