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JULY 1994 • NUMBER 6

UPBEAT

THE CAPE TOWN
TRADE UNION
LIBRARY

The magazine for youth on the move

Published by SACHED



THIS ISSUE

MEET

BROTHER A

SA'S NEW MUSIC STAR

WIN WATCHES WORTH R5 000

FREE PEACE POSTER

ISSN 0257-8697



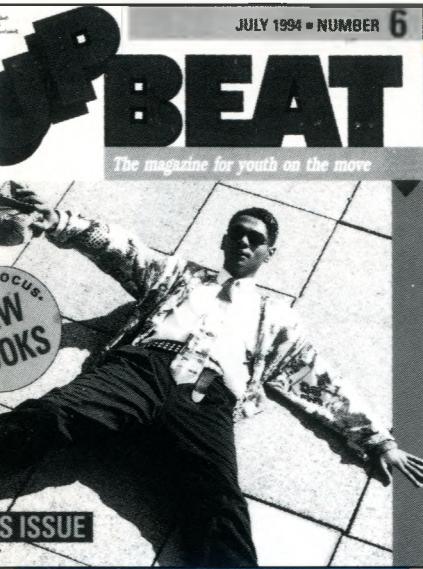
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Cover photograph by Cedric Nunn

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worth R699

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concert album
and more 33

Are you a winner?
Check our competition
results on page 27



The magazine for youth on the move

Upbeat is published by SACHED. SACHED is an independent educational organisation, committed to building democratic education in South Africa. SACHED runs a number of educational projects. Upbeat is one of them.

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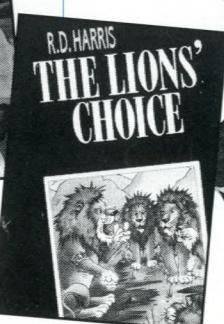
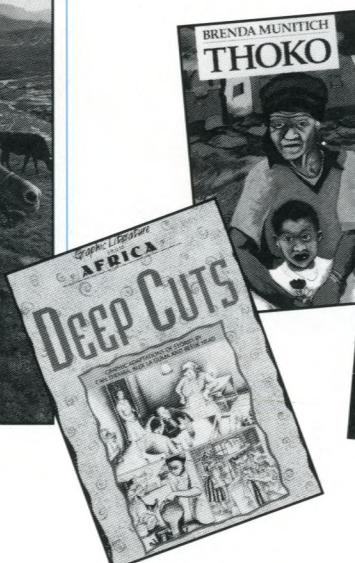
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EDITORIAL

Dear Readers,

Question: Where can you win a watch worth R699, a record album, a fantastic set of books AND have fun learning at the same time.

Answer: In Upbeat No. 6 of course!

We have got some wonderful prizes for you this month and lots of exciting stories to read. Meet a group of comrades who have swapped street committees for paint brushes. Discover why our oceans are under threat. Don't forget the Teenbeat TV learning supplement in the middle of the magazine. This month you'll find fun word games to do, and a fantastic cartoon competition.

On 27 April, South Africans showed the world that they can bury their differences and live together in peace. But conflict is normal - even in the new South Africa! Mediation is one way to resolve conflict. In this issue we have a colourful FREE poster on how to use mediation to solve conflict at home, in school and with friends.

Many things still have to change in our country. Two things have already changed. We have new leaders and a brand new map. So don't be in the dark about the new South Africa, use the Upbeat learning map on page 18.

Have fun reading

Harriet

NEXT

issue

● **UNMARRIED FATHERS** – do they have rights?
Find out in
Upbeat No. 7.

NEWSBEAT

YOUTH MINISTRY vs YOUTH COUNCIL

In April, the Institute for Multi-party Democracy organised a debate. Young people from the Democratic Party Youth, the ANC Youth League, the IFP Youth and Aisec discussed how to protect youth rights.

Neville Naidoo of the ANCYL argued strongly for a youth ministry. He said that, in the past, each government department received money for youth development. The youth had no control how this money was spent because it was spread over so many different departments.

Neville said that all money for youth development should go to one Youth Ministry. The Youth Ministry would then make sure that the money was spent where it was needed most.

The DP youth said that a ministry would cost too much money. They

argued for an independent national youth council made up of youth organisations. They said the council must protect youth rights and see to youth development.

No agreement was reached but everyone enjoyed themselves. There was lots of laughter and shouting. Hopefully, we will be able to debate many issues in the same, friendly atmosphere.

What do you think?

How will young people's right best be protected - through a new government department or through a youth council. Send your views to:-

Upbeat
Youth Speak Out
P O Box 11350
Johannesburg 2000



UPBEAT JULY TOP TEN

For the first time we are bringing you the Upbeat Readers' Top Ten. These are the ten most popular songs according to our readers. Help us to put together a Top Ten every month - see the competition on page 7.

- 1 Breathe again - Toni Braxton
- 2 I'll be there - Mariah Carey
- 3 Can we talk? - Tevin Campbell
- 4 Family affair - Shabba Ranks
- 5 I'm ready - Tevin Campbell
- 6 Please forgive me - Bryan Adams
- 7 Gin 'n Juice - Snoop Doggy Dog
- 8 Lose control - Silk
- 9 Baby, I'm yours - Shai
- 10 Groove thing - Zhane

Check page 36 to see if you are one of the top ten winners.

NEW ALBUM- MISSION ACCOMPLISHED by The MK Platoon

Don't miss this new album which was recorded to celebrate the ANC's victory in the South African elections. The band, MK Platoon, was put together in England by Robert McBride and Andy Kasrilis of MK. Through ragga and reggae rhythms, the band calls on everyone to live together peacefully. In Yootie General's words.. 'Too much bloodshed, too much of we dead

Now is the time for love and peace to spread

The poor must be helped, the hungry must be fed
So stop the violence we plead and beg.'

Five lucky winners can win a *Mission Accomplished* cassette. All you have to do is answer these three questions.

- 1 Where does the name, MK Platoon come from?
- 2 Name one of the producers of the album.
- 3 What kind of music is *Mission Accomplished*?

Write your answers on a postcard. Send your entries to: **Upbeat, Victory Mission Competition, P O Box 11350, Johannesburg 2000.**

Closing date:
15 August, 1994.

COMRADES

Clean up!

By Kenosi Moshupi

All photographs by Kagiso Bantsi

For a long time, people in Meadowlands lived with a mixture of fear and respect for the young comrades.

Comrades called street committee meetings and told people how to defend themselves. But now SA has changed. So the comrades in Meadowlands have found something new to do.

The comrades of Meadowlands are cleaning up their area. And Morobi Ledwaba and Molefi Makgopela are leading them.

Morobi works in the Youth and Culture division of the DET, Molefi is a young fashion designer. But the two young men have come together to organise the young people in their township and to fight pollution.

During the years of the rent boycott in Soweto, residents had dumped all their rubbish on one site. Piles and piles of rubbish were lying around. A strike by workers of the Diepmeadow Council made things even worse. During this time, there was no rubbish collection at all. The area closest to the dump stank. It was full of flies and rats.

Morobi and Molefi went to the Diepmeadow Council. They asked the council for big rubbish bins, but the council did nothing. So Morobi and Molefi turned to the youth in the area.

They asked for volunteers to come and help. Soon a big clean-up operation was under way. In just two-weeks the dumping site was changed into a green project. Once the volunteers had cleared the dump, Morobi and Molefi asked a local businessman to donate some trees.

The young comrades who have turned a dump site into a park.





Molefe and Morobi got the young people of Meadowlands together.

The wall around the site which the young comrades of Meadowlands painted.

PAINTING WALLS

When Upbeat visited the site, we found many young people hard at work, painting a wall. As they worked, we watched pictures appearing.

Morobi was in the thick of things, sweating along with the others. We asked him to tell us about his project.

'This project comes from everyone you see working here,' he answered, 'But especially Molefe. Now we have great plans for this site. We want to build a car-wash facility. The money that we make from washing cars will be used by the volunteers.'

'We also want to get a recycling bin. We will work out a scheme so that children get something for bringing tins, glass and paper for recycling.'



'We need our own tap so that we can water our trees and plants. At the moment we have to ask people who live nearby to give us water.'

TRAINING YOUTH

'We want to train our youth to work in the parks and recreation departments of our local municipalities. At the moment, the people who work in these places do not live in the townships.'

Most of the youth involved in the project are members of the

ANC Youth League. But when they are working with Morobi and Molefe their politics come second and the environment comes first.

If you live in Meadowlands and you would like to join Morobi's project you can contact him at: (w) 403-5660 or (h) 939-1671. They are also looking for gardening tools. So if you have any to give, contact them. ◀

LETTERS



Dear Upbeat

I want to thank you for a few things. Firstly, your magazine is great. It has stimulated me. I have become aware of life in different parts of the world, different cultures and religious beliefs. I have learned a lot about love affairs and related issues like sex. I must really congratulate you. Keep it up! My only complaint about Upbeat is that you must inform us when you don't use our stories, poems or drawings. I have sent you two poems and two stories. None of them have been published in your magazine. I have not received any feedback from you. Please take my plea into consideration!

Lungelwa, Umtata

Dear Lungelwa

We are very sorry that your work has not been published. Upbeat receives a lot of poems, stories and artwork from readers. Unfortunately we can only publish a few of them. Please try to understand.

Editors

Dear Upbeat

I have not read your magazine for eight years. I finished school and gave up my hobby of writing poetry. Last month I passed a store and saw Upbeat on the shelves. It brought back memories of many things that I had forgotten about. When I read through my old Upbeats, ideas started flowing through my mind. I sat down and wrote poetry again. I felt so good, putting my deepest thoughts down on paper. Thank you for reminding me of the joy poetry brings to my life. I have two questions. At the age of 24 am I too old to subscribe to Upbeat? If my poems are still good, can I send them to you?

Shannon Edwards, Cape Town

Dear Shannon

We are very happy to hear that Upbeat stimulated you to write poetry again. Please send us your poems. If you feel that Upbeat has something to offer you, please subscribe. There is a subscription competition on the inner back cover.

Editors

Dear Upbeat

I would like to thank you for the books you sent to me. I am interested in reading Upbeat magazine but I want to read Upbeat's soccer magazines. I am a soccer fanatic. My best international club is AC Milan and in South Africa, Orlando Pirates is my favourite team. Sport, especially soccer, is good for people who can do it like me. Please send me soccer magazines.

Tonderai Bambile, Harare, Zimbabwe

Dear Tonderai

We do not produce a soccer magazine. But we do run regular sport articles in our magazine. If you want to read about soccer, you can buy the *Soccer Yearbook 94* available at the CNA or write to: **Soccer Year Book 94, P O Box 575, Auckland Park 2006. Editors**

Dear Upbeat

I am a teacher at Mafu High School. On behalf of my school I appeal to you to give us a free subscription. Our school is in a rural area. Our students cannot afford to buy newspapers or magazines. Some students end up not realising the importance of reading these publications at all. As a teacher and librarian, I ask you to support us in our effort to promote reading and an interest in spending time in a library. Our school is out of reach. If you agree to help us, please deliver or post the magazine to the following address. B P Garage, P O Bergville 3350. We will collect the magazine there. Thank you!

T.F. Mbatha

Dear T.F.

We share your concern. We also aim to uplift the standard of education. We will send you back issues of Upbeat. We also have companies who sponsor rural schools. We will try and find someone to sponsor your school. Otherwise, if there are Upbeat readers who have some extra money, perhaps they would like to pay for a subscription for Mafu High.

Editors

Dear Upbeat

Our names are Michael Seelo (Std 9) and Obed Tsolo (Std 10). We attend school at Mafanele High School. We are keen readers of Upbeat. We would like Upbeat to offer us a job as contributors. There is a lot going on in our place and we want to write articles on such events and activities. We can bring out many exciting stories about students and their lives. This would be easy as we are also students. We think news from our community will make your magazine tops. Our aim is not to make money for ourselves but to enrich the magazine further. Please tell us what you think of our proposal? May peace reign in our country!

Obed and Michael

Dear Obed and Michael

We would love to have stories from you as soon as possible. We especially like stories written by students and other young people. Upbeat has a special column for young people called the Upbeat Reporter. We will pay you R50, if we publish your story. Send your stories to: **Upbeat Reporter, P O Box 11350, Johannesburg 2000.**

Editors

Send your letters to:

**UPBEAT
P O Box 11350,
Johannesburg
2000.**

MUSIC



BROTHER A

It was a quiet day in the Upbeat offices.

Everyone was sitting, typing away on their computers. Suddenly there was noise and colour in the passage and a young man burst into our offices. 'I'm Brother A,' he told us, 'and I'm set to take the South African music world by storm.' 'Show us how you will do this,' we said doubtfully. And Brother A did.

Photograph by Cedric Nunn

A

AIMING FOR THE STARS

In Cape Town, Brother A has won many music competitions. These include the Cape Town Suburbs Rap Competition, Reach for the Stars and the Radio Good Hope Right Rhythm Competition. When Brother A came to Johannesburg, he walked away with the first prize in a dance competition held at the Ground Floor Night Club.

At the Oude Libertas Festival, Brother A caught the eye of the outside world. 'I was not aware that there were any international journalists there,' he said. 'So I was shocked when guys from the BBC asked me for an interview. They helped me by making arrangements to record my demo-tape.'

Brother A has just completed work on his first album, *African Attitude*. All the songs on this album are his own work and they carry important messages. He asks parents to think about their children before they get divorced and tells the youth to stay away from drugs.

Brother A has great ambitions for the future.

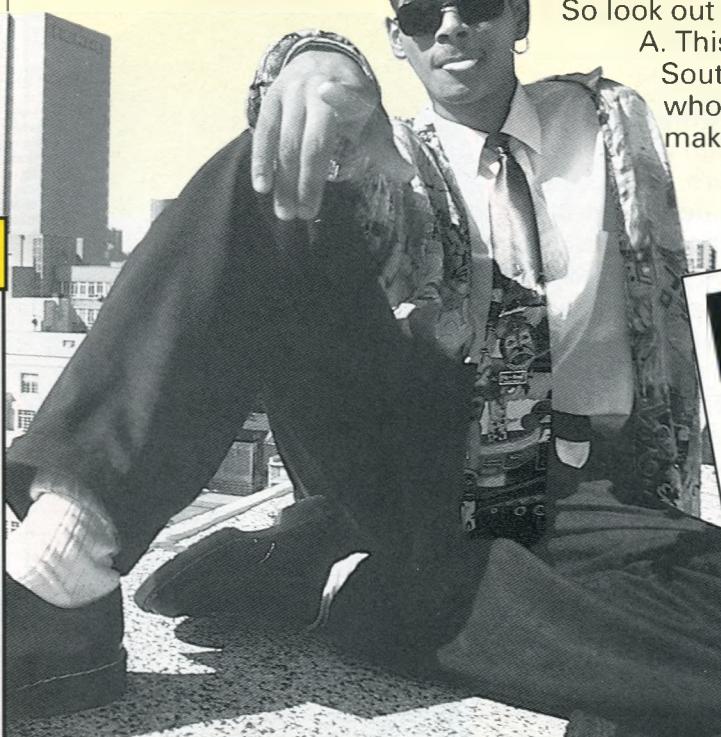
He says that he hopes to be more successful than Michael Jackson. So look out for Brother

A. This is a young South African who wants to make it big. ▲

Brother A sang, danced and played the keyboard for us. He also writes his own songs and he is a sound engineer. Where did he learn all these skills?

Brother A's real name is Ashley Pienaar. He was born in Belhar, Cape Town, 21 years ago. 'My father is a gospel singer,' Brother A told us. 'I learnt all about music from him. I was only six years old, when music stole my heart. I watched everything Dad did. I practised and experimented a lot.'

Brother A, tells youth to stay away from drugs.



FAN Club

Brother A
Productions
Head Office,
P O Box 2762,
Bellville
7535

COMPETITION TIME

Ten lucky readers can win a Brother A cassette. All you have to do is write the names of your ten favourite songs on a postcard and send it to us before 15 August, 1994. Send your entries to:-

**Upbeat Top Ten
Competition No. 4
P O Box 11350
Johannesburg
2000**

Closing date: 15 August 1994

The new South Africa WHAT YOUTH EXPECT

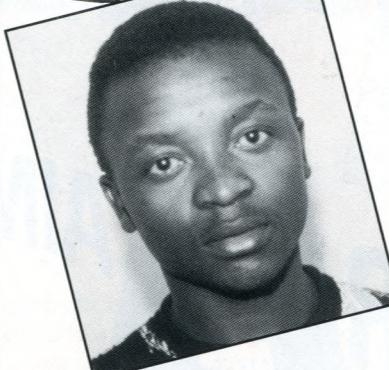
The election excitement is over and our new democratic government is in place. Upbeat asked young people what they expect in our new South Africa.

All photographs by Hans Mangole



Christopher Hutchings

Things have been going well in the last five years. I hope that progress continues. Some people worry about losing their land or property. I have no fears at all and I encourage others not to fear anything. People must be prepared to share with others. I trust the government that has come to power. South Africa is an incredible country with many resources. We can be one of the best countries in the world.

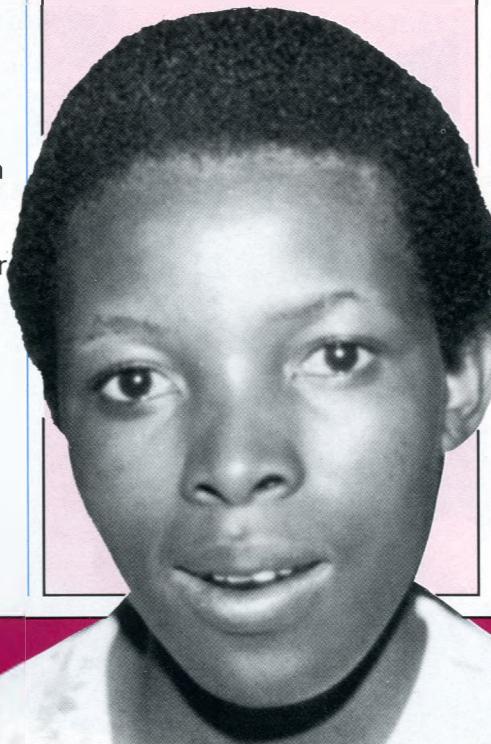


Moses Moepeng

For many years people have been divided along racial and tribal lines. The government must not allow this. People must be prepared to pay tax as this will help development. But I want the tax system to be changed. I am single but I have enormous family responsibilities. Many young black people support their extended families. When we are taxed, this must be taken into account.

Minah Refiloe Molobi

After I cast my vote, I was happy. Now I look forward to a better life. I live in what was Bophuthatswana. Mangope's government totally ignored us. We did not have water and electricity. I hope the new government keeps its promises and gives us free education.



Vayle Rayner

The government must introduce sex-education. Aids is now our biggest threat. Sex-education must encourage youth to practise safe sex to avoid unwanted pregnancies and sexually transmitted diseases.



Paul Serolong

The government must invest in education because education leads to development. South Africa is a mining country. I want the wages and working conditions of mine workers to be improved. The government must also stop the misery and exploitation of farm workers.



Carmen Dickenson

The government must do everything in its power to bring peace to South Africa. It pains my heart to see people living on the streets. The government must take care of street-kids but ordinary people must help too.





The winner of a tour, is the cyclist who finishes each stage of the race in the least time.

The problem with cycling, is that the equipment is very expensive. A new bike costs between R1 500 and R20 000. But do not despair. If you really want to take up cycling, you can always buy a second-hand bike.

They cost much less than new bikes.' ▲

PEDAL POWER

On Sunday 13 March, 21 000 people took to the streets of Cape Town. No, it was not a political demonstration. It was the Argus/Pick 'n Pay 60 km cycle race. Everyone was on their bicycles, fighting for a place in the front. Here Colin Streit, one of the competitors, writes about cycling.

'Cycling is one of the most satisfying sports in the world. You ride along at 80 kilometres an hour. The wind tugs at your shirt as the road disappears under your bike wheels. You know your competitors are just behind you, so you cannot take your mind off the road for a minute.

Riding a bicycle is easy. You just have to learn to balance. But to be a cyclist who rides 100 kilometres in less than three hours, you need to do a lot of hard training.

Cycling is becoming more and more popular. Professional teams from all over the world compete against each other in races. The most famous cycling race is the Tour de France. This takes three weeks. Riders race for 4 000 kms through many different European countries.

In South Africa the most famous race is the Rapport Tour. This is about 1 400kms. Teams from Germany, Denmark, USA and Great Britain come here to compete against South African riders.

In a race like the Rapport Tour, riders ride up steep hills, sprint where it is flat or go down mountains at high speed.

Each day of a tour is called a stage. Usually the team helps the captain to win the race.

If you want to start cycling, contact one of the Pedal Power Associations. Here are their addresses:-

Southern Transvaal
Pedal Power Association,
P O Box 3521, Randburg 2125

Natal Pedal Power Association,
P O Box 70159,
Overport 4067

Northern Transvaal Pedal
Power Association,
P O Box 40136, Arcadia 0007

Western Province Pedal
Power Association,
P O Box 544 Constantia 7846



Are drugs really fun?

By Debra Watson



Many young people turn to drugs because they have problems at home.

Photograph by Eric Miller, courtesy of Southlight

When you are young, the world is at your feet. You feel that you can do anything and nothing will harm you. It is a time when you experiment with many things - your dress, the way you speak and what you do in your spare time.



Most teenagers experiment with drugs. Alcohol, cigarettes and dagga have a special appeal to people who are looking for a 'thrill.' And drugs are a way to show that you are different, a rebel.

But that is only one side to taking drugs. On the other side there are the thousands of people who are struggling to break the drug habit.

SANCA is an organisation that works with people who have drink and drug problems. Mr Basson from SANCA says, 'Teenagers are open to new influences. Drug dealers know this. I have met Std 4 and 5 pupils who are already experimenting with drugs.'

'Problems often start at home. Parents don't spend enough time with their kids and substitute money for love. Their attitude is, 'Go out and leave me alone!'. Some parents also drink and take drugs. They neglect their children or abuse them physically.'

'When teenagers see that their parents are not interested in them, they turn to their friends. Their friends become a substitute family. Taking drugs is often part of what this 'family' does,' says Mr Basson.

Youth take drugs, instead of trying to understand why they

Taking drugs can lead to a lifetime of dependency.

Photograph by Sally Shorkend, courtesy of Southlight.

feel unhappy. Instead of making you feel better about yourself, drugs make you feel that you are worthless.'

Mr Basson says, 'We need to reach young people and support them. We need to show them that they need not destroy themselves, just because they have problems.'

'We have started an organisation called Teenagers against drug abuse - TADA. We run programmes for young people to teach them what drug abuse does. TADA shows kids that they can enjoy themselves, can experience wild and wonderful things, without taking drugs.'

If you have a drug problem and would like to talk to someone about it, contact SANCA at one of the following numbers:

National office:

Johannesburg (011) 725-5810

Regional offices:

Cape Town: (021) 930-6086

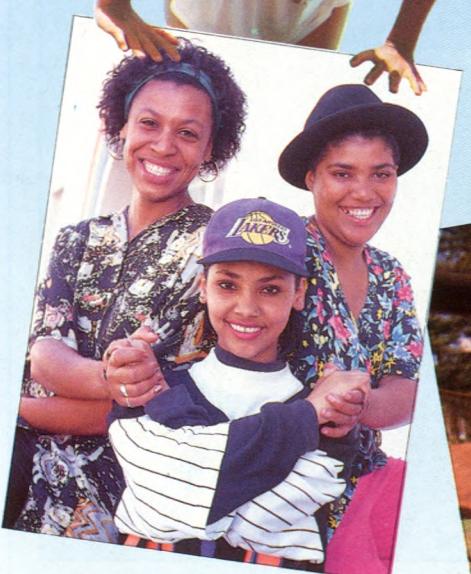
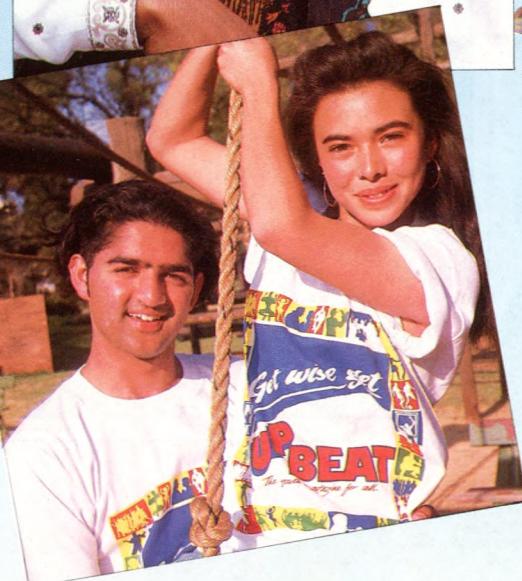
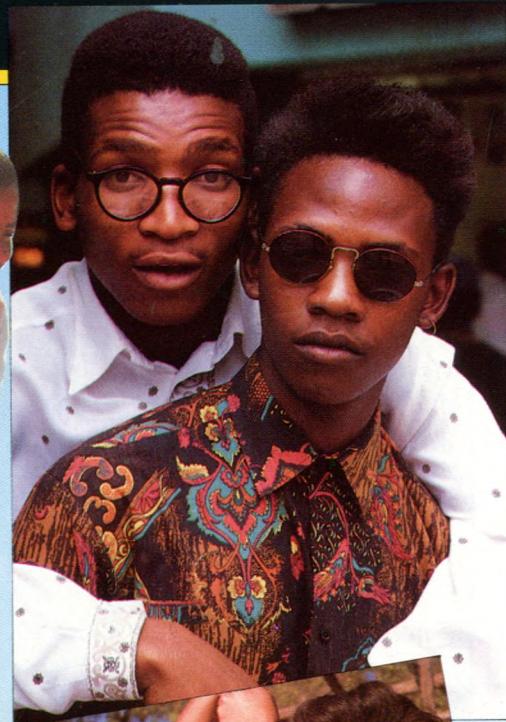
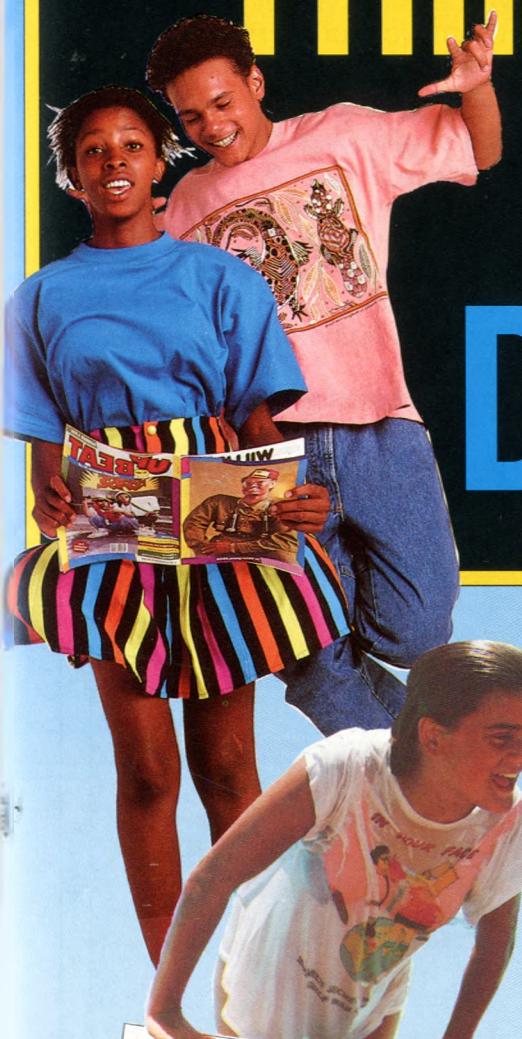
Western Tvl: (018) 462-3072

Port Elizabeth: (041) 55-1927

OFS: (0171) 352-5444

Natal: (031) 304-9631

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YOUNG VOICES

Readers, here's your chance to be creative! Write a poem or a story. Do a drawing or paint a picture. This is your page!

Send your contributions to: Upbeat Voices, P O Box 11350, Johannesburg 2000. All readers whose work is published will receive R15.

All material published is the property of Upbeat. If you wish to use it, please write to us for permission.

BEHIND THE BARS

We've been away for a long time
It's not easy to fit in
But we've been through the worst
Remember!

Nothing will ever be
Like those dark days in detention.
Remember that feeling
When they locked you up after supper.
The warden's footsteps faded away
And the long evening stretched ahead.
That's when we used to say
Die tronk byt - the jail bites.

When I feel nothing is going right
I just remember that we
Survived jail.

Our experience helped us
To learn courage,
Discipline and patience.
Maybe it'll take a while
But we'll adjust
And the life we'll have
will be great.

**Thivhudziswi Vitus Manwadu,
Thohoyandou**



God, my life is pain and struggle.
I'm not a fighter nor a warrior.
Give me the power to fight and win.
Make me stronger than I am now
And fill me with confidence.
Open my eyes to the truth
And let me not compromise and leave things half-done
And when I have won this fight
Let me not forget You, God.

Ayanda Billie, Kwa-Nobuhle

New South Africa

For years we've been waiting
For decades we've been pleading
For you the lively country to come
Waiting for your heavenly rule.
Many of our comrades died
We lost many of our heroes
In battle for your arrival
To bring us a solid and secure state.
With your arrival we hope and believe
That life would be joyous and tolerable
As you brought many political changes
Let it not end here, let it go on and on
We shall be on your side!

Thokoane Thabiso Joseph

*Drawing by :
Abraham Khumalo,
Kagiso*



PUTCO MAFANI

reflects on his life

*This month **Upbeat** met **Putco Mafani**, the TV presenter with the strangest name. We found Putco relaxing to cool music in his flat in Berea, Johannesburg.*

‘There’s someone out there watching you all the time.’

Putco Mafani

Everybody wants to know why a nice-looking young man like Mputumi Mafani is called Putco - a name for buses. 'At my home in Fort Beaufort, in the Eastern Cape, everyone who's name is Mputumi, is called Putco,' Putco told us with a grin. 'So when I started to work as a Radio Ciskei announcer in 1987, I was lucky. I did not have to scratch my head to find a nickname. Straight-away, I called myself Putco!'

Before Putco worked for Radio Ciskei, he was a school teacher. He says, 'I loved teaching. But I also wanted to explore and grow. I wanted an audience of 400,000, instead of a class of 50. I love working with people. I do my work from the bottom of my heart. It's not just a career to me.

'When I was a teacher, I believed that there was always someone watching me. Kids watch their teachers very closely. I realised that we teach through the way we live, rather than by what we preach. So whatever we do, we must think about our youngsters.'

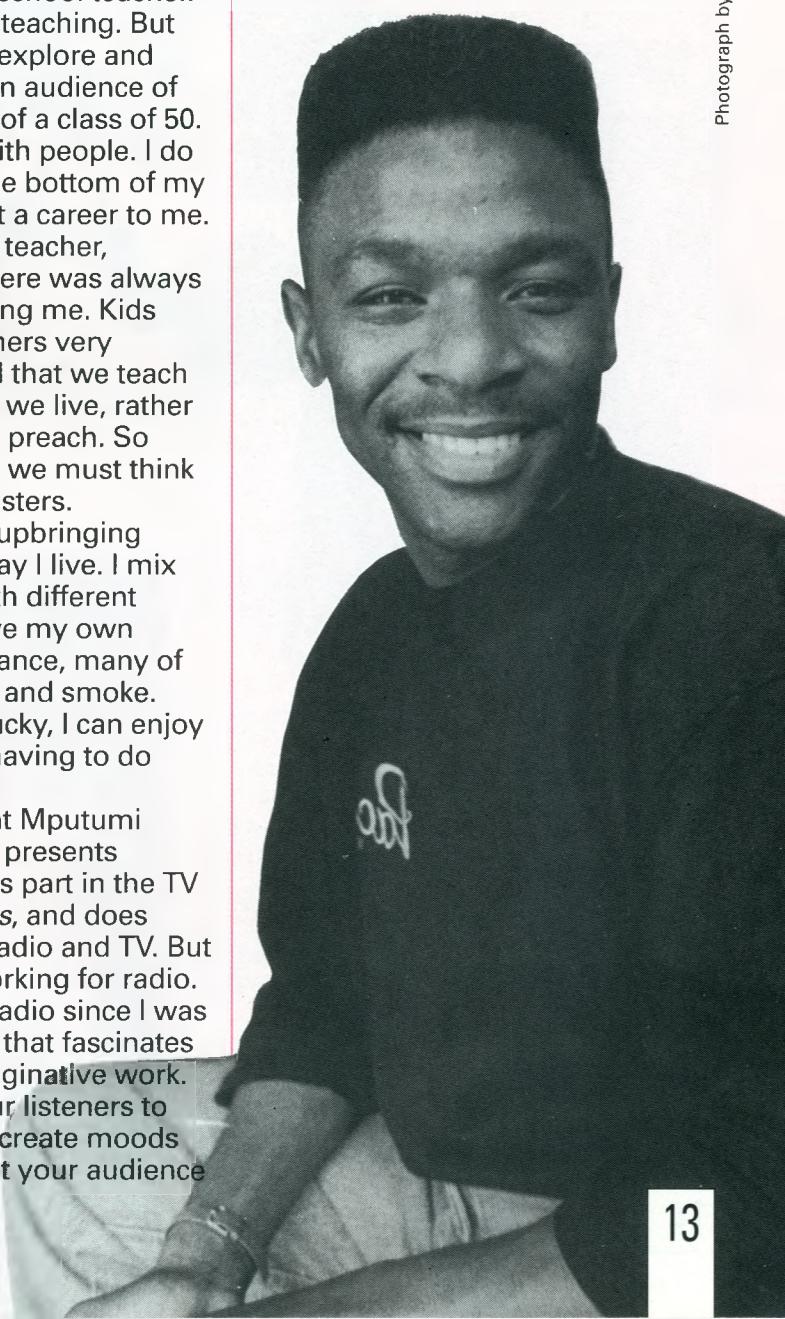
'My Christian upbringing influences the way I live. I mix and have fun with different people. But I have my own lifestyle. For instance, many of my friends drink and smoke. But I don't. I'm lucky, I can enjoy myself without having to do those things.'

At the moment Mputumi works for TV. He presents *Cosmo Life*, takes part in the TV series, *Reflexions*, and does voice-overs for radio and TV. But Putco misses working for radio.

'I have loved radio since I was nine. It's a world that fascinates me. It's such imaginative work. You can take your listeners to different places, create moods with music or get your audience

to imagine many things. But no-one knows what you look like. Your audience only recognise your voice or the music you play.'

In his spare time Putco reads novels and magazines, or watches videos. But come weekends, you will find Putco at the soccer stadium where his favourite club, Kaizer Chiefs is playing. But during the week Putco puts his love of soccer on hold. He plays rugby for the Wits University team.◀

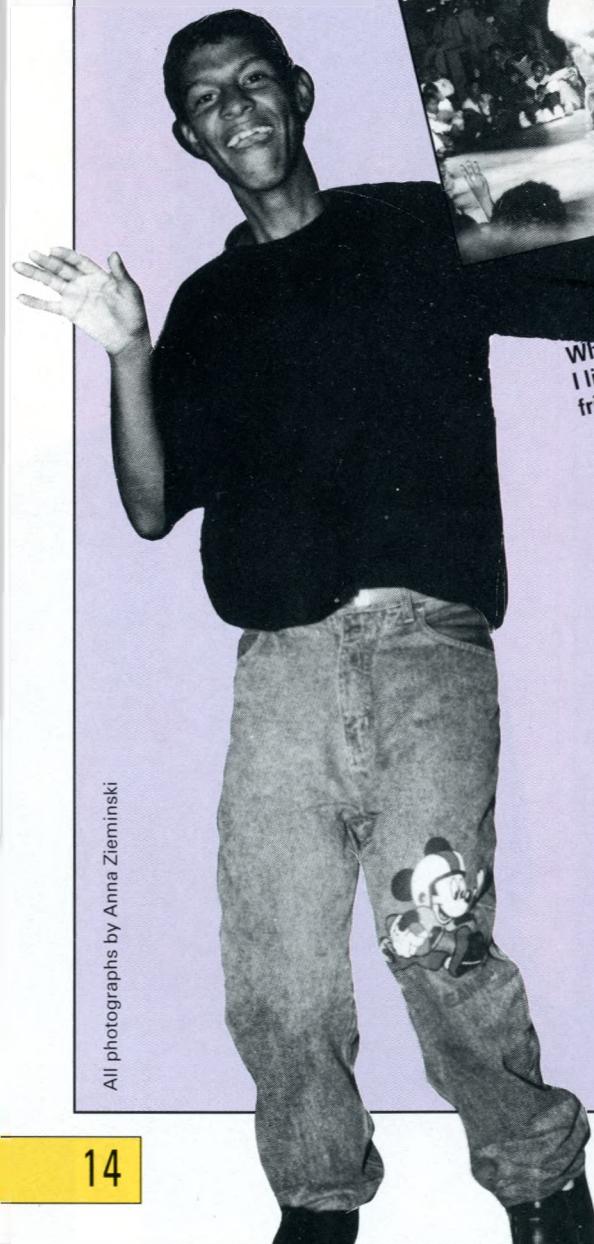


Photograph by Cedric Nunn

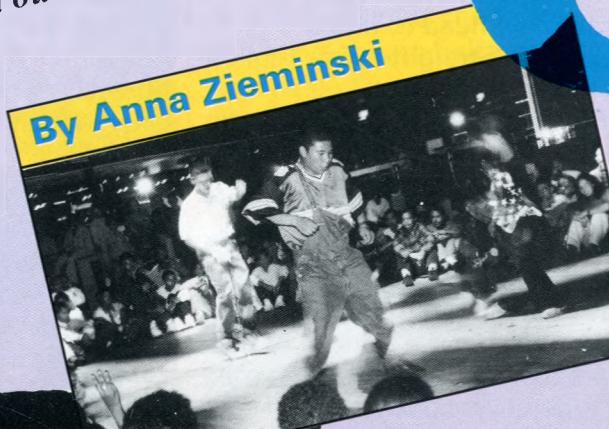
IN THEIR Dancing GEA!

Upbeat found lots of young people, escaping the cold, wet rain of Cape Town in their local clubs. They were buzzing with energy and we were wowed out by their clothes.

By Anna Zieminski



► **Gerald Botha (16)**
When I go out, I like to wear fashion. I like to come here and meet my friends because it's cool.

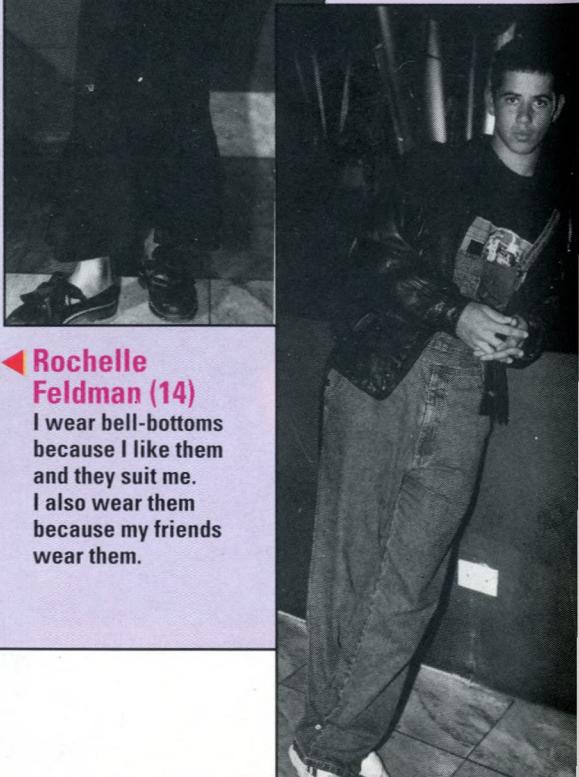


► **A.D. Martin (17)**
I'm wearing dungarees because everyone likes jeans. We like to bring in something new. Dungarees are nice, and baggy - they suit our lifestyle which is very outgoing.

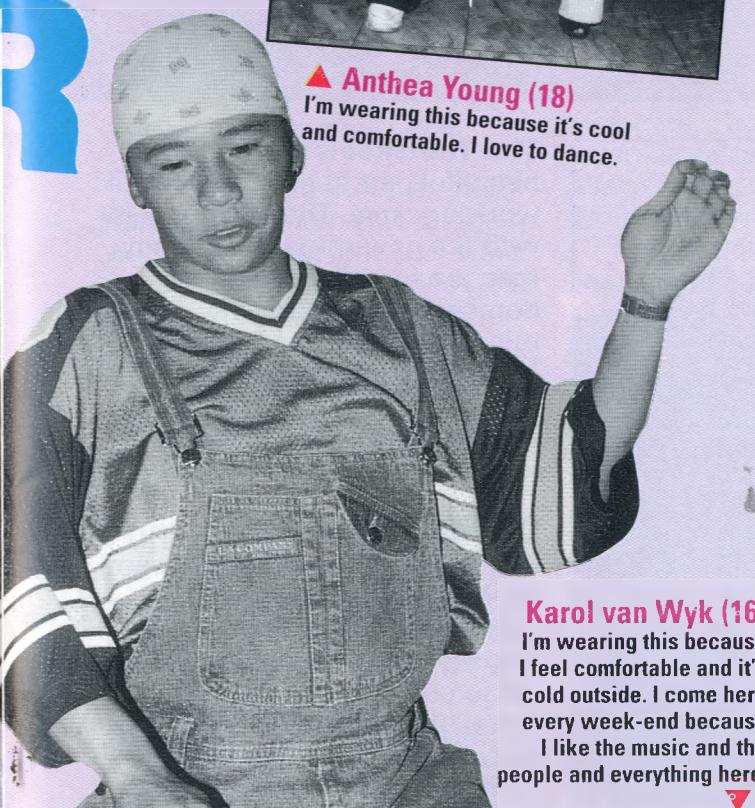
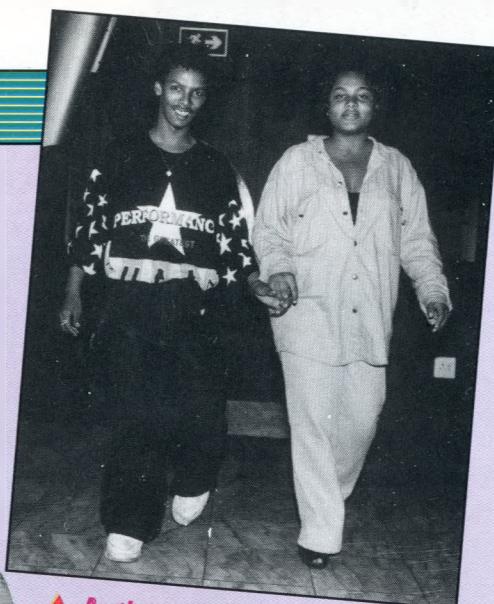
► **Janine Morris (17)**
I'm wearing the sixties look because it's the fashion - and you get a lot of attention from boys. This is a great club - there is good music and fabulous guys.



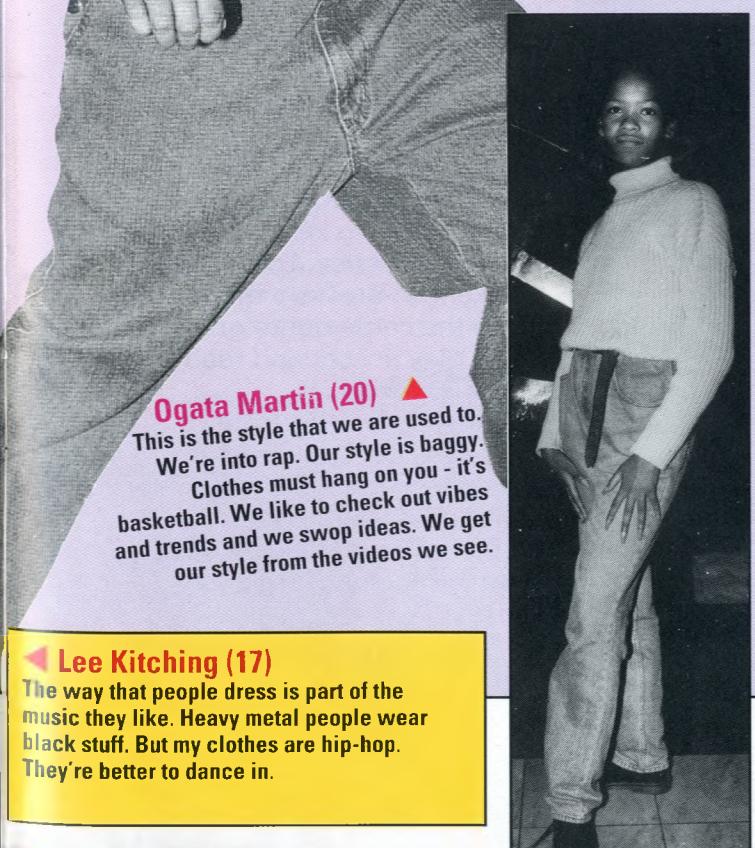
► **Rochelle Feldman (14)**
I wear bell-bottoms because I like them and they suit me. I also wear them because my friends wear them.



Angelo Philander (21)
It's funky, it's comfortable - and most people are wearing clothes like mine. They make me feel cool.



Anthea Young (18)
I'm wearing this because it's cool and comfortable. I love to dance.



Karol van Wyk (16)
I'm wearing this because I feel comfortable and it's cold outside. I come here every week-end because I like the music and the people and everything here.



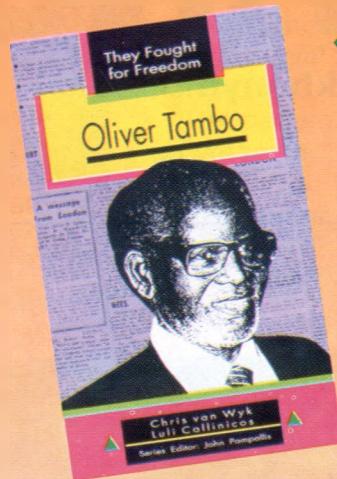
Ogata Martin (20)
This is the style that we are used to. We're into rap. Our style is baggy. Clothes must hang on you - it's basketball. We like to check out vibes and trends and we swap ideas. We get our style from the videos we see.

Lee Kitching (17)
The way that people dress is part of the music they like. Heavy metal people wear black stuff. But my clothes are hip-hop. They're better to dance in.

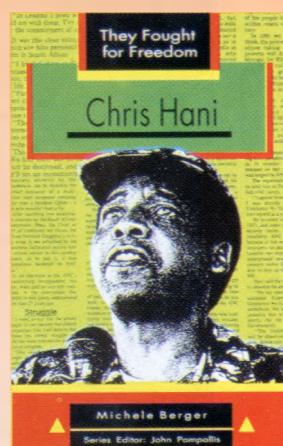
They Fought for Freedom

KNOW YOUR HEROES!

They lived in exile
They suffered for their people
They died for their beloved country



OLIVER TAMBO played a major role in bringing the struggle for liberation in South Africa to the attention of the rest of the world. As an exiled leader of the ANC he worked relentlessly to strengthen the organization and establish underground structures inside the country. His humility and readiness to listen won him the admiration and support of all those he came into contact with. He died of a stroke shortly after hearing of the assassination of Chris Hani.



CHRIS HANI was the first liberation movement leader to be buried with full military honours in South Africa. He will not be remembered simply because he was a brave soldier and a popular leader. As President Mandela said after his death: "To lose Chris at this time, when a man of his capabilities is so much needed in this country, will not be forgotten. He was a fighter for peace, freedom and justice. Above all... he was a true son of the soil".

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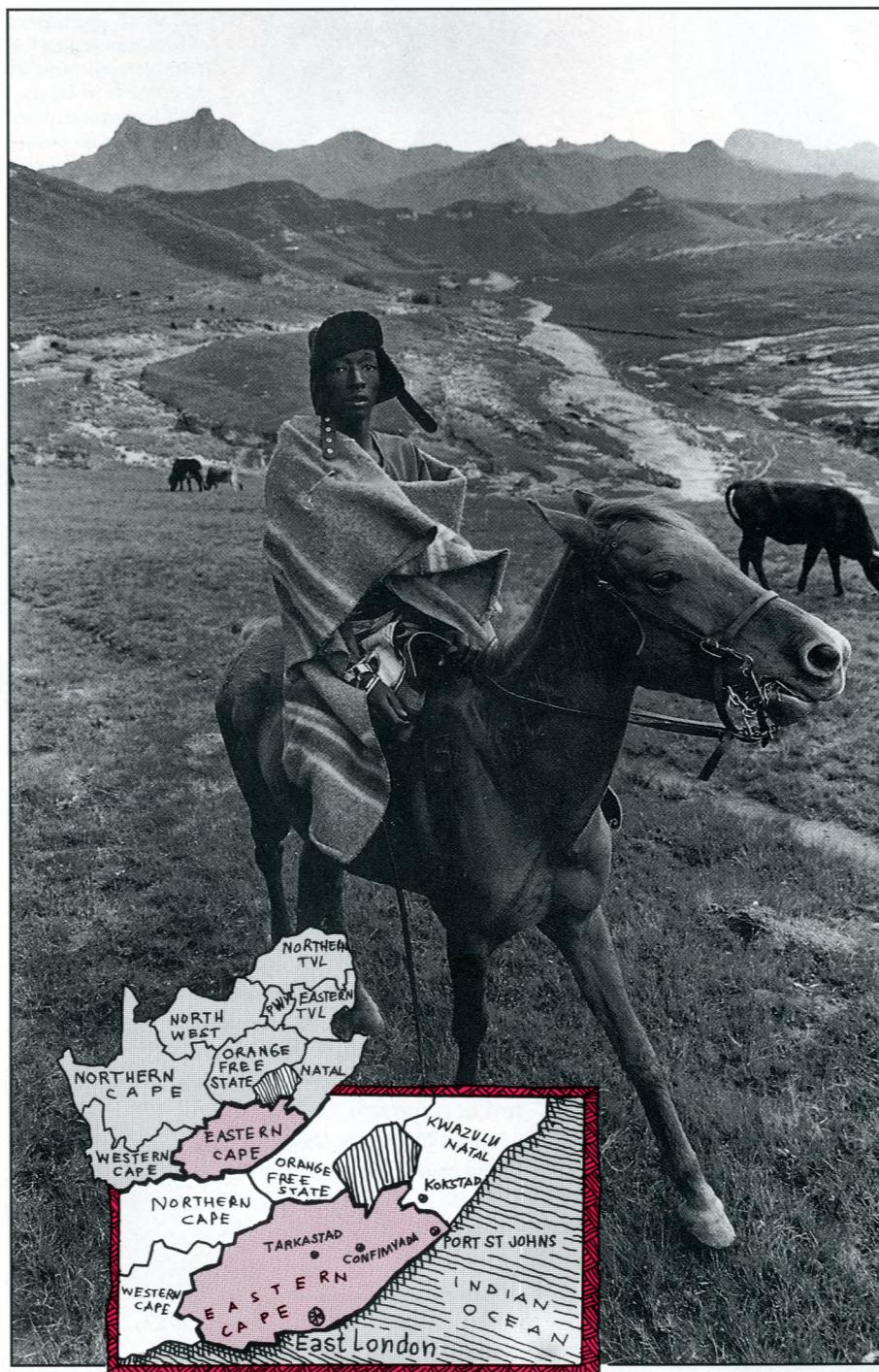
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Young lives in TRANSKEI

By Maqu Makhanye

In this issue of People and Places, Maqu Makhanye writes about the lives of young people in what was the homeland of Transkei. Maqu travelled far and wide, speaking to young people in this beautiful but poor area of our country.



The Transkei is a very beautiful part of our country but work is scarce. The only work is with the government. So many men are forced to leave their homes and work faraway, in the mines and factories. Women are left behind to farm tiny patches of land, trying to grow enough food for their children to eat.

COFIMVABA

Khayalethu Bonase (14) lives in the Mthimbini location of Cofimvaba in the west of Transkei. He is doing Std 4 at the junior secondary school there. 'I do not know my father,' he said. 'We live with my uncle. He is a good man. He helps us. My mother does odd jobs for people. She also gets a pension that the social workers organised for her.'

'In Cofimvaba there is nothing for young people to do. There is only the church and many people, both young and old, go there to keep themselves busy. Over weekends I don't do much. I take the cattle out to graze. I also play soccer and read my school books.'

'Most people here are farmers. They grow maize, potatoes, cabbage and apples. Other people are migrant workers. They work in Cape Town, Johannesburg and Durban.'

A young boy looks after his family's cattle.

Photograph by Guy Tillim, courtesy of Southlight



The beautiful Transkei coast.

'Recently I attended an ANC rally. I hope and pray that they will fulfil their promises. I want my brothers and sisters to go to school. And I want my mother to get a job. I also hope that we get electricity here. We need the kinds of developments that towns have. It will make our lives better.'

PORT ST JOHNS

Aphiwe Silwana (15) is luckier than Khayalethu. Her parents both work as teachers. She goes to school in Tarkastad but her family lives in Port St Johns, on the coast.

'My school is non-racial and has many black children in it,' Aphiwe told us. 'The only thing that I do not like at school is that black children are treated differently to white children. I want this to change.'

'Port St. Johns, where my family live, is a popular tourist area. It is very green and

Young people are expected to help on their family farms.

beautiful. There are mountains, rivers, forests and the sea. We, Xhosas, call the area Mzimvubu - place of hippos.

'Port St Johns is small with few shops. Most people who live there are businessmen or farmers. People grow mielies, spinach, oranges, avocado pears and bananas. Our biggest factory is the Majola Tea Corporation.'

'For pleasure people spend most of their time on the beach. There is a soccer field for young guys. We also have a library and many churches but there is no recreation centre or good nightclubs for the youth.'

MATATIELE

Fundile "Toto" Gaula (13) lives in the Matatiele district, in the foothills of the Drakensberg. Life in Matatiele is different from the rest of the Transkei. In winter a cold wind blows off the snowy mountain slopes. In summer it is hot, dry and dusty.

Fundile says, 'There's very little to do here. So I spend my spare time listening to the radio, watching comedies on TV

and reading comics. The only exciting thing that happens here is when we have sport matches at school. Then many buses come with pupils from other schools.'

'The population of Matatiele is about 10 000. The town is neither big nor small. It is beautiful and said to be very clean. We call the town 'Sweet Matat'.'

'The people of Matatiele have not yet experienced the new South Africa. There are still townships for different race groups. ◀

A SHORT HISTORY OF THE TRANSKEI

1600s - The Xhosa conquer the Khoi

1740 - The Xhosa split between two leaders, Rharabe and Gcaleka. Rharabe ruled over the people of the west of the Kei River. Gcaleka ruled over the Transkei.

1779 - 1878 - Xhosa farmers fought to keep European settlers off Xhosa land but in the end the Xhosa lost.

1885 - The Transkei becomes a British colony ruled by the governor at the Cape

1913 - The Natives Land Act - Africans were only allowed to own land in the 'tribal reserves' which made up 7.5% of the country. The Transkei was one of these reserves.

1957-60 - The Pondo Revolt - people of the Transkei refused to accept rule by the Nationalist government.

1963 - The Transkei is granted 'self-government' under Chief Kaiser Matanzima.

1976 - The Transkei receives 'independence' from the South African government.

1987 - Military coup in the Transkei led by General Bantu Holomisa.

1994 - The Transkei becomes part of South Africa once again. Everyone joins in the elections for a united democratic government.



Photograph by Paul Weinberg, courtesy of Southlight

Patrick Lekota (ANC)
Orange Free State Premier



Popo Molefe (ANC)
North West Premier



The New South Africa

NORTHERN CAPE

Kimberley



WESTERN CAPE

EAST

Cape Town

Nelson Mandela
President



Hernus Kriel (I)
Western Cape Pre



TEENBEAT

AS SEEN ON TV

Use this learning supplement with the Teenbeat English programmes on SABC from 8 July - 1 August.

See them on CCV Friday 15.15 or NNTV Monday 15.30. Try to watch the TV programmes first and then use the supplement. You'll find lots to read and do!

Writing essays

Do you find writing an essay difficult? If so, here are a few tips that will make essay-writing easier.

STEP 1: Read the essay topic

UNDERSTAND THE TOPIC

When you read the essay topic, make sure that you understand what your task is. Are you asked to:

- ▲ Describe something
- ▲ Argue a certain point
- ▲ Narrate a story
- ▲ Explain a process
- ▲ Give your opinion.

KNOW WHO YOU ARE WRITING FOR

Who you are writing for, affects the tone of your essay. Writing for your friend is different from writing for your teacher or for Upbeat.

STEP 2: Thinking and planning

You need to think about your ideas and plan your essay. Think about what is relevant to your topic and what is not. A mind-map can help you do this. Here is an example of a mind map:



STEP 3: Research

While planning, you may discover that there are some things that you don't know. So you will need to do research.

Ways of doing research:

- ▲ Talk to others
- ▲ Read books and magazines.

STEP 4: Final planning

Use all the information that you have, to make a final plan. You must decide which facts to put in the *introduction*, *body* (main part) or *conclusion* of your essay. Then arrange all the facts in a clear order.

STEP 5: First draft

Divide your essay into paragraphs. Each paragraph must have a main idea.

STEP 6: Revising and editing

Read your essay to check your facts, grammar, spelling and punctuation. Ask a friend or a parent to read it too and tell you what they think.

STEP 7: Final draft

Do a final draft, which includes all the necessary changes.

This learning supplement is developed by **UPBEAT** magazine and sponsored by **cna** first with the goods

Dov Fedler

MAKING CARTOONS

Cartoons make us laugh. They can also make us think. Political cartoons show-up people in power - their lies, false promises and the hidden truths behind their actions. Dov Fedler has been making cartoons for over thirty years. We spoke to him about his work.

'To be a political cartoonist, you establish who the good guys are and who the bad guys are and then you realise that everything that you are dealing with is lies,' says Dov grinning. 'People think that I read every newspaper, but I don't. I am like the man in the street. I listen to what people are saying. I go and ask a good journalist what is going on. Then I make the cartoon.'

Making people laugh

Making cartoons is very challenging for Dov. 'You have to love this sort of work. I love to play with words. At the end of the day I want to make people laugh. But also, I want them to see what is going on, without them having to read the whole newspaper article.'

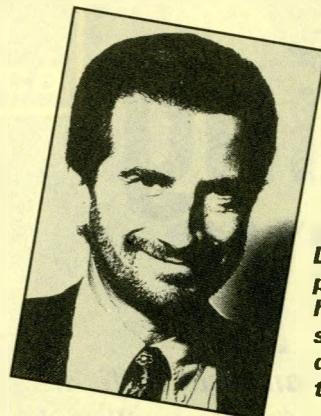
'A cartoon is the easiest way of presenting an idea. One cartoon is worth a thousand words. Cartoons can be used for education. But they must always be entertaining and light. A cartoonist doesn't just draw. He also thinks. I think up the words that go with the drawing. And the two work together,' Dov explained.

Dov did not start his career as a cartoonist. 'My father said that I could never make money that way. He wanted me to be a dentist. But I wanted to do art. In the end I did architecture. Those were the worst two years of my life. I passed everything except drawing.'

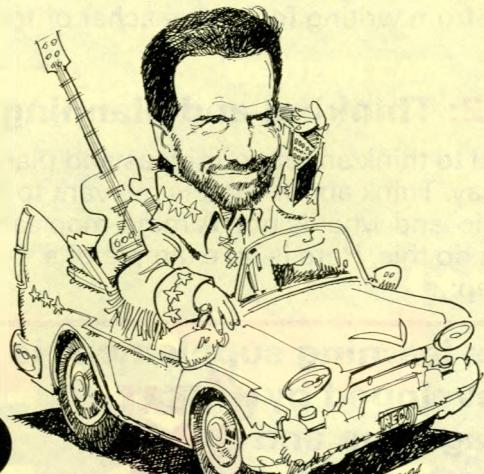
'Then I went to a technikon for a year. When I left, I went into advertising but I hated it. Eventually I started my own business and after a year I started calling myself, 'Dov Fedler-cartoonist.'

'I did many things. I did some advertising campaigns, I wrote screen plays and then the Sunday Times needed a cartoonist. I worked on a part-time basis doing about ten cartoons a week.'

Today Dov is the political cartoonist for The Star newspaper.

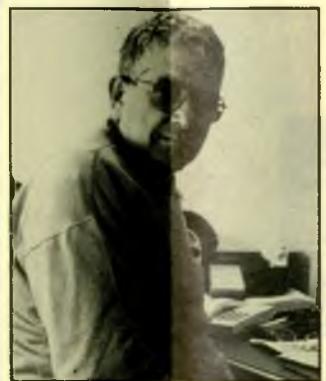


Dov works from a photograph. Then he does a rough sketch. The third drawing is usually the one he uses.





Dov did this cartoon after the Pirates fans rioted at a football match.

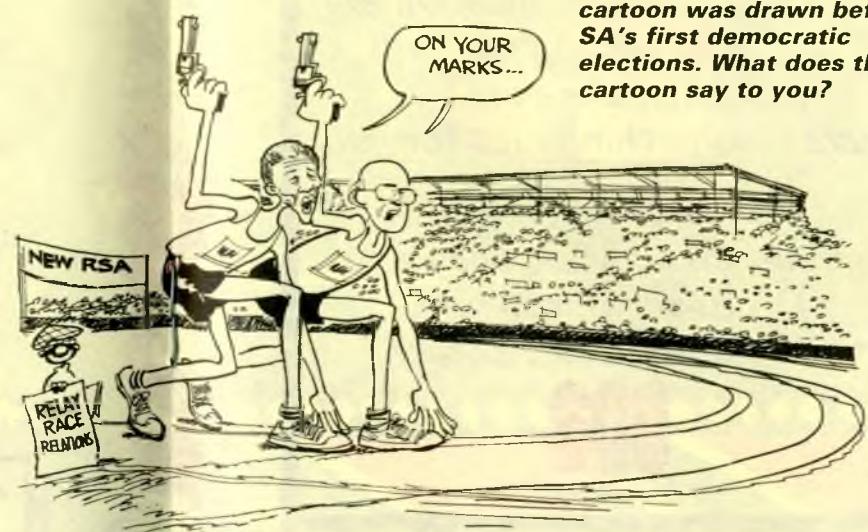


Dov Fedler - cartoonist

'There are many different types of cartoons. Some are serious. Some are funny. Some cartoonists see a face and they want to catch a particular feature. So they emphasise it. For instance, PW Botha's tongue, or Sol Kerzner's nose. My process is to draw a likeness. I work from photographs of the people I am drawing. Then I make a rough sketch. Generally, the third drawing is the one I will go with. I never use pencil first. I try to be free with the drawing.'

'Making cartoons is a passion', says Dov, his eyes twinkling. 'You must keep working at it. You have to have a feeling for it. No one can tell you what you need to do to become a cartoonist. I was lucky. From a very young age I was happiest with a pencil in my hand. Even today, when I finish something I have a great feeling. It feels as if another part of myself is doing it. I work at it every day.'

'Cartoons say more than a 1000 words,' says Dov. This cartoon was drawn before SA's first democratic elections. What does the cartoon say to you?



A CAREER AS A CARTOONIST

To make cartoons you need to be able to draw. If you have a talent for drawing, here are some art centres and Technikons you can go to:

TRANSVAAL:

Alexandra Art Centre; P O Box 357, Marlboro 2063 (Tel) (011) 444-4248
Fuba Academy; P O Box 4202, Johannesburg 2000 (Tel) (011) 834-7125
Funda Centre; Zone 6, Diepkloof 1864, (Tel) (011) 938-1485
Katlehong Art Centre; Box 57, Germiston, 1400 (Tel) (011) 905-4501

Technikon Witwatersrand; P O Box 3293 Johannesburg 2000
Technikon Pretoria; 420 Church Street, Pretoria 0002

CAPE:

Community Arts Project (CAP); P O Box 13140, Woodstock 7900 (Tel) 443 6481
Cape Technikon; P O Box 652, Cape Town 8000
St Francis Adult Education Centre; Ndabeni Street, Langa 7955

DURBAN:

Culture and Working Life; University Of Natal, Sociology Department, King George V Drive, Durban 4001
Durban Art Gallery; P O Box 4085, Durban 4000
Technikon Natal; P O Box 953, Durban 4000

ORANGE FREE STATE

Technikon OFS; Private Bag X20539, Bloemfontein 9300

EASTERN CAPE

Port Elizabeth Technikon; Private bag X6011, Port Elizabeth 6000

Cartoon Competition

Be a political cartoonist and win a copy of Dov's wonderful book of political cartoons. Here's all you have to do. Choose a politician or famous person whom you want to show-up. Follow Dov's advice, 'find who are the good guys and who are the bad guys and expose the lie!' Send your cartoon to:

Teenbeat Cartoon Competition
P O Box 11350
Johannesburg 2000

Closing Date: 15 August 1994

Good Luck!

word games

Have fun with words and win a great book pack.

1. Join the right words

Join the verbs in Box 1 to the right noun in Box 2. For example, *sign a cheque*.

sew on	polish	a cheque	a coat
fold	hang up	a form	water
sign	fill in	shoes	a ball
bounce	splash	paper	a button

2. Match the word pairs

Homophones are word pairs that have the same sound but do not look the same. They also have different meanings. For example, *waste/waist*. *Homonyms* are words which look and sound the same, but have different meanings. For example, *free/free*.

Match each word with its right picture. Say whether each pair is a homophone or a homonym.

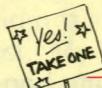
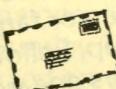
waste /waist; free/free

toe/tow; park/park

horse/hoarse; ball/ball

ship/sheep; break/brake;

mail/male

1.  _____
2.  _____
3.  _____
4.  _____
5.  _____
6.  _____
7.  _____

Credit: *Play games with English* by Colin Granger, Published by Heinemann Educational Books.

7.  _____
8.  _____
9.  _____
10.  _____

WORD GAME COMPETITION

Send your answers to these word games on a postcard to: Teenbeat Word Game Competition, P O Box 11350, Johannesburg 2000. Five Lucky readers will win a great book pack of new South African books for teenagers.

Closing date: 15 August 1994

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Nelspruit

ORANGE FREE STATE

Bloemfontein

KWA-ZULU/NATAL

Pietermaritzburg

Durban

WERN CAPE

King Williams Town/Bisho



Raymond Mhlaba (ANC)
Eastern Cape Premier

Dr Frank Mdalose (IFP)
KwaZulu/Natal Premier

Mathew Phosa (ANC)
Eastern Transvaal Premier



Notice Board

Teleschool

Don't miss programmes on television that will help you with your school work. This is what CCV has to offer at 3.00pm every week day this month.

- 6/6 Kap't uit op Afrikaans (Std 9 & 10): Vraagwoorde
- 7/6 Understanding our world (Geography Std 8): Mapwork 2 Boekrak: Spektrum
- 8/6 Profit makers (Bus.Ec Std 8): Satisfying human needs Telequest: Afrikaans
- 9/6 Science experiments: Potential energy and motion Maths? No problem (Std 9 & 10): The calculus
- 10/6 Transaction action (Accountancy Std 8): Equations and transactions **Teenbeat English** (Std 9 & 10): Projects and essays
- 13/6 Kap't uit op Afrikaans (Std 9 & 10): Tye
- 14/6 Understanding our world (Geography Std 8): Mapwork 3 Bookshelf: Twelfth Night
- 15/6 Profit makers (Bus.Ec, Std 8): How to start a business 1 Telequest: Maths
- 9/6 Science experiments: Chemical energy to electrical energy Maths? No problem (Std 9 & 10): The calculus
- 10/6 Transaction action (Accountancy Std 8): Discounts **Teenbeat English** (Std 9 & 10): ESP study methods
- 20/6 Kap't uit op Afrikaans (Std 9 & 10): Die voegwoord
- 21/6 Understanding our world (Geography Std 8): Mapwork 4 Boekrak: Leeukuil 1
- 22/6 Profit makers (Bus.Ec Std 8): How to start a business 2 Telequest: Business Economics
- 23/6 Science experiments: Classification: magnetic/non-magnetic material Maths? No problem (Std 9 & 10): The calculus
- 24/6 Transaction action (Accountancy Std 8): Dishonoured cheques **Teenbeat English** (Std 9 & 10): Africa
- 27/6 Kap't uit op Afrikaans (Std 9 & 10): Woordorde en sinsbou
- 28/6 Understanding our world (Geography Std 8): Climatology 1 Bookshelf: Twelfth Night
- 29/6 Profit makers (Bus.Ec Std 8): Forms of ownership Telequest: By the way
- 30/6 Science experiments: Safety precautions with electricity Maths? No problem (Std 9 & 10): The calculus
- 1/7 Transaction action (Accountancy Std 8): CRJ 1 & CPJ 1 **Teenbeat English** (Std 9 & 10): Teacher feature - simple tenses

UPBEAT FOR RURAL SCHOOLS

The following companies have kindly agreed to sponsor bulk subscriptions of 50 copies of each issue of Upbeat for one year to rural schools. We would like to thank them for supporting the students who need their help most.

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Johannesburg, 2000 or phone (011) 333-9746 (011) 333-9746

ARE YOU A WINNER!?

TURN TO PAGE 27 TO FIND OUT

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With every issue of Upbeat, you can get FREE teacher's exercises. These are fun, classroom activities which develop reading, writing, comprehension skills and much more. They will help you plan and prepare lessons using Upbeat. For your FREE copy of teacher's exercises, subscribe to Upbeat NOW.

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CAROLINE FASSIE SAYS,

Upbeat is just great. I think all youth will enjoy it. So subscribe now and don't miss this exciting magazine.

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Name _____

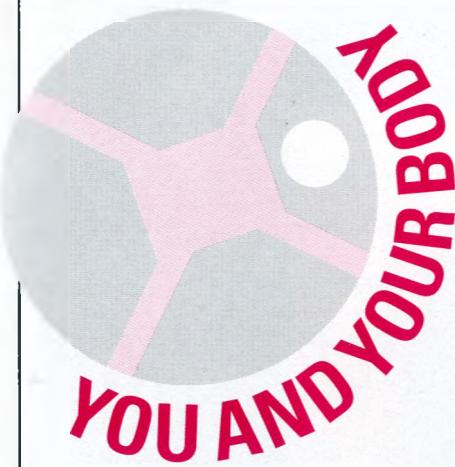
Address _____

Code _____

I enclose my cheque/postal order for R _____

I would like to receive the free teachers' exercises

YES/NO



Need advice and there's no one to ask? Pebetse and Aubrey, youth workers for the Planned Parenthood Association, answer your questions.



Write to Pebetse and Aubrey, c/o Upbeat, P O Box 11350, Johannesburg 2000. If you prefer to write in your home language, please do so.

Fight the spread of AIDS

Dear Pebetse

I write this letter to share my views on AIDS with Upbeat readers. Many people are dying from AIDS because of other people. Too many babies are born HIV positive because they get the virus from their mothers. As the youth we must take it upon ourselves to ensure that the spread of AIDS is stopped. To prevent AIDS, the youth must talk to each other about the disease. And parents must also have open sex-education discussions with their preventing AIDS is to use

condoms when having sexual intercourse. Condoms help to prevent the spread of AIDS. They also ensure that unwanted pregnancies and other sexually transmitted diseases are avoided. We must say no to sex when we have been drinking! Under the influence of liquor it is difficult to practise safe sex. The youth must not listen to people who say AIDS awareness campaigns are government propaganda or a way of spoiling sex. Such people are just inviting others to join them in their miserable sex life. The youth in rural areas must fight to have free condoms in their communities as there are few chemists and also because people in rural areas cannot afford to buy condoms.

Theophilus M Rabothata, Tzaneen

Dear Theophilus

Thank you for your wise words. We hope other readers will take notice of what you saying.

Aubrey and Pebetse

Girlfriend loves cousin

Dear Aubrey

I have a problem with my partner. To me she is more than just a girlfriend. She is the love of my life. But my girlfriend is my cousin's ex-girlfriend. She continues seeing my cousin and my cousin says she wants him back. I don't know if this is true. But my cousin has always been honest with me. Every time I phone or visit my girlfriend, she seems unhappy. I am greatly disappointed but I am not the type to beat ladies. What must I do? My life is falling apart.

Tebogo, Mamelodi East

Dear Tebogo

We are very sorry to hear about your heart-ache. Have you spoken to your girlfriend about your cousin? We think you must do this. Be honest with her. Tell her what your cousin has said. Ask her if she is still in love with him. It is better to know what her true feelings are, than to live in a state of doubt. Try to find out if there is something else that is worrying her. You cannot build a good relationship

if you do not trust your girlfriend. If she says she still loves your cousin, then we think it will be better for you to leave her. We know this will be hard for you. But it is better to feel the pain and get over it, than being in a relationship that makes you unhappy.

Aubrey

Sperm causes pain

Dear Bebetse

I am a boy of 19 years old. My girlfriend is 16 years old. I have been having sex with different girls since 1988. All of my girlfriends told me that my sperm makes them feel pain. My present girlfriend told me that I am not good in bed (not sweet). She used the word unproductive to describe how I perform sexually. I asked for advice. The person I talked to also said I'm unproductive. I'm very disappointed I don't know what to do.

Worried, Malawi

Dear Worried

Your problem is unusual. You and your girlfriend must visit a doctor to find out if there is a physical reason for the pain she feels. But perhaps the problem is simply that your girlfriend does not get any sexual pleasure when you make love to her. You must ask her to suggest what you should do so that she enjoys sex more. This will help you to improve your sexual performance. Often the way to find solutions to sexual problems, is by talking openly about them.

Bebetse



The glory of achievement springs
from uncompromising effort

The multi-faceted world of banking has become increasingly sophisticated in its technologies, infrastructure, products and services. It has also become increasingly client-focused and competitive. To sustain a well co-ordinated programme of long-term growth, Standard Bank has a mission to be the best of the best.

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Contact: The Manager, Recruitment Centre, P.O. Box 4471,
JOHANNESBURG, 2000

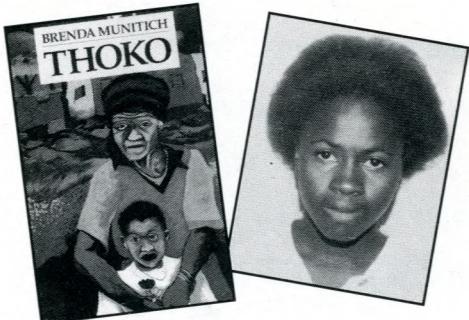


With us you can go so much further.

New books for SA TEENAGERS

There are lots of great new books to read. We asked Upbeat readers to review them for you. So go out and look for the ones you like, at your closest library or book shop.

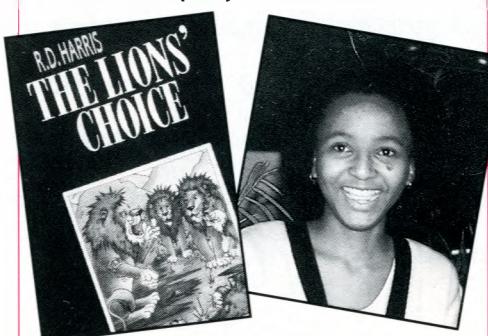
Thoko by Brenda Munitich;
Published by Tafelberg
Price R24,99
Reviewed by Thandi Moyana (17)



This is a story of a young girl's determination to get an education. Thoko listened when her grandmother told her how people had laughed at her because she could not read or write. Thoko had to work hard to get money to stay at school. But she did not let this put her off. In spite of many difficulties, Thoko eventually manages to succeed.

This is a sweet story but it is very moralistic. I think the author meant Thoko to be a shining example to all of us. I am not sure that this works.

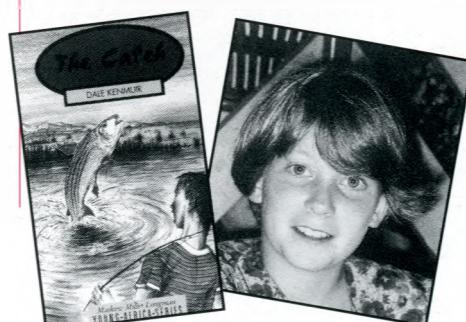
The Lion's Choice by R D Harris;
Published by Via Afrika
Price R17,99
Reviewed by Audrey Classens (13)



This book tells us about negotiation, compromise and voting. It is an allegory about different lions who have to learn to live together so that they can share their food. They find it difficult to agree. So they send a delegation to Simba, to find an answer. He tells them to choose a leader. But the leader they choose is unfair so they have to discipline him.

I really enjoyed this book. It taught me about being reliable and faithful to other people. I think even adults will enjoy it, as it is simple but has an important message.

The Catch by Dale Kenmuir;
Published by Maskew Miller Longman
Price R20,99
Reviewed by Jemma Kahn (11)

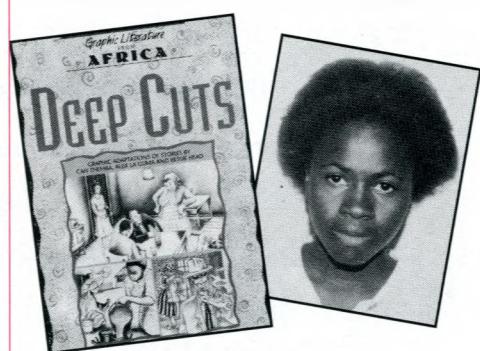


The Catch is a novel set in Zimbabwe. It is about Paul Trennary, a young boy with a lot of problems. Should he listen to the rumours that his father was drunk when his car went off the road and killed his mother and sister? Or was there an elephant on the road as his father said? Paul struggles to find truth and trust after his world was destroyed.

I felt that the characters were real and I think that boys interested in adventure and fishing will enjoy the story. But it took a long time to take off. It only gets exciting in the middle of the book.

NEW COMIC BOOK

Deep Cuts;
Published by the Storyteller Group/Maskew Miller Longman
Price R24,99



Reviewed by Thandi Moyana
This is a comic book which has three stories in it. There is *The Suit* by Can Themba. It is a story of how a man punishes his wife for being unfaithful. *A Glass of Wine* by Alex la Guma is about alcohol and how it affects the way people relate to each other. *The Collector of Treasures* by Bessie Head is a very sad story about the way women are treated in rural societies.

It is wonderful to have a comic collection of stories written by three of South Africa's greatest writers. I think that all young people should read this book and that they will enjoy it if they do.

FOR YOUNGER READERS

The Dove by Dianne Stewart;

Published by David Philip

Price: R24,99

(This book is available in Xhosa, Zulu and English)

Reviewed by Cara Stacey (8) and Asanda Shilakwe (8)



This is a story about a young girl who lived with her granny. There were big floods and they could not grow any food. So the granny decided to make some beaded things to sell in Durban. But she sold nothing until she made a beaded dove, like the dove the little girl had made friends with.

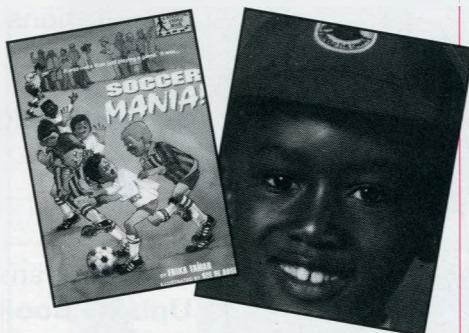
We both enjoyed this story and think that other children will also enjoy it. We really liked the beautiful pictures.

Soccer Mania;

Published by Penguin Books

Price R10,99

Reviewed by Hloni Mogagabe (10)



It began when Mr Ferris decided to start a soccer team. He called the parents together and they agreed that it was a good idea. But the children were angry when their friends were left out; Sue because she

was a girl, and Larry because he was too young. Mr Ferris turned into a tiger on the field and shouted and yelled all the time. Soon the team was wondering if it was all worth it.

This book was fun and I think other young boys of my age will enjoy it, especially if they like soccer.

New History Books – Page 26

Fountain Books

- A major new series of books for children to read
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Hey, I read a BOOK today!

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The Friendly Elephant

Mickey Goes to Town

Dead Men's Bones

The TV Mystery

Tusk Force



The Nine-headed Monster

Lucky Goes to School

The Magic Butterfly

To Catch a Thief

The Snow Angel

Mandy Mouse

For further information,
please contact:

Philip Walters, Hodder & Stoughton Educational Southern Africa (Pty) Ltd., P. O. Box 3948, Randburg 2125 Tel: (011) 886-4920/4923 Fax: (011) 886-5326

THE GALAXY ARCADE KIDS

By Burgen Thorne

The First Date!



Maxine



Teboho



Nomonde



Aziz

The GALAXY ARCADE is the meeting place of four very different young people.

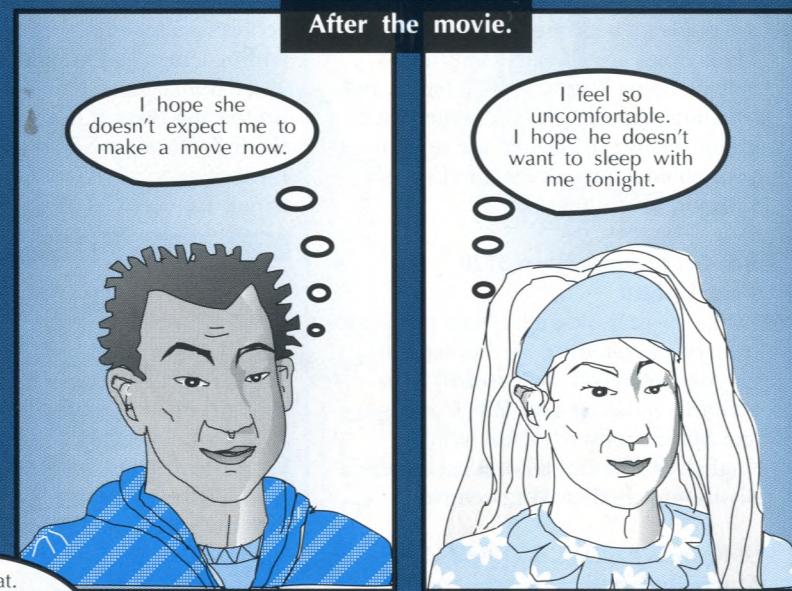
AZIZ - (17) is a dreamer. He's new in town and he is looking for a job.

MAXINE - (16) is a rebel and a free thinker. She's always ready for a party.

NOMONDE - (15) has a strict family but secretly she wants to break free.

TEBOHO - (16) works hard & knows where he's going. His weakness - pool!





SCIENCE FOR YOU

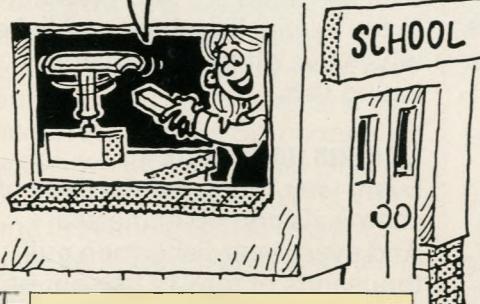
KINDS OF FORCES

Word list: gravity, wind, muscular, electrostatic, rotate



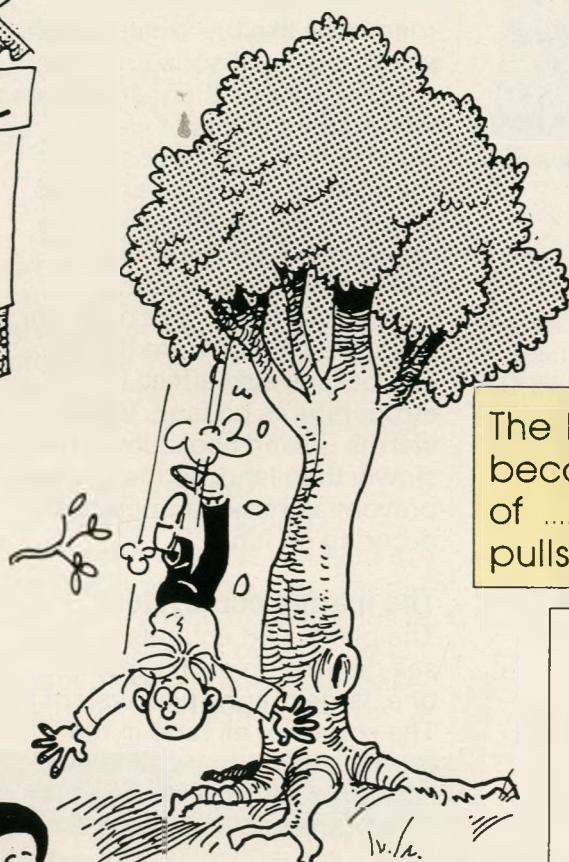
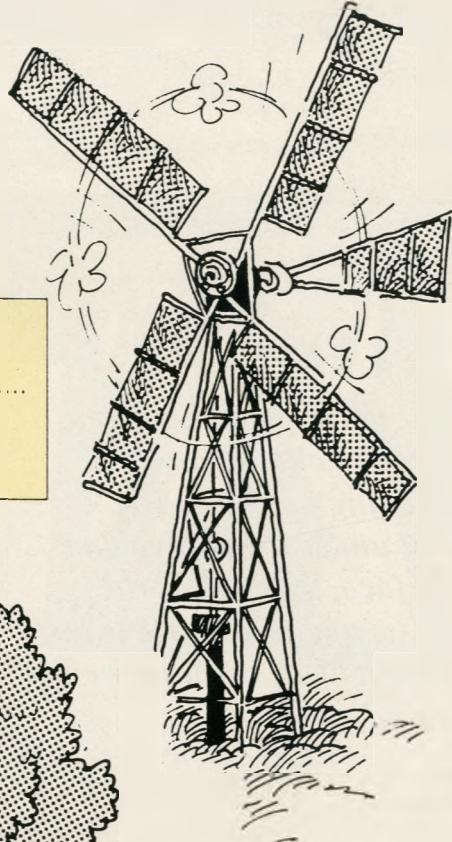
WHAT KINDS OF
FORCES ARE USED?
WRITE THE MISSING
WORDS IN EACH SPACE.

WOW! LOOK
AT THESE
RUBBED RODS
SPIN!

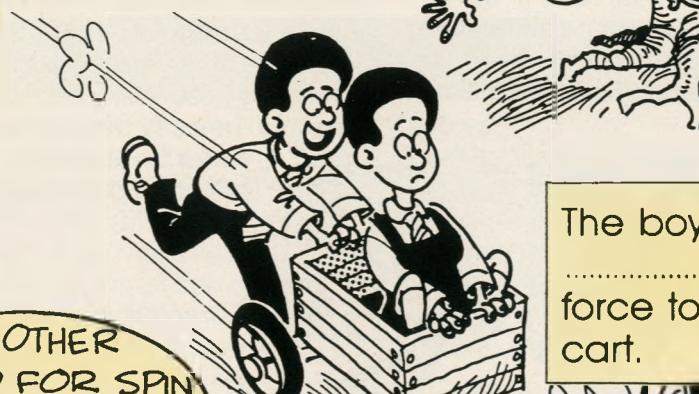


The charged rod
spins because of
the
force between
the two rods.

The force of the
.....
makes the
windmill turn.



The boy falls
because the force
of
pulls him down.



The boy is using
.....
force to push the
cart.

ANOTHER
WORD FOR SPIN
IS

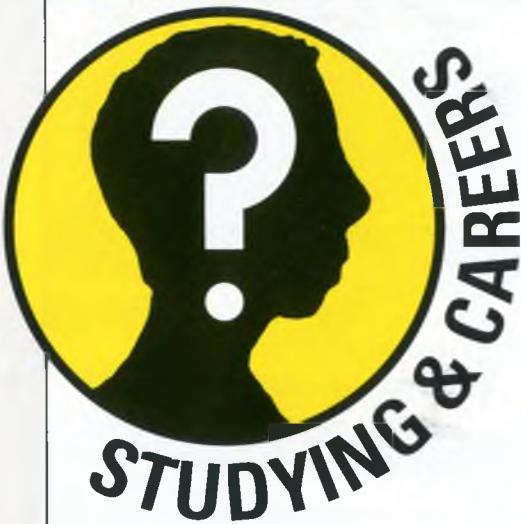
Another primary science education
resource commissioned by and
developed in collaboration with



ACKNOWLEDGEMENTS

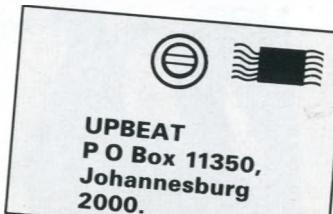
PAUL WEBB (Author)
THEO HAWKINS (Illustrator)
HILARY WILSON (Editor)
DEREK POTGIETER (Co-ordinator)

ANSWERS ON PAGE 27



Problems with studying and careers? You are not alone.

Write to us at:



Becoming a Gynaecologist

Dear Upbeat

I am a girl of 14 years old doing Std 7. I want to be a doctor and to specialise in gynaecology. Which universities can I go to when I finish school? I also need a bursary to finish school. Please send me the addresses of organisations to which I can apply.

Patience Maphumelo

Dear Patience

In order to get into university to study medicine, you need a matric exemption with higher grade passes in both Mathematics and Physical Science. It is extremely difficult to be accepted for medicine so you need to get a first class matric with A and B symbols.

You can study to become a doctor at one of the following universities: Medunsa, Natal, Witwatersrand, Cape Town, Stellenbosch, Pretoria and OFS. They will only accept applications when you are in your final year of study at school.

If you would like to apply for bursaries to finish your Std 8, you can apply to the following places:

SA Council of Churches.
Room 28, Ecumenical Centre,
20 St Andrews Rd, Durban 4001

Ecumenical Bursary Fund.
Room 32, Ecumenical Centre,
20 St Andrews Rd, Durban 4001

**Regional Co-ordinator,
Trust for Christian Outreach
and Education.**
Community Care Centre,
P O Box 497, Pietermaritzburg 3200
Editors

Journalism

Dear Upbeat

I want to be a journalist when I finish school. Please tell me how I can go about this. I am doing Mathematics, Geography, Biology, Afrikaans, English, Tswana. Are they the right subjects? Can you also give me addresses of places where I can apply for journalism bursaries?

Beolinda Swarts

Dear Beolinda

There are a number of places where you can study journalism. Rhodes University in Grahamstown offers a four year degree. The University of South Africa (UNISA), Potchefstroom, OFS, RAU, Zululand and Fort Hare all offer communications courses. Four technikons - Natal, ML Sultan, Pretoria, Peninsula Technikon offer a three year national diploma in journalism.

To get into a Technikon to study journalism you need a Senior Certificate plus two languages. To get in to a university you need matric exemption. Your subjects are fine but you must make sure that you are doing your first and second language on a higher grade.

Another way to study journalism is to do in-service training at a newspaper. To do this you should contact either your local newspaper, or any other newspaper that you admire.

Editors

Studying Farming

Dear Upbeat

I am a guy of 18 doing matric this year. My major subjects are Agriculture, Biology and Practical Agriculture. I am interested in studying farming at a university or technikon. Please can you give me more information about this career.

FN Maluleke

Dear FN Maluleke

There are many different careers that involve farming or agriculture. To find out more about professional careers in Agriculture you can write to: The Superintendent General Department of Agricultural Development
Private Bag X116
Pretoria 0001
or
The Director-General
Department of Agriculture
Private Bag X250
Pretoria 0001

If you would like to become a farmer, there are six agricultural colleges: Cedara (Pietermaritzburg), Glen (Bloemfontein), Grootfontein (Middelburg), Lowveld (Nelspruit), Elsenberg (Stellenbosch) and Potchefstroom. The courses take two years, at the end of which you receive a diploma. The courses deal with the type of farming practised in the region of the college. Pretoria, Potchefstroom, Stellenbosch and the University of Natal, Pietermaritzburg all offer degree courses in agriculture. These are four year courses and are more theoretical than the diploma courses.

Editors

OUTLOOK OF CAREER WORLD

Hi there, I'm Musa - a career information officer. Every day, I am faced with matriculants, graduates, diplomats and even specialists asking for advice on career problems. So in this issue I will be addressing some of the typical day to day questions and problems that even you might have asked yourself and not been able to find an answer that you can relate to.

Mary, a recently matriculated student, came in to see me the other day to discuss whether she should go to university or not, since both her parents were pushing her to study. You see, both her parents had never had the opportunity to go to varsity, so they think that the key to success is a varsity degree or diploma. She was so confused, she didn't even know what her likes and dislikes were. I then tried to help her sort out what her favourite subjects were at school, not even analysing her matric certificate. This is one way to find out for yourself exactly what you enjoy doing the most and then making a decision on the type of job or career you want to go into.

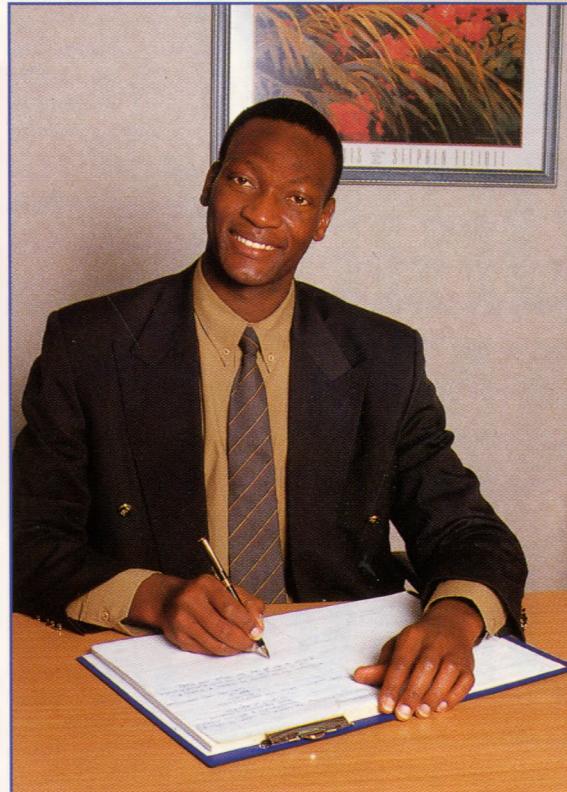
Questions you can ask yourself:

- "What is it that I want to do with my life?"
- "What are my values, emotions and expectations?"
- "What skills do I have and enjoy using the most?"
- "Are my skills relevant for the job or career I want to do?"
- "Who can I approach for guidance?"
- "How can I qualify?"
- "What type of person qualifies for the type of job I'm interested in?"
- "Where should I go to prepare myself?"

The only help I can offer at this point in time is: evaluate yourself, determine your goals, research areas of career information and you will, with perseverance and patience, succeed.

Don't be caught in the following traps (myths):

- "If I don't go to varsity or tech, I'm a failure" You don't need to go to varsity to be successful in life. Taxi owners did not need to attend these institutions in order to be successful, but look at where they stand today.
- "You must get a degree or diploma, then you'll have a good job" Don't allow anyone to tell you what to do with your life. You have the option to make your own decision and follow your dreams. And remember that many have degrees and are unemployed, while more matrics are actually being employed.



The following sources of information are freely available; you only need to use them:

- Companies, company brochures
- Career centres, career guides, magazines
- Visits to training facilities
- Libraries, youth centres and community centres
- Employer federations
- Career counsellors at school, technikons and universities
- Career exhibitions - visit as many as you can and talk to the exhibitors about career opportunities.

Thus consider your choice carefully. The wrong choice will keep you from realising your dreams.

Things to remember:

Positive thoughts generate positive actions.
It is easier to set goals but harder to stick to them and act on them.
Hard work always pays off.
You are the architect of your life.
The price of greatness and success is responsibility.

Watch this space next month for more ideas and thoughts on jobs and careers.

Musa

 Standard Bank

With us you can go so much further.

Sponsored by the Standard Bank

DON'T DRINK AND DRIVE!

Everyone is shocked when a friend dies or is seriously injured in a road accident. But we think it will never happen to us. It can, especially if you drink and drive. Before you drink and drive, think about what alcohol does to you. It slows down your senses and your reaction time. It also makes you overestimate distance and underestimate speed.

The frightening thing is that in 1992, 1 647 school leavers between the ages of 17 and 24 died and 23 255 young people were injured in road accidents. Many of these accidents were caused by people drinking and driving.

Here are some things to think about next time you go out drinking.

What drinking and driving can do.

- ◆ You can be killed or seriously injured.
- ◆ You could be fined up to R24 000 or get six years in prison or both!
- ◆ You may have your driver's licence taken away from you for a period or forever.
- ◆ You'll have a criminal record for life.

How much alcohol is too much?

How much you can drink depends on different things like how much you weigh and how fit you are. But if you drink fast and you haven't eaten, you will get drunk quickly.

In South Africa it is against the law to drive if you have 0.08g or more alcohol per 100ml blood, in your system. The Directorate Traffic Safety estimates that a person who weighs 70kgs, can drink the following before they reach the legal limit.

- ◆ Three glasses of wine, or
- ◆ Three tots of spirits (whisky, brandy, vodka etc), or
- ◆ Three standard cans of beer.

But if you weigh less than 70kgs, or if you are not used to drinking, then you should drink less.

Drink responsibly

- ◆ Don't drink alcohol because you are thirsty. Quench your thirst with water instead.
- ◆ Always eat before and while you are drinking.

- ◆ Don't drink if you are taking medicine.
- ◆ Drink slowly - not more than one drink per hour.
- ◆ Let a sober friend take you home, sleep over or call a taxi.
- ◆ It is dangerous to drink and walk, especially at night, so ask a sober friend to walk you home.

You are the leaders of the future and life is an open door with so many opportunities. You have to make your own decisions so make the right one.

Don't drink and drive and don't drink and walk.

The Directorate Traffic Safety have a special kit on drinking and driving for schools. If you would like someone to visit your school, ask a teacher to phone the Directorate Traffic Safety at one of the following numbers. You can contact them at one of these numbers:

Head office: (012) 328-5929
Tygerpark (012) 99-8228
Port Elizabeth (041) 34-2215/6/7
East London (0431) 24-330/5
Durban (031) 37-2466/7
Pietermaritzburg (0331) 45-2320/1
Bloemfontein (051) 47-8316/7
Braamfontein (011) 339-1612/3/4
Sunnyside (012) 86-1110/1/2
Pietersburg (0152) 29-1531

There are also trendy posters and school timetables available if you write to the

**Directorate
Traffic Safety,
P. Bag X147,
Pretoria 0001.**





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If you are at school, please tell us the name of your school
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STANDARD

If you are not at school, please tell us what standard you
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UPBEAT'S TOP TEN SOCCER TEAMS

**Back row (left to right):**

Eugene Ntsame, Amin Refatle, Felix Antonio, Elvis Manana, John Tlale, Magic Salomane, Patrick Kazadi, Peter Nyama

Middle row (left to right):

Calvin Mohlakoene, David Vilikazi, Sekame Letsoaka (Captain), Joseph Maphutse, Malefane Nkoko, Fanwell Ariberto

Front row (left to right):

Moses (Chauke) Moloi, Maradona Tsotetsi, Katango Mokoena, Sipho Khuse, Masuku Lumbombo.