

# UPBEAT

DECEMBER 1992 / JANUARY 1993

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*The magazine for you on the move*



## THIS ISSUE

DISCOVER  
SA's MUSIC HISTORY

FREE POSTER

PEACE BEGINS WITH YOU

MEET YAHSAB  
A YOUNG REFUGEE IN ALGERIA

FIKILE SITHOLE  
DARLING OF SOWETO'S SOCCER

COPING WITH YOUR  
FIRST JOB INTERVIEW

WIN  
EXCITING BOOK  
PACKS WORTH  
R200

JAZZ CASSETTES

WIN

Upbeat is published by SACHED. SACHED is an educational organisation, committed to building democratic education in South Africa. SACHED runs a number of educational projects. Upbeat is one of them.

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**Reproduction:**  
Graphco

**Printing:**  
Creda Press (Pty) Ltd

## EDITORIAL

### Dear Readers,

School is out! Christmas is around the corner. So put up your feet and enjoy your well-earned holiday break. And don't be without Upbeat. This issue is packed with great holiday reading, quizzes, holiday places to visit, cassettes and books to win.

Boys move over! There is a new soccer wizard, to make you tremble in your boots - HER name is Fikile Sithole. Meet her on page 8. There's also lots of great music in this issue. There's a poster of all your local favourites on page 20. But also learn about the golden oldies, who had your grandparents up and jiving.

We hope you like our FREE 'Peace Begins with you' poster. Read it, talk about it and put it up on your wall. We hope the ideas help to bring a little peace, into your neighbourhood and home.

Hundreds of readers wrote to us this year. Many letters were about violence; in the street, at home and in school. The terrible violence this year brought pain and suffering to many people. For too long apartheid has destroyed people's hopes and dreams. We want peace and democracy in our land. We want proper schools, where all young people can enjoy learning.

Thank you for supporting Upbeat this year and for filling our pages with your wonderful poems, letters, stories and ideas.

We wish all our readers a happy and peaceful holiday.

See you next year!

*Harriet*

**Upbeat No 1**  
*will be out in February 1993. Don't miss it!*

**FREE**  
*colourful calendar*

**Fantastic new 5 page comic**

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*an IBM computer worth R3 000*

**Read what girl rappers say**

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*issue*



## THIS ISSUE

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- UMGENI'S OUTDOOR CLASSROOM
- MEET YAHSAB A YOUNG REFUGEE IN ALGERIA
- FIKILE SITHOLE BARBIE OF SOCCER'S SORCERERS
- COPING WITH YOUR FIRST JOB INTERVIEW

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JAZZ CASSETTES

Cover photograph:  
The Dalom Kids by  
Andrew Bannister

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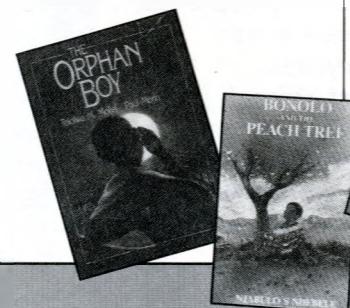
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## COMPETITIONS

Win jazz cassettes and  
get to know our music  
history

Win exciting book  
packs



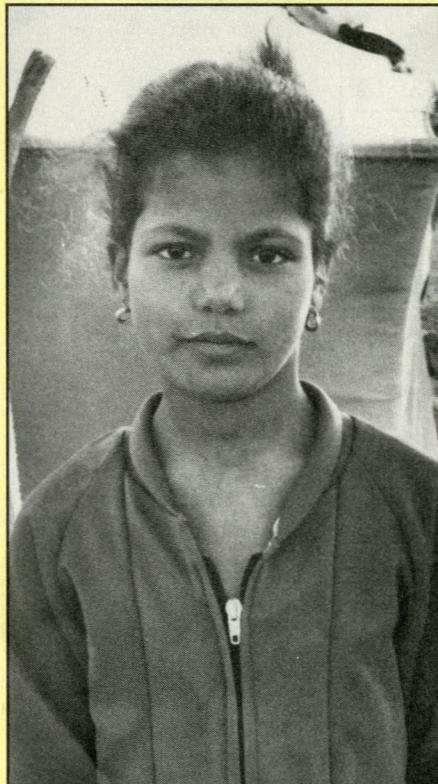
**KIPPIE MOEKETSI**  
STAR SAXOPHONIST

# YAHSAB

## A REFUGE

*Yahsab and her family live in a group of tents in southern Algeria, in the Sahara Desert. They are refugees, living far from their home country, Western Sahara.*

**Yahsab comes from Western Sahara but she lives in Algeria, together with other refugees. They have fled the war in their home country.**



# Y

ahsab and her family have escaped the war which started when Morocco, their neighbouring country, invaded Western Sahara in 1976. Morocco wants to control Western Sahara because it has many natural resources.

### Underground Water

Yahsab's family have been refugees since Yahsab was born. They live in the Sahara where almost nobody else can live. It is not easy to find water in the desert. Yahsab's family live off underground water. They manage to grow green vegetables, but not enough for everyone.

Yahsab's family and the other refugees get their money from a Swedish organisation, 'Save the Children'. They use this money to feed their camels, cows and goats, so that they always have fresh milk.

Yahsab lives with her mother, sisters and brother and her 'new' father. 'My own father became a martyr,' says Yahsab in a whisper. 'He was killed in the war.'

When Yahsab wakes up, she warms her hands over glowing bits of fragrant incense. She gets some milk and bread before she goes to school. Only young and old people get milk because there is not enough for everyone.

After breakfast Yahsab prays. The people of Western Sahara are all Muslim and as good Muslims, they pray seven times a day. Once Yahsab has

said her prayers, she hurries to school.

'If I don't come to school in the morning, the teacher comes to get me. If I am ill, I must go to the sick cabin to report it,' says Yahsab.

'We do our homework in the evenings, after supper. We take turns to read our lessons in one another's tents. The teachers come round to make sure that we understand. I always do my school work well. I want to be successful when we return to our homeland.'

The people of the Western Sahara are very proud, even though they must depend on other countries for help. They still observe their religious celebrations. And marriage parties are a time of great festivities in the camp.

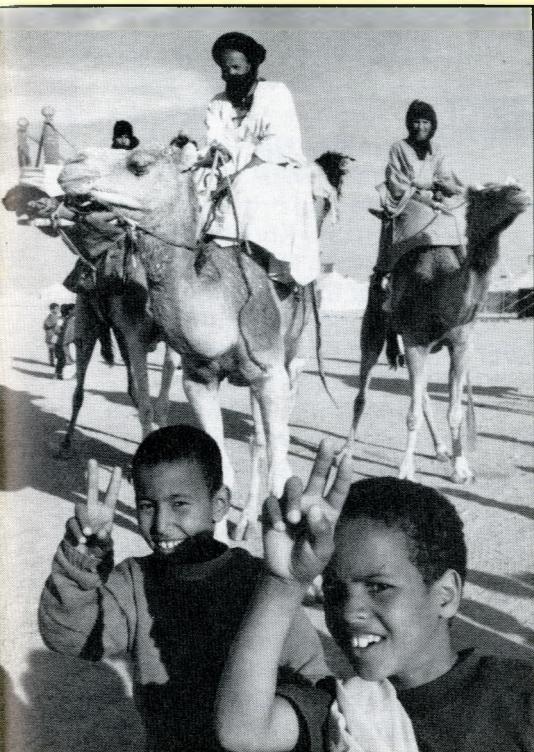
### Celebrations

When there is a celebration, visitors are honoured by having their hands and feet decorated. Yahsab's mother does this with henna. She paints beautiful patterns on the fingertips, palms and soles of all the female guests. The men only get patterns on their first and second fingers.

Yahsab's mother puts plastic bags over her guests' hands and feet. If they keep the plastic bags on, the decorations will last for about a month.

Tea drinking is also an important part of social life for Yahsab's people. On the colourful carpet on the tent floor, a teapot steams on a gas flame. Yahsab's mother

# IN THE DESERT



**▲ The people of Western Sahara were nomads before the war. They travelled around the desert on camels. Today camels are still an important part of their lives, as people drink camel milk.**

**Yahsab's mother pours tea for visitors, to make them feel welcome.** ▼



skillfully pours tea from quite a height into different pots. When the tea is ready, Yahsab hands it round to the guests. She goes around three times. Every time the taste is different. 'The first glass is bitter, like life. The second, is mild like love and the third is sweet like death,' says Yahsab.

When Yahsab finishes talking, the wind whips up sand against the tent cloth. Yahsab wraps her blanket closer around herself. Night in the refugee camp is cold but the skies are filled with stars. Yahsab knows she will sleep safely. She is far from the fighting in her country. And there is no bad storm blowing up, as sometimes happens in winter. ▲

## THE WAR BETWEEN MOROCCO AND WESTERN SAHARA

**Western Sahara is situated in north west Africa. The people of Western Sahara now call their country RASDF - the Democratic Arab Republic of the Sahara.**

Western Sahara's coastline is 1500 kilometres long. The country has many natural resources such as phosphates, uranium, iron ore, oil and natural gas. In the sea beyond the coast, lie some of the world's richest fishing grounds.

Western Sahara was controlled by the Spanish. It was given to Spain in 1884, when the European powers divided Africa up between themselves. The Polisario Liberation Movement fought for independence.

After Spain left Western Sahara, Morocco invaded in 1976. Morocco wanted Western Sahara's resources.

Today more than 165 000 West Saharan refugees live in camps in Algeria. The Moroccans have 125 000 soldiers in Western Sahara. The war costs the people of Morocco R15 million per day. This money would be better spent improving people's lives! ▲

**Credits:**  
Story by Cajsa Carren. Photographs by Nille Leander. With many thanks to Barnens Värld. Map by Mzwakhe Nhlabatsi.

# SAVING OUR ENVIRONMENT

A conference called 'What it means to be green in South Africa', was held in Pietermaritzburg in September. Earthlife, an organisation that cares about the environment, planned the conference. People from all over the world spoke about the environmental problems their countries face.

The South African speakers from the ANC, PAC and the government spoke about how people must get better houses, cleaner water and proper toilets. Vandana Shiva from India said, 'The youth



**Speakers at the conference tackled environment problems.**

of the Third World must help to build up our environment. The future of environments across the world, lies in their hands. ◀

## Teachers help each other

The English Language Teaching Information Centre (ELTIC) works with English teachers in Brits. Beaty Koopman from Upbeat ran a workshop with ELTIC teachers. She showed them how to use Upbeat in their classroom. Beaty encouraged teachers to try out different teaching styles. The teachers were eager to

share ideas and information with one another.

Margaret Manthata, a teacher at the workshop said, 'We must help one another to make our lessons more interesting. Let our students play an active role in the lessons. There will be fewer drop-outs, if the students are interested in what they learn.' ◀

**Pupils of Goedehoop Primary proudly display the environment projects they did this year.**



# WINNERS OF UPBEAT SHORT STORY COMPETITION

We are delighted to announce the winners of our short story competition.

## SENIOR COMPETITION

**1st Prize:** Mcebisi Totobel, Nombulelo Secondary School  
Title: Neighbourhood

**2nd Prize:** Amos Maroga, Tladishi High  
Title: Old enough

**3rd Prize:** Zaccheus Sekelala, Dahan High School, Mapoteng  
Title: Lesotho detective

**Runners up:**  
Charmaine Detering - St. Pauls' College  
Betty Mahlangu - J. Kekana Secondary School  
Albert Moyo - Bukhula Secondary School  
Karen Bell - Mowat Park, Durban

Motlatso Manljie - Motse Maria High School  
Selby Mkabela - Orhovelani High School  
Enver Wessels - St Barnabas College  
Dewaldi Truter - Mondale Senior Secondary School  
Selverani Moodley - Topaz Secondary School  
Jeboho Mahlobo - Zingisa High School, Transkei

## JUNIOR COMPETITION

**1st Prize:** Shakeel Allie, Rylands High  
Title: John's happiest day

**2nd Prize:** Ursula Stroebel, Laerskool Tzaneen  
Title: Jerome's romance

**3rd Prize:** Evangeline Mansookram, Pinetown Primary  
Title: Did it have to be me?

**Runners Up:**  
Priya Rawjee, Pentarosa Primary  
Khensani Khosi, Fedelitas High  
Precious Setumo, Tsaronga Phoka Primary  
Kamentren Eurchan, Thornville Primary  
Pregashnie Govender, Pinetown Primary  
Nagarani Govender, Pinetown Primary  
Somaya Backus, Pinetown Primary  
Kogie Govender, Pinetown Primary  
Debbie Pillay, Pinetown Primary  
Yazeed Kamaldien, Gordan's Bay Primary

School with the most entries: Pinetown Primary

**Look out for the winning stories in Upbeat No. 1 next year.**

**OOPS!**

**UPBEAT**

**MADE A MISTAKE!**

In Upbeat No. 8 we wrote a review of Dianne Case's book, *92 Queens Road*. We said this book was published by Tafelberg but we were wrong.

*92 Queens road* is published by Maskew Miller Longman. Sorry!

# LETTERS



## Dear Upbeat

I want you to publish stories on karate, judo and kung-fu more frequently. I am a karate student. I think I would learn more if you published these stories. Other people would also learn about these sports. I think people must know how to defend themselves. This is a cruel world and we have only one life.

**Christopher Hans, Steenberg**

## Dear Upbeat

I totally disagree with A Moyo, C Khumalo, L Mbatsane, G Khan and T Shokwe from Meadowlands. I don't think Upbeat publishes too much music and fashion. It is quite clear that Upbeat is a magazine for youth on the move. Music and fashion are exactly what youth on the move are interested in. People who think there is too much music and fashion, probably aren't young anymore.

**Ursula Stroebel, Arcadia**

## Dear Upbeat

I want to thank you for publishing my poem and for sending my prize money. But I want to know why you changed the words of my original poem.

**Ms Heilbron, Cape Town**

## Dear Ms Heilbron

**Thank you for your letter. Sometimes we change what people write, to improve the writing. We also shorten poems if there is not enough space. We also make changes, so that poems and stories are easier to understand. This is what editing is all about. We hope that you think we made your poem better and not worse.**

**Editors**

## Dear Upbeat

I think you must start a club for your members. We want cards to show that we belong to the Upbeat Club.

**Anon**

## Dear Anon

**Thank you for the idea. What do other readers think? Should we start an Upbeat Club for our readers?**

**Editors**

## Dear Upbeat

I think that Upbeat tells the truth that other magazines hide. Upbeat has helped me to improve my English by 80%. It has helped me to communicate with other races. My fellow students say that I am using magic. They do not know that Upbeat is the best thing in my life. Thank you, Upbeat.

**Princess Zuma**

## Dear Upbeat

The illegitimate and ignoble South African regime and its structures of government must disband now! This regime has done many evil things to our people. It is the very same regime that killed Comrade Bantu Steve Biko in detention on the 12 September 1977. Again it is the very same regime that killed Comrade David Webster, Mathew Goniwe, Mgwako Romalepe, to mention only a few. Viva, the people's government!

**Martin Mgwako, Modjadji**

## Dear Upbeat

I am looking for my father. He left Angola 16 years ago when I was still a baby. I would like to get to know him. His name is Martinho Nhumbuvali. If anyone knows him, please write to me at: Delegacao Municipal da Educacao, Escola No. 60, cx Postal 52, Lubango, Angola.

**Walter Nhumbuvali**

## Speak Out!

**This is what readers think about some of the topics we have discussed in Upbeat this year.**

## Do men have the right to hit women?

I think no-one has the right to hit anyone else. I am sure that if girls show respect and kindness and forget about selfishness, everything will be alright.

**Piet, Ogies**

## Contraception - whose responsibility?

Men must also be responsible for contraception. They can talk to their ladies and go to sangomas. Sangomas will give ladies herbal potions to prevent pregnancy until they both want a child.

**T E S Kubyama, Glen Cowie**

## Dear T E S

**Thank you for sharing your ideas with us. But we feel we must reply. Sangomas may cure many things, but they cannot prevent pregnancy. If you want to prevent falling pregnant, you must get a reliable form of contraception. The Family Planning Clinic is the place to go for this.**

**Editors**

**Send your letters to:  
UPBEAT  
P O Box 11350,  
Johannesburg  
2000.**



# FIKILE

## THE WOMAN SOCCER WIZARD

BY NELSON RASHAVHA

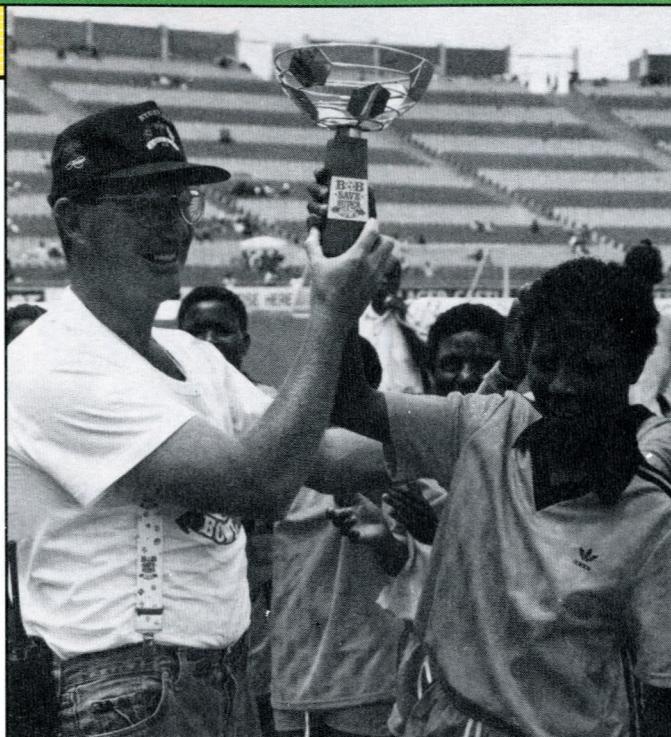
*Move over Doctor Khumalo. Someone is stealing your place in the heart of soccer lovers.*

*Thousands of soccer fans follow Fikile Sithole's every move on the field. She delights them with her cheeky tricks and fancy dribbling. And they keep shouting for more.*

**Fikile Sithole - ace woman soccer player**

Fikile's dribbling skills make boys tremble in their boots. They know it is no easy job to get the ball away from her. Like the popular Doctor Khumalo, she controls the ball as if the ball is glued to her feet. It is not surprising that Kaizer Chiefs fans nicknamed her '16V'.

Fikile wants to challenge Doctor Khumalo to a duel. 'Doctor is my idol, but I am not afraid of him. I have better tricks than him. One day the two of us



must find out who can dribble better. I promise you he will not beat me,' she said.

Fikile is 21. She was born and grew up in Meadowlands, Soweto. She started playing soccer when she was six years old. She was so good that she played in the Chappies Little League. Fikile plays the midfield position.

Fikile does not have time for boyfriends. She goes to school in the mornings and her afternoons are for training and watching soccer games with her friends. Fikile is doing Std 9 at Daiwonga High School in Dube. Her favourite subject is English. English helps her to read newspapers. She reads every day to keep up with the soccer world.

Fikile has contributed a lot to the success of the Soweto Ladies Football Club. Since she joined in 1990, she has scored 30 goals

**Fikile - winning player of the Soweto Ladies Football Club in Swaziland.**

for them! Fikile says playing soccer is very difficult if you are a woman. You have to work twice as hard as men to succeed.

'Our biggest problem is that we have no league to play in,' says Fikile. 'We play only in friendly matches and curtain raisers,' she said. Recently Fikile's team played in Swaziland at the Swazi Trade Fair in Mbabane. They beat the Swazi invitation team 5-0. And Fikile scored 2 of the goals.

Fikile dreams about travelling overseas. She wants to watch her favourite team, AC Milan, in action. ◀

## He loves someone else

### Dear Upbeat

I am 20 years old. I am in love with a man of 25, but he is in love with another girl. I do my best to show him that I love him. But he does not understand. I don't see any other men. Please help me. I feel very frustrated.

**Thandi Tshali**

### Dear Thandi

Thank you for your letter. Do you have a relationship with this man or are you just attracted to him? If you are his girlfriend, talk to him. Tell him how you feel. Maybe you are afraid to talk to him. Then ask one of your friends to speak to him for you. But if you just fancy him, try to find someone else. Don't waste time pining for someone, who does not return your love. Good luck!

**Lindy**

## Cannot ejaculate

### Dear Buti

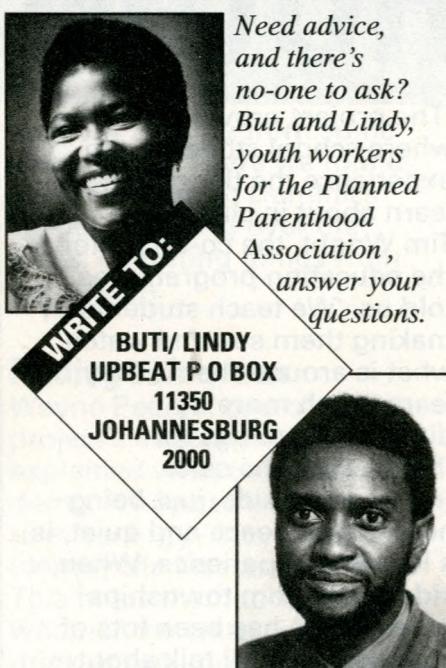
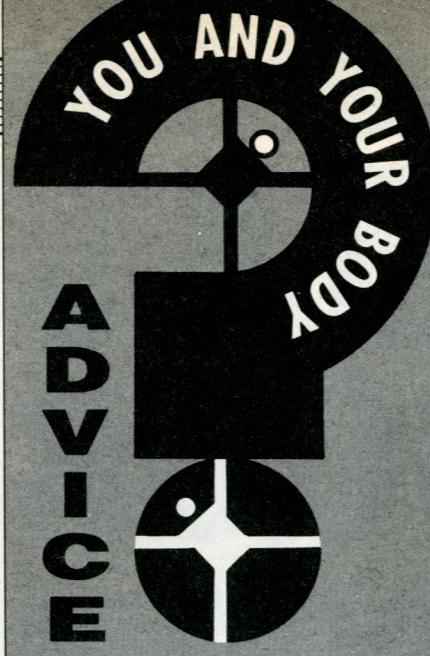
I have a serious problem. In November 1989 I slept with a girl. Everything went well. After we broke up, I could not ejaculate when I slept with other ladies. I am afraid to tell my parents about this problem. Please advise me.

**Worried, Warden**

### Dear Worried

You probably do not concentrate when you make love. You must give all your attention, in order to 'come.' The place where you make love could also be adding to your problems. You need a romantic, quiet atmosphere, where no-one will disturb you. But perhaps you do not like the woman you are sleeping with. If this is the case, then wait before you have sex. Sex is best when it is part of a warm, loving relationship.

**Buti**



## Confused about sex

### Dear Lindy

I want to ask the following questions. 1. Will a guy's body change if he does not have sex for a year? 2. You have said that a girl's vagina is 12cm long. What happens if a guy's penis is more than 12cm long? 3. Will you please give me some points on how I could propose to a lady? 4. What do I do about a girl who wants to see my penis before she has sex with me?

**Matthews Mngomezulu**

### Dear Matthews

1. Nothing will happen to a man, if he does not sleep with a woman for a whole year. The only thing that may happen, is that his desire

## Looking for Mr. Right

### Dear Lindy

I am a guy aged 17. I have made love to 15 girls in three years. Some of these girls have left me for other guys. I am looking for the girl of my dreams. Do not tell me to wait until I find the girl who is right for me. Time is against me. When I meet her, how will I know she is the right one?

**Vusi Myeni**

### Dear Vusi

It is very dangerous to sleep with so many women. You and your partners, can get sexually transmitted diseases, including AIDS. When the right girl comes into your life, you will know. You won't have to sleep with her to test her. The two of you will share happiness, love, joy, sadness and everything else that goes with being in love. But you are still young. You have your life ahead of you. You have lots of time to think of settling down. Don't ruin your and your girlfriend's lives by sleeping around.

**Lindy**

to be close to a woman, could increase.

2. Yes, a vagina is about 12cm long. It is very uncommon for an erected penis to be more than 12cm long. But if a penis is longer, it will move very tightly against the vagina.

3. There is not much I can tell you about how to propose to a woman. Just tell her how you feel. It is a feeling only you have. So only you can express it.

4. Maybe the girl who wants to see your penis is not ready for sex. But she is afraid to tell you. The only way she can escape you, is by embarrassing you. Best wishes

**Lindy**

# UMGENI'S OUTDOOR CLASSROOM

*Upbeat was up bright and early on the day we visited the Umgeni Valley Project. The project is run by the South African Wildlife Society. It is one of the few places in the country where young people can go to learn about the outdoors.*

**Students from Treverton College take a break during their study of the climate of the valley.**

'The project provides a place where school students can experience the things they learn about in class,' Tim Wright, the co-ordinator of the education programmes, told us. 'We teach students by making them see and watch what is around them. They learn much more by discovering things for themselves,' he said.

'For some kids, just being here, in the peace and quiet, is a learning experience. When kids come from townships where there has been lots of violence, they all talk about how peaceful it is here,' he said.

'We want the Umgeni Valley Project to serve the people who live close by. So we have started literacy classes for adults. We also run an educational upgrade programme for the kids from the nearby squatter camp and from Mphophomeni, the township of Howick.'

## Something different

Then Tim strode off into the valley, and we went to find a group of students from Treverton College. The students were faraway in the veldt above the cliff. After much huffing and puffing, we caught up with five girls, all wearing strong shoes, old shorts and T-shirts.

'Our task is to study the



**Tim Wright, co-ordinator of education programmes at Umgeni Valley Project.**





**The students from St Dominics take water samples to see what lives in the river.**

climate,' Sue one of the students, told us. 'We are all a bit stiff,' said Leonelle. 'Yesterday our task was to observe impala. We had to note down where we found them, what they ate, what their droppings looked like and what they did when they saw us. But we couldn't find any. So we walked for miles. Luckily in the afternoon we found a small group. So we collected all our data,' she said.

We asked the girls if they were enjoying their time at Umgeni. For Leonelle it was the first time she had seen wild animals running free. Sue enjoyed being out of class and doing something different. Mom said she was having fun. But she didn't enjoy the rats at their campsite. She had been so frightened, she hadn't slept at all.

Then the girls decided to head back to their camp. There they would meet the other groups from their school and report back on their findings. Upbeat headed off with them, along the path down the mountainside.

Just when we thought we were lost, we heard shouts and

laughter coming from some trees ahead. There we found students from St Dominics school, climbing over the rocks, collecting things from the stream.

### **Finding safe water**

Wayne Peddie, one of the project's education officers, explained what they were doing. 'They are learning about river ecology. They have to identify the insects they find. This helps them to know whether the water is safe to drink or not - nothing lives in dirty water. Most kids have lots of curiosity. I just encourage them to ask questions and to find the answers. Being here is good for young people. It builds their self-confidence,' he said.

The St Dominics students were very enthusiastic. Claire Jayne said, 'I really enjoyed the grassland study we did yesterday. We had to find different kinds of grasses and take note of where they grew. We also learnt about the trees. We examined them to see what insects and animals lived in them.'

Kirsten Goodman liked learning to get by without electricity. And Chantal de Bruin enjoyed painting her face with the burnt bark from a paper-bark tree. All the students agreed, this was the best way to learn Science. ◀

## **C O N T A C T**

If your school or youth group would like to visit the Umgeni Valley Project, you can write to them at:

**P O Box 394  
Howick 3290**

or phone them at:

**(0332) 303931**

They can organise funds for groups who cannot afford to pay for their stay.

**Wayne Peddie, an education officer, discusses what the St Dominics students have found.**





## SHOULD WE CELEBRATE CHRISTMAS?

*What's the meaning of Christmas? Upbeat readers share their views.*

### **Richard Schouten**

People think Christmas is outdated. I think it is because people misunderstand it. They only look forward to receiving presents and feasting. That's OK. But there is also the Christian meaning of love, sacrifice and goodwill, which is ignored. This is the true meaning of Christmas.



### **Busi Mtombela**

I think Christmas is the most important day of the year. It is the birthday of Jesus. The celebration of Christmas must fill us with love for other people. People must try to be merry on this day. Perhaps South Africa will be freed from the hatred that is destroying our communities.

### **Michelle Dawson**

Christmas is lekker, man! For me it is a time to get away from books. It comes just at the right time, right after we have written exams. For a non-student, it is a time to be merry and to be good to others. So, let's all come together and have fun!

### **Godfrey Buthelezi**

Christmas should be celebrated. But how can we celebrate when people are being killed even at night vigils? Christmas is the time when families come together and have fun. We must make sure people can do this in peace.

### **Manda Botha**

Christmas has lost its meaning. It has become a commercial event. Only those who have money can celebrate. It should not be like this. People must be filled with love and togetherness. It is a pity there are some people who hurt and even kill others on Christmas. Merry Christmas!

### **Phindile Mtambo**

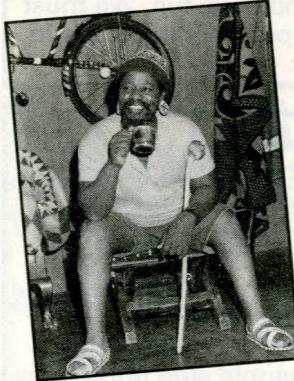
Christmas is the time when families, friends and relatives come together. It is holiday time for everyone; students and workers. If we have resources, we must bring Christmas to more people. This would fill people who are depressed, with courage and hope. They will realise the world has not forgotten about them.

# ALL I WANT FOR C

What would South Africans like for Christmas? Re famous and the not so famous are

**Joe Mafela stars in the popular TV movie, 'Sgudi Snaysi'.**

'Christmas! Christmas is good. We are facing problems in our country. But we must not forget to celebrate Christmas. I would be happy if South Africans come together and celebrate Christmas as they have never done before. Let us see Christmas as an opportunity to come together in a true spirit of reconciliation.'

**Lerato Molefe (8)**

'I want mommy to buy us another teddy bear. A very big one! Every time I get a teddy bear,

my sister also wants one. When she cries mommy says I must give it to her because she is younger than me. I want to be with my teddy on Christmas.'

**Augustine Masilela - top model and TV presenter**

'I am looking forward to a happy Christmas. But it worries me that some people have lost their loved ones in the violence that is sweeping our country. I hope communities will take care of parentless and homeless children. We must not forget them when we enjoy Christmas.'



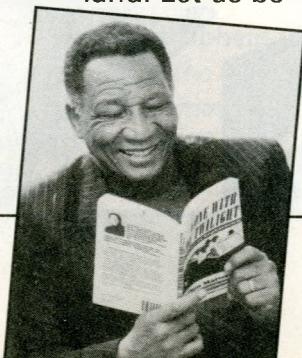
Let's celebrate Christmas with the hope that the new year will bring changes to people's lives.

**Douglas Smorenburg**

'Plastic surgery! Beside that I'd like a new guitar - an electric one.'

**Don Mattera - South African author and poet**

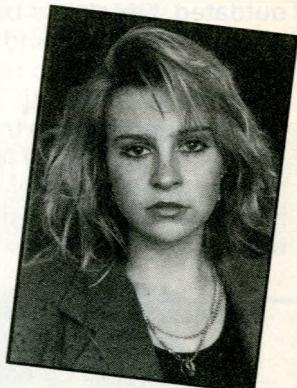
'May justice, peace and freedom walk our land. Let us be



equal partners in the reconstruction of our broken and burning country.'

**Bronwyn Chancellor - Madison - South African singer**

'Christmas will be happy and full of fun if all South Africans work towards a peaceful future. If peace were a present, I'd buy it for my country. If those who are involved in the violence can change, we will all have a happy Christmas. We will party throughout the festive season.'

**Jacob Tsaks Mokolobate - magazine designer**

'I would like to get off the computer and relax to the sounds of the Island. However, the festive season will not be as cool as I want it to be. Some people are weeping and mourning. Others

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# CHRISTMAS

ad on and find out what the  
wishing for.



live in the streets, parks and bridges. So, I first want peace in my country. If the government can stop the violence tomorrow, we will celebrate Christmas as if we were in paradise.'

#### **Colin Allen**

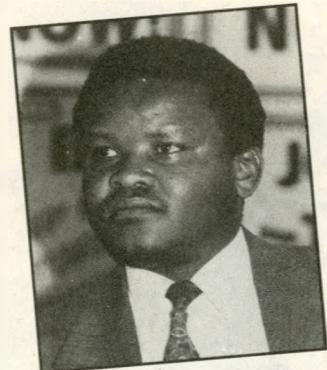
'I would like a flat for Christmas. If I had one, I wouldn't have to put up with my parents.'



#### **Saki Macozoma - ANC information department**

'Christmas, in the religious sense, is a time of salvation and reconciliation between man and God. In our part of the world, Christmas is a time of

rest and re-union for families. I want Christmas to relieve people of violence, fear and hunger. Let us come out of Christmas, determined to resolve our problems and prepared to walk forward to a new and just South Africa.'



#### **Bronwen Tero**

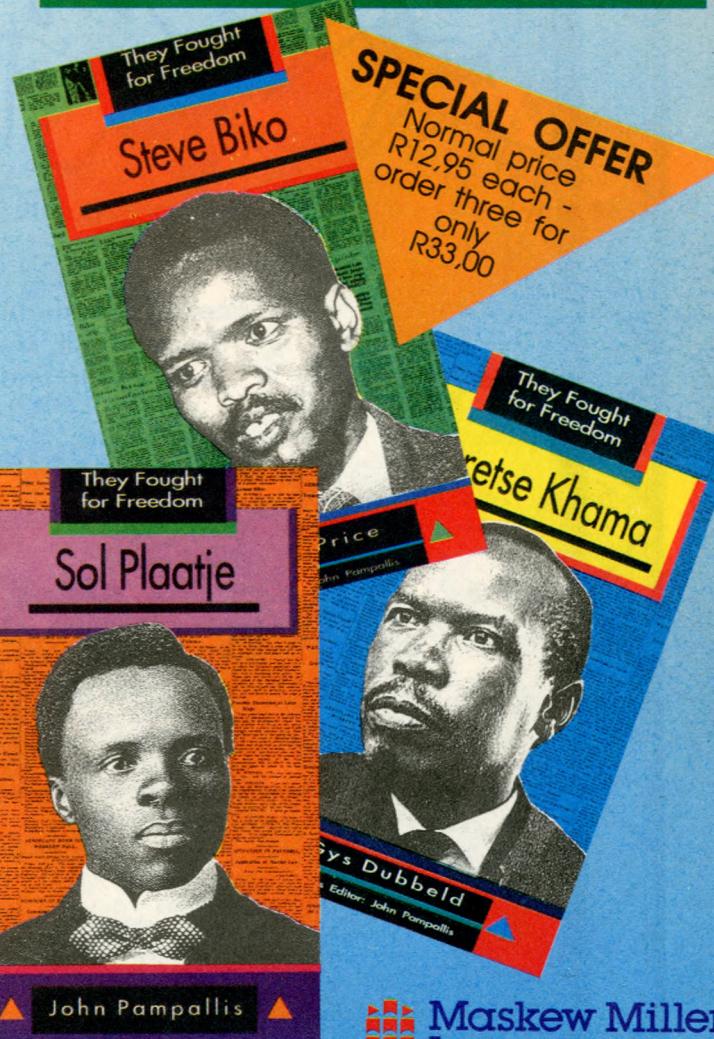
'I would like to go overseas to Mauritius, Reunion. No, don't put that down. I'd like my freedom. I would also like to be over-age.'



## They Fought for Freedom

Life stories of southern African leaders

NEW SERIES



 **Maskew Miller Longman**

This series of books tells the life stories of southern African leaders who struggled for freedom and justice. In spite of the important roles they played in the history of southern Africa, most of these leaders have been largely ignored by the history books. The series aims to restore them to their rightful place in history.

Other titles in preparation:

- Z K Matthews
- Lillian Ngoyi
- James Calata
- Yusuf Dadoo
- John Dube
- Ruth First
- Dorothy Zihlangu
- Bram Fischer
- Albert Luthuli
- Abdul Abdurahman



### **ORDER FORM**

Return to: Maskew Miller Longman,  
P O Box 396, Cape Town 8000

YES please send me

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 copy/ies of SERETSE KHAMA  
 copy/ies of SOL PLAATJE

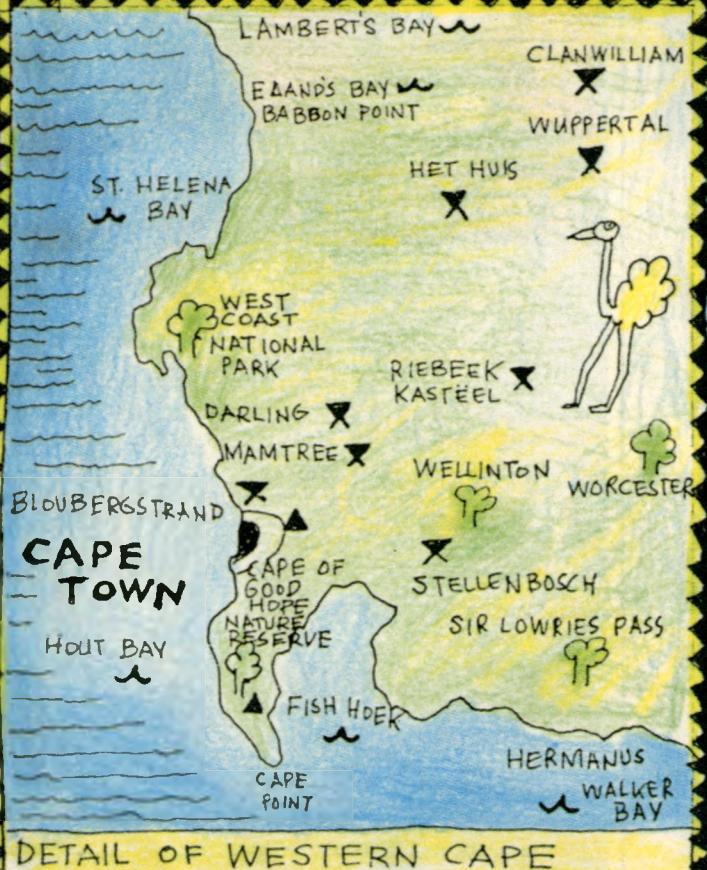
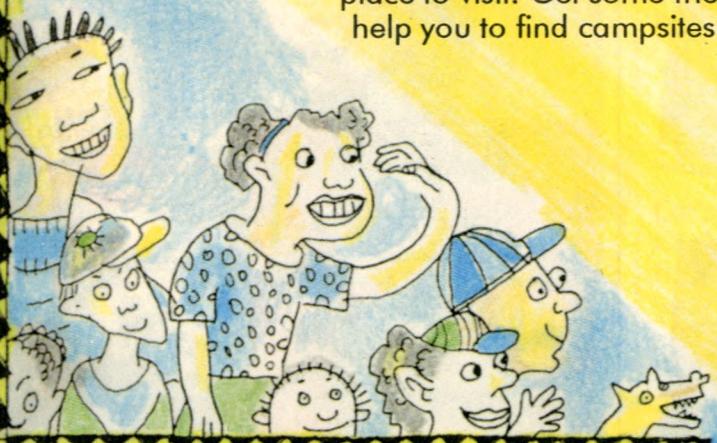
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postal order for R  
 cheque for R

Name and address to which book/s must be sent:

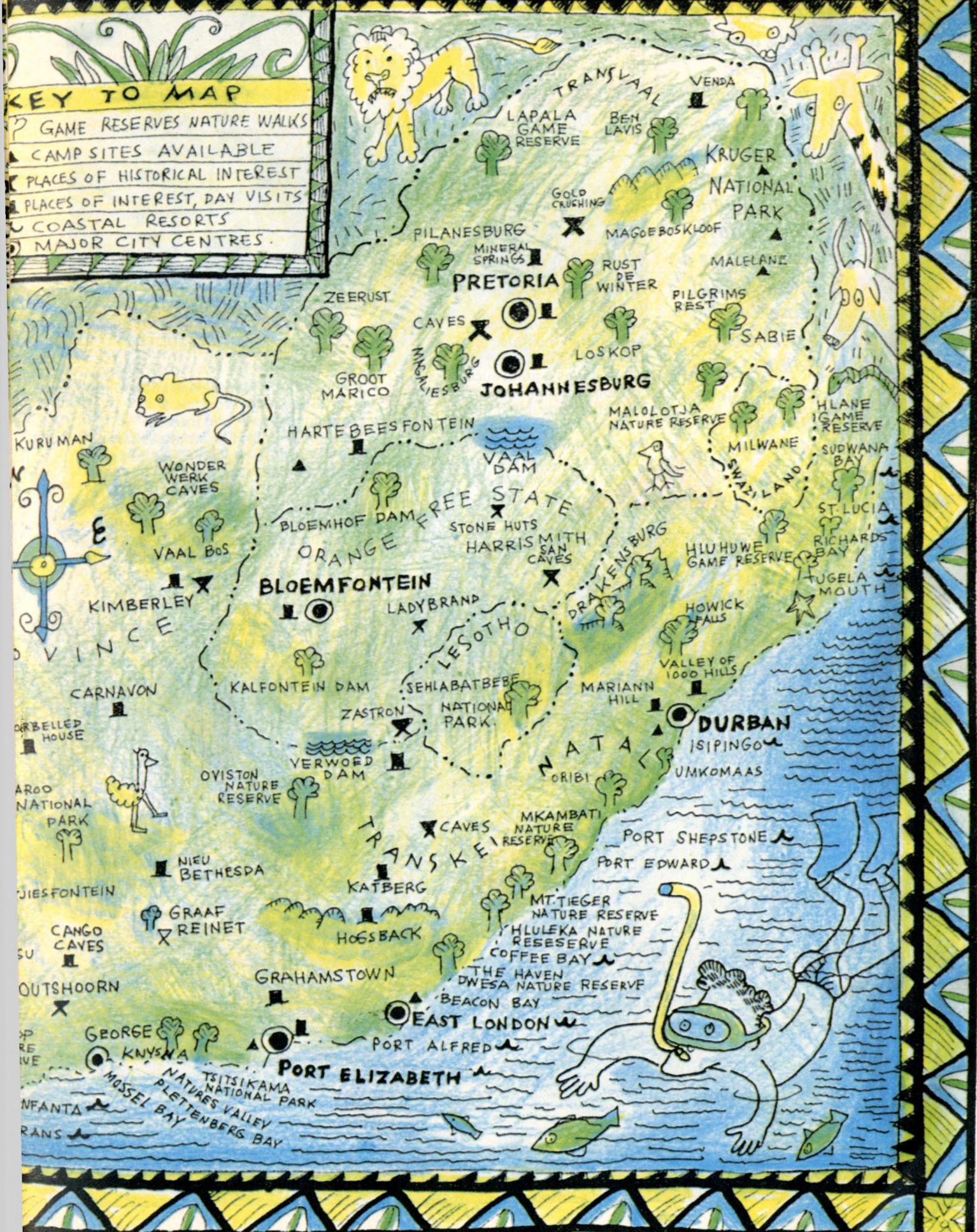
# The Holidays Places to Go

Feeling bored and don't know what to do these holidays? Find an exciting place to visit. Get some friends together and go camping. This map will help you to find campsites and other interesting places to visit close to where you live.



## KEY TO MAP

- GAME RESERVES NATURE WALKS
- CAMP SITES AVAILABLE
- PLACES OF HISTORICAL INTEREST
- PLACES OF INTEREST, DAY VISITS
- COASTAL RESORTS
- MAJOR CITY CENTRES.



# SA's Music Hall of Fame

As seen on  
'Turn on to  
English' -  
CCV  
Teleschool

of the music giants  
that Thando chose.

Join the 'Turn onto English' gang and learn about the golden oldies, who had your grandparents up and jiving. Tando and his friends have put together a music hall of fame, to celebrate South Africa's rich musical history.

Meet a few

of the music giants  
that Thando chose.



## MIRIAM MAKEBA THE NIGHTINGALE OF SONG

Miriam Makeba is South Africa's first lady of song. Miriam was born in Johannesburg in March, 1933. She started singing in her church choir when she was living with her granny in Pretoria. Miriam loved music. She used to listen to her brother's jazz records.

Miriam's big break came, when she appeared in the musical show, King Kong. King Kong went to London, where it was a great success. After London, Miriam went to the USA. The Americans loved her.

Miriam tried to return to South Africa, but the government would not let her in. She never forgot South Africa. And in 1991 Miriam came home, for the first time in 21 years.



## HUGH MASEKELA GREAT TRUMPETER

Today Hugh Masekela is known throughout the world as a great trumpeter and musical composer. Like Miriam Makeba, he left South Africa in 1960 and only returned last year.

Hugh was born on 4 April 1939 in Witbank, but he grew up in Alexandra township. When Hugh was at school, the famous priest, Father Huddlestone, got him a trumpet. He hoped the trumpet would keep Hugh out of trouble. He was right.

Hugh played with all the main jazz bands of the time. But apartheid laws made it very difficult for black musicians to make a living.

Then Hugh was offered a scholarship to study music in England. He grabbed at the opportunity.

Miriam persuaded Hugh to join her in the USA, where people loved African jazz. Hugh was a great success. But he missed home. So, in 1983 Hugh returned to southern Africa. He started a music school in Botswana but continued to record and perform in the USA. Today Hugh is back in South Africa and everyone is pleased to have him home.

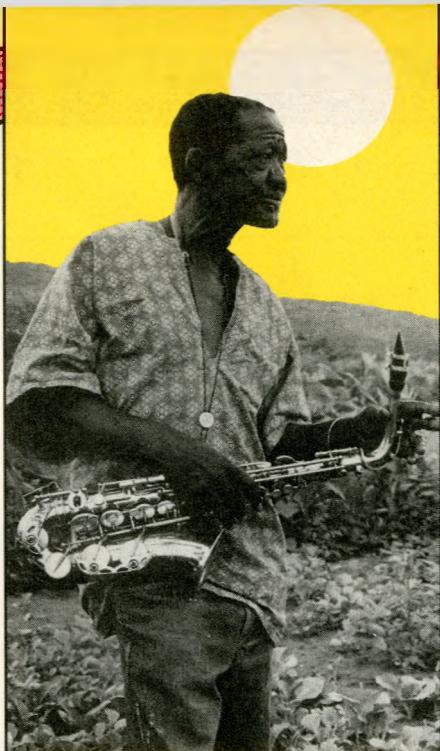
## ABDULLAH IBRAHIM (DOLLAR BRAND) - THE PIANO PLAYER

Abdullah Ibrahim was born in Cape Town. Abdullah grew up with music in his ears. His granny played the piano in church. Abdullah earned his nickname 'Dollar' because he loved American jazz. He used to hang out in the Cape Town docks, trying to buy records off visiting American sailors.

Dollar began to earn money, playing the piano at a local cinema. It was there he was discovered by a visiting jazz band. They needed a piano player because their regular player was ill. They heard Dollar and were very impressed with his playing. So they persuaded him to go back to Johannesburg with them.

In 1959 Dollar and his wife, Sathima moved to Swaziland. His dream was to start a music school. But they ran out of money. So Abdullah returned to South Africa. He converted to Islam and changed his name to Abdullah Ibrahim. He also made his most popular album, 'Mannenburg'.

But life in South Africa was tough. Apartheid made it impossible for him to make a living. So in 1976, Abdullah Ibrahim went into exile in the USA. Although Abdullah Ibrahim has visited South Africa a few times since 1990, he still lives in New York.



## SPOKES MASHIANE PENNY WHISTLER AND SAXOPHONIST

Spokes Mashiane was born in 1932, in Vlakfontein, north of Pretoria. He didn't spend much time at school. But Spokes didn't care. He just loved music. In 1954 Spokes came to Johannesburg. There he met Frans Pilane, a marabi guitar player. They began to play together at the Zoo Lake on Sundays.

News of the wonderful music at Zoo Lake spread. Strike Vilikazi, a talent scout for Trutone records, went to hear them. He liked their music and a week later he had Spokes and Frans in the recording studio. Their records were great hits. And Spokes became the king of 'kwela' music.

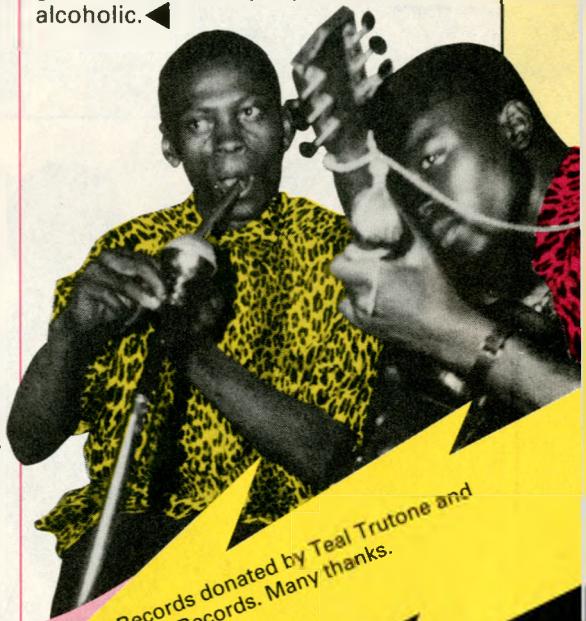
In 1958 Spokes started to play the saxophone. His album, City Hall Special, was a great success. But by 1964 Spokes's music was no longer so popular. Spokes was forced to work in a canning factory. Spokes died in February 1972, like too many of our great musicians, a pauper and an alcoholic. ◀

## KIPPIE MOEKETSI STAR SAXOPHONIST

Kippie Moeketsi was born in 1925. He grew up in the old township of George Goch, Johannesburg. Kippie hated school and often bunked. He worked as a caddy at a golf course.

Kippie started a band called the Boys in Blue. They played marabi music that made everyone dance. Kippie played with the greatest bands of the time, the Harlem Swingsters, the Shantytown Sextet and the Manhattan Brothers. 'Our shows were full,' Kippie once said. 'I always had money in my pocket. We ate very well in those days.'

Kippie went to London with King Kong. But he hated it. He drank so much that he ended up in hospital for two months. So Kippie returned to South Africa. But the music scene was dead and many of his friends had left the country. Kippie had no work. So Kippie turned to the bottle once more. He died in 1983.



Records donated by Teal Trutone and gallo Records. Many thanks.



**COMPETITION  
TIME**

- 1** What instruments did Spokes Mashiane play?
- 2** Miriam Makeba and Kippie Moeketsi left South Africa with the musical show, \_\_\_\_\_.
- 3** Hugh Masekela got his first trumpet from \_\_\_\_\_.

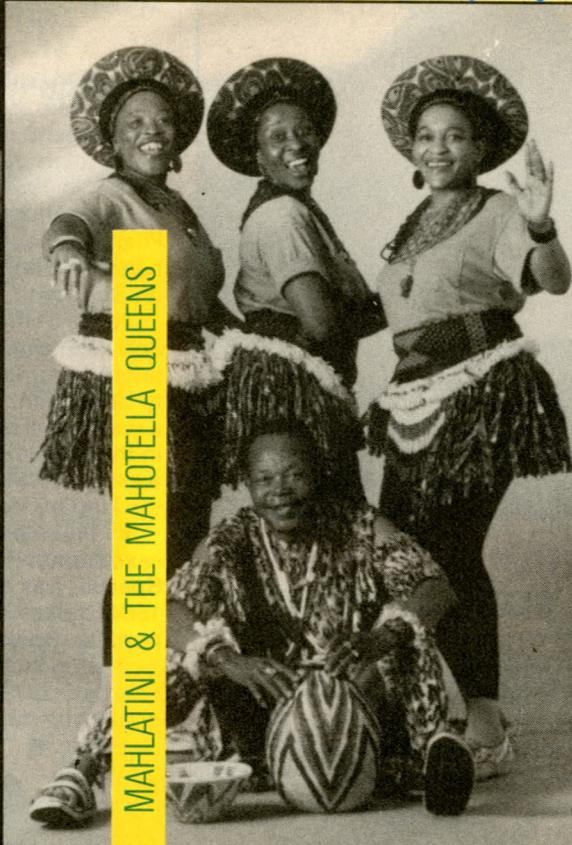
Would you like to win some albums by some of our great musicians of the past. If you would like to, answer these three easy questions. Write your answers on a postcard and send them to: Upbeat Jazz Competition, P O Box 11350, Johannesburg 2000.

**TURN TO  
PAGE 20**

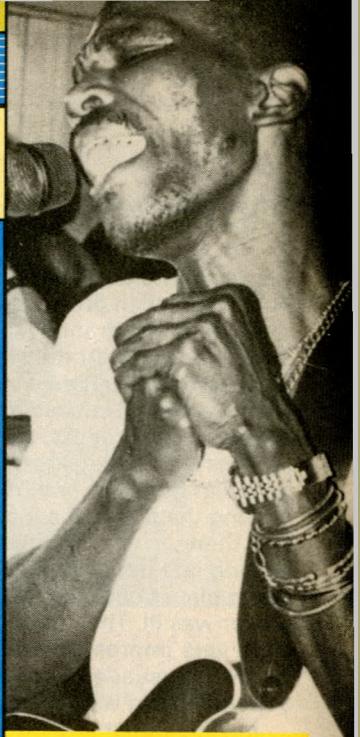
You'll find a collage of the South African music stars of today.

# U'BEAT

# MUSIC HALL OF FAME



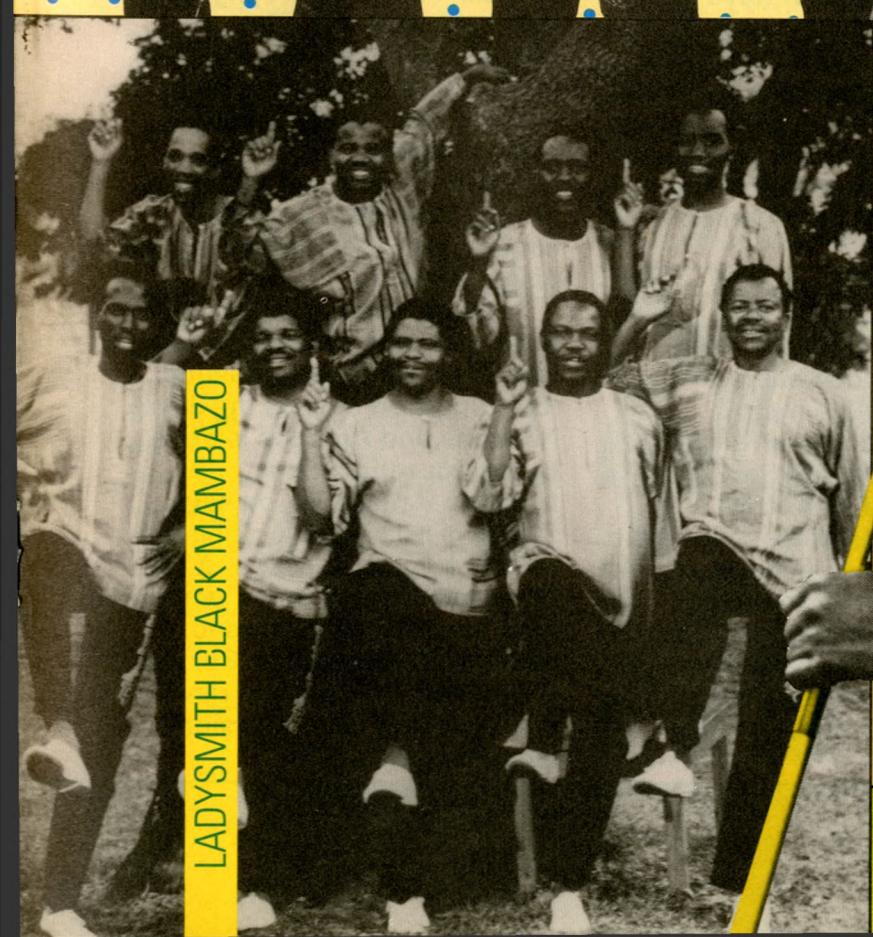
# TODAY





MANGO GROOVE

THE DALOM KIDS



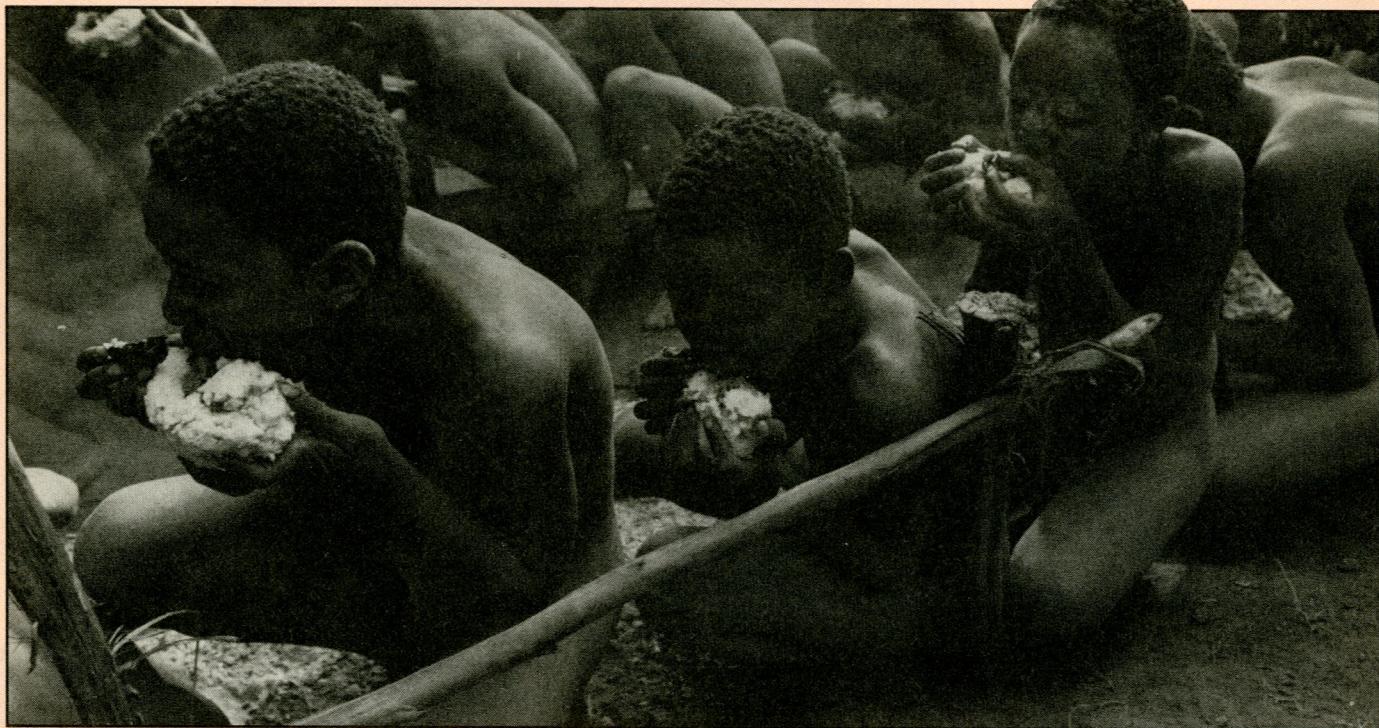
LADYSMITH BLACK MAMBAZO



LUCKY DUBE

# SHOULD BOYS BE CI

Photograph by Steve Hilton-Barber



***Circumcision is an operation where the foreskin, that's the skin at the tip of a boy's penis, is removed. Why are boys circumcised? Upbeat looks at the different views.***

**S**ome boys are circumcised for health reasons. For Jews and Muslims, circumcision is part of their culture and religion. Baby boys are circumcised a few days after they are born. In some African communities circumcision marks the difference between boys and men. It takes place when boys are teenagers and is an important part of the change from boyhood to manhood.

## HEALTH REASONS

Upbeat spoke to a Muslim doctor who does about 40 circumcisions a month. He says, 'The Koran says that Muslim men must be circumcised. It is to do with religious cleanliness. But apart from religious reasons, I think circumcision is healthy. Men who are circumcised don't suffer from cancer of the penis. And their women also don't suffer from cancer of the cervix.'

***Young boys at circumcision school have a meal. Some people feel conditions at these schools must change.***

Thembu Moyana, a mother, agrees. 'I circumcised my son for health reasons. The foreskin of the penis keeps dirt inside. This can cause germs to breed. Often children don't wash properly. So, if the foreskin is removed, the penis is easy to wash. I also think circumcised men don't contract diseases easily.'

A Jewish doctor we spoke to disagrees that circumcision is important for health reasons. 'Circumcision among the Jews, Muslims and Africans is done purely for religious or traditional reasons,' he says. 'There is no hygienic or health reason for circumcision. A lot of people believe that a person who has been circumcised cannot catch diseases. But this is not true. Doctors still have to find proof that circumcision stops diseases.'

# RCUMCISED?

David Arthur, a young father agrees. Both he and his son are uncircumcised. 'The World Health Organisation say that it is bad to have operations if they are not necessary. And circumcision is unnecessary. I think no-one should be circumcised,' he said.

## INITIATION SCHOOLS

For Harry Letsebe circumcision is about culture and tradition. 'I went to the initiation school in 1987. In my community, people who are not circumcised are outcasts,' Harry said.

'Uncircumcised men cannot take part in clan or tribal meetings. They can't even enjoy the pleasure of drinking beer with circumcised men of their age-group,' Harry told us.

But Harry feels strongly that things must change at initiation school. 'Circumcision disrupts schooling. Students miss classes when the time for initiation comes. And many initiates, can't cope when they return to school. Sometimes newly circumcised boys are bullies. They give teachers a hard time,' Harry complained.

'Another problem with circumcision,' Harry continued, 'is that while boys are at the initiation school, parents give money to the local chief for their food. But very little of the money is used at the school. Some chiefs keep it to line their pockets. And you dare not object!'



**Harry Letsebe**

Isak Niehaus of the social anthropology department at Wits University, believes that people should not be forced to undergo circumcision.

'There are good things about circumcision. And there are also bad things about it,' Niehaus said. 'Young people who come from the mountain are better informed about sex education. Research on initiation schools shows, that there is a very low rate of teenage pregnancies, among people who come from initiation schools.'

But there is something that worries Isak. He told us that boys at initiation school sometimes die after being circumcised. This is because there is not proper medical care. Sometimes the instruments used to perform the operation

are not clean. Circumcisions must be done under clean circumstances, so as to avoid infection.

*The guy on the left is circumcised. His friend on the right isn't. But will it affect their lives?*



Illustration by Wilhemien de Villiers

So it seems that there is no right answer. But, if boys are circumcised we must respect their tradition and belief. It may be, that circumcised boys find it slightly easier to keep their penis clean. But if men are uncircumcised, that is fine too. Circumcision does not affect sex or the size of your penis. There is no rule and no proof that either way, is better than the other. ▲

Photograph by Hans Mangole

## SPEAK OUT!

What do you think?  
Should boys be  
circumcised?

Send your letters to:  
**Upbeat Speak Out**  
**P O Box 11350**  
**Johannesburg**  
**2000**

# 1992

## THE YEAR THAT WAS

How much do you know of the events that made world headlines in 1992? Here is a fun quiz that will help you test your general knowledge.

### 3

A smiling mass murderer killed 8 people in Strijdom Square, Pretoria. Many people were shocked when the government freed him in October. What is his name?



### 1

Who was the captain of our national soccer team when South Africa played against Cameroon in July?



### 2

This South African long distance runner won a silver medal in the women's 5000m race, in the 1992 Olympics held in Barcelona, Spain. What is her name?



### 4

Civil war and famine have claimed over 100 500 lives in this African country. What is the name of this country?

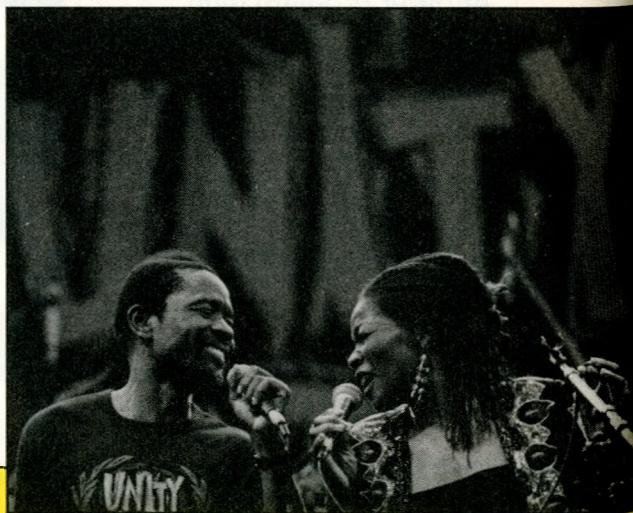
### 5

What was the name of the singer who staged the controversial show, 'Born At The Right Time' in South Africa?



### 6

Husband and wife and partners in music! They have just released *Not yet Uhuru*, their first LP since they returned to South Africa. What are their names?





7

In September there was a protest march in Bisho, Ciskei. People were demanding freedom in the homelands. Twenty-seven people were shot dead. People are saying that the military ruler of this homeland must resign. What is his name?



8

In October an African country was hit by an earthquake. Unofficial reports said that at least 226 were killed and 2 300 were injured. Give the name of this country?

9

What is the name of the historic South African convention, which many political leaders attended?

People hoped that this convention, would end South Africa's political problems.

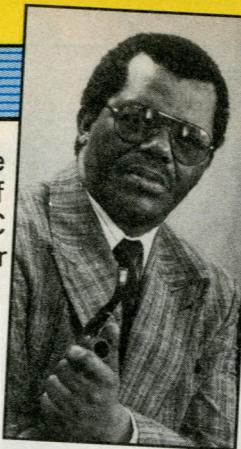
10

What is the name of the American actress who stars in the movie *Sarafina*?



11

Give the name of the ANC member who campaigned for South Africa's re-admission into international games?



14

14. What is the title of Michael Jackson's latest album?

12

In October an African country held its first democratic elections after fighting a civil war for 16 years. What is the name of this country?



13

There was a lot of news about a terrible ethnic war in a European country. This war turned a million people into refugees. What is the name of this country?

## ANSWERS

1. Neil Tovey
2. Elena Meyer
3. Barnd Strydom
4. Somalia
5. Paul Simon
6. Letta Mbulu and Caiphus Semenya
7. Brigadier Oupa Gqozo
8. Egypt
9. Codesa
10. Whoopi Goldberg
11. Steve Tshwete
12. Angola
13. Yugoslavia
14. Dangerous

## ANSWERS

Advertisement

### Voëls van anderste vere



gedigte vir kinders

Antjie Krog

English translation by Michael Cope  
Inququlelo yesiXhosa nguSandile Dikeni

buchu books

# HOLIDAY READS

Illustrations by Jeff Stacey



Here are some new books and some old books, for you to read during the holidays. Go down to the library.

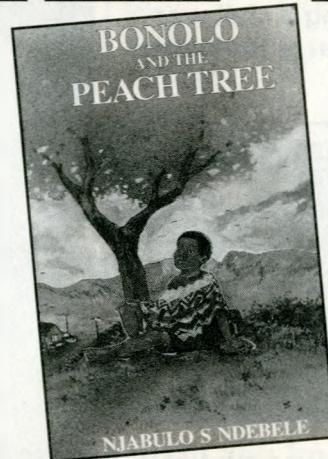
Maybe you'll find one of these books there. Or perhaps you can persuade a favourite aunt or uncle to buy one for you for Christmas.

## FOR YOUNGER READERS

*Bonolo and the Peach Tree* by Njabulo Ndebele  
Published by Ravan Press.  
Price: R33.00

*Bonolo and the Peach Tree* is a rather strange book. It is about a young boy, Bonolo who lives in a small village in the mountains of Lesotho. Bonolo's father is a carpenter and his mother weaves mats. They try to teach Bonolo their skills. But all Bonolo does is day dream.

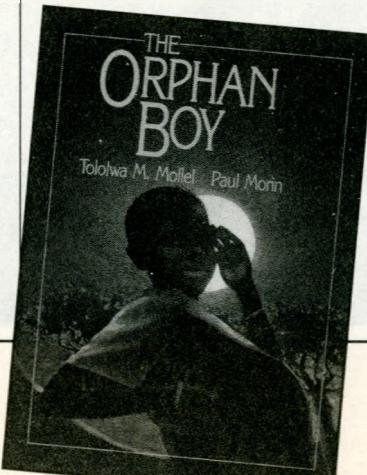
But one day Bonolo realises that the peach tree is rotten and his imaginary world falls



apart. The whole village help Bonolo learn to be a member of the community. This book, written by one of South Africa's great writers, must not be missed.

*The Orphan Boy* by Tololwa M Mollel and Paul Morin  
Published by Oxford University Press  
Price: R39.95

The Maasai of Kenya call the planet Venus, Kileken or the orphan



boy. In this book Tololwa Mollel explains how Venus got this name. It is a story of a lonely old man who loves the stars. One day a young boy arrives and changes the old man's life. But the old man breaks a promise he made to the young boy. And so his fortune changes.

*The Orphan Boy* is filled with beautiful illustrations by Paul Morin. It has won many awards. Best of all, the publishers have translated the story into Afrikaans, Zulu, Xhosa and Tswana.

## FOR PEOPLE WHO ARE LEARNING ENGLISH

*Love is a challenge* by Hope Dube  
Published by Heineman Junior African Writers Series  
Price: R11.55

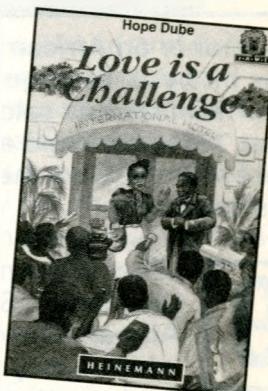
Heineman's Junior African Writers Series is a collection of books that are specially written for young people in Africa. The books are simply written for people who



do not speak English as their home language. The stories are simple and they are about young people.

*Love is a challenge* is set in South Africa. But there is no apartheid. There is no mention of any of the problems that make South Africa what it is. The story is about Sarah Mulenga who works for the rich and powerful John Luke. John Luke sets her a difficult task. Sarah succeeds, of course, and all leads to love.

If you enjoy fairytales, then you will enjoy *Love is a Challenge*.



*The Prophetess* by Njabulo Ndebele  
Published by Viva Books  
Price: R12.00

This book is from a short story written by Njabulo Ndebele. Viva Books have rewritten the story in very simple English. And now everyone can enjoy Ndebele's wonderful story. The book is full of beautiful illustrations which



make you want to read it.

The mother of a young boy who lives in Charterston is sick. She sends her son to the prophetess to fetch some holy water. She believes the water will make her better. But everyone in Charterston is frightened of the prophetess. So when he knocks on the door, the young boy is very frightened. The young boy discovers that the prophetess is not frightening at all. She tells the young boy that one day he may have to help people too. After an accident on the way home, the young boy finds he must do what the prophetess suggested.

This book is about belief. It raises the question of whether people have special powers or not. The book doesn't give answers. But it makes you think. There is also a teacher's guide.

## A NEW BOOK ABOUT SOUTH AFRICA

**Flood Sunday** by Peter Slingsby.

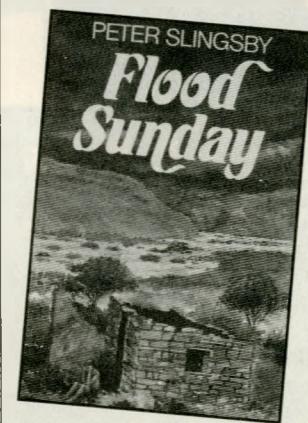
Published by Tafelberg  
Price: R22.95

**Flood Sunday** is about people who are faced with disaster

and overcome their prejudices. It is an exciting book set in Laingsburg in the Karoo.

The background of the story, is the terrible flood that destroyed the old part of the town in 1981. Ralph, a young boy from the 'Coloured' township, Drawol, has a fight with some white children. He lands up in court and is unfairly accused of stealing. Ralph is angry with everyone, especially the children who caused his problems.

When the flood hits the town, Ralph must decide whether to save these children or not. Should he do what is right or leave them to the raging river. I could not put *Flood Sunday* down, until I had finished it. I'm sure you will find it exciting too.



## POETRY BOOKS

**My Drum 2**

Published by Abecedarius Books

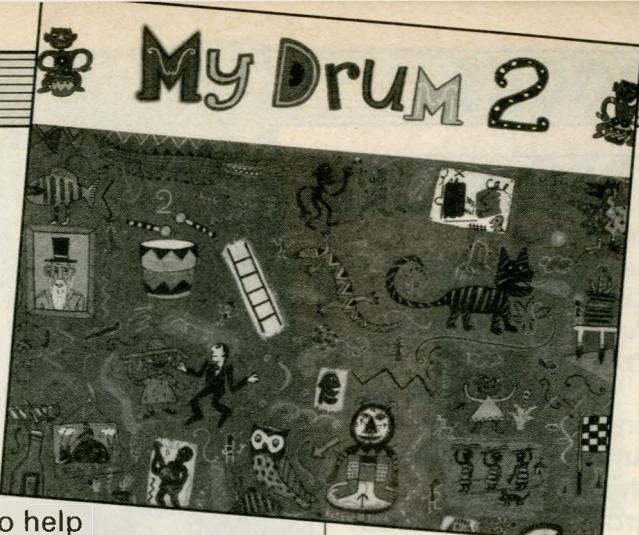
Price: R31,42

This collection of poems and stories from southern Africa is a delight. The pieces of writing are chosen

and overcome their prejudices. It is an exciting book set in Laingsburg in the Karoo.

The background of the story, is the terrible flood that destroyed the old part of the town in 1981. Ralph, a young boy from the 'Coloured' township, Drawol, has a fight with some white children. He lands up in court and is unfairly accused of stealing. Ralph is angry with everyone, especially the children who caused his problems.

When the flood hits the town, Ralph must decide whether to save these children or not. Should he do what is right or leave them to the raging river. I could not put *Flood Sunday* down, until I had finished it. I'm sure you will find it exciting too.



to help young people see themselves as South Africans. There are Khoi poems, Afrikaans songs and chants from Mozambique. There are six pages of the Storyteller comic, '99 Sharp St'. There are shocking poems, like Chris van Wyk's 'Memory' and funny limericks like Gus Ferguson's 'Tick Tock'. In fact there is something for everyone. Students

can enjoy this book and teachers can use it as a wonderful resource for teaching English. And if you like *Drum 2*, you'll be pleased to know that there is another book just like this, called *Drum 1*. And there is a cassette tape with the stories and poems on it and some music too.

**TURN TO PAGE 28**

## Sanlam-Prize for Youth Literature 1992 Sanlam-prys vir Jeuglektuur



A "quest" novel that is full of old jazz and band of Argonauts in search of a mysterious yellow wood box.

R27.95 / 212 pp



A detective story with a difference. Danny, an adopted child, becomes obsessed with finding his 'real' parents.

R24.95 / 128 pp



In an effort to get attention Lucy invents games, like the running away game. It is a lot of fun, but it becomes very dangerous.

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Postbus 879 Kaapstad 8000

**Sanlam**

**Tafelberg**

# BOOKS

## AN OLD FAVOURITE

*My darling, my hamburger* by Paul Zindel

Published by Red Fox  
Price: R20,89

When this book was first published in America in 1969 it shocked many grown-ups. It is about two young girls. They are in their last year at school. It is about their relationships with boys and with their parents.

The one girl, Liz, falls pregnant. The book deals honestly with many problems young people face. It does not pass judgment on anyone. In some ways it is a very sad book, but it is definitely worth reading.



## A NEW BOOK ABOUT SOCCER

*United!* by Diane Redmond

Published by Puffin  
Price: R19.80

Dave Porter's whole life is centred around soccer. His dream is to become a professional player. But Dave has a



long struggle because his father hates soccer. As Dave is about to reach his dreams, he suffers two serious injuries. To make things worse, Annie, his childhood sweetheart, leaves him for a slinky, young journalist.

Dave is determined to rise above these setbacks. While in hospital, he meets Mary, a young nurse. With Mary's support Dave picks up the pieces of his life again.

*United* is a novel that football fans of all ages must not miss! ◀

# MEET A

## A conversation with David Mckee, British writer and illustrator

At a recent book festival - David Mckee talks about his books and shows how he draws.



When I first saw David Mckee's books I thought, 'This man must be mad.' In his book *I hate my teddy bear*, two children have a fight in a park about their teddies. But the park is filled with the strangest people doing the strangest things. There are gangsters wandering around, people carrying giant hands and a granny whose knitting disappears into a pond.

David started off at art school in England. But he enjoyed telling stories. So he combined his talents, story-telling and drawing. David's books are different to other picture books.

# COMPETITION TIME

Read the book reviews. Then copy the crossword puzzle onto a postcard and fill it in. The numbers in brackets tell you how many letters in each word.

Send your answers to:  
**Upbeat Book Competition**  
P O Box 11350  
Johannesburg  
2000

### Across

1. Upbeat spoke to British writer and illustrator, David \_\_\_\_\_ (5)
2. \_\_\_\_\_ is about how Dave struggles to become a professional football player. (6)
5. My darling, my hamburger is about two young girls and their \_\_\_\_\_. (13)
8. \_\_\_\_\_ Sunday is about the floods that destroyed Laingsburg in 1981. (5)
9. The Middle of Somewhere is set in \_\_\_\_\_. (5) (6)

### Down

1. The Orphan Boy is a \_\_\_\_\_ (6) folk-tale.
3. There are reviews of two books written by this man. (7)
4. The name of the young boy who told wonderful stories. (6)
6. \_\_\_\_\_ Mulenga is the young woman in Love is a Challenge. (5)
7. A new poetry book. (2,4,1)

The first ten correct answers we receive will be the lucky winners of exciting book packs worth R180.



## Matric results

**Dear Upbeat**

I am writing my matric this year. I am very worried. How will I know if I must write a supplementary examination? What must I do if I fail and want to write matric again?

*Dikeledi Mokgothu, Phuthadichaba*

**Dear Dikeledi**

Thank you for your letter. This is a very stressful time of year for people who are writing matric. But try not to worry too much. All matric results are posted to the school where you wrote the examinations. If you pass, your name will also be in the newspaper.

You will be allowed to write a supplementary examination if you registered to write a University Exemption matric, but only qualified for a Senior Certificate. You can write a supplementary examination, if there is a supplementary form, attached to your matric result form. You must send this form to the closest DET/DCE department. Or give the form to your principal as soon as possible. Supplementary examinations are written in January.

If you fail and you want to write matric again, then register as a private candidate. You can do this at the school you attended or at an adult education centre. You can only write examinations again in May/June or November/December.

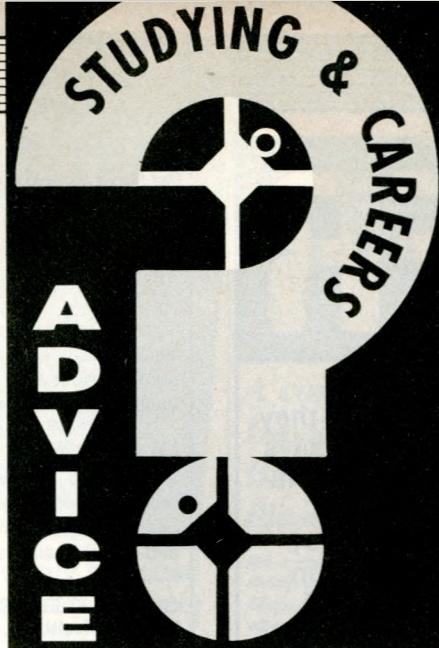
**Editors**

## Correspondence courses

**Dear Upbeat**

I am a qualified teacher with a Std 10 certificate. I want to study further by correspondence but I do not know where to get the books. Please help me with my problem.

*Martha Israel, Oshakati*



**Problems with studying or careers?**

**You are not alone.**  
**Write to us at**



**UPBEAT**  
**P O Box 11350,**  
**Johannesburg**  
**2000.**

## Technical courses

**Dear Upbeat**

I matriculated in 1990. I wish to do civil engineering at a technikon but I failed Maths. Someone told me that I can go to a technikon. But he said I must do technical training and get at least an N3. Is this correct?

*Aaron, Empangeni*

**Dear Aaron**

Thank you for your letter. You can get into a technikon to do certain courses, if you have an N3. But it is difficult to get an apprenticeship for technical training, if you do not have Maths. It will also be very difficult to study civil engineering if you are not very good at Mathematics. In civil engineering you use Maths all the time. We suggest that you write to the technikon and find out about courses which do not require Maths. Or you can write to the CIC for some career counselling. Their address is:

Careers Information Centre  
Ecumenical Centre  
20 St Andrews Rd  
Durban 4001

**Editors**

## TECHNIKONS

**Here is a list of technikons for people who want to do technical courses.**

Cape Technikon  
P O Box 652, Cape Town 8000

Technikon Mangosuthu  
P O Box 12363, Jacobs 4026

M L Sultan Technikon  
P O Box 1334, Durban 4000

Technikon Northern Transvaal  
P/Bag X24, Soshanguve

Technikon Natal  
P O Box 953, Durban 4000

Port Elizabeth Technikon  
P/Bag X6011, Port Elizabeth 6000

Technikon Pretoria  
420 Church St, Pretoria 0002

Technikon RSA  
P/Bag 7, Braamfontein 2017

Vaal Triangle Technikon  
P/Bag X021, Vanderbijlpark 1900

Technikon Witwatersrand  
P O Box 3293, Johannesburg 2000

**Dear Martha**

Thank you for your letter. If you want to study by correspondence, you must register with a college that offers correspondence courses. If you want to study for a degree, you should write to:

Unisa  
P O Box 392  
Pretoria 0001.

If you want to study a

technical course, you can do this through Technisa. They are a correspondence technikon. Their address is:

P/Bag X24  
Braamfontein 2017.

Both places will send you course notes. You must buy the prescribed books. But they will tell you where you can buy them.

**Editors**

# CHESS THE KING OF GAMES

**By Kurt Samson, Athlone**

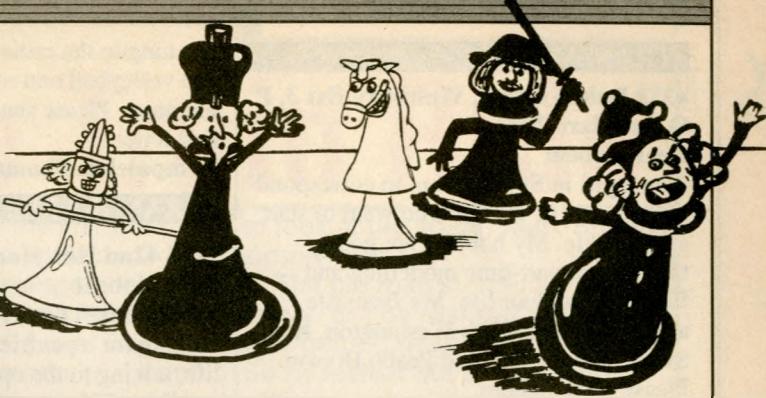
*'Oh no! Not that boring game! All chess players are nerds. No-one plays chess.' These are just a few things that people who don't play chess say. But for people who do play chess, it is the most exciting game in the world.*

**C**hess is an old game. People believe that it was first played in India by rich people and kings. Today chess is played in the homes of rich and poor alike. More people play chess than any other sport, except for soccer. You can buy a chess set for less than R10. But you can also spend thousands, buying a talking chess computer.

Chess is not a sport that people watch. So it is difficult for chess clubs to get sponsorship. And few newspapers write about chess tournaments.

If you want to play chess, start by reading about it. Check your local library, to see what chess books they have.

But you'll learn much more about chess by playing, than you will learn in books. So try to play chess regularly. Join a chess club. If there isn't a chess club at your school or in your area, perhaps you could start one. ◀



*The story and illustrations were done by Upbeat reader, Kurt Samson, Athlone.*

**BE AN UPBEAT REPORTER**

**Readers**, we want you to write stories for us. If we publish your story, you'll be R30 richer. It's easy. Tell us what's happening in your school, youth group, family or community. Or write about a sad, funny or crazy event that happened in your life. Send your story to:

**Upbeat Newsdesk,  
P O Box 11350  
Johannesburg 2000.**

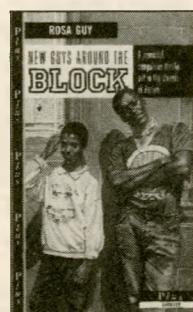
Don't forget to send your name, age and address. Send photographs if you can.

Advertisement

**The Penguin Group****PUFFIN**

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Fax: (011) 496-1117



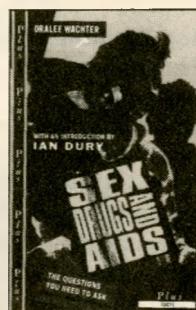
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# PENFRIENDS

## TRANSVAAL

4272 Dahlia Court, Westbury Ext 3, P O Newclare 2092

### Dear Upbeat

I am a girl in Std 8. I want to correspond with people of 16 - 21 who want to start a friendship. My hobbies are going to the gym, part-time modelling and fun filled outdoor life. My favourite artists are Seal, Keith Washington, Keith Sweat, Johnny Gill and Peabo Bryson. Please send a photo.

Mary Jane Black

P O Box 61, Lenyenye 0857

### Dear Upbeat

I am a girl of 18. I am doing Std 10. I want to correspond with girls and boys of all ages. I like going to church, singing, watching TV, listening to music and reading books. Please write in English or North Sotho.

Jean Modiba

55 7th St, Orange Grove 2192

### Dear Upbeat

I am a girl of 16. I want penfriends. My hobbies are aerobics, cooking, dancing, fashion, star signs, writing and listening to music. I will answer all letters.

Mickey Rapisarda

## NATAL

84d Lubbe Rd, Austerville Drive, Wentworth 4052

### Dear Upbeat

I am 15 years old. My hobbies are writing letters, volleyball, tennis, dancing. I want a penfriend. I want to know about their lives, their hobbies and their families. Please write to me in English. I will answer all the letters I receive. Photos are welcome.

Cassim Houston

King Zwelithini High School, P O Box 272, Eshowe 3815

### Dear Upbeat

I am 12 years old, I would like an Upbeat penfriend. I want to correspond with girls between the ages of 14 - 16. My hobbies are modelling, watching TV and swimming. My favourite singers are Brian Adams and Whitney Houston. Please write to me in English or Zulu. Photos are welcome.

Pretty Shezie

P O Box 3 Nongoma 3950

### Dear Upbeat

I am a girl of 15 years old. I am in Std 7. I would like a penfriend. I want to correspond with girls and boys of 14 - 20. My hobbies are watching TV,

listening to the radio, playing netball and volleyball and reading English literature. Please send a photo in your first letter.

Nompulelelo Shamase

## ORANGE FREE STATE

2276 42nd Hill, Harrismith 9880

### Dear Upbeat

I am in Std 9. I am 16 years old. I am looking for a penfriend. I love outdoor life, talking to the opposite sex, watching TV shows and movies. Please write to me in Zulu, English or Southern Sotho. I will only answer letters with photos in them.

Charlie Dlhamini

3461 Putsoane St, Phuthadichaba 9866

### Dear Upbeat

I am nearly 17, doing Std 10. I want to correspond with lads and lasses of 15 - 22. I enjoy watching TV, karate, netball, music and reading magazines. Please write to me in English.

Pulane Lichaba

## CAPE

39 Dahlia St, Malabar, Port Elizabeth 6020

### Dear Upbeat

I am a girl of 16. I want to correspond with boys and girls of 16 - 20. My hobbies are listening to music, reading and playing volleyball. I am a student at Woolhope Secondary School. I also enjoy going to the cinema and making friends with different races.

Vanesh Naidoo

Blinkklip Hostel, P/Bag X3062

Posmasburg, 8420

### Dear Upbeat

I am a matriculant at Blinkklip Secondary School. I want a penfriend. My hobbies are music, dancing, reading and I am a model. I have won many competitions. I am better known overseas than here in South Africa. Write to me and find out more about me. I will reply to every letter.

Ronnie Kock

3218 N.U.2, Mdantsane 5219

### Dear Upbeat

I am a girl of 15. I am doing Std 8. I am looking for penfriends between the ages of 15 - 19. I like watching movies, listening to music, ballroom dancing, playing softball, having fun and reading comics. You can write to me in English, Xhosa or Zulu.

N. Mashalaba

## AFRICA

Delegacao Municipal da Educacao, Escola No. 60, cx Postal 52, Lubango, Angola

### Dear Upbeat

I read No 1 & 2 of your magazine and I like it. I am a university student. I am 19 years old. I want to correspond with young South Africans. My hobbies are reading English literature, writing letters, listening to music, watching TV and studying.

Walter Nhumbuavali

P O Box 5, Abo Abo No.1, Dormaa-Ahenkro, B/A Ghana

### Dear Upbeat

I am a student in Ghana. I want a penfriend from your country. I am 24. My hobbies are letter writing. I hope my letter is successful.

Felix Cheremeh Askia

St Joseph High School, P O Box 542, Maseru 100

### Dear Upbeat

I am a girl of 14 in Std 8. I want to correspond with boys and girls of 12 - 15. My hobbies are reading comics, watching TV, going to the cinema, writing letters and compositions and listening to rap music. Please write to me in English or Sesotho.

Macina Ntobeng

## OVERSEAS

S. Ligarden 101, 425 30 H Karra, Sweden

### Dear Upbeat

I am 18 years old. I really want penfriends from your country. Please will boys and girls of 17 and older write to me. I am a happy girl who loves life, roses, pop-corn, elephants, James Dean and George Michael. I listen to most types of music. So please write to me.

Anna Erwast

Frosovagen 19, 83200 Froson, Sweden

### Dear Upbeat

I am 17 years old. I want to correspond with South Africans of 15 - 18 years old. My hobbies are listening to music. I like reggae and hip hop. I like to draw, dance, read and collect things from other countries. Please send a photo if you can.

Lennika Olsson

# The Train Ride



SUN

You dry our clothes  
on the line  
And kill the germs,  
our enemies

You rise so early  
and shade us from darkness.  
All day long  
we walk in your light

You feed our plants with energy.  
You heat the sea,  
Warm us with your rays,  
mother of heat.

Sun, beautiful, sun  
come be my friend,  
come let us have fun  
Burn me not, gentle sun.

Nomthandazo Dumisa, Umlazi

Iky collapsed into the last free seat on the train. She was exhausted. She arranged her shopping bags around her feet. It had been a hard day at work. She was seven months pregnant. Gradually the jerky rhythm of the train rocked her into a relaxed state. She leaned back, breathing deeply, listening to the sounds around her.

The train stopped and the usual shuffling of passengers took place. New arrivals looked for seats and quickly settled into them. Iky became aware of an elderly man, walking very slowly, his head tilted towards the floor, his eyes searching for a seat. He shuffled along the aisle, his left hand clinging on to the edge of the seat. His right hand paved a path through the standing passengers.

Iky hoped a young man named Robert, would offer the old man his seat. The old man approached Robert, clearly thinking the same thing.

'Mtwana, let a tired old sit,' he said. Robert briefly looked up, ignored the old man's request and went on reading. 'I am talking to you kid, give me your seat,' the old man shouted. Everyone else on the train turned

to look at the young man. Robert simply read on.

The old man started to get angry. But he realised that he was getting nowhere with Robert. So he lashed out at the women sitting nearby. 'You have failed in your duty. If this young child had been educated correctly, he would not behave like this. What kind of future awaits us when the young refuse to respect the laws of the community.'

Finally Robert replied: 'Morena, it would be best if you think before you talk. Do not use your age as a licence to insult others,' he said. The atmosphere in the train became charged with the anticipation of a fight. The old man replied, 'I deserve respect from you because I have lived longer than you have.'

There was an uncomfortable shuffling of feet. For a brief moment, Robert looked uncomfortable, then he went on reading. The train came to the next station. The passengers slowly moved out. The old man eventually found a seat while Robert defiantly, read on.

**Rams Pollen, 20, Elim**

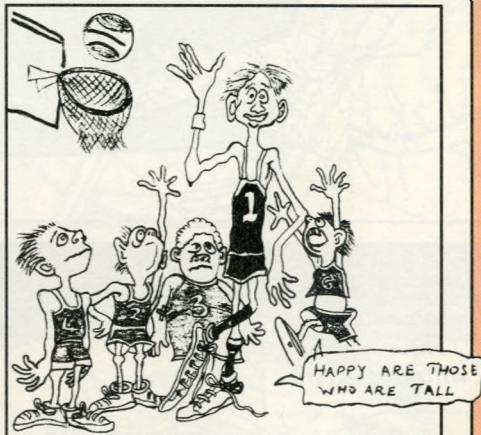


Illustration by Dineo Mokoena, Kwa-Xuma

Illustration by Robert Lomo, Viljoenskroon

# LOOKING FOR A JOB

(PART TWO)

## Your first interview

Here are some do's and don'ts to help you through your first interview.

### DO'S

Find out as much as you can about the company. If the company has a bad reputation, perhaps you should look for a job elsewhere.

What kind of company are HP Furnishers?

HP Furnishers treat their workers fairly.



Dress neatly. If possible, wear a shirt and tie or a dress.

You look great today.



Take all your certificates and references with you in a neat folder.



Shake hands firmly when you are being introduced.



Be relaxed, confident and polite.



Listen carefully. Ask the interviewer to repeat what you don't understand.

I don't understand. Could you please explain what you mean?

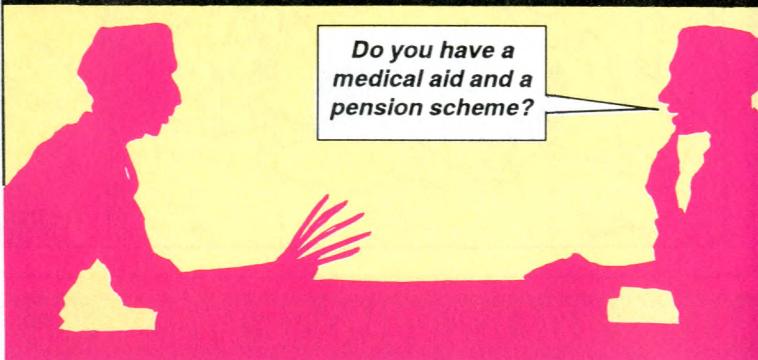


Speak in clear, simple language.



Ask what benefits the company provides.

Do you have a medical aid and a pension scheme?



## DON'TS

Don't arrive late for the interview.



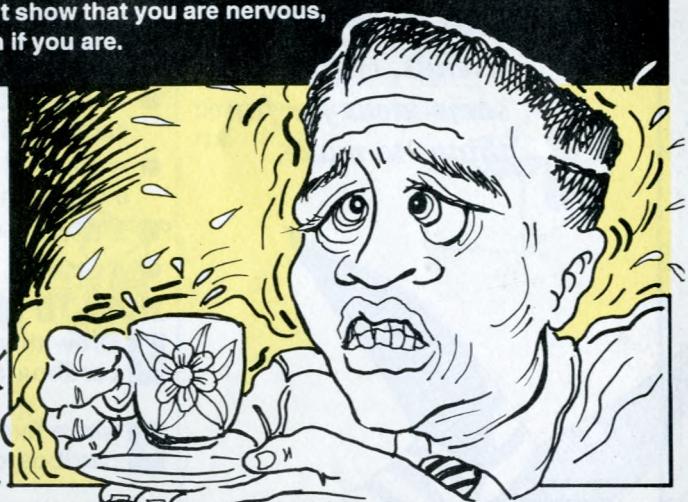
Don't sit down before you are asked to.



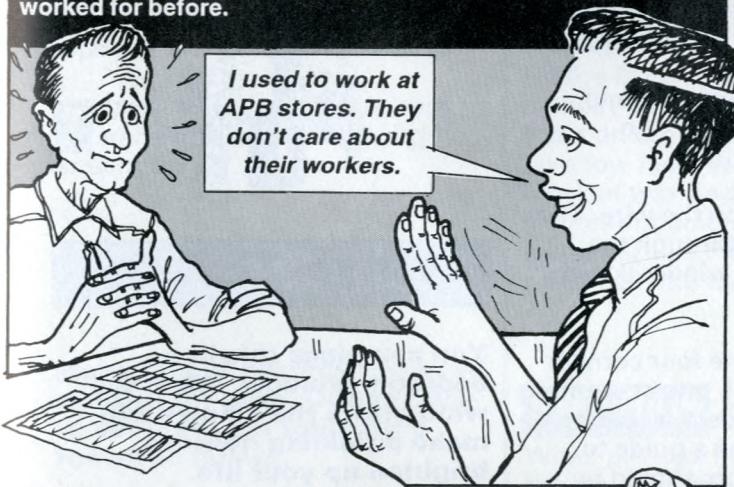
Don't smoke, unless you are invited to.



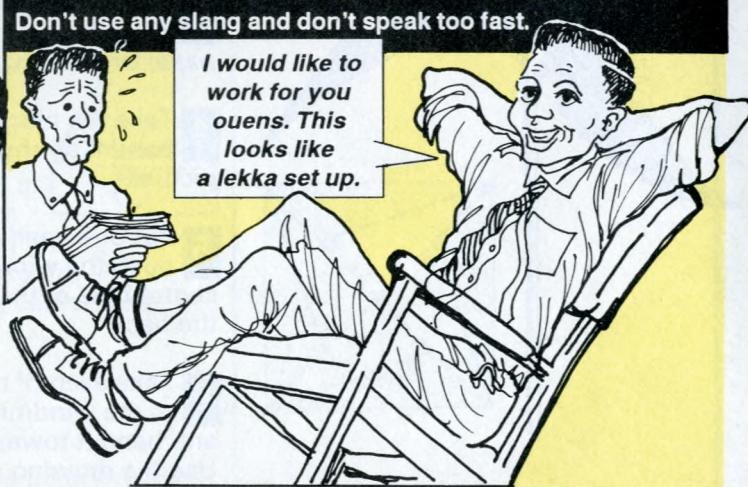
Don't show that you are nervous, even if you are.



If this is not your first job, don't criticise the people you worked for before.



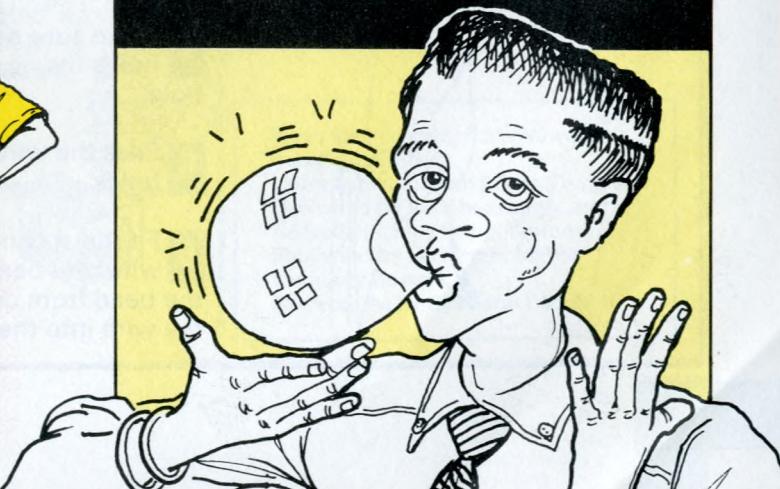
Don't use any slang and don't speak too fast.



Don't wear jeans, takkies or t-shirts.

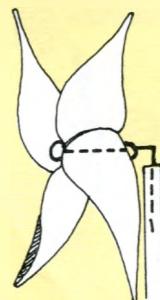


Do not chew any bubble gum during the interview.



# FUN THINGS

*Christmas is here again. It is time to decorate trees and think of gifts for your family and friends. Here are some ideas for fun things to make.*



## A windmill

**Here is something for your little sister or brother to play with. Or use it to decorate your Christmas tree.**

### YOU NEED:

- a thin piece of coloured cardboard
- a piece of stiff wire (like that of a coat hanger)
- 2 Beads
- a Straw

### HOW TO MAKE IT:

- 1 Draw this shape on the cardboard and cut it out.
- 2 Make five holes on the cardboard as shown.
- 3 You can decorate the windmill by covering it with coloured paper or painting it.
- 4 Take the piece of wire and bend it as shown in the picture.
- 5 Put one bead on the wire. Then push the wire through the centre hole of the windmill from the back.
- 6 Take each of the four corners of the windmill, one at a time and bend it towards the centre. Use the drawing as a guide to see how the corners should be bent.
- 7 Make sure each of the four holes fits on top of the centre hole.
- 8 Pass the wire through all four holes.
- 9 Fit the second bead on to the wire and bend the wire to stop the bead from coming off. Push the wire into the straw.



## Wind chimes

**You can place this in a bedroom window. When the wind blows the chimes will make a tinkling noise to brighten up your life.**

### YOU NEED:

- 3 different sized cartons
- a button
- a tin opener
- milk or beer bottle tops
- coloured paper or material

# TO MAKE

## HOW TO MAKE IT:

- 1 Paint or cover the cartons.
- 2 Use your tin opener to make a small hole in the bottle tops.
- 3 Make a knot in the thread on the bottle tops. Measure 10cm of thread and then connect it to a carton with another knot.
- 4 Once you have about 10 tops hanging from the carton, take a piece of paper and cover the rim, where the knots are.
- 5 Do the same with the other carton.
- 6 Make a hole in the middle of both cartons and connect them with a long piece of thread. Now your two sets of bottle tops will hang below each other.
- 7 Make a loop at the top carton to hang it from the ceiling or window sill.

## Candles

**Make lots of brightly coloured candles for gifts. Or use them to decorate the table for a romantic dinner.**

### YOU NEED:

- collect candles or old candle wax
- old or new wax crayons
- a pencil
- 2 tin cans (one larger than the other)
- string
- a stove or hot plate
- milk cartons or toilet rolls

## HOW TO MAKE IT:

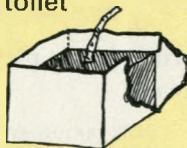
### STEP ONE

Cut the milk carton or toilet roll to the size you want the candle to be.



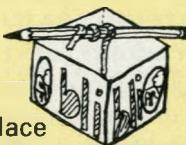
### STEP FIVE

Leave the wax to cool. When the wax is hard, peel the carton or toilet roll off.



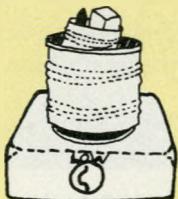
### STEP TWO

Wrap some string around the pencil. Place the pencil above the carton and let the string hang down the centre of the carton.



### STEP THREE

Fill the larger can halfway with water. Put it on the stove on a low heat. Put a block of wax and a crayon (for colour) into the small can. Place the small can into the can of water.



### STEP FOUR

When the wax has melted, turn the stove off and carefully pick up the small can with a potholder. Slowly pour the liquid wax into the carton. Don't fill it right to the top. Leave 3 cms at the top.



Ideas for this story from *How to make presents* by Laura Gunstenen and Jean Temple; Published by Longborough and *Recyclopedia* by Robin Simons; Published by Houghton Mifflin company Boston. Illustrations by Charlotte Peden



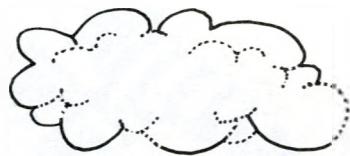
**YAHSAB -  
A REFUGEE  
IN THE  
DESERT**

**refugees (n)** - people who leave their country because they do not feel safe there

**martyr (n)** - a person who died for a cause

**fibrous (n)** - a plant that has a lots of threads

**commemorate (v)** - to have a certain time to remember an event or person



**vegetation (n)** - a group of plants that grow in a certain area



## CHESS THE KING OF GAMES

**sufficient (n)** - having enough of something

**complexity (n)** - something very difficult to understand

**invented (v)** - to make something new

**advanced (v)** - to move on to more difficult things

## UMGENI'S OUTDOOR CLASSROOM

**curiosity (n)** - to be very interested in things or people

**geology (n)** - the study of rocks and how they are made

**population dynamics (n)** - how people and animals survive in a certain area

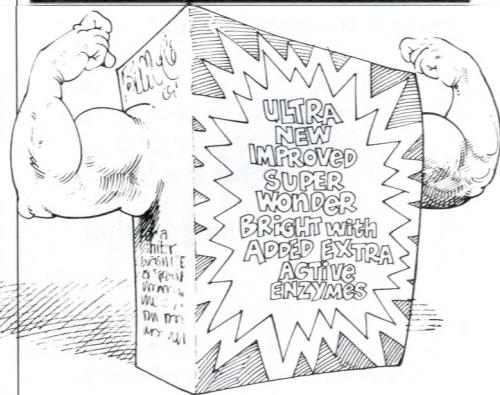
**drainage (n)** - a way of making sure that water flows easily

## SICELELE IHLOMBE DISCOVERING NEW CRAFTS

**advertisement (n)** - a notice on radio or TV for people to see

**unemployed (n)** - when someone does not have a job.

**textile (n)** - material that is made by weaving threads together.



# QUIZ

1992

## THE YEAR THAT WAS

**controversial (n)** - an issue that a lot of people argue about

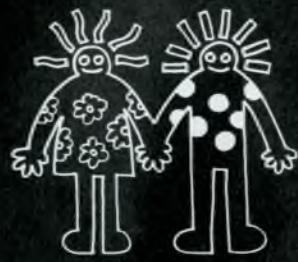
**picket (v)** - a group of people who fight against an issue in a public place

**civil war (n)** - when people of the same country fight against each other

**to campaign (v)** - to make plans to fight against something bad



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## COMPETITION WINNERS

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Jane Tshoba, P.O.Box 291, Siyabuswa, 0472  
Richman Ngobeni, P.O.Box 759, Thulamahashe, 1365  
Mduduzi Zuma, P.O.Box 1261, Embalenhle, 2285  
Ephus Mohlala, P.O.Box 256, Kwa Mhlanga, 1022

### SPORTS SURVEY

Tihole Hosia, PhatSIMA High School, Private Bag X1004, Atamelang, 2770  
Dumisani Sithole, P.O. Box 124, Clernaville, 3602  
Natasha Nani, Private Bag 2013, Omaruru, Namibia, 9000  
Justice Maise, P.O. Tshidimbini, Sibasa, Venda  
Juliette Skhosana, 7100 Section U, Mamelodi West, 0122

### RICARDO ALBUMS

Olga Rebese, 2142 Chiawelo II, P.O. Chiawelo, Soweto, 1818  
Charles Mbongwa Khuzwayo, 3434 38th avenue, P.O. Clemaville, 3602  
Diketo Ratema, P.O.box 775, Empumalanga, 0458  
Elsabe Dirks, 16 Helderberg road, Mithcell's Plain, 7785  
C.Boer, Posbus 25, Springbok, 8240

### ATLAS COMPETITION WINNERS

Claudia Zwane, 1469B Emdeni South, P.O. Kwa Xuma, 1868  
Gloria Mutshekwe, P.O.Box 1141, Joubert Park, 2044  
Trisha A. West, 100 Thomas Bowler avenue, Edgemead, 7441  
Jeffrey Loate, 43A Zone 1, Meadowlands, 1852  
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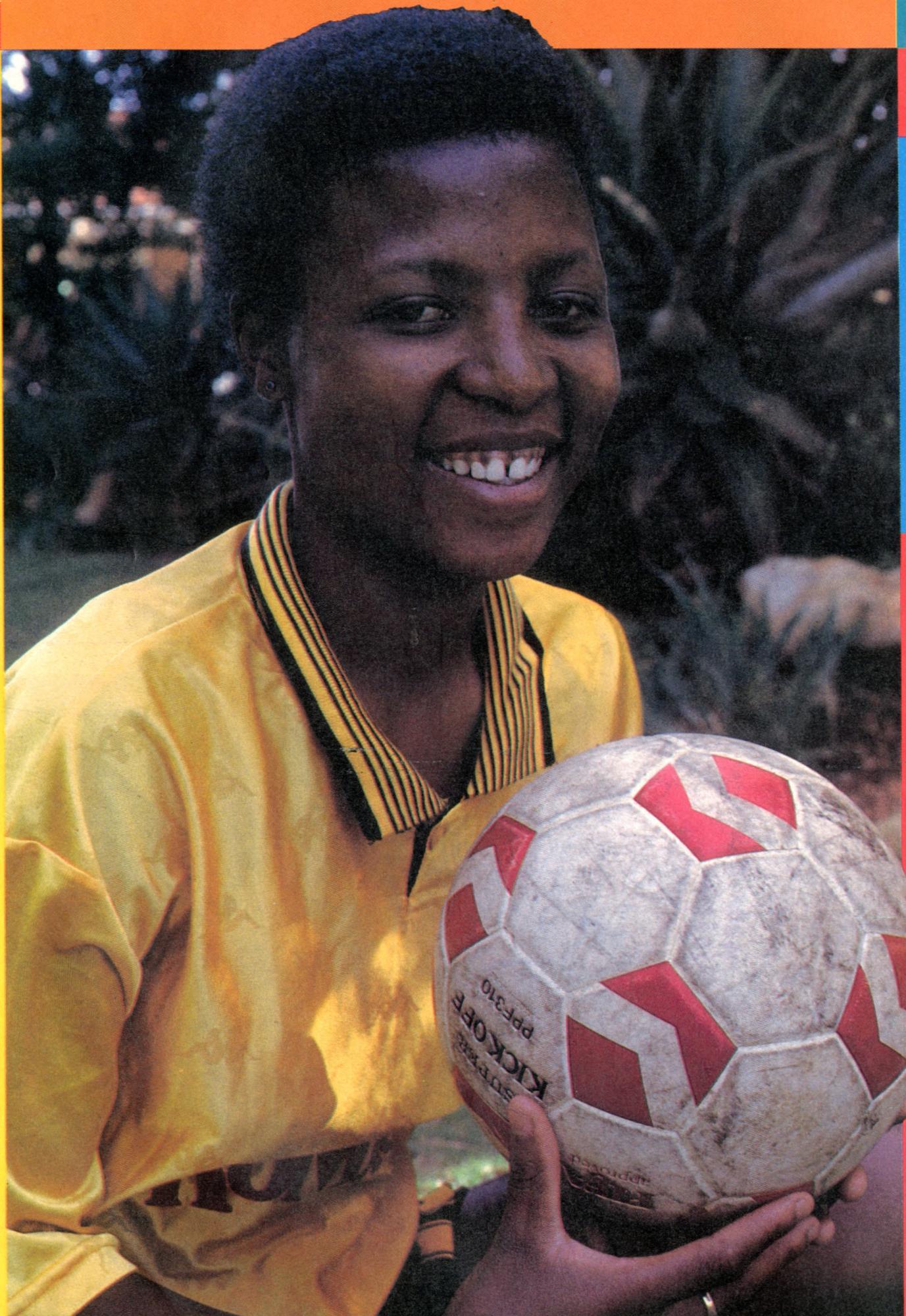
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FIKILE SITHOLE