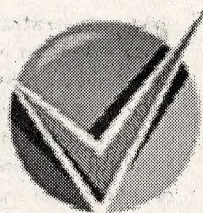


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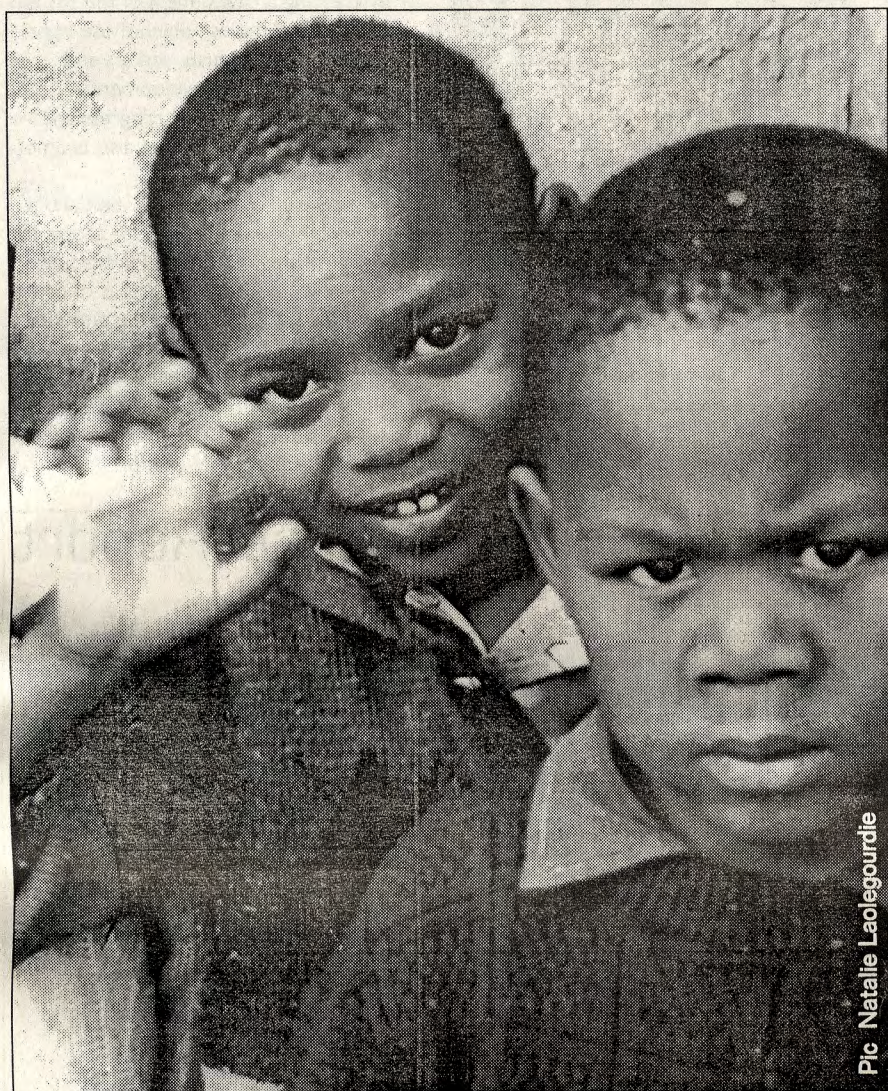
Independent Student Newspaper
Final Edition – 16 October 2003

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PROUDLY
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Centre for AIDS orphans



Pic Natalie Laogourdie

As a part of Kingswood's outreach project, children like this at St. Phillips crèche are having the opportunity to have their special needs and cares met.

A community centre is soon to exist in Grahamstown that will take in and care for children orphaned by AIDS, the number of which is rapidly increasing.

by Toni Ackermann

This year there are approximately half a million AIDS orphans in South Africa. The number is rapidly increasing and by 2010, it is estimated that the number would have quadrupled.

A community centre is soon to exist in Grahamstown, which will help alleviate a dramatic increase in AIDS orphans in the community. The centre will take in orphaned and HIV infected children and care for them, using community volunteers to do so.

Tim Rist, Chaplain at Kingswood College, who is largely in charge of this community project, said that they want to create a centre that offers a home to AIDS orphaned and HIV infected children. As an extension of the Lebone Community project started in the Free State, it aims to provide the children with food, clothing, medical care, education and love. The centre is not yet in existence, as Rev Rist is still trying to find a piece of land big enough to start the centre and develop it in time. Although the centre will start off small, it is likely to build up very quickly.

"There is a big need for something like this in Grahamstown," Rev. Rist said. "The local impact will be a very positive one and our centre will help a lot of other NGO's and centres to work together. We want positive interaction. The Raphael centre, for example, is for adults but they can refer the children to us," he said.

Rev Rist hopes to use the orphaned children as a window into the wider community. Extended family members are asked to become volunteers at the centre, helping with the education and care of the children. Rev Rist said that there will be a strong volunteer base, with only two or three percent of people there being employed. "We

want the money to go to the kids, not admin costs," Rev Rist said. The centre will also offer job creation projects and skills creation within the community. The project will work with the community to find out what they need and resource these expertise and funds to get the projects in place.

Di Hornby, director of the Centre for Social Development in Grahamstown, feels that a centre for AIDS orphans and young HIV sufferers is a much needed facility. "The centre is a fantastic resource for Grahamstown. Children in this country are sorely neglected and this will help us to meet their real needs," she said. Hornby thinks that Kingswood has adopted a very innovative approach and said: "It's fantastic that a school is picking up its social responsibility and using community outreach to establish good Christian values in children".

Seventy-five Kingswood College pupils are currently involved in the project and Rev Rist said that the pupils are placed in the project and made to think for themselves. "The kids are very enthusiastic," he said, "at times it's difficult to keep it under control, they were fundraising at any chance, even inter-house pool games!" Mongi Khumalo, a Kingswood matric pupil involved in the project said: "I think it's really helpful. It's a great community service, but you have to be really strong though and not get too attached to the kids because some of them won't live that long."

Rev Rist hopes that the children who are cared for by the centre will grow up to care for each other. He said: "we use a project like this to re-establish the place of the child as a valuable member of the community and to restore the dignity of our children."

Statistics courtesy of www.hiv aids.co.za and www.und.ac.za

South African liquor brands triumphant

by Staff Reporter

It is well known that local is 'lekker', but now there is concrete evidence that local brands are in fact better. At the recent International Wine and Spirits Competition 2003, three local spirit brands did South Africa proud.

Cape to Rio Pure Cane Spirit, Russian Bear Vodka and Stretton's London Dry Gin each won a medal and were the only South African brands to do so in each category. Even more commendable was the fact that they scored higher than illustrious international rivals such as Absolut Vodka and Bombay Sapphire London Dry Gin.

An International Wine and Spirits Competition award is the most prestigious and most credible endorsement of its kind in the world, since the competition is considered to

set the international benchmark for quality. The judges are acknowledged to be comprised of the most highly qualified panel presiding over any wine and spirits competition worldwide. The judging process itself is also of the highest integrity; it involves two stages - The first, being professional blind tasting, which ensures that brand influences are eliminated and the second, being detailed technical (chemical and microbiological) analysis in a fully equipped independent laboratory. This year's competition was particularly fierce, with 5000 entries from over 50 countries fighting for commendation.

The South African results were led by Cape to Rio, which was awarded a Gold Medal in the Other Spirits category. The judges' notes described the brand as follows: "Superb neutrality on the nose. Soft, rounded entry, smooth and light across the palate. Some mineral con-

centration leads to powder dry, crisp finish." Stable mates, Russian Bear and Stretton's, were awarded a Silver Medal in the Non-flavoured Vodka category and a Bronze Medal in the Gin category respectively, contributing to a fine performance for the South African spirits' industry.

Company spokesman Patrick Leclezio described the results as inspiring: "The implication derived from these results, is that South African spirits are able to deliver outstanding quality. Consumers can now choose local brands with the utmost confidence that they are every bit as good and in many cases better than international offerings."

Now that's something worth toasting to!

For a full set of results from the competition visit www.iwsc.net.



Pic Linda Schonknecht

NEWS



Nudist beach causes uproar from churches pg 3

FEATURE



Fading Fast: The dangers of eating disorders pg 5

AFRICAN AFFAIRS



Female Circumcision: The Myths and Facts pg 7

SPORT



Women's Touch Rugby team ranked third pg 12

Registration for the 2004 national election was held on campus last week. We all saw the posters and the reminder on the web, but how many of us actually found the time to register? How many students actually set aside thirty minutes of their precious time in order to be able to elect the decision-makers of this country?

Being a student is generally a great thing. If you think about it, all we really need to get by (and I'm talking simply about getting a degree), is to sit in a comfy chair and listen, or pretend to listen, for about a quarter of our day. Maybe go to a few tuts and pracs and write a couple of exams. Most of us don't even do our time at varsity that much justice - the more you have, the more reluctant you are to give.

Electing the president of the country is not like deciding what shoes to wear - the ramifications are far greater. The successful election candidates will have serious power - how much money universities are going to get in grants, the sin-

tax on ciggies and beers, how fast we can drive on the road: and the list goes on. So why is it, that people are not seeing the importance in making their mark? It's not like everything that is said about the government is entirely positive. Do we have a right to complain if we don't care enough even to vote?

In the Activate office there are photographs from the 70's and 80's of students rallying outside the admin buildings - making their stand against apartheid. Students were passionate about making a difference. So where have all the cowboys gone? Have we become so swept up in the comfort of our lives that we think that we can use the excuse that there is nothing left to fight for now that apartheid is supposedly over?

Well, quite frankly, there must be something worth fighting for in a country where more than 50 % of the population live in poverty, in a country where people drive with guns on their laps in fear of being hi-jacked, in a country where one in four people are HIV + (half of whom are not black, gay, or promiscuous, just by the way).

So why is the youth so stagnant? Is it because we truly believe the billboards and glossy magazines that tell us that the world is our oyster and that we can achieve anything if we just put our minds to it and work hard?

Can't be, because it would appear that these days everybody thinks that they can't make a difference even if they do try. "My vote won't matter" a friend told me when I asked her if she had registered. Well of course it won't if you don't vote.

While it may appear that whether Mr. X or Miss P wins the elections, it won't make a difference to our immediate lives, it will. We are part of a greater society: whether we want to believe it or not.

The Editor

Not just another acronym

by Magriet Cruywagen

The World Federation of United Nations Associations (WFUNA) will be launching its first South African branch on 24 October 2003 in Cape Town, according to Cedric de Coning, a member of the steering committee which is advocating the establishment of South Africa's United Nations Association.

De Coning and his colleagues identified a need for an organisation such as the WFUNA in South Africa. South Africa had been denied membership in the past because of the discrimination and inequality in the country, which contradicted the objectives and constitution of the WFUNA.

The steering committee hopes to open branches of the association throughout South Africa in the near future. De Coning specifically mentioned that chapters would possibly be established at various universities around the country including Rhodes. Professor Bischoff, the head of the Politics Department at Rhodes University, has been involved in the initiative since 2000. He was approached by the steering committee to act as the interim chair of the Grahamstown chapter when it is established.

Howard Drakes, a fourth year journalism student, has also been involved in communicating with the steering committee about the possibility of establishing a chapter in Grahamstown with Rhodes University as a starting point. He indicated that the association holds many opportunities for individuals who are willing to get involved and make a commitment, but that its success will be determined by the degree of interest expressed by the public.

The WFUNA was established in 1964 as a people's movement for the United Nations (UN), with the aim of promoting tolerance, understand-

ing, solidarity and cooperation amongst people of all ages throughout the world regardless of their race, sex, language, religion or political orientation. The Federation's specified objectives include working for justice, security and disarmament as well as for contributing to the removal of obstacles of peace, whilst promoting the development of peaceful coexistence and cooperation amongst nations.

As a non-governmental organisation the WFUNA made a notable contribution to the abolition of Apartheid in South Africa by requesting that the UN Security Council ensure that no state, multinational or any other organisation may provide South Africa with technology or equipment to produce weapons.

The WFUNA advocates the recognition and respect of human rights and fundamental freedoms throughout the world, by creating an awareness of the responsibilities and duties, which those rights involve for individuals, groups and states. Economic development, enhancement of social progress and better standards of life are also promoted by the association.

Anyone can join the association and a member of a UNA is provided with access to all the services of the WFUNA. Members also have the opportunity to compile agendas of pressing issues in their areas and bring these to the attention of the association. According to De Coning associations such as these develop organically and the attitude of the communities where they are introduced determines the extent of their success. Interested individuals can phone Howard Drakes at 0836332150 or alternatively email him at g00d2561@campus.ru.ac.za for more information.



Letter To The Editor

I would like to correct some errors in the article "Res funds allocations labelled as absurd", which appeared in Edition 1. Jan Smuts House was allocated R10112 for 2003 which works out to R64 per head and not R544 as published. The Jan Smuts House warden was allocated a sum of R2385 to entertain the students to a braai, coffee & cake evenings etc. It appears the warden has as yet not claimed against his entertainment allowance. These claims are re-imbursed against expenditure vouchers so the statement "therefore the money is still in his pocket" is incorrect. The 2003 UCT residence fee is R20600 whereas the 2004 Rhodes University average residence fee will only be R18820. The R137400 is not for window breakages but for repairs and/or purchase of equipment such as TV's, VCR's etc. which are beyond repair and may have to be replaced. Remotes which are lost or stolen from common rooms will have to be replaced from House funds. Window breakages are usually charged to the student/s who broke the window.

Thank you
Dr M A Motara

Bi-Weekly Crime Report

by Anita Funke

"According to the Grahamstown police service, the following serious crimes have been reported between the last week of September and the first week of October 2003:

- 2 murders
- 3 rapes (of girls under 18)
- 5 cases of serious robbery
- 2 cases of common robbery
- 13 cases of common assault
- 26 cases of serious assault (these involving the use of knives, screwdrivers etc.)
- 20 residential house breaks
- 7 break-ins of churches/businesses
- 2 cases of theft of stock
- 13 cases of theft out of motor vehicles
- 18 cases of general theft
- 1 cell phone theft. 15 stolen between 1 September and 6 October (from Friar Tucks, among other places, according to Milanda Coetzer of Grahamstown SAPS.)

-SPECIAL-

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Editorial 02

<http://activate.soc.ru.ac.za>

InterActivate

Rhodes Clamps down on Resnet Viruses

by Kate Humphreys

The Rhodes University IT Division has been forced to deregister certain PCs from ResNet this month due to the fact that these computers impose a security risk on the University's network.

Tracey Chambers, the IT Support Manager, has revealed that certain computers have been blocked from the Rhodes Network, as they are believed to be infected with the 'Blaster' or 'Welchia' worms.

The 'Blaster' and 'Welchia' worms were unleashed in August of this year and resulted in the temporary collapse of the Rhodes network. Following the incident, the IT Division distributed patches to 'clean' the affected PCs to reverse the damage caused and retrieve any lost information.

Emails went out during the first week of October informing ResNet users that those with infected computers were required to install a patch and to configure their PCs to use SUS (Software Update Services). A list of the infected computers was included, along with a warning that those who failed to obey the instructions would be blocked from the network by the ResNet firewall from Friday the 10th of October.

Once deregistered, a computer user will have to prove to the IT Department that their computer is clean and not infected with any worm or virus, to have their computer re-registered with the Rhodes network. This re-registration process would then take a minimum of 2 days to be completed.

The IT Division has been forced to take this drastic step because having un-patched machines connected to the network would place many other computers at risk of infection. A virus or worm infection could destroy or modify data on PCs and possibly, lead to another collapse of the Rhodes computer network.

Nudist Beach causes uproar from Churches

by Maire Bonheim

At least one nudist beach is set to hit the Port Alfred area in the near future while religious groups express great concern regarding the issue.

Ndlambe Tourism Board director Bev Young said: "We are always on the lookout to create employment, upgrade our beaches and facilitate overseas tourists." She said that the plans have been passed, and are "not debatable, we don't have to look to the government for permission". The board has selected two beaches on the Port Alfred coastline that will be used for the venture, Cape Padrone and a stretch of beach at Great Fish Point. An entrance fee of around R20 may be charged to gain access to the beach.

Colleen Watney, Eastern Cape Chairman of the African Christian Democratic Party (ACDP), said that the group "will not stop opposing" the launching of a nudist beach because the concept

was "not morally justifiable". According to Watney the plan would cause an "increased rate of rape and violence against women". Watney threatened to "link with churches in the immediate vicinity and get the support of businesses", if the proposal was not discontinued. "Many families make use of Port Alfred beaches and support businesses in the vicinity, they will stop coming if there is a nudist beach in the area," said Watney.

First year BA student Genevieve Bucke said: "They can do whatever they want as long as I don't have to see it. I don't want to walk around naked in front of other people. It's wrong." However Jenna Goss, a first year Business Science student, said, "I suppose I would do it with a group of friends, just to experience something new. If there was an entrance fee then I would know that only decent people went there. The people who find it offensive don't have to go."



Getting your kit off on Port Alfred's beaches

Residences to take on a new look

by John Hutton and Serena Chaudhry

Approximately 15 residences are being upgraded to A or B grade residences with costs amounting to R 1 039 561.

At the beginning of this year a committee consisting of nine people (which included Dr. M A Motara and four students) was set up to discuss

the upgrading of some of the residences on Rhodes University campus.

Residences chosen for upgrading were selected because they lack some of the seven criteria decided upon by the committee: presence of a basin, proximity to campus, size of rooms, state of residence, flooring, ablution ratio and student demand.

The present three-grade system is also being changed to a two-grade system. Dean of Students, Dr. M A Motara, says that this move is being made because of the reaction of many parents to their children being assigned to C-grade residences. The need for improved accommodation for conferences and visitors hosted during vacations, as well as the general shabby condition of some of the buildings have also been sighted as reasons for upgrading.

Upgrades include re-carpeting of residences, painting both the exterior and interior of the building and repairing any broken windows and doors. In Atherstone residence, a new electrical distribution board is to be installed, which will cost

R5000.

The move to upgrade has been met with little student opposition this far. Cathy Dwight, a resident in Prince Alfred house, says that aside from the "inconvenience" of being kept out of one's room for a few hours, the results are quite pleasing.

Some students are complaining about the increase in fees for 2004 and are making plans to go into Digs as they are unable to afford the change. However, rebates are being issued to students whose residences are changing grade. Dr Motara assures that: "Financial aid is available to students who need it." The current ideal fees for A-grade and B-grade residences next year are R19310 and R18330 respectively. Rhodes University fees are comparatively lower than other universities, of which some have even worse facilities.

The upgrades are expected to be complete before the start of the university year next year (February 2004) and Dr Motara is "quite optimistic and quite sure" that this will be done.



The ABC of upgrades: Accommodation braves cosmetics

Rhode accident

by Natasha Boddy and Jacqueline Lazio

Four Rhodes students were involved in an accident on New Street, on Saturday, 4th October. The accident occurred when a motorcyclist collided into a stationary car and rebounded into the students.

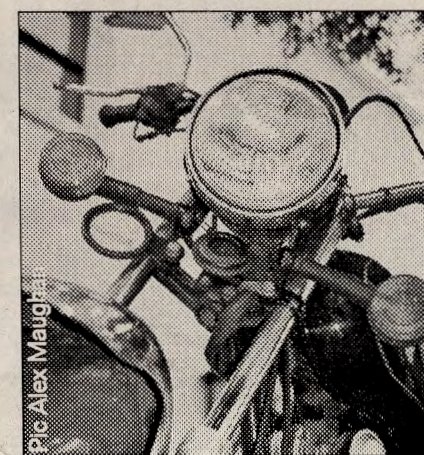
The four students, Alistair Booth, Daniel Hershon, Bianca Lorenzo-Perez and Natasha Shepherd, left the Rat and Parrot at approximately 12.30 on Saturday morning and were crossing Scott Avenue, heading in the direction of Friar Tucks. According to Shepherd, the group noticed a green car waiting to turn into Scott Avenue, as well as the single headlight of a motorbike approaching "at a very high speed". Eyewitness and passenger in the car, Andrew, noticed the motorbike approaching "far too fast, without even attempting to brake" and as a result collided head on into the vehicle. The bike then ricocheted off the car and careened into the students. "The motorcyclist drove into us and then the bike shot off the car, knocking the students over," says Andrew.

Both Shepherd and Lorenzo-Perez were knocked over. They were taken to Settler's Hospital shortly after the accident, where they were treated for third-degree burns to their arms. They also sustained injuries to their backs and legs. According to Booth, he and Hershon approached the driver and passenger of the motorbike who consequently became "aggressive".

The driver of the motorbike is allegedly still a minor and only has a learners permit for his motorcycle.

According to Inspector Melinda Coetzer of the SAPS, if the accused driver is found guilty, he will be charged with a serious sentence with aggravated circumstances due to the fact that he is not a licensed driver. The penalty will involve a two year suspension until he can acquire a legal license. "This will further be substantiated with a charge of reckless and negligent driving if he is found responsible," she says.

Although the two students, Lorenzo-Perez and Shepherd reported the accident to the Grahamstown police force, they did not lay a formal charge against the motorcyclist.



Pic Alex Maughan

Letter To The Editor

RHODES FAILS WHEN IT COMES TO CUSTOMER RELATIONS

It's time for organisations which are supposed to be centres of learning and enlightenment, to enlighten themselves on customer relations. Some parents of students have verbalised a great deal of unhappiness about the tone of communication which comes from the university administration. Students have also been treated with down right rudeness and it's just not acceptable.

In one instance a letter threatening to withdraw a student from examinations, was posted to a parent five days after all the conditions had been met. 'It's not that I mind that the university is not 100% efficient, mistakes happen in any organisation - it's the tone of the letter that's the problem', said the upset parent. 'With a customer oriented approach the desired outcomes could still be achieved, without leaving a sour taste in my mouth.'

It's time for educational institutions like Rhodes, to realise that they exist because of the student and not in spite of them. Along with the student inevitably comes a parent. No student + no parent = no Rhodes. The formula is simple, but in spite of the many maths professors walking the halls of Rhodes, no one seems to have discovered this vital equation.

Rhodes has a client they should be valuing as the reason for their existence. In the same way that a commercial organisation ensures their long term future by looking to customer needs first, Rhodes should also be trying to build relationships with clients. As leading organisations know the best way to do this, is by making their client feel special - not like a bunch of criminals, or naughty children they have to bring into line. Whilst it's fully understood that there are some people payers who do duck and dive their obligations, the majority are more than willing to come to the party when treated properly. So, get your act together Rhodes. Get into 2003 and start treating your customers with the respect they deserve!

- Catherine Glennie

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Activate welcomes letters to the editor: e-mail g02o1390@campus.ru.ac.za

Life in digs is not as rosy as it seems

Towards the end of the third term and the beginning of the fourth, it begins: the race and the hunt for digs, because he who finds the most fabulous place throws the biggest digs bash, but it isn't always that simple

by Carly Ritz

At the end of each year, students begin to make decisions about where they want to live when they return to Rhodes in the following year. Some students choose to stay in residence while others are eager to move into digs as soon as possible. The reality of digs however, is not always as glossy as it seems.

Taryn Shreuder, a 2nd year BA student who currently lives in digs, moved out of residence because she said she was tired of the rules. "It was a mission having to sign male guests in and out and only be able to eat at certain times. I prefer digs because I can now do whatever I want to do," she said. But moving into digs is not as simple as one might think. Finding a digs that you like and people that you are prepared to live with has proven to be quite stressful for many people. There are certain cases where people find a digs very easily, as in Taryn's case, but for the vast majority of students this is not so. "The process of finding a digs is very stressful, tedious and taxing," said Jessica Rohman a 2nd year BSc student.

Jessica had planned to move into digs with a girl and three male friends. All was in order until two of the proposed housemates became romantically involved and everyone decided it was best to

reorganise the living arrangements. "We decided that it would not be a good idea to live with a couple and our living arrangements were forced to change," Jessica said. This was not the only issue that she and her housemates had to deal with. They found a privately owned house, which they were going to take, but it was only when it came to signing the lease that the owner eventually informed them that the previous tenants were planning to stay on another year. The owner had failed to mention this at an earlier stage.

Jessica also had her fair share of stress with estate agents. "Estate agents never used to get back to us and this was very frustrating," she said. It was only when Jessica went to Drodsky offices herself to complain, after weeks of being ignored, that someone assisted her. Lauren Howell, who was going to move in with Jessica, is so desperate to find a digs and move out of residence that she said: "I am ready to sleep on the street. There are just no 3-man digs available and these are only a few of the issues which people moving into digs must deal with".

Then there are situations where people move out of digs mid-year and leave the remaining housemates to fill their positions. Some people even leave unannounced and force the abandoned digs mates to quickly come up with the backlog of rent that they failed to pay. Kirby Gordon, a BEcon student and his digs mates for next year,

have drawn up sub-leases so as to avoid the above-mentioned issue.

Security is another serious issue with which students in digs must grapple. Andre Wille, the manager of the High Tech Security Company said: "Most digs don't have adequate perimeter protection, i.e. fencing". He informed me that in most digs situations the landlords decide on the type of security. He said that it would be the responsible thing for the landlords to install an electronic security system and then expect the students to maintain the system. He thinks that girls who live alone in digs often become soft, easy targets while guys become targets due to their negligence. He said that students are blasé as they often fail to lock up correctly, due to them all keeping different hours and continuously coming and going. He also pointed out that students should be aware that there is a marked increase in break-ins over the vacation periods. In the last nine-day vacation over September, seven out of the ten reported break-ins were digs burglaries.

However, Wille said that the break-ins in Grahamstown are very seldom violent. African, Beaufort, New, Somerset and Market Street have the most break-ins, due to their being thoroughfare streets and the busiest, while Croft and Warren Street are notably less vulnerable.

There has recently been much dissatisfaction about rocketing residence fees and the notion that digs is rapidly becoming a more financially viable option. This is not the case. 'B' grade residence fees which were R17 230 in 2003 will be R18 330 as of 2004. 'A' grade residence fees were R18 140 in 2003 and will be R19 310 as of 2004. According to Dr. Motara, the dean of students, residence fees have only increased by 6.4%. This is not that much considering that the CPI, (consumer price index, which is the primary measure of inflation), is 5.1% as of August 2003 according to the South African Reserve Bank. It must also be taken into account that over a million rand has been spent upgrading the residences for the benefits of the students. Dr. Motara said that this will not affect anyone financially because financial aid is still available.

Financially there is no major discrepancy between living in digs or residence. The rent for digs ranges between R650 to a R1100 and this sometimes includes lights and water and in some cases even a garden service option. Most students in digs have informed me that they budget between R100 to R200 per week for food, which comes to between R400 and R800 a month, depending on the individual.

There is also the question about accommodation availability in the residences for all the students. Dr. Motara said that no new residences are going to be built as there is now adequate space. Students should apply for a place in residence and make arrangements for their MIP's (minimum initial payment) to be cleared by the given date and then only will their accommodation be secured. Dr. Motara said: "The problem is with the students and not the university because invariably it is the students who don't play ball [pay their MIP's in time] and lose their place."

Living in digs is trendy and a lot of fun and people can do whatever they want to do but before you make the decision to reorganize your living arrangements, take off the rose-coloured sunglasses that cloud your reality with fabulous formal dinners and rowdy digs parties and consider your options.

I am ready to sleep on the street



It is the students who don't play ball



Pic Serena Chaudhry

Digs might have additional comforts, but by no means is it stress free

Talking Heads 02

pics and words by Alex Maughan

What do you think of a nudist beach opening up in Port Alfred?



"It's all good man! But nah, I won't be going there"

(Alu Moyo, BComm 3)



"I probably wouldn't go, but I don't have a problem with any body else going"

(Claire Oosthuizen, BComm 2)



Fading fast: the dangers of eating disorders

For many first year students on campus, the fear of 'first year spread' has been taken to the extreme, causing them to scrutinize every calorie to the point of total starvation.

by Penelope Smith
additional research by Carly Ritz and Roxanne Rolando

Eating disorders are more common on campus than most people realise," said 19-year old *Sarah, who feels that life at Rhodes encourages eating disorders for students who are not coping with the pressures of university life. Sarah has been dealing with her eating disorder for more than two years. The dreaded 'first year spread' has been a sensitive issue for her - a fear that at times feels paralyzing. "I find myself fearing meal-times and when I sit at the table, just before I take the first bite, it feels as though the whole world is judging me and telling me that I'm fat."

Sarah said that the unhealthy lifestyle on campus has made her more conscious of her weight than ever before. She feels that because food is cooked in bulk quantities, it is usually fried to make the process quicker, making it very fattening. She believes that alcohol is also not conducive to weight control either. She also feels that many people gain weight at university because they are generally less active than they were at school, where participation in sport was possibly compulsory.

Her eating disorder became noticeable to her family and friends at the age of 17 and as a result she was sent to the Crescent Clinic in Cape Town. "My sister first noticed that I had a problem because she caught me forcing myself to vomit after a meal," she said. Her parents found dealing with her eating disorder very challenging, but did what they could to help her. She fears however, that if she were to resort to her old habits again, the consequences would be dire because she would have no one to support her, as she could never confide in anyone but her family.

Michelle Schlodder, who works at the Counselling and Career Centre, said that eating disorders are particularly problematic at university level because there is no longer a family structure to encourage healthy and regular meals. At university there is no one to monitor that individuals are eating correctly.

Sarah said: "When I used to binge and miss meals, it gave me a sense of control and power. It's therefore understandable that eating disorders are common at Rhodes because there is so much pressure on you to excel, so losing weight would make you feel good when

the stress becomes too much." Sarah firmly believes that women on campus are pressurised to look beautiful. "The guys on campus treat girls who might not be as attractive as others, with less respect. This is probably due to the fact that this is such a small university and it is so 'cliquey', so you need to conform to the standards or else you won't fit in," she said.

Women from Allan Gray were asked how they felt about the dreaded 'first year spread'. They said that they try to exercise by running and going to gym regularly as they are very conscious of the first year spread. Some of them however admitted that they still eat the same amount of food as when they were at home. Other women are not phased at all and continue to eat what they want and still lead an active life and have never been fearful of the 'first year spread'.

Eating disorders are more common on campus than most people realise"

Schlodder also suggests that the residence phenomenon encourages people to start dieting and exercising. This is apparently more common with girls. She said: "Girls aid and abet each other in the process of slimming down." Schlodder said that within the school environment, eating disorders are rarer amongst day scholars than boarders because the boarding environment, such as in residences, while certainly not the sole contributor, is definitely conducive in encouraging eating disorders.

According to studies done by psychologist, Colleen Thomas, universities across the globe have noticed a marked increase of eating disorders. The most common diseases on campuses in America are currently anorexia nervosa and bulimia. On some campuses in the United States, groups of friends get together and take part in what is known as 'purge or binge' parties, where they socialise and eat the foods that they consider to be 'forbidden'. Afterwards they all take turns to purge. Friends often share diet pills, diuretics and laxatives in order to lose weight faster by increasing their metabolisms. Psychologists have therefore determined that eating disorders are often not recognised as unhealthy behaviour, because they are encouraged on campus and are growing at an alarming rate, spreading right across the gender and racial spectrum.

According to Larissa Klazinga, warden of Ruth First House, the current procedure for suspected anorexic or bulimic sufferers at

Girls aid and abet each other in the process of slimming down

meal is digested. If the person however refuses this, then the warden cannot ignore the matter, and is forced to contact his/her parents.

Schlodder emphasizes that sufferers must first and foremost accept that they have a problem and then seek professional help. Bulimia and anorexia are often symptoms of other conditions, like depression. Schlodder also said: "Recovery is an extremely difficult process for the sufferer. It is a very difficult cycle to break, whether you are starving or purging."

People who suffer from anorexia can be very defensive about their condition and it is therefore imperative that friends refrain from judgment or criticism. "Friends need to be extremely supportive and try to be sensitive, understanding and patient," Schlodder said.

Sarah leaves readers with the following words of wisdom that she has learned through her experience with anorexia and bulimia: "I only hope that people realise that eating disorders are not just an excuse to get attention. People living with anorexia or bulimia have serious problems and therefore require the love and support of their friends and family, even when they become intolerable."

*Not her real name

For more information and advice contact the Counselling and Career Centre at 046 603 8180

Telltale signs of eating disorders:

Anorexia:

- Strange eating rituals
- Decrease in the amount of food eaten
- Avoidance of meal times
- Excessive exercising
- Fussy and particular about what they will and will not eat

Bulimia:

- Disappearing after eating
- Eating in a very greedy manner
- Hiding evidence of a binge
- Eat anything in sight e.g. Bread, cake, sweets etc



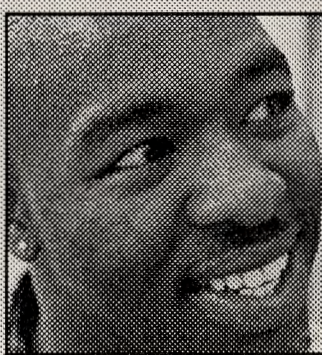
Dying to be thin

Pic: Natalie Laingourdie



"I think it's cool, the more you see the better. I mean if people what to express themselves it's fine with me"

“(Cecilia Kunene, BAcc 2)



"All for it! Let people do what they want to do"

(Vuyani Mahluza, BSoc 3)



"Ja! It could be quite classy- it most definitely could be quite classy!"

(Rogan Templei, BSc 1)

In the clothing and hardware department at Phoenix Rotor Mills, Milanda lit a ciggie from the dying ember of her previous one, which she tossed down on the sawdust covered floor.

"Ah, buddee he'd sush a peecefull look on is face where he lay in that coffin." "Wassen the way he looked the day before I tell you now," replied Janine, "Lotta people hadda lotta say to Friik that day, almost think he's mos bladdy lucky he didden wake up, bless his soul."

"Nah, ah don't wanna speak ill off the dead you know," says Phil, "budd I tell you, ol Friik wassen one to hold his tung, okes don't orlways appreeshe-ate that you know."

"Ja, sush a peece-full look as he lay in that coffin man." Milanda finished the sequence with a wistful sigh and another cloud of smoke.

Jacqui took the gap, dumping the bundle that was labelled: "All-Weather-Go-Anywhere-Two-Man-Tent" onto the counter. "Scuse-me-how-much-for-this?" She demanded. She didn't have time to waste, she had Big Important things to do. She was On The Run.

It's not easy disappearing. She'd expected to be half-way to Springbok by now. Thing is, buses and trains were a no-no: they'd already be searching the passenger lists.

No, she'd have to hitch. Trick is to avoid being picked up by a drooling inbred farmer. She might head straight for the new nudist beach at Port Alfred. Last place anyone would look for her, except maybe the drooling farmer.

She began to fidget with the tin she used as a purse when a charging donkey sent her sprawling to the ground.

Lulama had been saving ever since the heavy rains three months ago. Some would thief, borrow or scour the dump for the scrap iron to build walls and rooves, but he wasn't about to live in a stolen home. He'd loaned a donkey cart named "Albany Pumps, 13" and now he'd arrived to collect the 6m2 of corrugated iron that would become a leak-proof roof over the heads of his family.

As he rode onto the property, he cast his eye over the heads of the workers and the dishevelled cashiers inside the sheds that serve as shops. His chest swelled with pride, his eyes glazed over as the cart careered right into the store scattering shelves.

That night, a girl called Brigitte lay awake in her whitewashed res. It wasn't that something was bothering her, nothing was. Nothing changed in this place, nothing ever happened, nothing was worth bothering about.

Where was she going to go on Friday night, what was she going to do? "Grahamstown night life is so siff, why do I have to dress up like a poppie and get pissed every Friday night?" Thoughts raced through her head, they made her dizzy just lying there. She needed something solid and reliable in her life. Something to lean on at times like these. The wall, she gripped it with one hand, steadied herself and tried to work out what on earth was going on.

(t m-f l-r) n. pl.
tom-fool-er-ies,
1. Foolish behaviour; nonsense.
2. Balderdash, bilge, claptrap,
hogwash, shenanigan, tommyrot,
trash



Tom-tomfoolery
Tom Mapham

Appalling behaviour at Mr and Miss Rhodes

Opinion

by Nicola Chapple

As a co-organiser of the Mr and Miss Rhodes Pageant, I am simply appalled by the embarrassing behaviour of the audience. The booing that resonated in the Great Hall on a number of occasions during the event was inappropriate. I was devastated to witness beautiful, young Rhodes girls as drunk, ill-behaved audience members. Sponsors from Johannesburg were present at the event and we certainly did not exhibit our finest behaviour. Very little respect was displayed for those on stage who performed ultimately for the pleasure and enjoyment of the crowd.

The behaviour of the past two Mr Rhodes winners was also disgusting. Mr Rhodes 2001 marched backstage to launch a verbal attack on one of my colleagues and lied about who he was, insisting that he was a rapper due to perform. He then proceeded to mouth off at me with a heavily scented tobacco and booze breath - mmh, how attractive. Mr Rhodes 2002 was just as poorly behaved, lounged across three chairs, legs outstretched and smirking, although he proved to be less of a hazard as he soon passed out. Who do these guys think they are?

**Wake up people,
the future is a
Technicolour
one**

The event was designed with the intention to entertain. It was expected that everyone would get excited and loud and it was great when that did occur, however when raw local Grahamstown talent performed a few kwaito numbers, the audience booed them. Manezi, the group's lead, was eager to inform me that these are people from the location who have worked hard to record a backing track for their performances. Don't you think that it is fair that these artists, who have limited resources and opportunity, through no fault of their own, deserve to get the exposure and credit that they deserve?

Something else that was very upsetting was the racism I felt in the Great Hall. I strongly believe that the notion of race and racism is a social construct that should be packed up in the past along with Apartheid and the like. I would hope that on Rhodes campus this notion is largely redundant. However with comments such as "Man, ain't it beautiful to be African... Man, ain't it beautiful to be black" coming from one of the presenters of the event, it is hard to ignore the fact that there is blatant racism. I certainly agree that black people are beautiful but so too are White, Indian and Coloured people. Like many of the contestants said in their answers to their questions, race, creed and gender are irrelevant categories in assessing people. Perhaps this is too idealistic a philosophy. I am somewhat despondent with regards to the future of campus life and social integration if it is one classified by us in black and white terms.

When the five finalists for Mr. Rhodes were announced, the first three



Part of the Rhodes crowd at the Drill Hall party

announced were all black and were met with deafening screams and a sea of waving arms as were the final two of the five who were white. The problem came however, when the five Miss Rhodes finalists were announced. The audience unmistakably booed the announcement of the girls, the first three happening to be white. The final two of the five were black and the boos shifted into screams once again. The 'racial' logistics of the female finalists was simply a reversal of the male finalists and there was no bitterness displayed there. I hate to be the one to break it down into such complete 'racialised' terms and feel uncomfortable using terms that explicitly imply racial conflict of any sort, however I don't see any other way of looking at it. Every one of those 18 male and female finalists deserved to be up there, as did the 10 finalists; it just disappoints me to witness such terrible 'sportsmanship'. My philosophy is clearly too idealistic and perhaps too liberal, however to harden that philosophy in any way as a result of the overtly racist display that I was confronted with at Mr. and Miss Rhodes, would mean joining the ranks of those who have no faith in people or the country. Wake up people, the future is a Technicolour one, the sooner you accept that, the sooner we can move on and enjoy the experience of a truly beautiful and proudly 'African' sunrise. I'll drink to that...

Not just glitz and glam

by Loura Ferreira

And the winner is... Eluxolweni Children's Shelter! What? Yes, contrary to popular belief, the annual Mr and Miss Rhodes Pageant is not just a fancy fashion show with gorgeous girls and hot guys competing for a shiny crown. What may go unnoticed is that this event was put together to collect money for charity and this year the cause was the Eluxolweni Children's Shelter.

Miss Rhodes 2003, Megan Cooper, a first year B.Journ student, said that the most rewarding and fulfilling part of the competition was visiting the shelter and interacting with the abused and abandoned children. "The children performed dances and sang during the visit and I was amazed at the light that shone from their eyes, even after all they have been through," she said. Megan won many prizes, including 50% off a modelling course, which creates an awesome opportunity for her. The top five girls were also automatically put through to the Miss South Africa Regional Finals. Megan and her partner collected money by going around to local businesses and asking for donations. Other finalists washed cars, sold

pizza slices and even auctioned off some of their friends!

Mr Rhodes 2003, Joe Xaba, a second year BSc student, was thrilled when he was announced as Mr Rhodes. He was very excited about the prizes, in particular the discounted modelling contract. Joe intends to look into the modelling contract and to use the opportunity if it is possible and feasible. He collected money by asking for donations from the people in Nelson Mandela Hall and the HKE Department. Joe said that his visit to the shelter "was a very touching experience".

The couples who collected money handed over their contribution to a representative from Eluxolweni, explaining how they had collected it and thanking their sponsors. In total just under ten thousand rand was raised and donated to the shelter as a result of the efforts of the finalists and organizers.

So, yes there were pretty girls and handsome boys and even a shiny crown and champagne, but there was a bigger picture and a lot of good came from the Mr and Ms Rhodes Pageant.

Continued from pg 5>



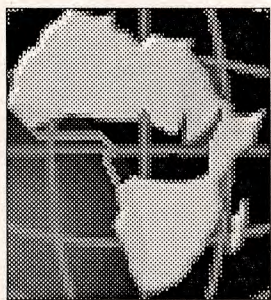
"That's fine - because there's no public indecency, 'cos everyone on the beach is naked. If you don't want to see naked people, don't go there."

(Shenaaz Danka, BCom I)



"I'm very excited about it! I would love to be a nudist!- for real!"

(Brenda Nicholls, BA I)



Female circumcision: The Myths and facts

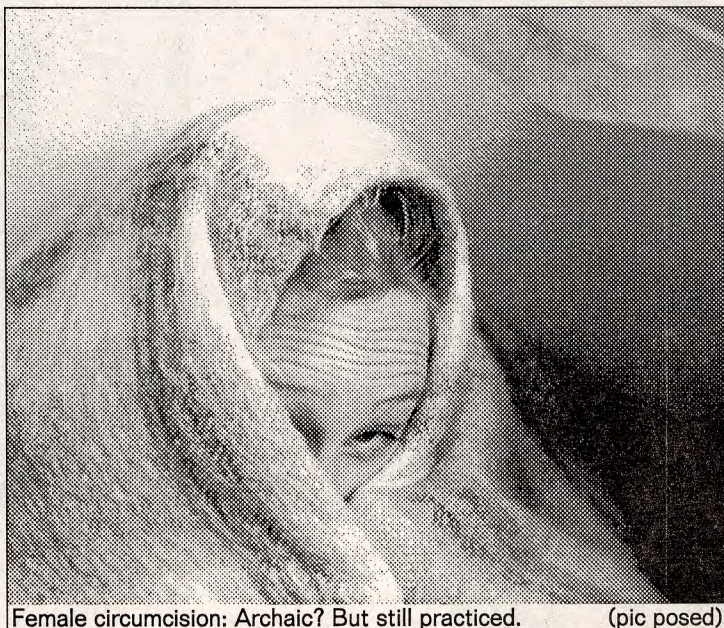
by Geoff Hall

Female circumcision is a disturbing practice that is being forced onto approximately 2000 girls a day in Africa alone. The process involves an operation in which the woman's clitoris is removed and the vulva is sewn up, leaving only a small opening through which the woman can urinate and menstruate.

Followers of this practice believe that as a result of circumcision, the woman's face becomes more beautiful and she is cured of any lesbian tendencies. They also believe that the clitoris is a poisonous organ, which may kill a man if he comes into contact with it. These claims have no support outside countries where circumcision is common.

This practice has shocked human rights activists around the world. They have begun to monitor countries that allow this tradition to continue, without repercussions. The world was horrified in 1999 when footage of a ten-year-old girl being circumcised by an unskilled practitioner, was broadcast. It is not uncommon to find four-year-old girls being lined up to be circumcised, say experts in cultural practices.

Many women have embraced the culture that calls for female circumcision, but there are many who are being forcibly mutilated with the most horrific devices, such as razor blades, sharp knives and cut glass. One of the most outspoken critics of this practice is Waris Dirie, a model from Somalia, who was circumcised when she was only 11. She has now made a name for herself in the fashion industry and regularly graces the catwalks of Paris, but according to her, the pain of her circumcision will haunt her forever. She said: "This mutilation changed my life. It made me feel worthless for a while. I hope that no one goes through what I went through".



Female circumcision: Archaic? But still practiced. (pic posed)

Female circumcision can be reversed later in life, but this is not an option that is available to everyone. In some cases a woman is cut open by her husband on their wedding night with a double-edged dagger so that everyone knows that she is his property.

If I think back to my working days in London and try, like a good little media student, to sum them up in a single word I would have to say: Darkness. I don't mean dark like the deep star-studded pitch of the African night sky or the murky richness of a cup of Nescafe before a dawn. Nothing in London is nearly as extreme or passionate as that. No, I suppose its two words I would use: Mediocre Darkness...

A London week-day

7:30am - Awake to the toad-like burbling of alarm clock. Try not to move because it's so cold. Sigh as this quest fails and get up to look outside at weather. Perhaps the sky will be something other than a steely grey mass of non-descript fog. Still dark outside. Dark for London that is. It's so densely populated that all the lights burning throughout the city communally light up the night sky, casting a ghostly orange sheen onto its starless void.

7:45am - Don the following: underwear, vest, stockings, socks, long-sleeved shirt, pants, boots and two jerseys.

8:00am - Eat toast, listen to radio news bulletin about the life and times of Tony and Cherie Blair.

8:15am - Leave house having donned further winter apparel in the form of scarf, beanie, gloves and hooded skiing jacket. Still dark outside, though more pale orange than grey.

8:30am - Arrive, frostbitten and runny-nosed, at tube station only to be made dizzy by negotiating uncountable flights of stairs spiralling down into the bowels of the earth.

8:40am - Miss first tube due to inability to run down stairs and escape busking beggars playing out-of-tune guitars fast enough.

8:50am - Mad dash to pile in with less hygienic strangers as second tube screeches to an ear-shattering halt and "mind the gap" is irritatingly repeated over the loud-speaker at intervals. Doors struggle to close and tube lurches forward into further darkness this time in the form of a worm-hole tube tunnel.

9:00am - Recall days of teen clubbing were never as squashed as this.

9:10am - Push past strangers and press against inane adverts plastering walls in order to drag self and bag onto platform as doors pinch closed behind me.

9:15am - Bombardment by commercial pro-consumer messages on walls as escalator bears up to the surface.

9:20am - Raining so pull on hood and run along chewing-gum stained pavement littered with cigarette butts.

9:30am - LATE! "I know, so sorry, won't happen again!" Sit down at desk to catch breath.

9:35am - WORK!

1:00pm - LUNCH! Still raining. Pay 5.50 pounds for half baguette and eat at desk.

1:30pm - WORK!

5:00pm - Knock off, still raining, last ray of natural light slips away.

6:00pm - Reach front door, step on mail lying on the floor with muddy boot.

7:00pm - Drink tea in an attempt to stay warm.

So you might be thinking it gets dark here too so what's the Patriot's point? It's not the same. We revel in the darkness, we watch the stars and have sundowners at the Monument as the sun drops and the night draws itself across the sky. We embrace the dark. Over there the darkness creeps into every corner and you have to rely on artificial light. They escape the dark. Every day ends in night, whether you embrace it or escape it. I don't like running away from things.



**Patriot
Games**
Justine Cottrell



Bid country for the 2010 Soccer World Cup

Profile: South Africa

Head of State: President Thabo Mbeki

Population: 42,768,678

Capital: Pretoria

Area: 1219 090 km²

Languages: English, Afrikaans, isiZulu, isiXhosa, Sepedi

Main religions: Christianity, Islam, Hinduism

Currency: Rand

Major cities: Johannesburg, Durban, Cape Town, Port Elizabeth

Transport: Taxis, buses, trains, planes

Stadiums: Has 9 stadiums that can hold more than 70 000 people

Proposed expenditure on World Cup if successful: R250 million

Other Attractions: Traditional villages, game parks, beaches, mountains

Crime: Crime levels are stable

Climate: Subtropical along the east coast, sunny days, cool nights

Where have all the fish gone?

by Teneshia Naidoo and Audra Mahlong

Fish reserves are being depleted at an alarming rate on African shores. Poor legislation, limited research and greed are the causes of the dwindling resources.

Hake, one of South Africa's largest consumed fish, is being exploited to the extent that it is on the brink of extinction.

Commercial line boats and offshore trawlers are also depleting Kingfish, Snoek and Mackerel reserves. At this rate Africa's fish stocks will be gone in less than five years.

Extreme fishing has also resulted in the wasteful demise of twenty five billion tons of fish, which is equal to almost a third of the world's catch. Over the past fifty years, fishing has brought the world's 17 largest fisheries to the brink of collapse and that is why they have made Africa's pristine coastline their next target. The World Wildlife Fund recently compiled a report calling for countries to ban fishing in 30% of the

world's oceans.

South Africa and Mozambique have implemented measures to halt foreign fleets from ravaging their waters, but other African countries continue to sell fishing permits in the hope of earning more foreign currency as well as to strengthen international relations.

Fishery experts believe that the next generation of Africans will not have the opportunity to see shoals of Sailfish gliding through the rough seas or the legendary tuna that weigh almost 70 kilograms. They believe that if Africa wants to replenish its fish resources, it has to ban almost all commercial fishing for at least 5 years so that the fish can reproduce.

Fishing has always been a part of Africa's history, be it in terms of survival or pride but at the rate that we are going, a plate of freshly cooked fish and chips is soon going to be just a distant memory.



S.A. all the way!

by Jaclyn Ross and Patricia McClelland

September 2003 saw the celebration of the first Proudly South African week. This was a mass call to all South Africans, living in the country and abroad, to seek out and support local goods and services. The week also gave South Africans an opportunity to unite as a nation and celebrate national pride by supporting the campaign.

Proudly South African is an exciting campaign promoting South African companies, products and services. Supported by businesses, government and community organisations, the Proudly South African initiative is a way for every citizen to do something to support the local economy and facilitate job creation in South Africa. At the heart of the campaign is the vibrant Proudly South African logo. Companies who meet certain criteria can use the logo to identify themselves as well as their products and services. These requirements include 50% local con-

tent, high quality products, fair labour practices and sound environmental standards. The cost of membership is 0, 1% of sales, but non-business organisations pay a minimal fee.

Last year the Proudly South African campaign had only 200 members but this has escalated to around 1500 members at present. Members are drawn from nearly every industry and size of business. Recently, Rhodes University and Activate became proud members of the campaign.

The campaign chairperson, Tim Modise said, "Collectively, we all have the power to break the cycle and make a difference. The man on the street needs to be educated on the campaign; he must know that our daily choices feed into these scenarios and that every effort counts".

Proudly South African is not just a commercial venture. It is urging all South Africans to be proud of themselves, their heritage and most of all their country.

Africa in focus

by Hayley Axford

- Nigeria drops out of the race to host the 2010 Soccer World Cup.
- A human smuggling ring is exposed in Ladybrand, Free State.
- The number of African orphans is expected to hit 20 million by the end of this decade.
- South Africa will host peace talks with Burundi in an attempt to end the central African war.
- Microsoft develops software, which will enable the translation of programmes into six African languages.
- Anant Singh's winning movie studio bid, will result in the Dreamworld Film City being built near Khayelitsha.
- Former Boyzone singer Ronan Keating is set for his second tour to Africa in December.
- Len Jenkins successfully defends his Fish River Canoe Marathon title.

Activate Africa & Speak Out

Thank you for your responses to the question that was posed in our last edition.

The question asked for your thoughts and opinions on the issue of traditional punishments, such as stoning and whether they still have a place in modern society. These were your responses:

- I think that practices such as stoning people for acting in ways that are seen as wrong by certain societies is inhumane, but at the same time I think that there is a lack of understanding in this regard as it is a traditional practice and in many ways. Western society has disregarded traditional and religious beliefs, which are still very important to some societies and cultures.

- Who are we to judge other cultures, when there are so many atrocities happening in the Western world?

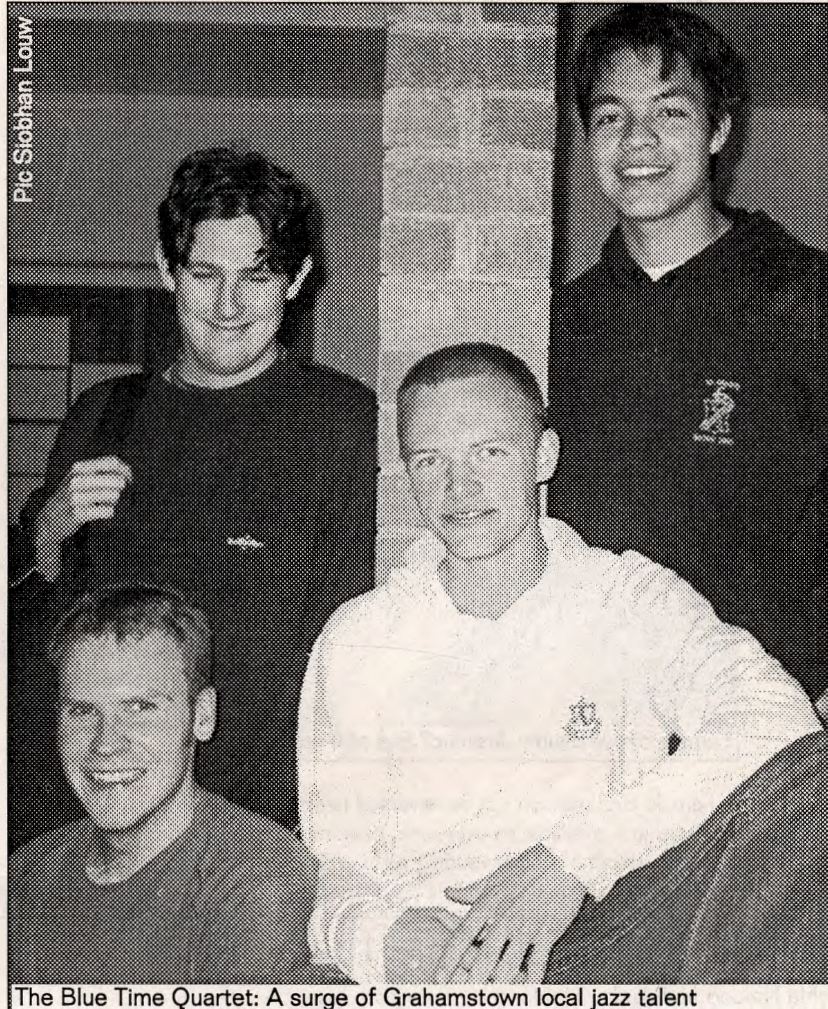
Mail your views, thoughts and opinions on any issue that concerns our African continent to:

g03n0709@campus.ru.ac.za

All opinions and views will be respected.

Jazz is not dead

by Siobhan Louw



The Blue Time Quartet: A surge of Grahamstown local jazz talent

The Blue Time Quartet, a campus jazz band, is closing the gap in the Grahamstown music scene - one previously dominated by rock. Jazz expresses the incredible sound of an original and innovative musical creation. Terrance Marais (piano), Steve Ellis (drums), Mark Robertson (bass guitar) and Jay Brown (lead guitar) make up this foursome, which believe that South Africa's history and legacy of jazz needs to be recognised and developed.

Says Brown: "Our country's music scene is multi-culturally inclusive. The expressive and creative qualities of jazz attract a diverse and appreciative audience." Each member gives something unique to the band. In creating their musical artistry, which in performance takes on a life of its own, the members bring together a fusion of talent, improvisation, dedication and hard work. These musicians contribute skills and musical genius from assorted backgrounds, various experiences and years of musical involvement.

The guys are very passionate about jazz and serious about what they do. Last year, Mark spent time in England doing a music course at a Christian music college. Before coming to university, Jay did extensive work with various bands in Johannesburg, including working with the Vuyane Ensemble, which travelled to France and performed in Paris. Terrance, Steve and Jay are all music students at Rhodes.

To the band, jazz is all about improvisation. It is particularly dynamic and free, providing a means for communication between the audience and the musicians. Emotionally, jazz has the potential to be everything. It is the music of our country; an art that is constantly evolving and in composition, takes on a life of its own. The band encourages audiences to appreciate jazz through open mindedness and cultural appreciation.

Catch the enthralling performance of The Blue Time Quartet on Friday 17 October at Red Café. Entrance is R5.

Old Beginnings for New Piano Lecturer

by Candice Jansen

Sitting in a dark auditorium with the curtains drawn, a spotlight shining on the performer and piano keys racing with electric sounds of some creative composer of yesterday, you never stop to think of how all of this is made.

Critically acclaimed pianist, Catherine Foxcroft, lived through the excitement abroad as well as in South Africa for about 15 years and is now sharing her knowledge with the Rhodes University Music Department, as a piano lecturer.

Creative dreams and goals are circulating in her mind with regards to uplifting the department. She says, "There is no sealing to creativity and that's what is amaz-

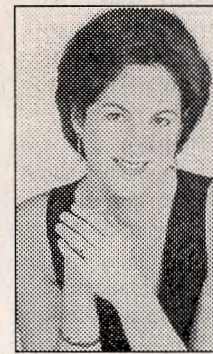
ing about being a musician. Teaching is as rewarding as performing". Watching someone learn to interpret music is, according to Foxcroft, "a very satisfying experience".

She would like to "concentrate on performance playing instead of academic playing". Performing is a fulfilling aspect of music education and a skill that has to be finely tuned. The enthusiastic teacher also says she would like to implement a chamber music program, a feature close to her heart, as she feels "There is only so much you can do as a soloist". Overall, improving the standard of this institution's playing is her fundamental goal: "Music is one of the arts where you can only improve, as a

performer and teacher," she says.

Music is a vast and artistically endless component of life; even someone as accomplished as Catherine Foxcroft agrees that there is always room for improvement, saying: "some of the greatest composers produced at old age."

Bob Marley couldn't have said it better in the song, Want More, "you think it's the end but it's just the beginning..."



Catch of the Day

by Roline Bosch

Saturday night was going to prove to be a complete fishy occurrence, I was sure. After deciding on my options for the evening, I chose to wade my way towards the drama department to see Plunge! a play, as I was warned, about actors acting as fish. But a play written and directed by Andrew Buckland was inevitably meant to be brilliant, so where's the catch? I pondered. Slightly apprehensive, I dipped into the sea of a full theatre and took my seat.

A few coelacanths into the story and I was starting to wonder whether these fish would swim any further. Although the actors immersed themselves fully into their characters (brought to life by puppet-like fish), it didn't quite catch my breath. Nonetheless, taking into consideration that the merit of a production is not only weighted in its first five minutes, I was still as keen as a rabbit on Ritalin.

Fishy stories aside, this extremely physical performance incorporated vivid styles of creating the underwater world by using neo-puppets and a clever, yet simply, designed set. Impressive methods

were used to bring the play to life: At some points, the actors used torch sticks to represent smaller versions of the coelacanths, as well as their own bodies to represent underwater motions. These crafted techniques worked exceptionally well on-stage, especially in the context of the play, which was about the pain experienced by a Xhosa woman on the death of her child and how the mystery of the coelacanth explored by a team of scientists from the west eventually freed her from sorrow.

I must admit, being a shallow swimmer, I was not too sure about coelacanths and African drum rolls all merged into one. But as I explored the depths, it became apparent that cultural misunderstandings intertwined with the story of the captivating coelacanth and a mother's pain was more skillfully executed than I had first anticipated. Using physicality, humour, audience sensitivity and finely skilled actors, the production presented by the Ubom! Eastern Cape Drama Company was more than just a good catch. I was caught - hook, line and sinker.

Art, like science, is everywhere, except maybe in Mathematics because I am still searching for the beauty in the square-root of 25! In our last edition, my editor explained how tricky the art of story telling is. Even trickier, I think, is drawing stories or objects: My Socio lecturer drew a cow for the class earlier this year and we thought it was a flower! It is for such reasons that I have always respected artists, people who have mastered creation. A friend of mine from Dingemans once stopped me on a rainy Sunday morning to say, "We are at our best when we create". I don't know whether this was an original quote or not, but its profundity has compelled me to carry it with me ever since. Like many of you, I was raised by cartoons, in particular Garfield. I thought that f(ph)at cat was the greatest. Not only was he funny but he also looked the same every time! Hell, I can't even

duplicate stickmen when playing hang-man! Sounds silly, but such replication is a skill few of us can boast about. Few of us, but the likes of Novak Miler. Those in the know might have seen the brilliant characters this Fine Arts student created for the Rhodes Journalism Review...

I'm using hacked dolls and teddy bears with intestines



Q. Who is Novak?

A. Novak is a 23 year old, Zambian, doing his fourth year in Fine Art.

Q. How did you end up at RU?

A. A warped lecturer fooled me into believing that Rhodes offered an animation course! After some research though, contacts from Microsoft and such companies encouraged me to study Art.

Q. Have you always been drawing?

A. All my life. Even in school, my best grades were in Art. Back then, it was so much fun, Varsity just kills that, the criticism is hectic and the theory is even more intense. (shame...)

Q. What is your work about?

A. Genetic engineering. In my third year it still didn't have a focus, but now I'm using hacked dolls and teddy bears with intestines (he laughs at my distorted face and Linda, my beloved picture editor, now decides to ask him...)

Q. Are your digsmates freaked out by you? (alas...)

A. Yeah, they think I'm strange...I have been working on frogs with snakeheads and thanks to the guidance of my lecturer, they are carrying a lot of theoretical weight, so I'm doing fine.

Q. Have you ever taken out your anger on someone through a hideous painting of them?

A. No (I yawn), I hate drawing portraits and landscapes - boring! My anger is mostly directed at something.

Q. There must be someone you're angry with and have drawn?

A. Nah, but I could draw my landlord.

Q. Considering your work, would you say you're normal? (I had to ask)

A. Nobody who sits at a desk looking at numbers all day can claim normality!



Silent Utterances
Olerato Moreosele - Arts & Culture Editor

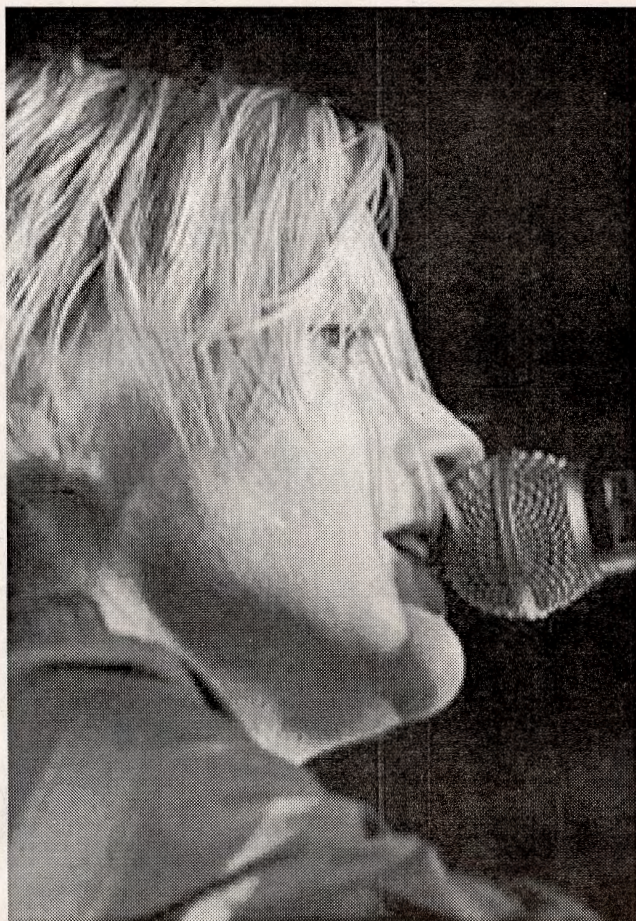
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The Ateth degree: Karma on race, live shows and cops

by Verashni Pillay

I'm about to interview Henry Ate front-woman Karma and I'm ready for anything. Sure, I've moshed with the best of them, read the interviews that were just as 'slap in the face' as their first CD of the same name and wondered (along with the rest of the country) at the inexplicable name change from Henry Ate to Karma and back again a few years ago. So am I about to speak to a prima donna?

"Hang on; I've just passed a cop." It's the first thing I hear from Karma over the phone while she drives and the daunting celebrity status is immediately stripped away. She returns laughingly to explain the situation and we begin chatting.

With a name like Karma-Ann Swanepoel, you can't help but to expect a truly independent mind with real South African flavour and Karma doesn't fail to deliver. She takes issue with the music industry in particular. "The industry must start acknowledging that they work for the audience. The musicians have always known this." However, Karma isn't exactly the type to sit back. She has set-up a small, non-profit music label, AMP (Ate Music Productions) for artists like herself who want to get their music out there, without the hidden costs inherent to the industry. The label's first project is a new Henry Ate EP, "Seven Songs", which Karma says was designed to sound as stripped-down as possible. This marks a departure from the previous albums which, according to band-mate Julian Son, sounded "overproduced."

I point out the problem of racial listening; can the gap be bridged? "The stigma is presented by the radio stations. Metro would never play our stuff, yet I've seen many blacks in our audience." Karma does say that it isn't a problem for her. "My songs are about human emotion and that's not race or class or religion-based." Granted. If nothing else, you've got to give Henry Ate kudos for longevity. They were part of that first batch of bands to explode on to the South African music scene in 1996. But while their peers have since disbanded and broken up, Henry Ate are still here, seven years after their first album, still rocking and in the business alongside second generation rockers like Tweak and Cutting Jade, bands who reap the rewards of what Henry Ate and its ilk pioneered amongst audiences.

"I love playing with my band live" she says. "When you're on stage you're stripped naked. Huge shows, those are more about performance. It's the small unplugged sessions that take it back to what it's really about." I mention the live performance at OppiKoppi in 2001, one of the most beautiful shows I have ever seen - completely chilled, not a bouncer or barrier in sight. "That was our favourite gig," she tells me "and I credit it entirely to an audience that was there with us, committed."

Perhaps that's what it's about at the end of the day; us as an audience making the most of the amazing talent we have in this country. As one columnist puts it, "export our art, not our artists".

Movie Review



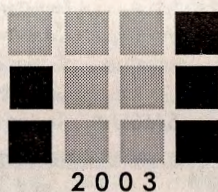
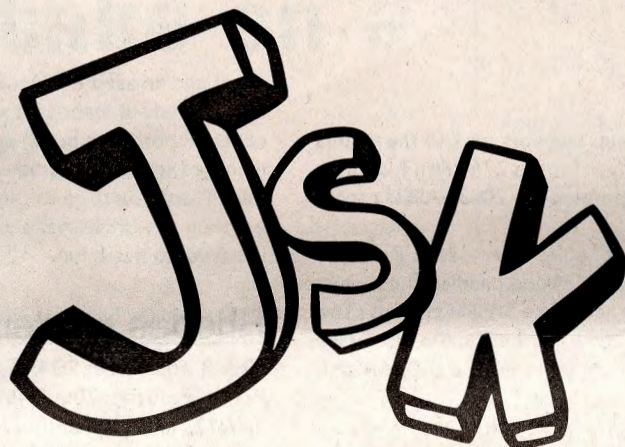
American Pie 3: The wedding

by Maire Bonheim

This third instalment in the legendary American Pie saga continues to have audiences in hysterics using its successful formula of hilarious sexual embarrassments. The same old actors we hated in the first two films are really getting into their characters by this stage, relishing the skill and artistry required in the creating of yet another movie consisting entirely of the words "dude", "f**k" and "strippers", complemented by a finely calculated interplay of hysterical laughter and juvenile sound effects.

Jim (Jason Biggs) and Michelle (Alyson Hannigan) are getting married. Stifler is enormously excited because he gets to throw Jim's bachelor party. (Insert nightmares on everything that could go wrong with strippers, a roast chicken and Jim's new in-laws here and you have the general idea.) Finch (Eddie Kaye Thomas) gets worked up over Michelle's sister, Cadence (January Jones), who, (shock! horror!) seems to prefer Stifler. Jim's dad bumbles around happily, embarrassing people and explaining the meaning of life to anyone who will listen. What? You wanted a plot? Be realistic, we're talking about the second sequel to American Pie. It's a bit like Star Wars: not only does it have the infuriating potential to last through countless future episodes; it also includes a scary philosophical weirdo who swoops around in extraordinarily unfashionable clothes, drawing: "Stifler, I f***d your mother."

If you filmed the bathrooms at the Rat for a week and then edited out all the boring bits (for example when no-one was chundering or having sex with their girlfriend's grandmother), the result would look a lot like this movie. But then no one's paying for the intellectual and emotional realism. Hurry down to the Roxbury and watch American Pie 3 - The Wedding, only if you don't mind seeing the same movie for the third time with a few mildly innovative set changes.



Gig Guide

by Lauren Hills

The year is winding down and with exams on the horizon, you're going to need some stress-relief parties and there are some great events happening all over Grahamstown and beyond.

There will be the usual G-town Friday (and any other night) parties we have all come to know and love at CJs, The Rat, Friar Tucks, Die Taphuijs as well as Champs - so look out for end of year specials happening there.

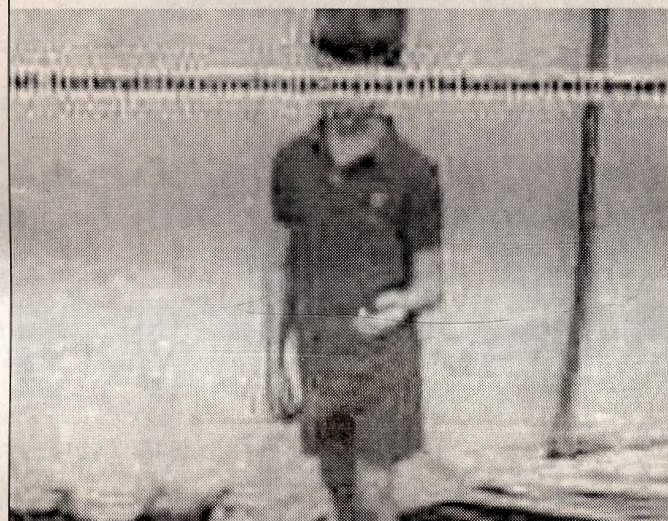
Tomorrow night, however, (Friday 17 October) is something a little different. The "It's your House" party, presented by Earcandy in conjunction with RMR, promises to be an awesome jam, with two dance floors and ten DJs including RezPrez, Wigga, The Real McCoy, Pierre and Daniel. The party's at the Scout Hall on African Street and doors open at 21:00.

For the rock music lovers however, Fallen will be playing at Die Taphuijs tomorrow night as well, so don't miss out on this truly great band.

Electrosoc is hosting a party at Die Taphuijs on 22 October. DJs Loki and Mini Marcus will be playing; doors open at 21:00 - members are free, but R5 gets non-members in.

The Bubbahoons are breaking the boundaries of G-town and will be playing at The Barn in Port Elizabeth on the 24th (faithful Hoons fans, you better be there!) Champs, the new G-town live music venue, will be having gigs from Thus Far, Fallen and The Bubbahoons in the last weeks of term, so keep your eyes open for more info.

CD Review



Afrikaans alternative fever

by Tshego Molete

Teaching Afrikaans as a Foreign Language - **The Buckfever Underground** (Bastard Revolution Speeches)

An interesting listen to say the least, TAFL (Teaching Afrikaans as a Foreign Language) by the Buckfever Underground is a foray into alternative music that joins the up-and-coming boom of Afrikaans rock. While not in the league of current trendsetters such as Karen Zoid and the like, TAFL holds its own as a more mature listen, with the easy instrumentals keeping you listening to what might otherwise be an alarmingly strange CD.

Buckfever Underground is a four-man band, mostly known for their live performances at renowned venues such as the Armchair Theatre in Observatory, Cape Town. Headed by Stephen Timms, the author of the slightly off-centre lyrics, they retain this live aspect and introduce their unique brand of Afrikaans poetry on the album. Themes running throughout the 7-track CD include social awareness (Blood Red Land) that adds to the general feeling of discontent introduced into the deliberately apathetic first track Who Cares (Not Us). This song speaks of the restlessness and ambivalence felt by the youth towards the monotony of a conventional and conservative lifestyle.

Despite the title, the rest of the album fortunately does not require an Afrikaans dictionary and the lyrics are easily accessible. The haunting instrumentals of Love in a Time of Visas, is perhaps one of the best offerings on the album and tells of the trouble of long-distance relationships. The less-than-elocuent lyrics add to the reality of a painful love that many will be able to relate to.

Buckfever's instrumental talents shine through on this album, despite the vocals, which are dreary and monotone at times. However, while this may not be to the taste of the general public, TAFL works well for its niche market.



Success at the Fish River Canoe Marathon

by Staff reporter

Nineteen Rhodes students took to the waters of the Fish river for the 22nd Fish Marathon which incorporated the 2003 SASSU canoeing championships.

The Rhodes A team of Miles March, Nick Burden, Kelvin Trautman and David Wood paddled their way to a well-deserved 2nd place in the SASSU champs. The University of Pretoria came third while the University of Natal, Pietermaritzburg team are the 2003 SASSU Canoe Champions.

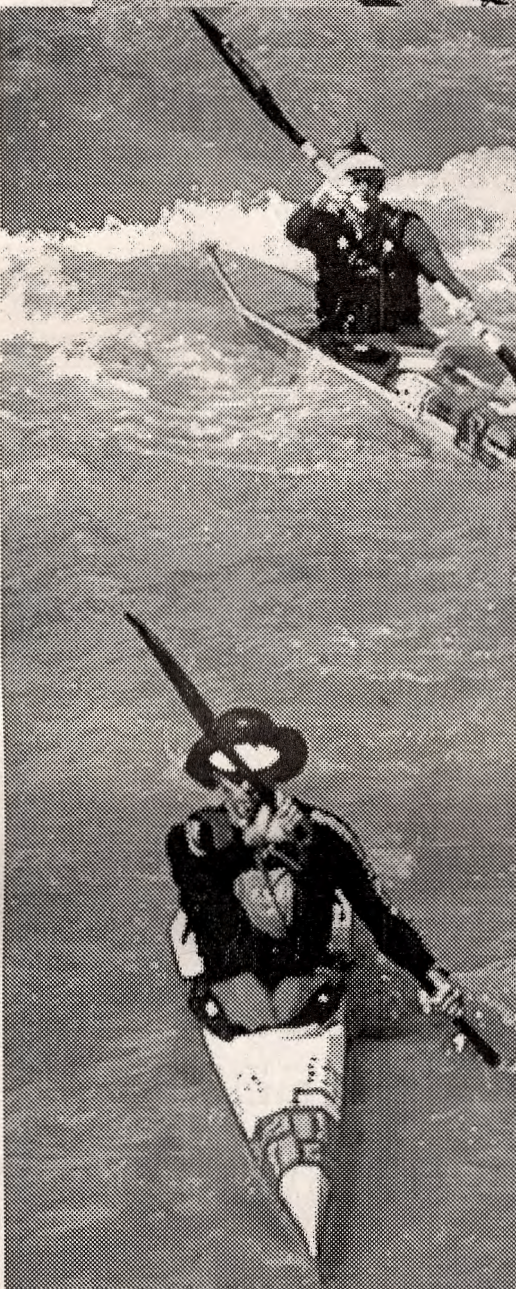
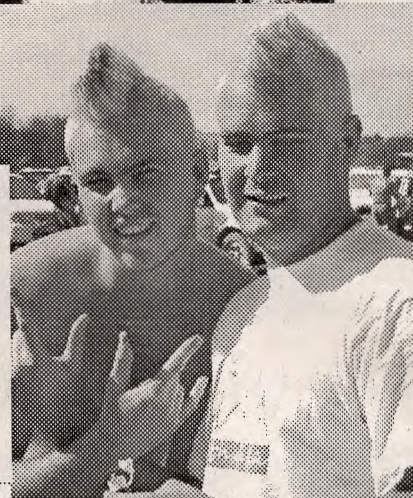
The SASSU champs were marked by some ridiculous hairstyles and various mascots that were acquired by certain teams on their way to Cradock. Gladys, a green and white Transkei chicken, joined the Natal team while the UCT crew contributed a dead jackal to the party.

The University of Natal, Durban, hosted the SASSU

event and amazed everyone with their ability to organise hundreds of inebriated students into an almost cohesive post-race boat-race. A conniving UCT crew managed to rob the Rhodes supporters team of this title. Thanks must go to the generous suppliers of the warthog spit-braai and to everyone who was involved in having so much fun.

Rhodes students' results:

Nick Burden: 46th 5:34:45, Miles March: 54th 5:37:08, Kelvin Trautman: 78th 5:45:11, David Wood: 81st 5:46:12, Tom Mapham: 227th 6:12:32, Andrew Morphew: 261st 6:17:03, Pip Mortlock: 281st 6:19:50, Jeremy & Greg Chaplin: 377th 6:31:43, Rob Clarke & Graeme Roberts: 390th 6:33:09, Alex Joiner & Tim Craig: 591st 6:58:29, Guy Cawood: 781st 7:31:06, Leigh Mennie & Shale Exelby: 874th 8:03:01, Struan Taylor & Brett Craig: 890th 8:15:39.



Smuts Hall comes out tops

By Nomsa de Beer

The Smuts Hall team was the overall winner of the annual Inter-residence Rugby Tournament this year. Smuts won the final against The Dream Team, which was made up of mainly oppidans. Both teams had a very successful tournament, having never lost any of their matches prior to the final.

A total of nine teams took part in the tournament, which commenced at the beginning of second term. The Smuts Hall team met the Dream Team in the final during the first week of the fourth term. David Wood, Pile Zulu and Don Schreuder led the Smuts team to victory by scoring the points that led to the final score of 27-11.

The tournament for this year was organised by Grant Beresford-Miller, known to many as Buda, through the Rugby Committee. The Rugby Committee organises the event in an attempt to assess the capabilities and talents of those rugby players who do not play for a Rhodes team.

Beresford-Miller described the tournament as "a great success". "The competition was highly competitive compared to other years. There were a total of 5 teams that could have won the tournament," he added. "The high standard of rugby played was pleasing to witness," remarked Beresford-Miller.

The women's decision is final

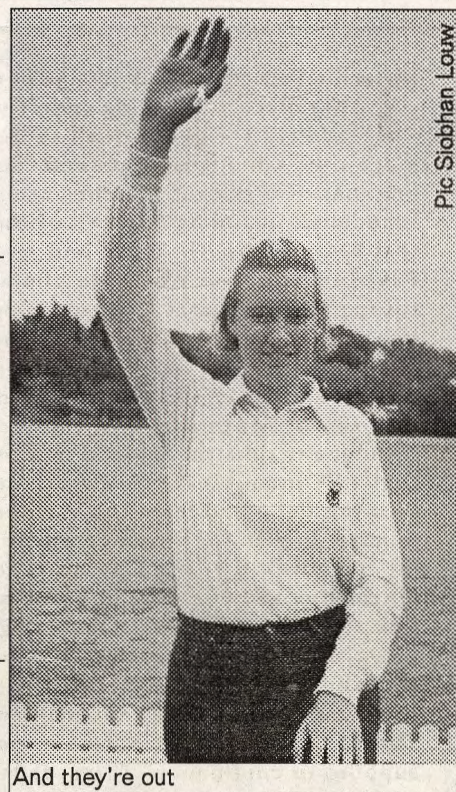
by Chris de Kock

Rebbecca Gruenfeld is one of few women attempting to break the social barrier between men and women in sports. After joining the men's cricket team she was often scrutinised by her teammates and was rarely given a chance to prove herself. Rebecca chose to continue in the line of cricket and become an umpire.

Since becoming an umpire, Rebecca has umpired in the Golden Oldies Tour, which took place in September this year. It is a collaboration of cricketers over the age of forty from all over South Africa. She was also assigned to umpire the Pineapple tournament in Grahamstown, which is the local farmer's league. Additionally, she has umpired in her hometown, Harare, where she is the only female umpire.

Rebecca believes that women's sport is poorly represented at Rhodes, "There is no promotion for women, and no help is given to women attempting to get involved." She was named the cricket development representative, however has received very little support from anybody. When asked if being female influences the way the players respect her, she said "I have had a few run ins with guys, but generally it isn't much different to the way they treat male umpires."

Rebecca is emigrating to Australia next year, where she hopes to start playing cricket again. She will continue to umpire and her name has already been put forward to the Golden Oldies World Cup, scheduled to be held in Brisbane next year.



And they're out

Rhodes student conquers foreign shores

by Michael Salzwedel

Alexia Loizou returned late last month from a ten day trip to Monaco where she competed in the World Biathle Championships. This prestigious event attracts

biathletes from over twenty countries, some as far off as Lithuania and Egypt.

Biathle is an extension of biathlon (run-swim) and involves a run, a swim and a second run. The Championship this year was held at Larvotto Beach and required the competitors to complete a 1.5km run followed by a 200m swim and another 1.5km run. Nineteen year old Loizou took part in the U/21 section and was placed 5th out of 23 competitors. Having taken up biathlon in Std 8 and making the senior Eastern Province team, Loizou decided to test her limits and started biathle. In her Std 9 year she once again made the Eastern Province team, this time for biathlon as well as biathle. This year, apart from the World Biathle

Championships, the energetic first year student has competed in the SA Track and Field Championships, the SAU Cross Country Championship and the SA Biathlon Championships, performing excellently in each and coming away with commendable results. "I run for six days of the week and cover a distance of about fifty kilometres," said Loizou when asked about her training regime. She also swims on four days of the week at the St Andrews College heated pool. For Loizou, the trip to Monaco was indeed a memorable



experience. "I loved everything, absolutely everything," she said. "The friends I made were very special and I am so grateful to have had the opportunity to go," said Loizou, who hopes to finish amongst the medals at next year's Championships. Another of her goals is to enter the world of triathlon, which incorporates a bicycle ride in addition to the run and swim elements.

Rhodes soccer on the ball

by Chris de Kock

The men's first team performed admirably this season as they conquered almost all that crossed their path. Although Rhodes ended up tie first in the P.E.F.A. 1st division league, it was their impressive goal difference which clinched them the overall championship. The captain, John Tembo, led by example as he received the honour of top goal scorer of the competition, his tally including a hat trick against Westpark.

The women's team has continued to go from strength to strength. After an impressive season they came third in the SAFA-EP Telkom Development Ladies League. Whenever the Rhodes ladies took to the field they posed a threat to the opposition and when they won the scores were generally high. Akhona Makoboka captained the team and the lead goal scorer was Wadzi Chidawanyika.

The Rhodes men's second team, the Rhodents, are yet to conclude their local league and although they sit in fourth position, they still have a number of games in

hand and look set to take the championship. The team, assisted by the wisdom of the coach, Les Mitchell have posed a major threat throughout the league and triumphed in the Freedom Day Tournament in April. Even though Bryte Nimako is the lead goal scorer in the competition, with at least one goal per game, the entire team managed to hit the net, including the goalkeeper who converted a spot kick.

Unfortunately, the only dark cloud to loom over all three of the soccer teams was Tri-Varsity. After drawing the match in ordinary time, the women's team went down valiantly to UPE (4-3) in penalty shoot-outs.

The Rhodents fought bravely and although blessed with plenty of opportunities, were overcome 1-0 by UPE after the visitors scored a late goal. The men's first team was the main soccer event and took place on Great field as a curtain raiser to the rugby. But the UPE team proved too strong on the day and triumphed over Rhodes, 4-1.

Sports Awards Dinner

by Susan Powers

On Friday 17 October 2003 the Rhodes University Sports Council Awards Dinner will take place on the stage of the Main Auditorium of the 1820 Settlers Monument. The theme of the evening is "night of the stars". The annual event, which marks the culmination of the sporting year, is where

the winners of seven coveted awards will be announced including the Sportsman and Sportswoman of the Year, Club of the Year, Committee of the Year, Most Improved Club, Performance of the Year and Administrator of the Year. Thirteen judges (students and staff) have the onerous task of voting for the winners of each award.

Results round-up



- Basketball: RUM lost to Vista Blaze A 50-53 on 5th October before beating UPE 73-66.
- Athletics: Matt Gibb won the internal 4km Time Trial on 1st October with a time of 16:02 followed by Wayne Viljoen with a time of 16:27.
- Rifle: Marli Vlok won the A-class section of the RU Rifle Club Open Championships held on 4th October with 1165 points, while Leandi Hempel took the B-class honours scoring 1139 points.
- Body Boarding: Allan Horsfield ranked 16th in the SA National Provincial Body Boarding Championships which ended on 3rd October. He was placed 12th/27 in the drop-knee division and 31st/39 in the pro-division.

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Online Independent Student Newspaper

This Saturday the cravings of even the most demanding sports addicts are guaranteed to be more than adequately satisfied. Three international cricket matches are scheduled, including day two of the first test between South Africa and Pakistan, with the World Matchplay golf tournament, Masters Cup tennis and no less than six soccer fixtures making up a considerable portion of the extensive bouquet. Most importantly, for the majority of South Africans, the Springboks take on England in a match that will undoubtedly throw the Boks into the deep end from the very first minute. England are firm favourites to lift the coveted World Cup on 22nd November and our boys in green and gold will have to rip out every single one of the stops to prove to the world that they are indeed a force to be reckoned with at this year's tournament. The Springboks might not have ample supplies of confidence of late, following their hardly satisfactory performances at the Tri-Nations. So in order to make a formidable impression on this World Cup, they need to renew their minds. Racism and performance blemishes should be treated with the healing balm of unity, motivation and belief. Should they defy all odds and win against England, they will gain a relatively easy path straight to the semi-finals. Not to mention a confidence boost of monumental proportions. Here's hoping!

Talking about rugby, take a look at Nomsa de Beer's report in this edition on how the Girls Touch Rugby team fared in the national Klippies and Cola Touch Rugby Tournament recently. Other females making waves are Rebecca Gruenfeld (cricket umpiring) and Alexia Loizou (biathlon). Read about their achievements on the inside page.

Most sports clubs have wrapped things up for the year, with only a handful of fixtures remaining. In what promises to be a closely contested game, the Rhodes 1st XI cricketers take on Old Selbornians from East London on Sunday in their penultimate outing. The game gets underway at 10am on the Prospect field and I'm sure the guys would love some support, so take some time out from watching the Proteas obliterate Pakistan on Sunday and get down to the Prospect field to witness some quality local cricket. Their final match for the year is on 26th October, which will see them up against Buffaloes, also from East London. Same time, same place. Be there.

This is the last edition of Activate for the year. If you have any suggestions on how the two sports pages could be improved, or would like to make any comments about any aspect of the pages, please don't hesitate to let me know. You can drop me an email on g02s3804@campus.ru.ac.za with your ideas. The next edition will be the O-Week edition in February next year, so if you have any sports-related information you would like to get across to all those excited first years, let me have it and I'll see what we can do. Good luck with the forthcoming exams and have a splendid end of year break. Make sure you're ready for what promises to be a phenomenal sporting year in 2004!

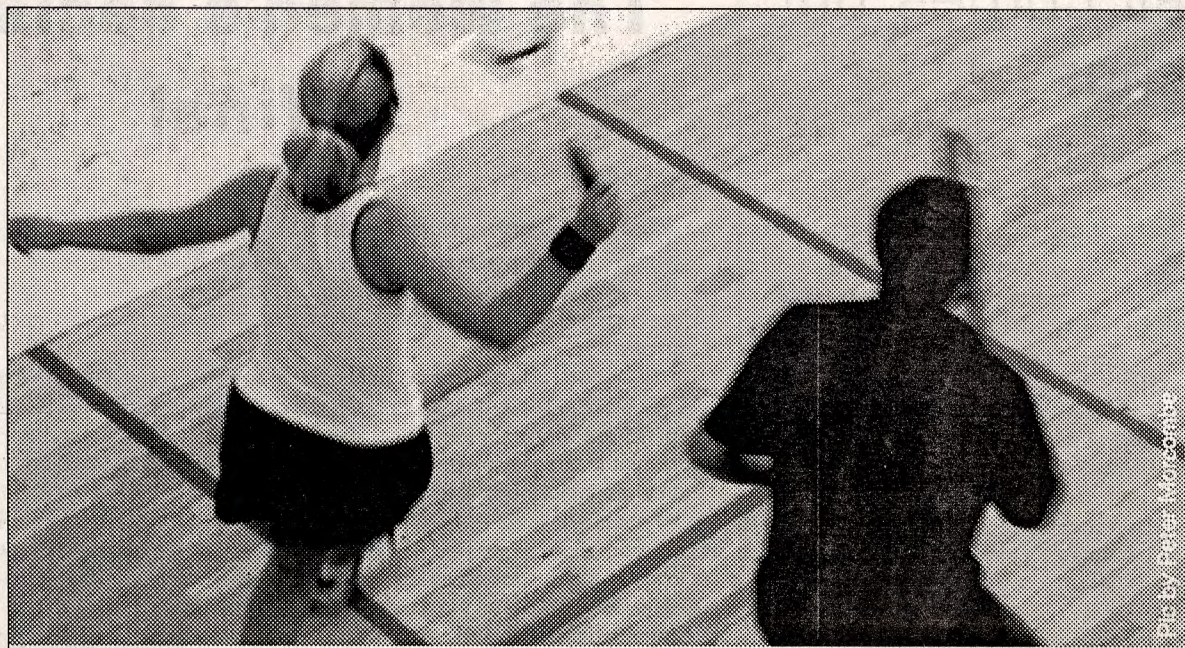
The Bottom Line:
Strength does not come from physical capacity. It comes from an indomitable will.

- Mahatma Gandhi



Between the Lines

Michael Salzwedel – Sports Editor



SWEET SWEAT: Tim Hasluck of Rhodes outdids Karen van de Westhuizen of Durbanville Squash Club 3-2 in their closely contested tour match. Van de Westhuizen is ranked 9th in South Africa.

Wine Route Squash Tour goes down well

by Michael Salzwedel

Fifteen people in a kombi on a 2600km tour along the Garden and Wine routes is quite a squash. And squash it was as nine men and six ladies from the Rhodes Squash Club embarked on the annual September squash tour, experiencing mixed fortunes on the court and mixed drinks in between.

The tour was organised by the Squash Chairperson, Juliet Visser, who said that the aim of the tour was to "integrate social players into the fellowship of the club and also to build good relations with other squash clubs around South Africa".

"We were looked after like Kings and Queens, every team dropped everything to ensure we had a pleasant stay," remarked Sports Officer Kerr Rogers. "It warms my heart to have met so many different squash people that all seem to be of the same type: good solid people that play this great game as hard as possible and enjoy socializing and forming new friendships after the battle is done."

Many a valiant battle was fought but the Rhodians were outclassed and overpowered in their total of five fixtures. The first fixture of the tour pitted Rhodes against Stellenbosch University, which the visitors lost 22-39. The following day, after a consoling night out, Rhodes went

down 18-37 to Paarl Squash Club. Then, after a day of 'rest' - the team headed to the Mother City in jovial spirits, only to suffer their worst loss of the tour at the hands of UCT: 11-40. Not to worry, the losses were soon forgotten. "We showed a lot of Cape-tonians how to have a good party," said Cath 'Bergie' Lewis, who was voted as the overall players' player of the tour for giving 100% both on and off the court.

Tim 'Stompie' Hasluck was the mens player of the tour winning three out of five matches while Juliet 'Romy' Visser was the ladies player of the tour winning an impressive four out of five matches. The final two fixtures were lost to Durbanville Squash Club (17-35) and Knysna Squash Club (15-32).

Losses aside, the tour proved to be an unparalleled success. "Everyone got along like a house on fire and it was especially cool that we all went in one kombi because we definitely bonded as a team," said Lewis. "This was definitely the best and most hectic tour I've ever been on. There is already enthusiasm for next year's September squash tour."

"None of it could of happened without the committee, especially Juliet and Kerr, they did a superb job of organising the whole thing, and deserve huge thanks and many congratulations," added Lewis.

Women's Touch Rugby Team ranked third

by Nomsa de Beer

The Rhodes University Women's touch rugby team was ranked third overall at the Klippies and Cola tournament last week. The squad of 10 players travelled to Johannesburg to play against other regional winners at the finals after having won the Eastern Cape regional competition.

The Klippies and Cola tournament began in August. The two opening games were played in Grahamstown and Potchefstroom with Rhodes and Pukkies as the hosts. The tournament came to an end last week with Pretoria University outclassing all their competitors to be declared the overall winners.

The Rhodes team left Grahamstown on Wednesday, October 1. They were hosted at the High Performance Centre where the likes of Manchester United have also been hosted. The girls and boys arrived after a long bus trip that was sponsored by Klippies. To their surprise, Rhodes and UCT were the only English speaking universities in the tournament.

The girls played numerous games, which they all won except for their final one. Their first match was played against Potchefstroom University where Laurinda Thomas

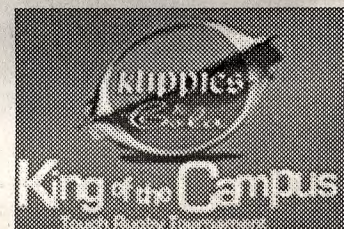
and Paula Evans

scored to earn Rhodes a victory of 3-0. Rhodes also played Bloemfontein University and won 1-0. The winning streak ended when Rhodes played Tukkie's and lost 1-0 to a team that consisted mainly of national players.

The assistant coach of the girl's touch rugby team, Bruce Perry, said that he was very impressed as this was the girls' first professional tournament and they played very well. "The trip was such an educational experience which taught us a lot about the tactical side of the game. It was amazing to see how the girls grew within the short period of the tournament," Perry added.

The girls were impressive to such an extent that they were asked to register with the South African Touch Association to become a union. By doing so the team would head up a constitution and represent the Eastern Cape in all touch rugby national fixtures and tournaments. The girl's captain was also named as the most outstanding player at the tournament.

The players enjoyed a successful trip and "true to Rhodes spirit the girls took no time to get the Dutch men on their side - they had great support," Perry concluded.



Briefs

RUGBY

The Springboks claimed a satisfying 72-6 victory over Uruguay in their opening RWC 2003 match in Perth on Saturday. Their next encounter is this Saturday when they take on England.

SOCCER

Bafana Bafana made heavy weather of subduing a lack-lustre Costa Rica 2-1 in a disappointing Nelson Mandela Challenge Cup clash played at Olen Park on Saturday.

Captain David Beckham missed a first half penalty but England still secured their place in the Euro 2004 finals with a 0-0 draw against Turkey to win Group Seven on Saturday. England endured a controversy-filled run-up to the decider against the World Cup semi-finalists but produced a disciplined performance to stifle Turkey who have still to score a goal against England in nine internationals.

FORMULA ONE

The Japanese Grand Prix at Suzuka yielded pure delight for Ferrari as Rubens Barrichello won the race, Ferrari won the constructors' championship, and Michael Schumacher rewrote the record books by taking a record sixth F1 world drivers' championship.

BOXING

Dinga Thobela has left Danish promoter Team Palle in the lurch yet again, this time pulling out of an October 24 bout against Rudy Markussen in Copenhagen. The former three-time world champion, who fled Denmark days before he was to fight Mads Larsen in April, had apparently also signed a contract with a Canadian promoter.

TENNIS

Kim Clijsters maintained her top spot when she beat fellow-Belgian Justine Henin-Hardenne in a battle for the world number 1 position in the final of the Porsche Grand Prix, 5-7, 6-3, 6-2, on Sunday. Clijsters, 20, wasted a set point at 5-4 in the opening set, but then won the last five games from 2-1 down in the third to complete victory in 2 hours 10 minutes.

Courtesy of
www.supersport.co.za
www.sundaytimes.co.za

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REVOLUTION NEWS

Independent Official Newsletter of the SRC



Rocking Rhodes

by Charmaine Jelbert

Not everybody could have been at the wood stock party a couple of weeks ago because of the ridiculously large amount of work that has mysteriously piled up. Speaking of work loads the SRC 2004 are working hard on implementing a 'Green Route' on campus. This is a proposed path along certain roads like Prince Alfred and Artillery Drive that will have an increased number of security guards targeting and patrolling these areas. This is to increase the security and safety of students who have to walk home late at night after being in the labs or out at 'rat' or 'CJ's'. The proposed 'Green Route' will give students peace of mind along the route as there will be more security guards to prevent

any incidents. The SRC has proposed this plan at the Student Services Council, where it is still to be debated at Senate. We are really going to push this idea as we felt this increase of security on campus is important to ensure that students are walking home safely.

This is our last edition in Activate under the 'Revolution' name. The SRC 2004 plans to change this to 'Evolution' as revolution is no longer necessary. This SRC hopes to evolve from the previous SRC learning from their mistakes and bettering their successes. Have a great holiday and for those of you coming to O-Week, we will see you there! Get some tips on how to study well! (Let's hope they work.)

When asked to write an article on my community interaction portfolio plans for next year, I must say my lack of journalistic skills left me stumped. I do have many ideas but as many of you might have experienced, implementing them on paper can be a problem. For those of you who don't know the inner workings of the SRC, each member has to pick a portfolio for the year.

Community Interaction I feel is one of the most important portfolios on the SRC. (I could be a little biased though!) We Rhodes students tend to forget that Grahamstown does go beyond KFC, yes guys we are not alone in Grahamstown!

The SRC have already started the ball rolling for next year. We have donated SRC pepper-spray cans to a Rape Crisis Centre run by the Grahamstown Police Station. Milanda Coetzer, who heads this centre has informed me that next year it will be fully active, but this year unfortunately due to funding problems it is just a room where rape victims can be consoled and have someone to talk to about this terrible crime.

We have also been handing out coupons for a soup kitchen being run by Monica van Rensburg at the end of High Street every morning from Monday to Friday at 9:00 am. The Grahamstown feeding Association runs this and anyone who brings a coupon can have a free meal, or just show up and a meal will be handed over to you.

Right now I don't have any exact plans for next year, but I do have many ideas that are still in the planning process. What I can say though without letting the cat out of the bag just yet, is that because next year is centenary year there is a huge student run fundraising campaign that will blow the word "fundraising" to another planet! This will be affiliated with a well-known community outreach programme. Well let me not spoil the surprise just yet. All I can say is next year will be really exciting and I'm looking forward to getting involved and with all of your help I'm sure we can make a difference to this small town.

Telana Halley



COMMENTS AND SUGGESTIONS

Please feel free to contact us at:
SRC Office

Phone: (046) 622 7122

Fax: (046) 622 4162

E-mail: council@src.ru.ac.za

O-week, Exams and come live my life

As we come to the end of year the main focus of the SRC has been on O-week and Exams. Safety on campus has also been on our agenda and a copy of our green route proposal can be obtained from any SRC representative. We hope to get this proposal implemented in 2004 and hence O-week and Exams have taken the centre stage of our activities for now.

O-Week

The Orientation Week Plans are looking very promising. A very successful meeting has been held with societies on getting them onboard O-week next year. The response received from the societies was much better than last year and we look forward to seeing this translating into the provision of a wider array of entertainment during O-week.

With O-week still in mind we are thinking of holding a "Centenary Event" dedicated to celebrating the Centenary during Orientation Week. The SRC intends on making the event student focused and so we would like ideas from the student body.

Exams

Exams are upon us in a few weeks and the SRC wishes those that write exams the best of luck. Look out for our good luck campaign in the week before swot week as we intend to personally go around campus encouraging people to do well in their exams.

Live the life of the SRC President

If there's a question that doesn't go away it's the one of what does the SRC do and it should quite rightly always be the question in the minds of students so that we are kept on our toes. To answer this question on a more personal level, I'd like



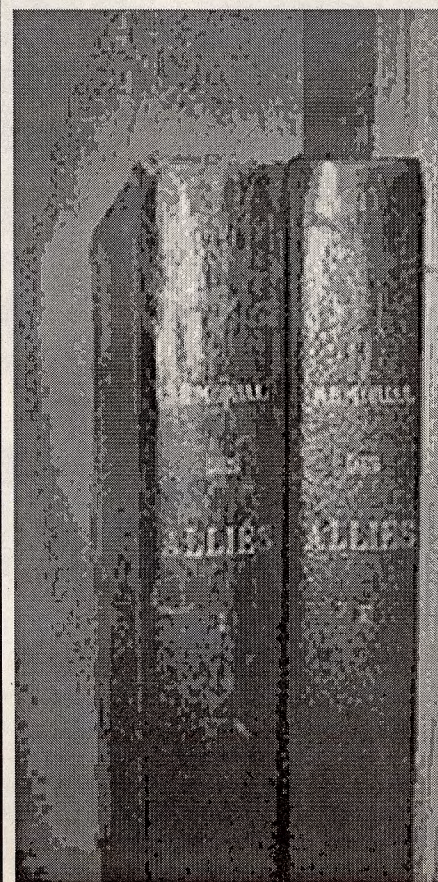
to challenge any student to tag around with me, for some time, to see what the SRC President gets up to. It's not the most exciting life but the aim of this challenge is to show interested individuals the daily workings of the SRC. Hopefully we can get some journalists to take up the challenge and write a story on what they found out. For those that don't have that sort of time but are still interested, our Monday night meetings are open to all students. So if you are interested or feeling bored on a Monday night, feel free to stop by the RA room in the Union Building and hear what we talk about.

Thamsanqa Moyo
SRC President

PASS: Persevere, Achieve, Study, Succeed

by Verashni Pillay

So we've all heard the cringe-inducing research and statistics:



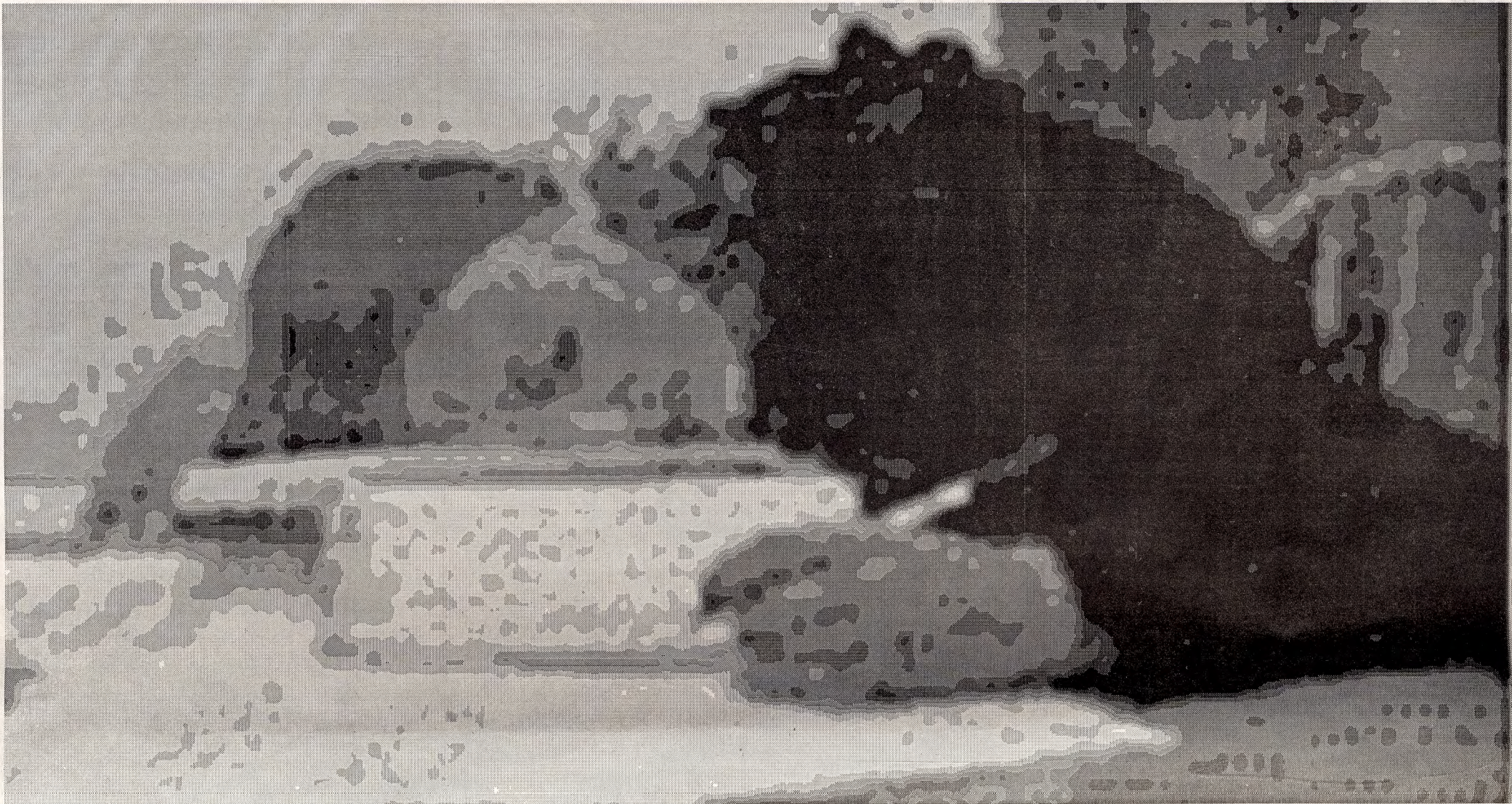
how the brain will store up to 80% more information if lecture notes are reviewed within 24 hours of receiving them. But of course, university life doesn't always allow for the daily study time we promise ourselves. Last term may have been the party term, but I'm sure most would agree that this has been the "Whoa, where did it go?" term. Exams begin in just two weeks, and this Monday sees the launch of the SRC's PASS campaign: Persevere Achieve, Study Succeed. Corny as it may sound, the heat is on guys and for those of you have been diligently working throughout the year; don't slack off now, its time to reap those rewards. For those who feel a rising sense of panic whenever the word exam is mentioned, firstly- breathe! Secondly, do not, I repeat, do not give up and spend swot week in The Rat or some equally non-PASS inducing place (pun totally intended).

Get into some routine of studying as soon as possible, even if it's just an hour a day. Believe me, the only thing to alleviate the stress associated with exams is when you're actually doing something about it. Yep guys, playtime is over and now comes the 'work hard' part of that quintessential Rhodes motto you've imbibed upon coming here.

The SRC wants to wish everyone the best of luck, which is what the PASS campaign is about. Get in touch with us if you need, either at the offices at the Union or at council@src.ru.ac.za, and remember that counseling services are available. The SRC is behind you all the way. Time to show up the Rhodent for the quiet genius of an animal it really is beneath the Ratty fur... time to PASS.

Verashni Pillay
Academic Councillor

OPPI.NYON



A Guide to studying in digs

- 1.) Ensure that when you are ready to study you have everything that you need in your room as leaving can be dangerous. Once you leave your room digs mates can be met and from here a variety of ingenious techniques for improving your life and work avoiding devised. So our basic tip is avoid the people you live with if you are easily distracted.
- 2.) Loan out your TV. Despite the logic in watching the 'Practice' to study law and 'Frasier' to study psych it doesn't work. Many have tried many have failed.
- 3.) Avoid video shops or the movies. Watching 'Pretty Woman' for the 12th time is not necessary and is just work avoidance behaviour (WAB).
- 4.) Bargain with yourself, i.e. set goals and reward yourself - cigarette after half an hrs work or a beer once the sections done. But do it in a financially responsible way. If you use the excuse 'Oh its exams I'll treat myself too many times you'll end up broke.
- 5.) Let your digs mates know when you are working so they can avoid your room.
- 6.) Pre-arrange digs lurks, the unplanned ones are more fun but take up more time. So as a digs set times to have a communal break.
- 7.) Don't waste time when you go to the library. I know all the cool people are there but they are studying and will not want to chat with you.
- 8.) If your digs mates decide to throw a party the night before your exam **BE PREPARED**: know where the outside electricity box is and trip it. Depending on how much they have drunken the time it will take them a

The really-useful stuff guide

Announcement/ Advert

Oppidans selling old furniture are welcome to advertise on this page (for free). Send all requests to Joy at j.v.allcock@ru.ac.za.

For Sale

- 3 desks ranging from R100 - R200 each
 - Desk chair - R50
 - Lounge Suite (2x three seater, 1x 1 seater) - R450
 - Stove - R400
 - Fridge - R700
 - Washing Machine - R300
 - Plastic table & 6 chairs - R400
 - Coffee Table - R200
- Prices Negotiable

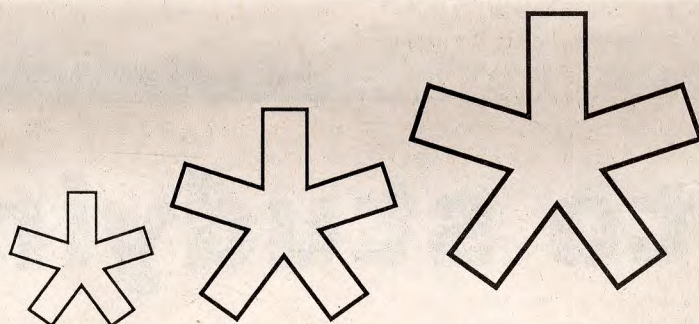
Contact: DeeJ 082 661 7733 or Birgs 082 349 4894

Contact details

- Oppidan warden - Gordon Barker - 603 8443 (g.barker@ru.ac.za)
- Oppidan secretary - Joy Allcock - 603 8229 (j.v.allcock@ru.ac.za) She works mornings only from 8.30 to 12.45pm.

Oppidan committee members:

Charity Ncube (Head student)
Kirsty Hunter (SRC oppidan representative)
Shavonne Randall
Donate DeBruin
Catherine Smith
(Committee members organise balls, cheese and wines, sporting events, etc. Anyone interested in joining the committee should see the oppidan secretary Joy Allcock)



A guide to studying in digs (cont.)

while to figure out the outside box has tripped will differ. Also the police can be called after 12am.

- 9.) To reduce the risk of deep vein thrombosis stand up every hour.
- 10.) The Careers and counselling office is open throughout exams if you need to talk to someone. Excellent place to go if you have ingested 10 jars of coffee and are feeling a little hysterical.

Quick 'n easy recipes

Curried Chicken Soup (Serves 4)

- 2 tablespoons Butter
- 2 teaspoons Curry powder
- 1 1/2 cups Flour
- 3 cups Chicken stock
- Paprika to taste
- Salt to taste
- 1 Egg yolk
- 1/4 cup Milk
- 1/2 cup chopped cooked chicken
- Chopped chives; for garnish

Melt butter in saucepan. Add curry powder and flour, whisking constantly over low heat for 3 minutes. Gradually add stock, whisking until boiling. Reduce heat. Season with paprika and salt. Combine egg yolk and milk. Add to soup, whisking constantly until soup is slightly thickened. Add chicken and simmer until thoroughly heated. Serve sprinkled with chopped chives.

